Matins Service

Μνήμη τοῦ Άγίου Μεγαλομάρτυρος Θεοδώρου τοῦ Στρατηλάτου, καὶ τοῦ Άγίου Προφήτου Ζαχαρίου.

Memory of the Holy Great Martyr Theodore the General; and the Holy Prophet Zechariah.

(Dated: 08 February 2025)

Maui Greek Orthodox Christian Mission Project for a Daily Sequential Hymnal in English

Liturgical Texts courtesy from the following:

Holy Cross Press

50 Goddard Avenue, Brookline, Massachusetts

The Greek Orthodox Metropolis of Denver

4550 East Alameda Avenue, Denver, Colorado

Fr. Seraphim Dedes

7900 Greenside Ct., Charlotte, North Carolina

Holy Transfiguration Monestary

 $Brookline,\ Massachusetts$

 $Narthex\ Press$

North Ridge, California

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7900 Greenside Ct., Charlotte, North Carolina

Holy Cross Greek Orthodox School of Theology

50 Goddard Avenue, Brookline, Massachusetts

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Part I

ROYAL OFFICE

I. THE ENARXIS

A. Blessed is our God

{DEACON} (intoned)

By the prayers of the Holy Fathers, Lord Jesus Christ our God, have mercy on us.

$\Lambda AO\Sigma$ PEOPLE

(Άμήν.)



B. Heavenly King

Δ IAKONO Σ {DEACON}

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι. Glory to You, O God, glory to You.

Βασιλεῦ οὐράνιε, Παράχλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρών καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθὲ καὶ σκήνωσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς ἀπὸ πάσης κηλίδος καὶ σῷσον, ἀγαθέ, τὰς ψυγὰς ἡμῶν.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

$\Lambda AO\Sigma$ PEOPLE

(Άμήν.)



C. The Trisagion Prayers

ANA Γ N Ω Σ TH Σ READER

Ἄγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἄγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ') Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἰῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

D The Royal Hymns I THE ENARXIS

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἔνεκεν τοῦ ὀνόματός σου.

All-holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Πάτερ ήμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκης ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, *(intoned)* but deliver us from the evil one.

Δ IAKONO Σ {DEACON}

Δόξα Πατρὶ καὶ Υίῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Glory to the Father and to the Son and to the Holy Spirit. Both now and ever, and to the ages of ages.

$\Lambda AO\Sigma$ PEOPLE

(Άμήν.)



D. The Royal Hymns

1. Troparion of the Cross

ANA Γ N Ω Σ TH Σ READER

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

2. Kontakion of the Cross

Δόξα Πατρί καὶ Υίῷ καὶ Άγίῳ Πνεύματι.

Glory to the Father, and to the Son, and to the Holy Spirit.

Ό ὑψωθεὶς ἐν τῷ Σταυρῷ ἑκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτεία τοὺς οἰκτιρμούς σου δώρησαι, Χριστὲ ὁ Θεόςεὕφρανον ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σήν, ὅπλον εἰρήνης, ἀήττητον τρόπαιον.

You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.

D The Royal Hymns I THE ENARXIS

3. Theotokion

ANA Γ N Ω Σ TH Σ READER

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. ᾿Αμήν. Both now and ever, and to the ages of ages. Amen.

Προστασία φοβερὰ καὶ ἀκαταίσχυντε, μὴ παρίδης, ἀγαθή, τὰς ἰκεσίας ἡμῶν, πανύμνητε Θεοτόκε· στήριξον Ὀρθοδόξων πολιτείαν, σῷζε οὓς ἐκέλευσας βασιλεύειν, καὶ χορήγει αὐτοῖς οὐρανόθεν τὴν νίκην· διότι ἔτεκες τὸν Θεόν, μόνη εὐλογημένη.

Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos. Make firm the community of the Orthodox, save those whom you have called to rule, and grant them victory from heaven (intoned) for you bore God, only blessed one.

E. Ektene

Δ IAKONO Σ {DEACON}

Έλέησον ήμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον. Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



Δ IAKONO Σ {DEACON}

Έτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ Ὀρθοδόξων Χριστιανῶν. Again we pray for pious and Orthodox Christians.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

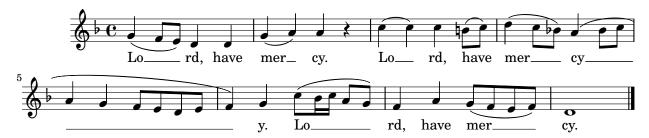


Δ IAKONO Σ {DEACON}

Έτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατιχοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος). Again we pray for our Archbishop Gerasimos, and for all our brotherhood in Christ.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



Δ IAKONO Σ {DEACON}

Ότι ἐλεήμων καὶ φιλάνθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἰῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

$\Lambda AO\Sigma$ PEOPLE

(Άμήν.)



Part II

MONASTIC NOCTURNES

I. ENARXIS OF THE ORTHROS

A. Glory to the Trinity

Δ IAKONO Σ {DEACON}

Δόξα τῆ ἀγία καὶ ὁμοουσίω καὶ ζωοποιῷ καὶ ἀδιαιρέτω Τριάδι, πάντοτε, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

$\Lambda AO\Sigma$ PEOPLE

(Άμήν.)



B. Introductory Verses

ANA Γ N Ω Σ TH Σ READER

Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία. (ἐκ γ') Glory to God in the highest, and peace on earth, good will to men. (3)

Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. (δίς) Ο Lord, open my lips, and my mouth shall show forth Your praise. (2)

C. Hexapsalmos

1. Psalm 3

Κύριε, τί ἐπληθύνθησαν οἱ θλίβοντές με; Πολλοὶ ἐπανίστανται ἐπ' ἐμέ. Ο Lord, why are those who afflict me multiplied?

Πολλοὶ λέγουσι τῆ ψυχῆ μου· Οὐκ ἔστι σωτηρία αὐτῷ ἐν τῷ Θεῷ αὐτοῦ. Many rise up against me. Many say to my soul: there is no salvation for him in his God.

Σὺ δέ, Κύριε, ἀντιλήπτωρ μου εἴ, δόξα μου καὶ ὑψῶν τὴν κεφαλήν μου. But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

Φωνῆ μου πρὸς Κύριον ἐκέκραξα, καὶ ἐπήκουσέ μου ἐξ ὄρους ἁγίου αὐτοῦ. I cried to the Lord with my voice, and He heard me out of His holy mountain.

Έγὼ δὲ ἐκοιμήθην καὶ ὕπνωσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταί μου. I laid down and slept; I awoke, for the Lord will help me.

Οὐ φοβηθήσομαι ἀπὸ μυριάδων λαοῦ τῶν κύκλω συνεπιτιθεμένων μοι. I will not be afraid of ten thousands of people that set themselves round about against me.

Άνάστα, Κύριε, σῶσόν με ὁ Θεός μου, ὅτι σὺ ἐπάταξας πάντας τοὺς ἐχθραίνοντάς μοι ματαίως, ὀδόντας ἁμαρτωλῶν συνέτριψας.

Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Τοῦ Κυρίου ἡ σωτηρία, καὶ ἐπὶ τὸν λαόν σου ἡ εὐλογία σου. Salvation is of the Lord, and Your blessing is on Your people.

Έγὼ ἐχοιμήθην καὶ ὕπνωσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταί μου. I laid down and slept; I awoke, for the Lord will help me.

2. Psalm 37 (38)

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης με, μηδὲ τῆ ὀργῆ σου παιδεύσης με. Ο Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

Ότι τὰ βέλη σου ἐνεπάγησάν μοι, καὶ ἐπεστήριξας ἐπ' ἐμὲ τὴν χεῖρά σου. For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

Οὐκ ἔστιν ἴασις ἐν τῆ σαρκί μου ἀπὸ προσώπου τῆς ὀργῆς σου, οὐκ ἔστιν εἰρήνη ἐν τοῖς ὀστέοις μου ἀπὸ προσώπου τῶν ἁμαρτιῶν μου.

There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

Ότι αἱ ἀνομίαι μου ὑπερῆραν τὴν κεφαλήν μου, ὡσεὶ φορτίον βαρὺ ἐβαρύνθησαν ἐπ' ἐμέ. For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

Προσώζεσαν καὶ ἐσάπησαν οἱ μώλωπές μου ἀπὸ προσώπου τῆς ἀφροσύνης μου. My wounds have become foul and festering in the face of my foolishness.

Έταλαιπώρησα καὶ κατεκάμφθην ἔως τέλους, ὅλην τὴν ἡμέραν σκυθρωπάζων ἐπορευόμην. I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

Ότι αἱ ψόαι μου ἐπλήσθησαν ἐμπαιγμάτων, καὶ οὐκ ἔστιν ἴασις ἐν τῆ σαρκί μου. For my loins are filled with inflammation, and there is no healing in my flesh.

Έκακώθην καὶ ἐταπεινώθην ἔως σφόδρα, ἀρυόμην ἀπὸ στεναγμοῦ τῆς καρδίας μου. I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

Κύριε, ἐναντίον σου πᾶσα ἡ ἐπιθυμία μου, καὶ ὁ στεναγμός μου ἀπὸ σοῦ οὐκ ἀπεκρύβη. Ο Lord, all my desire is before You, and my groaning is not hidden from You.

Ή καρδία μου ἐταράχθη, ἐγκατέλιπέ με ἡ ἰσχύς μου, καὶ τὸ φῶς τῶν ὀφθαλμῶν μου καὶ αὐτὸ οὐκ ἔστι μετ' ἐμοῦ. My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

Οἱ φίλοι μου καὶ οἱ πλησίον μου ἐξεναντίας μου ἤγγισαν καὶ ἔστησαν, καὶ οἱ ἐγγιστά μου ἀπὸ μακρόθεν ἔστησαν. My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

Καὶ ἐξεβιάζοντο οἱ ζητοῦντες τὴν ψυχήν μου, καὶ οἱ ζητοῦντες τὰ κακά μοι ἐλάλησαν ματαιότητας, καὶ δολιότητας ὅλην τὴν ἡμέραν ἐμελέτησαν.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

Έγω δὲ ώσεὶ χωφὸς οὐχ ἤχουον χαὶ ώσεὶ ἄλαλος οὐχ ἀνοίγων τὸ στόμα αὐτοῦ.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

Καὶ ἐγενόμην ὡσεὶ ἄνθρωπος οὐκ ἀκούων καὶ οὐκ ἔχων ἐν τῷ στόματι αὐτοῦ ἐλεγμούς. And I became as a man that does not hear, and that has no reproofs in his mouth.

Ότι ἐπὶ σοί, Κύριε, ἤλπισα· σὰ εἰσακούση, Κύριε ὁ Θεός μου. For I have hoped in You, O Lord; You will hear me, Lord my God.

Ότι εἴπον· Μήποτε ἐπιχαρῶσί μοι οἱ ἐχθροί μου· καὶ ἐν τῷ σαλευθῆναι πόδας μου ἐπ' ἐμὲ ἐμεγαλοῥρημόνησαν. For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

Ότι ἐγὼ εἰς μάστιγας ἔτοιμος, καὶ ἡ ἀλγηδών μου ἐνώπιόν μού ἐστι διὰ παντός. For I am ready for scourges, and my sorrow is continually before me.

Ότι τὴν ἀνομίαν μου ἐγὼ ἀναγγελῶ καὶ μεριμνήσω ὑπὲρ τῆς ἁμαρτίας μου. For I will declare my iniquity, and I will anguish concerning my sin.

Οἱ δὲ ἐχθροί μου ζῶσι καὶ κεκραταίωνται ὑπὲρ ἐμέ, καὶ ἐπληθύνθησαν οἱ μισοῦντές με ἀδίκως. But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Οἱ ἀνταποδίδοντές μοι κακὰ ἀντὶ ἀγαθῶν ἐνδιέβαλλόν με, ἐπεὶ κατεδίωκον ἀγαθωσύνην. Those who render me evil for good slandered me, because I pursued goodness.

Μὴ ἐγκαταλίπης με, Κύριε ὁ Θεός μου, μὴ ἀποστῆς ἀπ' ἐμοῦ. Πρόσχες εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας μου. Do not forsake me, O Lord my God, do not depart from me. Be attentive to my help, O Lord of my salvation. (2)

3. Psalm 62 (63)

Ὁ Θεὸς ὁ Θεός μου, πρὸς σὲ ὀρθρίζω.

O God, my God, to You I rise early at dawn.

Έδίψησε σε ή ψυχή μου, ποσαπλῶς σοι ή σάρξ μου, ἐν γῆ ἐρήμῳ καὶ ἀβάτῳ καὶ ἀνύδρῳ.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

Οὕτως ἐν τῷ ἁγίῳ ὤφθην σοι τοῦ ἰδεῖν τὴν δύναμίν σου καὶ τὴν δόξαν σου.

So I have appeared before You in the sanctuary to see Your power and Your glory.

"Οτι κρεῖσσον τὸ ἔλεός σου ὑπὲρ ζωάς∙ τὰ χείλη μου ἐπαινέσουσί σε.

For Your mercy is better than lives; my lips shall praise You.

Οὕτως εὐλογήσω σε ἐν τῆ ζωῆ μου, καὶ ἐν τῷ ὀνόματί σου ἀρῶ τὰς χεῖράς μου.

So shall I bless You in my life, and I will lift up my hands in Your name.

 Ω ς ἐχ στέατος χαὶ πιότητος ἐμπλησθείη ἡ ψυχή μου, χαὶ χείλη ἀγαλλιάσεως αἰνέσει τὸ στόμα μου.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

Εὶ ἐμνημόνευόν σου ἐπὶ τῆς στρωμνῆς μου, ἐν τοῖς ὄρθροις ἐμελέτων εἰς σέ

If I remembered You on my bed, I meditated on You at the dawn.

ότι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερύγων σου ἀγαλλιάσομαι.

For You have become my Helper; I will rejoice in the shelter of Your wings.

Έχολλήθη ή ψυχή μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιά σου.

My soul has cleaved after You, Your right hand has been quick to help me.

Αὐτοὶ δὲ εἰς μάτην ἐζήτησαν τὴν ψυχήν μου, εἰσελεύσονται εἰς τὰ κατώτατα τῆς γῆς· παραδοθήσονται εἰς χεῖρας ρομφαίας, μερίδες ἀλωπέχων ἔσονται.

But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

Ό δὲ βασιλεὺς εὐφρανθήσεται ἐπὶ τῷ Θεῷ, ἐπαινεθήσεται πᾶς ὁ ὀμνύων ἐν αὐτῷ, ὅτι ἐνεφράγη στόμα λαλούντων ἄδικα. But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

Έν τοῖς ὄρθροις ἐμελέτων εἰς σέ· ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῆ σκέπη τῶν πτερύγων σου ἀγαλλιάσομαι. At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

Έχολλήθη ή ψυχή μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιά σου.

My soul has cleaved after You, Your right hand has been quick to help me.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Αλληλούϊα. Άλληλούϊα. Άλληλούϊα. Δόξα σοι, ὁ Θεός. (ἐκ γ')

Alleluia, alleluia. Glory to You, O God.

Κύριε, ἐλέησον. (ἐκ γ')

Lord, have mercy. Lord, have mercy. Lord, have mercy.

4. Psalm 87 (88)

Δόξα Πατρὶ καὶ Υίῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἡμήν.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου. Ο Lord, God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου. Let my prayer come before You, bow down Your ear to my supplication.

Ότι ἐπλήσθη κακῶν ἡ ψυχή μου, καὶ ἡ ζωή μου τῷ ἄδη ἤγγισε. For my soul is filled with evils, and my life has drawn near to Hades.

Προσελογίσθην μετὰ τῶν καταβαινόντων εἰς λάκκον, ἐγενήθην ὡσεὶ ἄνθρωπος ἀβοήθητος, ἐν νεκροῖς ἐλεύθερος, I am counted with those who go down into the pit; I have become as a man without help, free among the dead.

ώσεὶ τραυματίαι καθεύδοντες ἐν τάφῳ, ὧν οὐκ ἐμνήσθης ἔτι, καὶ αὐτοὶ ἐκ τῆς χειρός σου ἀπώσθησαν.

I am like the bodies of the slain that sleep in the grave, Whom You remember no more, and who are cut off from Your hand.

Έθεντό με ἐν λάχχω κατωτάτω, ἐν σκοτεινοῖς καὶ ἐν σκιᾳ θανάτου.

They laid me in the lowest pit, in darkness and the shadow of death.

Έπ' ἐμὲ ἐπεστηρίχθη ὁ θυμός σου, καὶ πάντας τοὺς μετεωρισμούς σου ἐπήγαγες ἐπ' ἐμέ. Your anger lies heavily on me, and You have afflicted me with all Your waves.

Έμάχρυνας τοὺς γνωστούς μου ἀπ' ἐμοῦ, ἔθεντό με βδέλυγμα ἑαυτοῖς,

You have removed my friends far from me; they have made me an abomination to themselves.

Οἱ ὀφθαλμοί μου ἠσθένησαν ἀπὸ πτωχείας· παρεδόθην καὶ οὐκ ἐξεπορευόμην.

I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

ἐκέκραξα πρὸς σέ, Κύριε, ὅλην τὴν ἡμέραν, διεπέτασα πρὸς σὲ τὰς χεῖράς μου.

I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

Μή τοῖς νεχροῖς ποιήσεις θαυμάσια; ἢ ἰατροὶ ἀναστήσουσι καὶ ἐξομολογήσονταί σοι;

No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

Μὴ διηγήσεταί τις ἐν τῷ τάφῳ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου ἐν τῇ ἀπωλεία;

No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

Μή γνωσθήσεται ἐν τῷ σκότει τὰ θαυμάσιά σου καὶ ἡ δικαιοσύνη σου ἐν γῆ ἐπιλελησμένη;

No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

Κάγὼ πρὸς σέ, Κύριε, ἐκέκραξα, καὶ τὸ πρωΐ ἡ προσευχή μου προφθάσει σε.

But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

Ίνα τί, Κύριε, ἀπωθεῖς τὴν ψυχήν μου, ἀποστρέφεις τὸ πρόσωπόν σου ἀπ' ἐμοῦ;

O Lord, why do You therefore cast off my soul and turn Your face away from me?

Πτωχός εἰμι ἐγὼ καὶ ἐν κόποις ἐκ νεότητός μου, ὑψωθεὶς δὲ ἐταπεινώθην καὶ ἐξηπορήθην.

I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Έπ' ἐμὲ διῆλθον αἱ ὀργαί σου, οἱ φοβερισμοί σου ἐξετάραξάν με,

Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

ἐκύκλωσάν με ώσεὶ ὕδωρ ὅλην τὴν ἡμέραν, περιέσχον με ἄμα.

They came around me all day long like water, they engulfed me altogether.

Έμάχρυνας ἀπ' ἐμοῦ φίλον καὶ πλησίον, καὶ τοὺς γνωστούς μου ἀπὸ ταλαιπωρίας. Because of my misery You have removed friend and neighbor and my acquaintances far from me.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου. O Lord God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου. Let my prayer come before You, bow down Your ear to my supplication!

5. Psalm 102 (103)

Εὐλόγει, ή ψυχή μου, τὸν Κύριον, καί, πάντα τὰ ἐντός μου, τὸ ὄνομα τὸ ἄγιον αὐτοῦ. Bless the Lord, O my soul; and all that is within me, bless His holy name.

Εὐλόγει, ἡ ψυχή μου, τὸν Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις αὐτοῦ. Bless the Lord, O my soul, and do not forget all that He has done for you.

Τὸν εὐιλατεύοντα πάσας τὰς ἀνομίας σου, τὸν ἰώμενον πάσας τὰς νόσους σου. Who is gracious to all your iniquities, Who heals all your infirmities.

Τὸν λυτρούμενον ἐκ φθορᾶς τὴν ζωήν σου, τὸν στεφανοῦντά σε ἐν ἐλέει καὶ οἰκτιρμοῖς. Who redeems your life from corruption, Who crowns you with mercy and compassion.

Τὸν ἐμπιπλῶντα ἐν ἀγαθοῖς τὴν ἐπιθυμίαν σου, ἀνακαινισθήσεται ὡς ἀετοῦ ἡ νεότης σου. Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

Ποιῶν ἐλεημοσύνας ὁ Κύριος καὶ κρῖμα πᾶσι τοῖς ἀδικουμένοις.

The Lord does deeds of mercy, and executes judgment for all those who are wronged.

Έγνώρισε τὰς ὁδοὺς αὐτοῦ τῷ Μωϋσῆ, τοῖς υἱοῖς Ἰσραὴλ τὰ θελήματα αὐτοῦ. He has made His ways known to Moses, the things that He has willed to the sons of Israel.

Οἰχτίρμων καὶ ἐλεήμων ὁ Κύριος, μακρόθυμος καὶ πολυέλεος· οὐκ εἰς τέλος ὀργισθήσεται, οὐδὲ εἰς τὸν αἰῶνα μηνιεῖ. The Lord is compassionate and merciful, long-suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

Οὐ κατὰ τὰς ἀνομίας ἡμῶν ἐποίησεν ἡμῖν, οὐδὲ κατὰ τὰς ἁμαρτίας ἡμῶν ἀνταπέδωκεν ἡμῖν, He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

ὅτι κατὰ τὸ ὕψος τοῦ οὐρανοῦ ἀπὸ τῆς γῆς ἐκραταίωσε Κύριος τὸ ἔλεος αὐτοῦ ἐπὶ τοὺς φοβουμένους αὐτόν. For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

Καθ' ὅσον ἀπέχουσιν ἀνατολαὶ ἀπὸ δυσμῶν, ἐμάχρυνεν ἀφ' ἡμῶν τὰς ἀνομίας ἡμῶν. As far as the east is from the west, so far has He removed our iniquities from us.

Καθώς οἰχτίρει πατὴρ υἱούς, ἀχτίρησε Κύριος τοὺς φοβουμένους αὐτόν, ὅτι αὐτὸς ἔγνω τὸ πλάσμα ἡμῶν, ἐμνήσθη ὅτι χοῦς ἐσμεν.

Like a father has compassion on his sons, so has the Lord had compassion those who fear Him; for He knows of what we are made, He has remembered that we are dust.

Ἄνθρωπος, ὡσεὶ χόρτος αἱ ἡμέραι αὐτοῦ· ὡσεὶ ἄνθος τοῦ ἀγροῦ, οὕτως ἐξανθήσει. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

Ότι πνεῦμα διῆλθεν ἐν αὐτῷ, καὶ οὐχ ὑπάρξει, καὶ οὐκ ἐπιγνώσεται ἔτι τὸν τόπον αὐτοῦ. For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

Τὸ δὲ ἔλεος τοῦ Κυρίου ἀπὸ τοῦ αἰῶνος καὶ ἔως τοῦ αἰῶνος ἐπὶ τοὺς φουβουμένους αὐτόν, But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

καὶ ἡ δικαιοσύνη αὐτοῦ ἐπὶ υἱοῖς υἱῶν, τοῖς φυλάσσουσι τὴν διαθήκην αὐτοῦ καὶ μεμνημένοις τῶν ἐντολῶν αὐτοῦ τοῦ ποιῆσαι αὐτάς.

And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε τὸν θρόνον αὐτοῦ, καὶ ἡ βασιλεία αὐτοῦ πάντων δεσπόζει.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Εὐλογεῖτε τὸν Κύριον, πάντες οἱ Ἄγγελοι αὐτοῦ, δυνατοὶ ἰσχύϊ, ποιοῦντες τὸν λόγον αὐτοῦ, τοῦ ἀχοῦσαι τῆς φωνῆς τῶν λόγων αὐτοῦ.

Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Εὐλογεῖτε τὸν Κύριον, πᾶσαι αἱ Δυνάμεις αὐτοῦ, λειτουργοὶ αὐτοῦ, ποιοῦντες τὸ θέλημα αὐτοῦ. Bless the Lord, O all you His hosts, His ministers that do His will.

Εὐλογεῖτε τὸν Κύριον, πάντα τὰ ἔργα αὐτοῦ, ἐν παντὶ τόπω τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχή μου, τὸν Κύριον. Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul. (2)

6. Psalm 142 (143)

Κύριε, εἰσάχουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῆ ἀληθεία σου, εἰσάχουσόν μου ἐν τῆ διχαιοσύνη σου:

O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

καὶ μὴ εἰσέλθης εἰς κρίσιν μετὰ τοῦ δούλου σου, ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν. And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

Ότι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχήν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωήν μου, For the enemy has persecuted my soul; he has humbled my life down to the earth.

ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδία μου. He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

Έμνήσθην ήμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων. I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

 Δ ιεπέτασα πρὸς σὲ τὰς χεῖράς μου· ἡ ψυχή μου ὡς γῆ ἄνυδρός σοι. I stretched forth my hands to You; my soul thirsts after You like a waterless land.

Ταχὺ εἰσάχουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Quickly hear me, O Lord; my spirit has fainted away.

Μὴ ἀποστρέψης τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν εἰς λάκκον. Do not turn Your face from me, lest I be like those who go down into the pit.

Άχουστὸν ποίησόν μοι τὸ πρωὶ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα. Cause me to hear Your mercy in the morning; for I have put my hope in You.

Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ἢ πορεύσομαι, ὅτι πρὸς σὲ ἢρα τὴν ψυχήν μου. Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Έξελοῦ με ἐχ τῶν ἐχθρῶν μου, Κύριε· πρὸς σὲ κατέφυγον.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

 Δ ίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὸ εῖ ὁ Θεός μου. Teach me to do Your will, for You are my God.

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθείᾳ· ἕνεχεν τοῦ ὀνόματός σου, Κύριε,

Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

ζήσεις με, ἐν τῆ δικαιοσύνη σου ἐξάξεις ἐκ θλίψεως τὴν ψυχήν μου· καὶ ἐν τῷ ἐλέει σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου

In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

καὶ ἀπολεῖς πάντας τοὺς θλίβοντας τὴν ψυχήν μου, ὅτι ἐγὼ δοῦλός σου εἰμι. And You shall cut off all those who afflict my soul, for I am Your servant.

Εἰσάχουσόν μου, Κύριε, ἐν τῆ δικαιοσύνη σου· καὶ μὴ εἰσέλθης εἰς κρίσιν μετὰ τοῦ δούλου σου. Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant. (2)

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθεία. Let Your good spirit lead me on a level path!

Δόξα Πατρὶ καὶ Υἰῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

ἀλληλούϊα. ἀλληλούϊα. ἀλληλούϊα. Δόξα σοι, ὁ Θεός. Alleluia, alleluia, alleluia. Glory to You, O God.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα. Δόξα σοι, ὁ Θεός. Alleluia, alleluia, alleluia. Glory to You, O God.

$XOPO\Sigma$ CHOIR

Άλληλούϊα. ἀλληλούϊα. ἀλληλούϊα. Δόξα σοι, ὁ Θεός. (intoned) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

D. Great Synapte (Litany of Peace)

{DEACON}

Έν εἰρήνη τοῦ Κυρίου δεηθῶμεν. In peace let us pray to the Lord.

ΛΑΟΣ PEOPLE

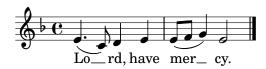
(Κύριε, ἐλέησον.)



{DEACON}
Υπέρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν. For the peace from above and for the salvation of our souls, let us pray to the Lord.

$\Lambda AO\Sigma$ **PEOPLE**

(Κύριε, ἐλέησον.)



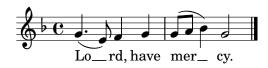
{DEACON}

Ύπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἑνώσεως, τοῦ Κυρίου δεηθῶμεν.

For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον.)



{DEACON}

"Υπέρ τοῦ ἁγίου οἴχου τούτου, χαὶ τῶν μετὰ πίστεως, εὐλαβείας χαὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον.)



{DEACON}

Ύπὲρ τῶν εὐσεβῶν καὶ Ὀρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν. For pious and Orthodox Christians, let us pray to the Lord.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον.)



{DEACON}

Υπέρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

For our Archbishop Gerasimos, the honorable presbyterate, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

$\begin{array}{c} \Lambda A O \Sigma \\ PEOPLE \end{array}$

(Κύριε, ἐλέησον.)



{DEACON}

Υπέρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

For the president of our country, for all civil authorities, and for our armed forces on land, at sea, and in the air, let us pray to the Lord.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον.)

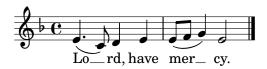


{DEACON}

Υπέρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦΚυρίου δεηθῶμεν. For this city, for every city and land, and for the faithful who dwell in them, let us pray to the Lord.

ΛΑΟΣ **PEOPLE**

(Κύριε, ἐλέησον.)

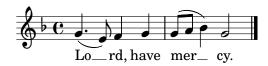


{DEACON}

Υπέρ εὐχρασίας ἀέρων, εὐφορίας τῶν χαρπῶν τῆς γῆς, χαὶ χαιρῶν εἰρηνιχῶν, τοῦ Κυρίου δεηθῶμεν. For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον.)



 $\begin{tabular}{l} {\bf DEACON} \\ {\bf Υπέρ} & πλεόντων, δδοιπορούντων, νοσούντων, καμνόντων, αἰχμαλώτων καὶ τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν. \\ \end{tabular}$ For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον.)



{DEACON}

Υπέρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ Κυρίου δεηθῶμεν. For our deliverance from all affliction, wrath, danger, and distress, let us pray to the Lord.

ΛΑΟΣ PEOPLE



{DEACON}

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι. Help us, save us, have mercy on us, and protect us, O God, by Your grace.

$\Lambda AO\Sigma$ PEOPLE

(Κύριε, ἐλέησον.)



{DEACON} Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόχου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Commemorating our all-holy, pure, most-blessed, and glorious Lady, the Theotokos and ever-Virgin Mary, with all the saints, let us commit ourselves and one another and all our life to Christ our God.

$\Lambda AO\Sigma$ PEOPLE

(Σοί, Κύριε.)



{**DEACON**} (intoned)

By the prayers of the Holy Fathers, Lord Jesus Christ our God, have mercy on us.

$\Lambda AO\Sigma$ PEOPLE

(Άμήν.)



Part III MORNING VIGIL

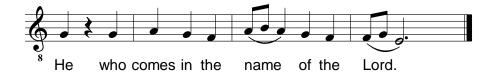
I. GOD IS THE LORD

Matins. Mode 4. Di=G.









Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Στίχ. α΄. Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ

ὄνομα τὸ ἄγιον αὐτοῦ.

Verse 1: Give thanks to the Lord and call upon His holy name.

 Σ τίχ. β΄. Πάντα τὰ ἔθνη ἐχύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ήμυνάμην αὐτούς.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

 Σ τίχ. Υ΄. Παρά Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

A. Apolytikion

Άπολυτίχιον. Τοῦ Μάρτυρος. Apolytikion. For the Martyr.

Τοῦ Μηναίου - - -From Menaion - - -

Ήχος δ΄. Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ.

Mode 4. You who were lifted.

Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ.

Στρατολογία ἀληθεῖ ἀθλοφόρε, τοῦ οὐρανίου στρατηγὸς Βασιλέως, περικαλὴς γεγένησαι Θεόδωρεὅπλοις γὰρ τῆς πίστεως, παρετάξω ἐμφρόνως, καὶ κατεξωλόθρευσας, τῶν δαιμόνων τὰ στίφη, καὶ νικηφόρος ἄφθης ἀθλητής- ὅθεν σε πίστει ἀεὶ μακαρίζομεν.

O medal-winner, you were duly enlisted * and highly decorated as a commander, * O Theodore, in service to the heavenly King. * Armed with faith, you prudently went to war and combated, * and you vanquished utterly

the arrays of the demons. * O Martyr Athlete, ever more with faith * we count you blessed, for you were victorious. [SD]

Δόξα. Τοῦ Προφήτου.

Glory. For the Prophet.

Ήχος β'.

Mode 2.

Τοῦ Προφήτου σου Ζαχαρίου τὴν μνήμην, Κύριε, ἑορτά-ζοντες, δι' αὐτοῦ σὲ δυσωποῦμεν· Σῶσον τὰς ψυχὰς ἡμῶν.

As we celebrate the memory of Your Prophet Zechariah through him we importune You, O Lord, that You save our souls. [SD]

Καὶ νῦν.

Both now.

Άπολυτίκιον τῆς Ἑορτῆς.

Apolytikion of the Feast.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος α'.

Mode 1.

Χαῖρε κεχαριτωμένη Θεοτόκε Παρθένε· ἐκ σοῦ γὰρ ἀνέτειλεν ὁ Ἡλιος τῆς δικαιοσύνης, Χριστὸς ὁ Θεὸς ἡμῶν, φωτίζων τοὺς ἐν σκότει. Εὐφραίνου καὶ σὺ Πρεσβύτα δίκαιε, δεξάμενος ἐν ἀγκάλαις τὸν ἐλευθερωτὴν τῶν ψυχῶν ἡμῶν, χαριζόμενον ἡμῖν καὶ τὴν ἀλάστασιν.

A Apolytikion I GOD IS THE LORD



A Apolytikion II THE KATHISMA

B. Little litany — For Yours is the dominion...

{DEACON}

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν. Again and again in peace let us pray to the Lord.

XΟΡΟΣ: Κύριε, ἐλέησον. CHOIR: Lord, have mercy.

{DEACON}

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

XΟΡΟΣ: Κύριε, ἐλέησον. CHOIR: Lord, have mercy.

{DEACON}

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόχου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

XΟΡΟΣ: Σοί, Κύριε. CHOIR: Το You, O Lord.

{DEACON}

Ότι σὸν τὸ κράτος καὶ σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἰοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

XOPOΣ: ἀμήν. CHOIR: Amen.

II. THE KATHISMA

A. Kathisma I

Κάθισμα Α΄.

 ${\it Kathisma~I.}$

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος δ΄. Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ.

Mode 4. You who were lifted.

Ο ύψωθείς ἐν τῷ Σταυρῷ.

Ό μεγαλώνυμος Χριστοῦ Άθλοφόρος, ὁ ἐπιπόθητος Θεῷ καὶ Ἁγγέλοις, ὁ θαυμαστὸς καὶ ἔνδοξος Θεόδωρος, πάσας τὰς ὑφ' ἤλιον, ἱερὰς Ἐκκλησίας, σήμερον τῷ Πνεύματι τῷ Ἁγίῳ εὐφραίνει, καὶ ἑορτάζειν πάντας ἐν χαρᾳ, παρασκευάζει αὐτοῦ τὸ μνημόσυνον.

The Savior Christ's triumphant great medaled Athlete, * who is beloved by God and also by Angels, * yes, marvelous and glorious St. Theodore, * today is bringing holy joy in the grace of the Spirit * to the sacred Churches all in every location, * He prompts us all to joyfully observe * the celebration of his time-honored memory. [GOASD]

 Δ όξα· καὶ νῦν.

Glory. Both now.

Ήχος δ΄. Κατεπλάγη Ἰωσήφ.

Mode 4. Joseph marveled.

Κατεπλάγη Ἰωσήφ.

Έν τῷ ὅρει τῷ Σινᾳ πάλαι κατεῖδε Μωϋσῆς, τὰ ὀπίσθια Θεοῦ καὶ ἀμυδρῶς θείας φωνῆς, κατηξιώθη ἐν γνόφῳ τε καὶ θυέλλη· νῦν δὲ Συμεών, τὸν σαρκωθέντα Θεόν, ἀτρέπτως δι' ἡμᾶς, ἐνηγκαλίσατο· καὶ γεγηθὼς ἠπείγετο τῶν τῆδε, πρὸς τὴν ζωὴν τὴν αἰώνιον· διὸ ἐβόα· Νῦν ἀπολύεις, τὸν δοῦλόν σου Δέσποτα.

On Mt. Sinai long ago, Moses beheld the back of God * in His glory as He passed, and he was granted to hear * the divine voice in darkness and gloom and storm indistinctly. * But Symeon has held in his embrace God himself * incarnate now for our sake immutably. * And he rejoiced and he happily hastened * to depart for the life that never ends. * And so he said, "Now You are dismissing * Your servant in peace, O Master." [GOASD]

B. Kathisma II

Κάθισμα Β΄.

Kathisma II.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος α΄. Τοῦ λίθου σφραγισθέντος.

Mode 1. The stone having been sealed.

Τοῦ λίθου σφραγισθέντος.

Θησαυρὲ τῶν αἰώνων, ἡ ζωὴ τῶν ἁπάντων, δι' ἐμὲ νηπίασας, ὑπὸ νόμον ἐγένου· ὁ πάλαι χαράξας ἐν πλαξί, τὸν νόμον ἐν τῷ ὅρει τῷ Σινῷ, ἴνα πάντας ἀπαλλάξης, ἐκ τῆς τοῦ νόμου πάλαι δουλείας. Δόξα τῆ εὐσπλαγχνία σου Σωτήρ· δόξα τῆ βασιλεία σου· δόξα τῆ οἰκονομία σου μόνε φιλάνθρωπε.

You, the life of universe, the treasure of the ages, * came under the Law, when You became an infant for my sake, * so that You, who had on tablets engraved the Law on Mt. Sinai long ago, * also be the One to free all from the Law's former yoke of bondage. * Glory to your compassion, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God! [GOASD]

 Δ όξα· καὶ νῦν. Τὸ αὐτό.

Glory. Both now. Repeat.

Θησαυρὲ τῶν αἰώνων, ἡ ζωὴ τῶν ἁπάντων, δι' ἐμὲ νηπιάσας, ὑπὸ νόμον ἐγένου· ὁ πάλαι χαράξας ἐν πλαξί, τὸν νόμον ἐν τῷ ὄρει τῷ Σινῷ, ἴνα πάντας ἀπαλλάξης, ἐκ τῆς τοῦ νόμου πάλαι δουλείας. Δόξα τῆ εὐσπλαγχνία σου Σωτήρ· δόξα τῆ βασιλεία σου· δόξα τῆ οἰκονομία σου μόνε φιλάνθρωπε.

You, the life of universe, the treasure of the ages, * came under the Law, when You became an infant for my sake, * so that You, who had on tablets engraved the Law on Mt. Sinai long ago, * also be the One to free all from the Law's former yoke of bondage. * Glory to your compassion, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God! [GOASD]

Part IV MORNING PRAISE

I. PSALM 50 (51)

ANA Γ N Ω Σ TH Σ READER

Ψαλμὸς N' (50) / Psalm 50 (51).

Έλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ απὸ τῆς ἀμαρτίας μου καθάρισόν με. "Ότι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μού ἐστι διὰ παντός. Σοὶ μόνῳ ἤμαρτον, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα-

ὄπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ἰδού γὰρ ἐν ἀνομίαις συνελήφθην, καὶ έν άμαρτίαις ἐχίσσησέ με ή μήτηρ μου. Ἰδού γὰρ ἀλήθειαν ήγάπησας τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου έδήλωσάς μοι. 'Ραντιεῖς με ὑσσώπω καὶ καθαρισθήσομαι πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι άγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὀστέα τεταπεινωμένα. Άπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαράν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον έν τοῖς ἐγκάτοις μου. Μὴ ἀποὀῥίψης με ἀπὸ τοῦ προσώπου σου καὶ τὸ Πνεῦμά σου τὸ ἄγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Άπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονιχ $ilde{\omega}$ στήριξόν με. Δ ιδάξ ω ἀνόμους τὰς ὁδούς σου καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χείλη μου ἀνοίξεις καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ότι εἰ ἡθέλησας θυσίαν, ἔδωκα ἄν· ὁλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἁγάθυνον, Κύριε, ἐν τῆ εὐδοκία σου τὴν Σιὼν καὶ οἰκοδομηθήτω τὰ τείχη Ίερουσαλήμ. Τότε εὐδοχήσεις θυσίαν δικαιοσύνης, άναφοράν καὶ ὁλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

II. OIKOI

A. Kontakion

ΑΝΑΓΝΩΣΤΗΣ

READER

Κοντάχιον.

Kontakion.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος β΄. Τὰ ἄνω ζητῶν.

Mode 2. In seeking the heights.

Τὰ ἄνω ζητῶν.

Άνδρεία ψυχῆς, τὴν πίστιν ὁπλισάμενος, καὶ ῥῆμα Θεοῦ, ὡς λόγχην χειρισάμενος, τὸν ἐχθρὸν κατέτρωσας, τῶν μαρτύρων κλέος Θεόδωρε σὺν αὐτοῖς Χριστῷ τῷ Θεῷ, πρεσβεύων μὴ παύση ὑπὲρ πάντων ἡμῶν.

With courage of soul taking the shield of faith, O Saint, * and also the Spirit's sword, which is the word of God, * you wounded the enemy. * As the gem of martyrs, O Theodore, * join them to pray to Christ our God, * and ever intercede for the sake of us all. [GOASD]

B. Oikos

Τῶν ἀθλητῶν τὸ ἔκλαμπρον κάλλος δεῦτε πάντες, τοῖς ὕμνοις τῶν στεφάνων, πιστοὶ Θεόδωρον καταστέψωμεν- δῶρον Θεοῦ γὰρ μέγα τῷ κόσμῳ ἀναδέδεικται, λάμψεσι ταῖς τῶν θαυμάτων- τὸν γὰρ ἐχθρὸν ἐκνικήσας Βελίαρ ἄθλοις σεπτοῖς, ὀμβρίζει ἀντὶ αἱμάτων, κρουνηδὸν ἰαμάτων τὰ ῥεύματα. Έν τούτοις οὖν πᾶσι χαίρει Χριστῷ, καὶ δίδωσιν εἰρήνην ἀνέκλειπτον- διὸ βοῶμεν αὐτῷ- Πρεσβεύων μὴ παύση, ὑπὲρ πάντων ἡμῶν.

Theodore, the splendid jewel of martyr athletes, is honored today. Come, O believers, and let us crown him with our hymns of praise. As his name means gift of God, so he was a great gift from God to the world, beaming with miracles. Since he defeated the enemy Belial by his venerable contests, now instead of blood he gushes a torrent of cures and healings. In all these things he rejoices in Christ, and he gives never-ending peace. Therefore we cry out to him: "Ever intercede for the sake of us all." [SD]

Ο λαὸς ἴσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου. Stand for the reading of the Synaxarion.

C. Synaxarion

Συναξάριον

Synaxarion

 $T\tilde{\eta}~H_{i}^{'}$ τοῦ αὐτοῦ μηνός, μνήμη τοῦ Άγίου ἐνδόξου Μεγαλομάρτυρος Θεοδώρου τοῦ Στρατηλάτου.

On February 8 we commemorate the holy and glorious great martyr Theodore the General.

Τῆ αὐτῆ ἡμέρα, μνήμη τοῦ Ἁγίου Προφήτου Ζαχαρίου. On this day we also commemorate the holy prophet Zechariah.

Τῆ αὐτῆ ἡμέρα, οἱ Ἅγιοι Μάρτυρες Νικηφόρος καὶ Στέφανος, ξίφει τελειοῦνται.

On this day the holy martyrs Nikephoros and Stephen died by the sword.

Τῆ αὐτῆ ἡμέρα, αἱ Ἅγιαι Μάρθα καὶ Μαρία αἱ ἀδελφαί, καὶ ὁ Ὅσιος Λυκαρίων ὁ Μάρτυς, ξίφει τελειοῦνται.

On this day Sts. Martha and Mary, the sisters, and the devout Lycarion the martyr, died by the sword.

Τῆ αὐτῆ ἡμέρα, ἄθλησις τῶν Αγίων Μαρτύρων Φιλαδέλφου καὶ Πολυκάρπου.

On this day the contest of the holy martyrs Philadelphus and Polycarp.

Τῆ αὐτῆ ἡμέρα, μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Μακαρίου, Ἐπισκόπου Πάφου.

On this day we also commemorate our devout father Makarios, Bishop of Paphos.

Τῆ αὐτῆ ἡμέρα, μνήμη τοῦ Ἁγίου Μάρτυρος Περγέτου. On this day we also commemorate the holy martyr Pergetus.

Tαῖς τῶν Αγίων σου πρεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Αμήν.

By the intercessions of Your Saint, O God, have mercy on us. Amen.

III. KATAVSIAE OF THE ODES

 $XOPO\Sigma$

CHOIR

 $\Omega_{\rm I}\delta\dot{\eta}$ η' . O Elphós. Hyos $\pi\lambda$. δ' .

Ode viii. Heirmos. Mode pl. 4.

Τὸν ἐν ὄρει ἁγίω.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

We praise and we bless and we worship the Lord.

Τὸν ἐν ὄρει ἁγίω δοξασθέντα, καὶ ἐν βάτω πυρὶ τὸ τῆς ᾿Αειπαρθένου, τῷ Μωϋσῆ μυστήριον γνωρίσαντα, Κύριον ὑμνεῖτε, καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

O extol Him, who on the holy mountain * showed His glory, as Lord, * and in the bush with fire * revealed to Moses knowledge of the mystery * of the Ever-Virgin, supremely exalting Him unto all the ages. [SD]

Ὁ λαὸς ἵσταται διὰ τὴν Θ΄ Ὠδήν.

Stand for the singing of Ode ix.

 Δ IAKONO Σ

DEACON

Τὴν Θεοτόχον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

Let us honor and magnify in song the Theotokos and the Mother of the light.

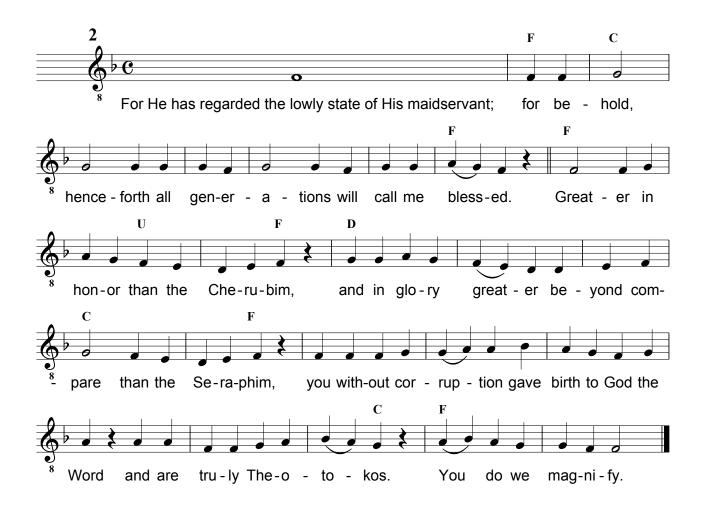
IV. THE MAGNIFICATS

ΧΟΡΟΣ CHOIR 'Ω_ιδὴ θ'. Ode ix.

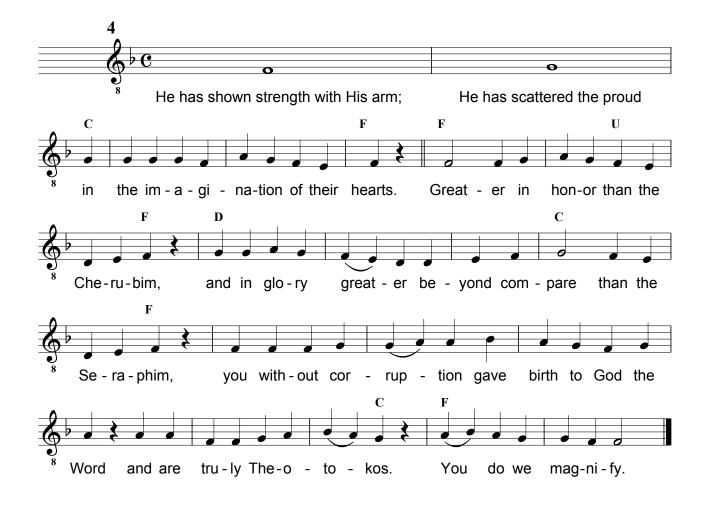
Μεγαλυνάριον. ή Τχος πλ. δ΄.

The Magnificat. Mode pl. 4.













Στίχ. Μεγαλύνει ή ψυχή μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJV]

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοζοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Στίχ. Ττί ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Verse: For He has regarded the lowly state of His maid-servant; for behold, henceforth all generations will call me blessed. $[{\rm NKJV}]$

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοζοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Στίχ. Ότι ἐποίησέ μοι μεγαλεῖα ὁ Δ υνατός, καὶ ἄγιον τὸ ὄνομα αὐτοῦ, καί το ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Verse: For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NKJV]

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοζοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

 Σ τίχ. Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Verse: He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. $[{\rm NKJV}]$

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοζοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Στίχ. Καθεΐλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Verse: He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKJV]

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Στίχ. ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἔως αἰῶνος.

Verse: He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKJV]

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

A. Heirmos

'Ο Εἰρμός. Ἡχος πλ. δ΄. Heirmos. Mode pl. 4.

Σὲ τὴν ἀπειρόγαμον.

Σὲ τὴν ἀπειρόγαμον, Θεοῦ Μητέρα τοῦ Ὑψίστου, σὲ τὴν ὑπὲρ νοῦν κυήσασαν, διὰ λόγου τὸν ὄντως Θεόν, τὴν ὑψηλοτέραν τῶν ἀχράντων Δ υνάμεων, ἀσιγήτοις δοξολογίαις μεγαλύνομεν.

With unceasing hymns of praise we glorify and magnify you, * the unwedded Mother of the Most High God; * by a word you gave birth to the true God inexplicably, * and you are higher than the immaculate angelic hosts. [SD]

"Αξιόν ἐστιν ὡς ἀληθῶς μαχαρίζειν σε τὴν Θεοτόχον, τὴν ἀειμαχάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγχρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεχοῦσαν, τὴν ὄντως Θεοτόχον, σὲ μεγαλύνομεν.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

A Heirmos V EXAPOSTEILARION

B. Little Litany — For all the powers of heaven...

Δ IAKONO Σ DEACON

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

Again and again in peace let us pray to the Lord.

XΟΡΟΣ: Κύριε, ἐλέησον. CHOIR: Lord, have mercy.

Δ IAKONO Σ DEACON

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

ΧΟΡΟΣ: Κύριε, ἐλέησον. CHOIR: Lord, have mercy.

Δ IAKONO Σ DEACON

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόχου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

ΧΟΡΟΣ: Σοί, Κύριε. CHOIR: Το You, O Lord.

Δ IAKONO Σ DEACON

"Οτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἰῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For all the powers of heaven praise You, and to You they offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

XOPOΣ: ἀμήν. CHOIR: Amen.

V. EXAPOSTEILARION

Έξαποστειλάριον.

Exaposteilarion.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος β΄. Τοῖς Μαθηταῖς συνέλθωμεν.

Mode 2. Let us in faith./With the disciples

Τοῖς Μαθηταῖς συνέλθωμεν.

Μεγαλομάρτυς ἔνδοξε, τοῦ Χριστοῦ Στρατηλάτα, καὶ θεῖον ἐγκαλλώπισμα, τῶν σεπτῶν Ἀθλοφόρων, Θεόδωρε γενναιόφρον, μὴ ἐλλίπης αἰτεῖσθαι, τῷ Βασιλεῖ τὰ τρόπαια, καὶ εἰρήνην τῷ κόσμω, καὶ ἰλασμόν, τῶν ἁμαρτημάτων καὶ σωτηρίαν, τοῖς ἐκτελοῦσι πάνσοφε, τὴν φωσφόρον σου μνήμην.

Glorious saint of Christ our God, * Great Martyr and Commander, * you are the sacred pride and joy * of godly, medaled Athletes. O valorous, godly-minded * Theodore, cease not praying * for our homeland's prosperity * and for peace in the world, and also for us * who are celebrating today your splendid * memory, that we may receive * forgiveness and salvation. [GOASD]

Τῆς Ἑορτῆς.

For the Feast.

ή Ηχος γ΄. Αὐτόμελον.

Mode 3. Automelon.

Έν Πνεύματι τῷ Ἱερῷ.

Έν πνεύματι τῷ ἱερῷ, παραστὰς ὁ Πρεσβύτης, ἀγκάλαις ὑπεδέξατο, τὸν τοῦ νόμου Δεσπότην, κραυγάζων· Νῦν τοῦ δεσμοῦ με, τῆς σαρκὸς ἀπόλυσον, ὡς εἴρηκας ἐν εἰρήνη· εἴδον γὰρ τοῖς ὀφθαλμοῖς, ἀποκάλυψιν ἐθνῶν, καὶ Ἱσραὴλ σωτηρίαν.

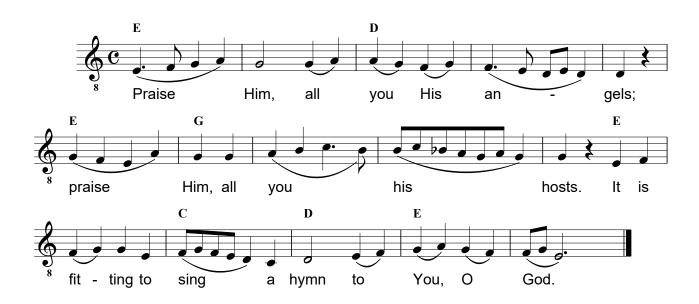
Exaposteilarion. Mode 3. Ga=F.



Lauds. Mode 4.

Lauds. Mode 4. Pa=D.





Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐχ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

A. Lauds Stichologia

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Praise Him, sun and moon; praise Him, all you stars and light.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

"Οτι αὐτὸς εἴπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

For He spoke, and they were made; He commanded, and they were created.

Έστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Aἰνεῖτε τὸν Kύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Praise the Lord from the earth, you dragons and all the deeps.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Fire and hail, snow and ice, stormy wind, which perform His word.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδοοι.

Mountains and all the hills, fruitful trees and all cedars.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἑρπετὰ καὶ πετεινὰ πτερωτά.

Wild animals and all cattle, creeping things and flying birds.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Kings of the earth and all peoples, princes and all judges of the earth.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

Ή ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

Υμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραήλ, λαῷ ἐγγίζοντι αὐτῷ.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

"Ασατε τῷ Κυρίῳ ἄσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησία ὁσίων.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Εὐφρανθήτω Ίσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σ ιὼν ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

"Οτι εὐδοχεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ χαὶ ὑψώσει πραεῖς ἐν σωτηρία.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

Καυχήσονται ὅσιοι ἐν δόξη καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς γεροὶν αὐτῶν.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

To deal retribution to the nations, reproving among the peoples.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

To shackle their kings with chains and their nobles with fetters of iron.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

To fulfill among them the written judgment: this glory have all His holy ones.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Praise God in His saints; praise Him in the firmament of His power.

Στιχηρά. Τοῦ Μάρτυρος.

Stichera. For the Martyr.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος δ΄. Ώς γενναῖον ἐν Μάρτυσι.

Mode 4. To a brave one.

'Ως γενναῖον ἐν Μάρτυσι.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Άθλητης γενναιότατος, στρατιώτης ἀήττητος, ἐν Ἁγίω Πνεύματι ἀναδέδειξαι, καταβαλών τὸν πολέμιον, σοφία τῶν λόγων σου, καὶ τῶν ἔργων σου σοφέ, καρτεραῖς ἐπιδείξεσιν ὅθεν εἴληφας, τοὺς στεφάνους τῆς νίκης καὶ ταῖς ἄνω, ὁμηγύρεσι συνήφθης, κλέος Μαρτύρων Θεόδωρε.

As an athlete most resolute, as a soldier invincible, * so the Holy Spirit has shown you forth to be. * For by the wisdom and knowledge of your words and persistence in * deeds of virtue, you put down * and defeated the enemy. Therefore you received * crowns and medals for victory, and now you join the host of saints in heaven, * glorious Martyr, St. Theodore. [GOASD]

Αἰνεῖτε αὐτὸν ἐν ἤχῷ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Άθλητης γενναιότατος, στρατιώτης ἀήττητος, ἐν Ἁγίω Πνεύματι ἀναδέδειξαι, καταβαλών τὸν πολέμιον, σοφία τῶν λόγων σου, καὶ τῶν ἔργων σου σοφέ, καρτεραῖς ἐπιδείξεσιν ὅθεν εἴληφας, τοὺς στεφάνους τῆς νίκης καὶ ταῖς ἄνω, ὁμηγύρεσι συνήφθης, κλέος Μαρτύρων Θεόδωρε.

As an athlete most resolute, as a soldier invincible, * so the Holy Spirit has shown you forth to be. * For by the wisdom and knowledge of your words and persistence in * deeds of virtue, you put down * and defeated the enemy. Therefore you received * crowns and medals for victory, and now you join the host of saints in heaven, * glorious Martyr, St. Theodore. [GOASD]

Αἰνεῖτε αὐτὸν ἐν τυμπάνω καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνω.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Καὶ σταυρῷ ἀναρτώμενος, καὶ τὰς σάρκας τυπτόμενος, όξυτάτοις βέλεσι τιτρωσκόμενος, καὶ ἐπὶ ξύλου τεινόμενος, καὶ πλευρὰς ξεόμενος, καὶ παντοίαις χαλεπαῖς, ἀλγηδόσι κυκλούμενος, ἀπαράτρωτος, καὶ ἀήττητος ὤφθης τῆ δυνάμει, τοῦ Σταυρῷ προσηλωθέντος, κλέος Μαρτύρων Θεόδωρε.

You were beaten with iron rods and your body was pierced with spikes * and your eyes were plucked out, your sides were scraped and burned. * Enduring tortures of every kind, you suffered great agony, * But even suffering agony and tortures of every kind, * and suspended on a cross, * you remained undefeatable and you kept the faith, * by the power of Christ who was suspended on the Cross for our salvation, * glorious Martyr St. Theodore. [GOASD]

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Θεῖον ἄγαλμα γέγονας, εὐσεβείας πανόλβιε, δυσσεβῶν ἀγάλματα βδελυξάμενος, καὶ ἱερεῖον ὁλόκληρον, καὶ θὕμα εὐπρόσδεκτον, τῷ τυθέντι διὰ σέ, καθαρῶς προσαγόμενος, τῷ δοξάσαντι, τὴν ἀγίαν σου μνήμην καὶ θαυμάτων, θησαυρόν σε τοῖς ἐν κόσμῳ, δωρησαμένῳ Θεόδωρε.

O all-blessed Saint, you became like a statue of godliness, * scorning soulless statues and pagan monuments. * As an acceptable offering and unblemished sacrifice * you were offered to the Lord, * who for you had been sacrificed. He gave you to us * in the world as a treasure house of miracles and glorified your holy * memory, Great Martyr Theodore. [GOASD]

 Δ όξα.

Glory.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος πλ. δ΄.

Mode pl. 4.

Άθλητικὴν ἀνδρείαν, καὶ λογικὴν λατρείαν, εὐσεβῶς καθοπλισθείς, ἀθλοφόρε Χριστοῦ, καὶ στεἐρόῶς παραταχθεὶς τῆ δυνάμει αὐτοῦ, τῶν εἰδώλων τὸ ἀσεβές, καὶ τῶν Τυράννων τὸ ἀπηνές, ἀσθενὲς ἀπέδειξας, καταφρονῶν τῶν βασάνων, καὶ τοῦ προσκαίρου πυρός. ᾿Αλλ' ῷ θείων δωρεῶν καὶ πρᾶγμα καὶ ὄνομα, ἀπὸ πάσης περιστάσεως, τῆ πρεσβεία σου σῷζε, τοὺς τελοῦντας τὴν μνήμην σου.

You piously wore the armor of athletic valor and rational worship, O medalist of Christ, by whose power you mightily lined up for battle. You disdained the tortures and the momentary fire, and thus you showed that the godlessness of the idols and the viciousness of the tyrant had no power over you. And now we entreat you, O Theodore, gift from God in name and deed: by your intercessions, save us who observe your memory from all adversity. [SD]

Καὶ νῦν. Τῆς Ἑορτῆς.

Both now. For the Feast.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος β'.

Mode 2.

Ό Κτίστης οὐρανοῦ καὶ γῆς, ἐν ἀγκάλαις ἐβαστάζετο, ὑπὸ ἀγίου Συμεὼν τοῦ πρεσβύτου σήμερον· αὐτὸς γὰρ ἐν Πνεύματι Ἁγίῳ ἔλεγε· Νῦν ἡλευθέρωμαι· εἴδον γάρ τὸν Σωτῆρά μου.

The Creator of heaven and earth was held in the arms the holy Elder Symeon today, who in the Holy Spirit said, "Now I am set free, for I have seen my Savior." [SD]

Ο λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.

Stand for the Great Doxology.

VI. GREAT DOXOLOGY

 Δοξολογία (διαβαστά) Doxology (read) ΠΡΟΕΣΤΩΣ ἢ ΑΝΑΓΝΩΣΤΗΣ HIERARCH or READER

Σοὶ δόξα πρέπει, Κύριε, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρί, καὶ τῷ Υἰῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

ANAΓΝ Ω ΣΤΗΣ: Άμήν./READER: Amen.

ΠΡΟΕΣΤΩΣ ἢ ΑΝΑΓΝΩΣΤΗΣ HIERARCH or READER

 Δ όξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς εἰρήνη ἐν ἀνθρώποις εὐδοκία.

Glory to God in the highest, and on earth peace, good will to men.

Υμνοῦμέν σε, εὐλογοῦμέν σε, προσχυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory.

Κύριε Βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ-Lord, King, Heavenly God, Father Almighty;

Κύριε Υίὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα. only-begotten Son, Lord Jesus Christ and Holy Spirit.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υίὸς τοῦ Πατρός, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς.

Accept our supplication, you who sit at the right of the Father, and have mercy on us.

"Ότι σὺ εἴ μόνος "Αγιος, σὺ εἴ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen.

Kαθ' ἑχάστην ἡμέραν εὐλογήσω σε, καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα, καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεῷ καὶ γενεῷ. Lord, you have become for us a refuge from generation to generation.

Έγὼ εἴπα· Κύριε, ἐλέησόν με· ἴασαι τὴν ψυχήν μου, ὅτι ἤμαρτόν σοι.

I have said: Lord, have mercy on me, heal my soul, for I have sinned against you.

Κύριε, πρὸς σὲ κατέφυγον· δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὸ εῖ ὁ Θεός μου.

Lord, to you I have fled; teach me to do your will, for you are my God.

 $^{\circ}\! \text{Οτι}$ παρὰ σοὶ πηγὴ ζωῆς· ἐν τῷ φωτί σου ὀψόμεθα ωῶς.

For with you is the fountain of life; in your light we shall see light.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσχουσί σε. Extend your mercy to those who know you.

Καταξίωσον, Κύριε, ἐν τῆ ἡμέρα ταύτη ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Grant, O Lord, that in this day we may be kept without sin.

Εὐλογητὸς εἴ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. ἀμήν.

Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἡλπίσαμεν ἐπὶ σέ.

Let your mercy, Lord, come upon us, just as we have hoped in you.

Εὐλογητὸς εἴ, Κύριε· δίδαξόν με τὰ δικαιώματά σου. Blessed are you, O Lord, teach me your commandments.

Εὐλογητὸς εἶ, Δέσποτα· συνέτισόν με τὰ δικαιώματά σου.

Blessed are you, O Master, make me understand your commandments.

Εὐλογητός εἴ, Ἅγιε· φώτισόν με τοῖς δικαιώμασί σου.

Blessed are you, O Holy One, enlighten me with your commandments.

Κύριε, τὸ ἔλεός σου εἰς τὸν αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης.

Lord, your mercy remains forever, do not turn away from the works of your hands.

Σοὶ πρέπει αἴνος, σοὶ πρέπει ὕμνος, σοὶ δόξα πρέπει, τῷ Πατρί, καὶ τῷ Υἰῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἁμήν.

To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

A. Litany of Completion

ΤΑ ΠΛΗΡΩΤΙΚΑ LITANY OF COMPLETION Δ IAKONOΣ

DEACON

Πληρώσωμεν τὴν ἑωθινὴν δέησιν ἡμῶν τῷ Κυρίῳ. Let us complete our morning prayer to the Lord.

XΟΡΟΣ: Κύριε, ἐλέησον. CHOIR: Lord, have mercy.

ΔΙΑΚΟΝΟΣ

DEACON

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

XOΡΟΣ: Κύριε, ἐλέησον. CHOIR: Lord, have mercy.

Δ IAKONO Σ DEACON

Τὴν ἡμέραν πᾶσαν τελείαν, ἁγίαν, εἰρηνικὴν καὶ ἀναμάρτητον παρὰ τοῦ Κυρίου αἰτησώμεθα.

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

ΧΟΡΟΣ (μεθ' ἐκάστην δέησιν) CHOIR (after each petition) Παράσχου, Κύριε. Grant this, O Lord.

$\begin{array}{c} \Delta IAKONO\Sigma \\ DEACON \end{array}$

"Αγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν παρὰ τοῦ Κυρίου αἰτησώμεθα.

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν καὶ τῶν πλημμελημάτων ἡμῶν παρὰ τοῦ Κυρίου αἰτησώμεθα.

For pardon and remission of our sins and transgressions, let us ask the Lord.

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ἡμῶν καὶ εἰρήνην τῷ κόσμῳ παρὰ τοῦ Κυρίου αἰτησώμεθα.

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνη καὶ μετανοία ἐκτελέσαι παρὰ τοῦ Κυρίου αἰτησώμεθα.

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν, ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικὰ καὶ καλὴν ἀπολογίαν τὴν ἐπὶ τοῦ φοβεροῦ βήματος τοῦ Χριστοῦ αἰτησώμεθα.

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόχου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

XΟΡΟΣ: Σοί, Κύριε. CHOIR: Το You, O Lord.

{DEACON}

"Ότι Θεὸς ἐλέους, οἰκτιρμῶν, καὶ φιλανθρωπίας ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For You are the God of mercy and compassion and love for humankind, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to ages of ages.

XOPOΣ: ঝμήν. CHOIR: Amen.

{DEACON}

Εἰρήνη πᾶσι. Peace be with all.

ΧΟΡΟΣ: Καὶ τῷ πνεύματί σου.

CHOIR: And with your spirit.

 Δ IAKONO Σ DEACON

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίω κλίνωμεν. Let us bow our heads to the Lord.

ΧΟΡΟΣ: Σοί, Κύριε. CHOIR: Το You, O Lord.

{DEACON}

Κύριε ἄγιε, ὁ ἐν ὑψηλοῖς κατοικῶν καὶ τὰ ταπεινὰ ἐφορῶν καὶ τῷ παντεφόρῳ σου ὅμματι ἐπιβλέπων ἐπὶ πᾶσαν τὴν κτίσιν, σοὶ ἐκλίναμεν τὸν αὐχένα τῆς ψυχῆς καὶ τοῦ σώματος καὶ δεόμεθά σου, ἄγιε ἁγίων Ἐκτεινον τὴν χεῖρά σου τὴν ἀόρατον ἐξ ἁγίου κατοικητηρίου σου καὶ εὐλόγησον πάντας ἡμᾶς καὶ εἴ τι ἡμάρτομεν ἐκουσίως ἢ ἀκουσίως, ὡς ἀγαθὸς καὶ φιλάνθρωπος Θεὸς συγχώρησον, δωρούμενος ἡμῖν τὰ ἐγκόσμια καὶ ὑπερκόσμια ἀγαθά σου.

Holy Lord, who dwell in the highest and look upon the humble and observe all creation with Your all-seeing eye, to You we bow the neck of soul and body, and we pray You, Holy of holies: Extend Your invisible hand from Your holy heavens and bless us all. And as good and benevolent God, forgive us any misdeeds we committed voluntarily or involuntarily, and grant us Your blessings in this world and in the next.

{DEACON}

Σὸν γάρ ἐστι τὸ ἐλεεῖν καὶ σώζειν ἡμᾶς, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἰῷ καὶ τῷ ἀγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Yours it is to show mercy and to save us, O our God, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to ages of ages.

VII. APOSTICHA

XOPOΣ: ἀμήν. CHOIR: Amen.

'Απόστιχα τῆς Ἑορτῆς. Aposticha of the Feast.

Τοῦ Μηναίου - - -From Menaion - - -

Ήχος β΄. Οἵκος τοῦ Ἐφραθᾶ.

Mode 2. O House of Ephratha.

Οἵκος τοῦ Ἐφραθᾶ.

Ό πάντα τῆ χειρί, περιέχων ὡς Κτίστης, καὶ δεσπόζων ἁπάντων, ὑπὸ χειρῶν Πρεσβύτου, ἐν τῷ ναῷ προσάγεται.

He who as Lord of all * and as the world's Creator * contains all things in His hand, * is brought into the Temple in hands of Elder Symeon. [SD]

Στίχ. Νῦν ἀπολύεις τον δοῦλόν σου, Δέσποτα, κατὰ τὸ ἑῆμά σου, ἐν εἰρήνη· ὅτι εἴδον οἱ ὀφθαλμοί μου τὸ σωτήριόν σου, δ ἡτοίμασας κατὰ πρόσωπον πάντων τῶν λαῶν.

Verse: Lord, now You are letting Your servant depart in peace, according to Your word; for my eyes have seen Your salvation which You have prepared before the face of all peoples. [NKJV]

Άγάλλου Συμεών, καὶ ἡ Ἄννα εὐφραίνου· ίδοὺ γὰρ ἐπεφάνη, ὁ Λυτρωτὴς τοῦ κόσμου, ὡς βρέφος προσαγόμενος.

Symeon, leap for joy, * and Anna, be exultant! * Behold, the world's Redeemer * has finally appeared and is brought in as an newborn babe. [SD]

Στίχ. Φῶς εἰς ἀποκάλυψιν ἐθνῶν, καὶ δόξαν λαοῦ σου Ἰσραήλ.

Verse: A light to bring revelation to the Gentiles, and the glory of Your people Israel. [NKJV]

Λέλυσαι τῆς φθορᾶς, Συμεών θεοφόρε, ἐν χερσὶ τὸν πάντα, κατέχοντα βαστάζων εἴδες γὰρ τὸ σωτήριον.

God-bearer Symeon, * in your embraces holding * the One who holds together * all things, you see salvation, * releasing you from death's decay. [SD]

Δόξα. Τοῦ Μάρτυρος.

Glory. For the Martyr.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος πλ. δ΄.

Mode pl. 4.

Άθλητικὸν συστησάμενος στάδιον κατὰ τῆς πλάνης, ήνδραγάθησας Θεόδωρε, τῆ πυριφθόγγω γλώττη σου, καταισχύνας Λικινίου τὸ ἀπάνθρωπον διὸ καὶ σὺν Άγγέλοις χορεύων μακάριε, αἴτησαι Χριστῷ τῷ Θεῷ, ὅπως ἵλεως γενήσεται ἡμῖν, ἐν τῆ ἡμέρα τῆς κρίσεως.

You entered the arena of martyrdom in a challenge against pagan deceit, and you competed valiantly, O Theodore. With searing words, you humiliated the inhumanity of Licinius. And now, as you celebrate with Angles, O blessed Saint, pray to Christ our God, that He be gracious to us on Judgment Day. [GOASD]

Καὶ νῦν. Τῆς Ἑορτῆς.

Both now. For the Feast.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος βαρύς.

Grave Mode.

Φῶς, εἰς ἀποκάλυψιν ἐθνῶν, ἤλθες ἐξ οὐρανοῦ Σωτὴρ ἡμῶν καὶ προελθών ἐκ τῆς Παρθένου, ἐπανεπαύσω ἐν ἀγκάλαις τοῦ δικαίου Συμεών ἔδει γάρ σε Ζωοδότα τῶν ἁπάντων, ὑπὸ τοῦ Πρεσβύτου γνωρισθῆναι, ὅτι παρεγένου ἀπολῦσαι αὐτόν, κατὰ τὸ ῥῆμά σου, ὁ ἔχων τὸ μέγα ἔλεος.

O our Savior, You came from heaven as Light to bring revelation to the Gentiles. After You were born of the Virgin, your rested in the embraces of righteous Symeon. It was right that You, the Giver of life to all, should be recognized by the Elder, for You came to release him, according to Your word, O Lord who has great mercy. [SD]

VIII. TRISAGION

{DEACON}

Άγαθὸν τὸ ἐξομολογεῖσθαι τῷ Κυρίῳ καὶ ψάλλειν τῷ ὀνόματί σου, Ύψιστε· τοῦ ἀναγγέλλειν τῷ πρωΐ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου κατὰ νύκτα.

It is good to give thanks to the Lord and to sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

ΑΝΑΓΝΩΣΤΗΣ

READER

Τρισάγιον.

Trisagion Prayers.

Αγιος ὁ Θεός, ἄγιος Ίσχυρός, ἄγιος Άθάνατος, ἐλέησον ἡμᾶς. (3)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

 Δ όξα Πατρί καὶ Υίῷ καὶ ἀγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἔνεκεν τοῦ ὀνόματός σου.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

 Δ όξα Πατρὶ καὶ Υἰῷ καὶ ἀγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. ἸΑμήν.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἀγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μἡ εἰσενέγκης ἡμᾶς εἰς πειρασμόν, ἀλλὰ ῥῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

{DEACON}

Ότι σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἰοῦ καὶ τοῦ άγίου Πνεύματος, νῦν καὶ ἀεὶ

καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Thine is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to ages of ages.

XOPOΣ: Ἄμήν. CHOIR: Amen.

IX. APOLYTIKION

Άπολυτίκιον. Τοῦ Μάρτυρος.

Apolytikion. For the Martyr.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος δ΄. Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ.

Mode 4. You who were lifted.

Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ.

Στρατολογία ἀληθεῖ ἀθλοφόρε, τοῦ οὐρανίου στρατηγὸς Βασιλέως, περικαλὴς γεγένησαι Θεόδωρεὅπλοις γὰρ τῆς πίστεως, παρετάξω ἐμφρόνως, καὶ κατεξωλόθρευσας, τῶν δαιμόνων τὰ στίφη, καὶ νικηφόρος ἄφθης ἀθλητής· ὅθεν σε πίστει ἀεὶ μακαρίζομεν.

O medal-winner, you were duly enlisted * and highly decorated as a commander, * O Theodore, in service to the heavenly King. * Armed with faith, you prudently went to war and combated, * and you vanquished utterly the arrays of the demons. * O Martyr Athlete, evermore with faith * we count you blessed, for you were victorious. [SD]

Δόξα. Τοῦ Προφήτου.

Glory. For the Prophet.

Ήχος β'.

Mode 2.

Τοῦ Προφήτου σου Ζαχαρίου τὴν μνήμην, Κύριε, ἑορτάζοντες, δι' αὐτοῦ σὲ δυσωποῦμεν· Σῶσον τὰς ψυχὰς ἡμῶν.

As we celebrate the memory of Your Prophet Zechariah through him we importune You, O Lord, that You save our souls. [SD]

Καὶ νῦν.

Both now.

Άπολυτίχιον τῆς Ἑορτῆς.

Apolytikion of the Feast.

Τοῦ Μηναίου - - -

From Menaion - - -

Ήχος α'.

Mode 1.

Χαῖρε κεχαριτωμένη Θεοτόκε Παρθένε· ἐκ σοῦ γὰρ ἀνέτειλεν ὁ Ἡλιος τῆς δικαιοσύνης, Χριστὸς ὁ Θεὸς ἡμῶν, φωτίζων τοὺς ἐν σκότει. Εὐφραίνου καὶ σὺ Πρεσβύτα δίκαιε, δεξάμενος ἐν ἀγκάλαις τὸν ἐλευθερωτὴν τῶν ψυχῶν ἡμῶν, χαριζόμενον ἡμῖν καὶ τὴν ἀλάστασιν.



X. DISMISSAL

ΔΙΑΚΟΝΟΣ: Άμήν. Σοφία. Εὐλόγησον. DEACON Amen. Wisdom. Father, bless!

{DEACON}

 $^{\circ}O$ ὢν εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Blessed is Christ our God, the One who is, always, now and ever and to the ages of ages.

ΔΙΑΚΟΝΟΣ

DEACON

Άμήν. Στερεώσαι Κύριος ὁ Θεός τὴν ἁγίαν καὶ ἀμώμητον πίστιν τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν σὺν τῆ ἁγία αὐτοῦ Μεγάλη Ἐκκλησία, τῆ ἱερᾳ ἡμῶν Ἀρχιεπισκοπῆ, [τῆ ἱερᾳ Μητροπόλει ταύτη] καὶ τῆ πόλει ταύτη εἰς αἰῶνας αἰώνων.

Amen. The Lord God make firm the holy and pure faith of the pious Orthodox Christians, together with the Holy and Great Church of Christ, our Sacred Archdiocese, [this Sacred Metropolis,] and this city, to the ages of ages.

{DEACON}

Most holy Theotokos, save us.

DEACON: More honored than the Cherubim, and more glorious beyond compare than the Seraphim, in purity you gave birth to God the Logos. Truly you are the Mother of God: you do we magnify.

{DEACON}

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι. Glory to You, our God, glory to You.

DEACON: Glory to the Father and to the Son and to the Holy Spirit, now and always and forever and ever. Amen. Lord, have mercy. Lord, have mercy. Lord, have mercy. Holy Father, give the blessing.

{DEACON}

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου ἁγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων δυνάμεων ἀσωμάτων, ἱκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων ἀποστόλων, τῶν ἀγίων ἐνδόξων καὶ καλλινίκων μαρτύρων τῶν ὁσίων καὶ θεοφόρων πατέρων ἡμῶν (τοῦ ἀγίου τοῦ ναοῦ) τῶν ἀγίων καὶ δικαίων θεοπατόρων Ἰωακεὶμ καὶ Ἄννης, καὶ πάντων τῶν ἀγίων, ἐλεήσαι καὶ σώσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλάνθρωπος καὶ ἐλεήμων Θεός.

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, as He is good, benevolent, and merciful God.

 Δ ι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστὲ ὁ Θεός, ἐλέησον ἡμᾶς.

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us.

 Δ IAKONOΣ: ' Δ μήν. DEACON: Amen.