

The Service of Matins
Τὸ διὰ Κολλύβων Θάψμα τοῦ Ἁγίου Θεοδώρου τοῦ Τήρωνος.
St. Theodore the Recruit and the Kolyva Miracle.

Maui Greek Orthodox Christian Mission

*Metropolis of San Francisco
Greek Orthodox Archdiocese of America
Service held at Keawalai Church
Makena, Maui, Hawaii
(Dated: March 23, 2024)*

**Maui Greek Orthodox Christian Mission Project
for a Daily Sequential Hymnal in English**

Liturgical Texts courtesy from the following:

*Holy Cross Press
50 Goddard Avenue, Brookline, Massachusetts
The Greek Orthodox Metropolis of Denver
4550 East Alameda Avenue, Denver, Colorado
Kihei Fr. Seraphim Dedes
7900 Greenside Ct., Charlotte, North Carolina
Holy Transfiguration Monestary
Brookline, Massachusetts
Narhex Press
North Ridge, California*

Music courtesy and copyright from the following:

*Fr. Seraphim Dedes
7900 Greenside Ct., Charlotte, North Carolina
Holy Cross Greek Orthodox School of Theology
50 Goddard Avenue, Brookline, Massachusetts*

I ROYAL OFFICE

1. The Enarxis	1
A. Blessed is our God	1
B. Heavenly King	1
C. The Trisagion Prayers	1
D. The Royal Hymns	2
1. Troparion of the Cross	2
2. Kontakion of the Cross	2
3. Theotokion	3
E. Ektene	3

II MONASTIC NOCTURNES

2. Enarxis of the Orthros	5
A. Glory to the Trinity	5
B. Introductory Verses	5
C. Hexapsalmos	5
1. Psalm 3	5
2. Psalm 37 (38)	6
3. Psalm 62 (63)	7
4. Psalm 87 (88)	8
5. Psalm 102 (103)	9
6. Psalm 142 (143)	11
D. Great Synapte (Litany of Peace)	12

III MORNING VIGIL

3. God is the Lord	17
A. Apolytikion	18
B. The Little Litany – For all the powers...	21
4. The Kathismata	21
A. Kathisma I	21
B. Kathisma II	22

IV MORNING PRAISE

5. Psalm 50 (51)	23
6. Oikoi	24
A. Kontakion	24
B. Oikos	24
C. Synaxarion	24
7. Katavasiae of the odes	25
A. The Intercessory Litany	29
8. Magnificat and 9th Ode	31
A. The Little Litany – For all the powers...	39
9. The Exapostelaria	40

10. Lauds — The Psalms of Praise	40
A. The Ainoi	40
B. Lauds Stichologia	42
11. The Great Doxology	49
A. Apolytikion	52

Part I

ROYAL OFFICE

1. THE ENARXIS

A. Blessed is our God

Standing at the Holy Altar, wearing Exorasson and Epitrahelion, the Priest reverences three times, saying, "Have mercy on me a sinner, O Lord." He then proclaims:

ΙΕΡΕΥΣ
PRIEST

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Blessed is our God, always, now, and ever, and to the ages of ages.

ΧΟΡΟΣ
CHOIR

(Ἀμήν.)



A - men

B. Heavenly King

ΙΕΡΕΥΣ
PRIEST

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.
Glory to You, O God, glory to You.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρὼν καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθε καὶ σκήνωσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς ἀπὸ πάσης κηλίδος καὶ σῶσον, Ἀγαθέ, τὰς ψυχὰς ἡμῶν.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

ΧΟΡΟΣ
CHOIR

(Ἀμήν.)



A - men

C. The Trisagion Prayers

ΑΝΑΓΝΩΣΤΗΣ
READER

Ἅγιος ὁ Θεός, ἄγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῶν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

All-holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, (*intoned*) but deliver us from the evil one.

ΙΕΡΕΥΣ PRIEST

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Thine is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and to the ages of ages.

ΧΟΡΟΣ CHOIR

(Ἀμήν.)



A - men

D. The Royal Hymns

1. Troparion of the Cross

ΑΝΑΓΝΩΣΤΗΣ READER

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

2. Kontakion of the Cross

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Glory to the Father, and to the Son, and to the Holy Spirit.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς σου δώρησαι, Χριστέ ὁ Θεός· εὐφρανόν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὅπλον εἰρήνης, ἀήττητον τρόπαιον.

You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.

3. Theotokion

ΑΝΑΓΝΩΣΤΗΣ READER

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.
Both now and ever, and to the ages of ages. Amen.

Προστασία φοβερὰ καὶ ἀκαταίσχυντε, μὴ παρίδῃς, Ἀγαθὴ, τὰς ἱκεσίας ἡμῶν, πανύμνητε Θεοτόκε· στήριξον Ὁρθοδόξων πολιτείαν, σῶζε οὓς ἐκέλευσας βασιλεύειν, καὶ χορήγει αὐτοῖς οὐρανόθεν τὴν νίκην· διότι ἔτεκες τὸν Θεόν, μόνη εὐλογημένη.

Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos. Make firm the community of the Orthodox, save those whom you have called to rule, and grant them victory from heaven (*intoned*) for you bore God, only blessed one.

E. Ektene

ΙΕΡΕΥΣ PRIEST

Ἐλέησον ἡμᾶς ὁ Θεός κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.
Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

ΧΟΡΟΣ CHOIR

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΙΕΡΕΥΣ PRIEST

Ἐτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν.
Again we pray for pious and Orthodox Christians.

ΧΟΡΟΣ CHOIR

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΙΕΡΕΥΣ

PRIEST

Ἐπι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

Again we pray for our Archbishop Gerasimos, and for all our brotherhood in Christ.

ΧΟΡΟΣ**CHOIR**

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

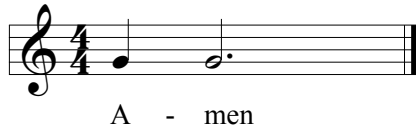
**ΙΕΡΕΥΣ****PRIEST**

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

ΧΟΡΟΣ**CHOIR**

(Ἀμήν.)



Part II

MONASTIC NOCTURNES

2. ENARXIS OF THE ORTHROS

A. Glory to the Trinity

ΧΟΡΟΣ
CHOIR

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.
(*intoned*) In the name of the Lord, Father, bless.

ΙΕΡΕΥΣ
PRIEST

Δόξα τῇ ἁγίᾳ καὶ ὁμοουσίῳ καὶ ζωοποιῷ καὶ ἀδιαρέτῳ Τριάδι, πάντοτε, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

ΧΟΡΟΣ
CHOIR

(Ἀμήν.)



A - men

B. Introductory Verses

ΑΝΑΓΝΩΣΤΗΣ
READER

Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία. (ἐκ γ')

Glory to God in the highest, and peace on earth, good will to men. (3)

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. (οἶς)

O Lord, open my lips, and my mouth shall show forth Your praise. (2)

C. Hexapsalmos

1. Psalm 3

Κύριε, τί ἐπληθύνθησαν οἱ θλίβοντές με; Πολλοὶ ἐπανίστανται ἐπ' ἐμέ.
O Lord, why are those who afflict me multiplied?

Πολλοὶ λέγουσι τῇ ψυχῇ μου· Οὐκ ἔστι σωτηρία αὐτῷ ἐν τῷ Θεῷ αὐτοῦ.
Many rise up against me. Many say to my soul: there is no salvation for him in his God.

Σὺ δέ, Κύριε, ἀντιλήπτωρ μου εἶ, δόξα μου καὶ ὑψῶν τὴν κεφαλὴν μου.
But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, καὶ ἐπήκουσέ μου ἐξ ὄρους ἁγίου αὐτοῦ.
I cried to the Lord with my voice, and He heard me out of His holy mountain.

Ἐγὼ δὲ ἐκοιμήθην καὶ ὑπνωσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί μου.
I laid down and slept; I awoke, for the Lord will help me.

Οὐ φοβηθήσομαι ἀπὸ μυριάδων λαοῦ τῶν κύκλῳ συνεπιτιθεμένων μοι.
I will not be afraid of ten thousands of people that set themselves round about against me.

Ἀνάστα, Κύριε, σῶσόν με ὁ Θεός μου, ὅτι σὺ ἐπάταξας πάντας τοὺς ἐχθραίνοντάς μοι ματαίως, ὀδόντας ἁμαρτωλῶν συνέτριψας.
Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Τοῦ Κυρίου ἡ σωτηρία, καὶ ἐπὶ τὸν λαόν σου ἡ εὐλογία σου.
Salvation is of the Lord, and Your blessing is on Your people.

Ἐγὼ ἐκοιμήθην καὶ ὑπνωσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί μου.
I laid down and slept; I awoke, for the Lord will help me.

2. Psalm 37 (38)

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξῃς με, μηδὲ τῇ ὀργῇ σου παιδεύῃς με.
O Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

Ὅτι τὰ βέλη σου ἐνεπάγησάν μοι, καὶ ἐπεστήριζας ἐπ' ἐμὲ τὴν χεῖρά σου.
For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

Οὐκ ἔστιν ἴασις ἐν τῇ σαρκί μου ἀπὸ προσώπου τῆς ὀργῆς σου, οὐκ ἔστιν εἰρήνη ἐν τοῖς ὀστέοις μου ἀπὸ προσώπου τῶν ἁμαρτιῶν μου.
There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

Ὅτι αἱ ἀνομίαι μου ὑπερῆραν τὴν κεφαλὴν μου, ὥσπερ φορτίον βαρὺ ἐβαρύνθησαν ἐπ' ἐμέ.
For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

Προσώζεσαν καὶ ἐσάπησαν οἱ μώλωπές μου ἀπὸ προσώπου τῆς ἀφροσύνης μου.
My wounds have become foul and festering in the face of my foolishness.

Ἐταλαιπώρησα καὶ κατεκάμφθην ἕως τέλους, ὅλην τὴν ἡμέραν σκυθρωπάζων ἐπορευόμην.
I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

Ὅτι αἱ ψοαὶ μου ἐπλήσθησαν ἐμπαιγμάτων, καὶ οὐκ ἔστιν ἴασις ἐν τῇ σαρκί μου.
For my loins are filled with inflammation, and there is no healing in my flesh.

Ἐκακώθην καὶ ἐταπεινώθην ἕως σφόδρα, ὠρυόμην ἀπὸ στεναγμοῦ τῆς καρδίας μου.
I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

Κύριε, ἐναντίον σου πᾶσα ἡ ἐπιθυμία μου, καὶ ὁ στεναγμός μου ἀπὸ σοῦ οὐκ ἀπεκρύβη.
O Lord, all my desire is before You, and my groaning is not hidden from You.

Ἡ καρδία μου ἐταράχθη, ἐγκατέλιπέ με ἡ ἰσχὺς μου, καὶ τὸ φῶς τῶν ὀφθαλμῶν μου καὶ αὐτὸ οὐκ ἔστι μετ' ἐμοῦ.
My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

Οἱ φίλοι μου καὶ οἱ πλησίον μου ἐξεναντίας μου ἤγγισαν καὶ ἔστησαν, καὶ οἱ ἐγγιστά μου ἀπὸ μακρόθεν ἔστησαν.
My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

Καὶ ἐξεβιάζοντο οἱ ζητοῦντες τὴν ψυχὴν μου, καὶ οἱ ζητοῦντες τὰ κακά μοι ἐλάλησαν ματαιότητας, καὶ δολιότητος ὅλην τὴν ἡμέραν ἐμελέτησαν.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

Ἐγὼ δὲ ὥσει κωφὸς οὐκ ἤκουον καὶ ὥσει ἄλαλος οὐκ ἀνοίγων τὸ στόμα αὐτοῦ.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

Καὶ ἐγενόμην ὥσει ἄνθρωπος οὐκ ἀκούων καὶ οὐκ ἔχων ἐν τῷ στόματι αὐτοῦ ἐλεγμούς.

And I became as a man that does not hear, and that has no reproofs in his mouth.

Ὅτι ἐπὶ σοί, Κύριε, ἤλπισα· σὺ εἰσακούσῃ, Κύριε ὁ Θεός μου.

For I have hoped in You, O Lord; You will hear me, Lord my God.

Ὅτι εἶπον· Μήποτε ἐπιχαρῶσί μοι οἱ ἐχθροί μου· καὶ ἐν τῷ σαλευθῆναι πόδας μου ἐπ' ἐμὲ ἐμεγαλορῶρήμνησαν.

For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

Ὅτι ἐγὼ εἰς μάστιγας ἔτοιμος, καὶ ἡ ἀλγηδὼν μου ἐνώπιόν μου ἐστι διὰ παντός.

For I am ready for scourges, and my sorrow is continually before me.

Ὅτι τὴν ἀνομίαν μου ἐγὼ ἀναγγελῶ καὶ μεριμνήσω ὑπὲρ τῆς ἁμαρτίας μου.

For I will declare my iniquity, and I will anguish concerning my sin.

Οἱ δὲ ἐχθροί μου ζῶσι καὶ κεκραταίωνται ὑπὲρ ἐμέ, καὶ ἐπληθύνθησαν οἱ μισοῦντές με ἀδίκως.

But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Οἱ ἀνταποδίδοντές μοι κακὰ ἀντὶ ἀγαθῶν ἐνδιέβαλλον με, ἐπεὶ κατεδίωκον ἀγαθωσύνην.

Those who render me evil for good slandered me, because I pursued goodness.

Μὴ ἐγκαταλίπῃς με, Κύριε ὁ Θεός μου, μὴ ἀποστῇς ἀπ' ἐμοῦ. Πρόσχευ εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας μου.

Do not forsake me, O Lord my God, do not depart from me. Be attentive to my help, O Lord of my salvation. (2)

3. Psalm 62 (63)

Ὁ Θεὸς ὁ Θεός μου, πρὸς σὲ ὀρθρίζω.

O God, my God, to You I rise early at dawn.

Ἐδίψησέ σε ἡ ψυχὴ μου, ποσαπλῶς σοι ἡ σὰρξ μου, ἐν γῇ ἐρήμῳ καὶ ἀβάτῳ καὶ ἀνύδρῳ.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

Οὕτως ἐν τῷ ἁγίῳ ὤφθην σοι τοῦ ἰδεῖν τὴν δυνάμιν σου καὶ τὴν δόξαν σου.

So I have appeared before You in the sanctuary to see Your power and Your glory.

Ὅτι κρεῖσσον τὸ ἔλεός σου ὑπὲρ ζωάς· τὰ χεῖλη μου ἐπαινέσουσί σε.

For Your mercy is better than lives; my lips shall praise You.

Οὕτως εὐλογῶ σε ἐν τῇ ζωῇ μου, καὶ ἐν τῷ ὀνόματί σου ἄρῶ τὰς χεῖράς μου.

So shall I bless You in my life, and I will lift up my hands in Your name.

Ὡς ἐκ στέατος καὶ πύργου ἐμπλησθεῖ ἡ ψυχὴ μου, καὶ χεῖλη ἀγαλλιάσεως αἰνέσει τὸ στόμα μου.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

Εἰ ἐμνημόνευόν σου ἐπὶ τῆς στρωμνῆς μου, ἐν τοῖς ὄρθροις ἐμελέτων εἰς σέ.

If I remembered You on my bed, I meditated on You at the dawn.

Ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερύγων σου ἀγαλλιάσομαι.

For You have become my Helper; I will rejoice in the shelter of Your wings.

Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.
My soul has cleaved after You, Your right hand has been quick to help me.

Αὐτοὶ δὲ εἰς μάτην ἐζήτησαν τὴν ψυχὴν μου, εἰσελεύσονται εἰς τὰ κατώτατα τῆς γῆς· παραδοθήσονται εἰς χεῖρας ρομφαίας, μερίδες ὀλωπέκων ἔσονται.
But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

Ὁ δὲ βασιλεὺς εὐφρανθήσεται ἐπὶ τῷ Θεῷ, ἐπαινεθήσεται πᾶς ὁ ὁμνῶν ἐν αὐτῷ, ὅτι ἐνεφράγη στόμα λαλούντων ἄδικα.
But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

Ἐν τοῖς ὄρθροις ἐμελέτων εἰς σέ· ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερύγων σου ἀγαλλιάσομαι.
At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.
My soul has cleaved after You, Your right hand has been quick to help me.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός. (ἐκ γ')

Κύριε, ἐλέησον. (ἐκ γ')

Lord, have mercy. Lord, have mercy. Lord, have mercy.

4. Psalm 87 (88)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.
O Lord, God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.
Let my prayer come before You, bow down Your ear to my supplication.

Ὅτι ἐπλήσθη κακῶν ἡ ψυχὴ μου, καὶ ἡ ζωὴ μου τῷ ᾄδῃ ἤγγισε.
For my soul is filled with evils, and my life has drawn near to Hades.

Προσελογίστην μετὰ τῶν καταβαινόντων εἰς λάκκον, ἐγενήθην ὥσει ἄνθρωπος ἀβοήθητος, ἐν νεκροῖς ἐλεύθερος,
I am counted with those who go down into the pit; I have become as a man without help, free among the dead.

ὥσει τραυματαῖαι καθεύδοντες ἐν τάφῳ, ὧν οὐκ ἐμνήσθης ἔτι, καὶ αὐτοὶ ἐκ τῆς χειρός σου ἀπόσθησαν.
I am like the bodies of the slain that sleep in the grave, Whom You remember no more, and who are cut off from Your hand.

Ἔθεντό με ἐν λάκκῳ κατωτάτῳ, ἐν σκοτεινοῖς καὶ ἐν σκιᾷ θανάτου.
They laid me in the lowest pit, in darkness and the shadow of death.

Ἐπ' ἐμέ ἐπεστηρίχθη ὁ θυμός σου, καὶ πάντας τοὺς μετεωρισμούς σου ἐπήγαγες ἐπ' ἐμέ.
Your anger lies heavily on me, and You have afflicted me with all Your waves.

Ἐμάχρυνας τοὺς γνωστούς μου ἀπ' ἐμοῦ, ἔθεντό με βδέλυγμα ἑαυτοῖς,

You have removed my friends far from me; they have made me an abomination to themselves.

Οἱ ὀφθαλμοί μου ἡσθένησαν ἀπὸ πτωχείας· παρεδόθην καὶ οὐκ ἐξεπορευόμην.
I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

ἐκέκραξα πρὸς σέ, Κύριε, ὅλην τὴν ἡμέραν, διεπέτασα πρὸς σὲ τὰς χεῖράς μου.
I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

Μὴ τοῖς νεκροῖς ποιήσεις θαυμάσια; ἢ ἱατροὶ ἀναστήσουσι καὶ ἐξομολογήσονται σοι;
No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

Μὴ διηγῆσεται τις ἐν τῷ τάφῳ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου ἐν τῇ ἀπωλείᾳ;
No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

Μὴ γνωσθῇσεται ἐν τῷ σκότει τὰ θαυμάσιά σου καὶ ἡ δικαιοσύνη σου ἐν γῇ ἐπιλελησμένη;
No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

Κἀγὼ πρὸς σέ, Κύριε, ἐκέκραξα, καὶ τὸ πρωὶ ἡ προσευχή μου προφθάσει σε.
But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

Ἵνα τί, Κύριε, ἀπωθεῖς τὴν ψυχὴν μου, ἀποστρέφεις τὸ πρόσωπόν σου ἀπ' ἐμοῦ;
O Lord, why do You therefore cast off my soul and turn Your face away from me?

Πτωχός εἰμι ἐγὼ καὶ ἐν κόποις ἐκ νεότητός μου, ὑψωθείς δὲ ἐταπεινώθην καὶ ἐξηπορήθην.
I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Ἐπ' ἐμὲ διήλθον αἱ ὀργαί σου, οἱ φοβερισμοί σου ἐξετάραζάν με,
Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

ἐκύκλωσάν με ὥσει ὕδωρ ὅλην τὴν ἡμέραν, περιέσχον με ἅμα.
They came around me all day long like water, they engulfed me altogether.

Ἐμάχρυνας ἀπ' ἐμοῦ φίλον καὶ πλησίον, καὶ τοὺς γνωστούς μου ἀπὸ ταλαιπωρίας.
Because of my misery You have removed friend and neighbor and my acquaintances far from me.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.
O Lord God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.
Let my prayer come before You, bow down Your ear to my supplication!

5. Psalm 102 (103)

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καί, πάντα τὰ ἐντός μου, τὸ ὄνομα τὸ ἅγιον αὐτοῦ.
Bless the Lord, O my soul; and all that is within me, bless His holy name.

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις αὐτοῦ.
Bless the Lord, O my soul, and do not forget all that He has done for you.

Τὸν εὐλατεῦντα πάσας τὰς ἀνομίας σου, τὸν ἰώμενον πάσας τὰς νόσους σου.
Who is gracious to all your iniquities, Who heals all your infirmities.

Τὸν λυτρούμενον ἐκ φθορᾶς τὴν ζωὴν σου, τὸν στεφανοῦντά σε ἐν ἐλέει καὶ οἰκτιρμοῖς.
Who redeems your life from corruption, Who crowns you with mercy and compassion.

Τὸν ἐμπιπλῶντα ἐν ἀγαθοῖς τὴν ἐπιθυμίαν σου, ἀνακαινισθήσεται ὡς ἀετοῦ ἡ νεότης σου.
Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

Ποιῶν ἐλεημοσύνας ὁ Κύριος καὶ κρίμα πᾶσι τοῖς ἀδικουμένοις.
The Lord does deeds of mercy, and executes judgment for all those who are wronged.

Ἐγνώρισε τὰς ὁδοὺς αὐτοῦ τῷ Μωϋσῇ, τοῖς υἱοῖς Ἰσραὴλ τὰ θελήματα αὐτοῦ.
He has made His ways known to Moses, the things that He has willed to the sons of Israel.

Οἰκτίρμων καὶ ἐλεήμων ὁ Κύριος, μακρόθυμος καὶ πολυέλεος· οὐκ εἰς τέλος ὀργισθήσεται, οὐδὲ εἰς τὸν αἰῶνα μηνιεῖ.
The Lord is compassionate and merciful, long-suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

Οὐ κατὰ τὰς ἀνομίας ἡμῶν ἐποίησεν ἡμῖν, οὐδὲ κατὰ τὰς ἁμαρτίας ἡμῶν ἀνταπέδωκεν ἡμῖν,
He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

ὅτι κατὰ τὸ ὕψος τοῦ οὐρανοῦ ἀπὸ τῆς γῆς ἐκραταίωσε Κύριος τὸ ἔλεος αὐτοῦ ἐπὶ τοὺς φοβουμένους αὐτόν.
For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

Καθ' ὅσον ἀπέχουσιν ἀνατολαὶ ἀπὸ δυσμῶν, ἐμάκρυνεν ἀφ' ἡμῶν τὰς ἀνομίας ἡμῶν.
As far as the east is from the west, so far has He removed our iniquities from us.

Καθὼς οἰκτίζει πατὴρ υἱούς, ὠκτίρησε Κύριος τοὺς φοβουμένους αὐτόν, ὅτι αὐτὸς ἔγνω τὸ πλάσμα ἡμῶν, ἐμνήσθη ὅτι χοῦς ἐσμεν.
Like a father has compassion on his sons, so has the Lord had compassion on those who fear Him; for He knows of what we are made, He has remembered that we are dust.

Ἄνθρωπος, ὥσει χόρτος αἱ ἡμέραι αὐτοῦ· ὥσει ἄνθος τοῦ ἀγροῦ, οὕτως ἐξανθήσει.
As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

Ὅτι πνεῦμα διήλθεν ἐν αὐτῷ, καὶ οὐχ ὑπάρξει, καὶ οὐκ ἐπιγνώσεται ἔτι τὸν τόπον αὐτοῦ.
For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

Τὸ δὲ ἔλεος τοῦ Κυρίου ἀπὸ τοῦ αἰῶνος καὶ ἕως τοῦ αἰῶνος ἐπὶ τοὺς φοβουμένους αὐτόν,
But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

καὶ ἡ δικαιοσύνη αὐτοῦ ἐπὶ υἱοῖς υἱῶν, τοῖς φυλάσσουσι τὴν διαθήκην αὐτοῦ καὶ μεμνημένοις τῶν ἐντολῶν αὐτοῦ τοῦ ποιῆσαι αὐτάς.
And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε τὸν θρόνον αὐτοῦ, καὶ ἡ βασιλεία αὐτοῦ πάντων δεσπόζει.
The Lord in heaven has prepared His throne, and His kingdom rules over all.

Εὐλογεῖτε τὸν Κύριον, πάντες οἱ Ἄγγελοι αὐτοῦ, δυνατοὶ ἰσχυρί, ποιοῦντες τὸν λόγον αὐτοῦ, τοῦ ἀκοῦσαι τῆς φωνῆς τῶν λόγων αὐτοῦ.
Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Εὐλογεῖτε τὸν Κύριον, πᾶσαι αἱ Δυνάμεις αὐτοῦ, λειτουργοὶ αὐτοῦ, ποιοῦντες τὸ θέλημα αὐτοῦ.
Bless the Lord, O all you His hosts, His ministers that do His will.

Εὐλογεῖτε τὸν Κύριον, πάντα τὰ ἔργα αὐτοῦ, ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.
Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul. (2)

6. Psalm 142 (143)

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῇ ἀληθείᾳ σου, εἰσάκουσόν μου ἐν τῇ δικαιοσύνῃ σου.

O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου, ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν.

And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχὴν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωὴν μου,

For the enemy has persecuted my soul; he has humbled my life down to the earth.

ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδίᾳ μου.

He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων.

I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

Διεπέτασα πρὸς σέ τὰς χεῖράς μου· ἡ ψυχὴ μου ὡς γῆ ἄνυδρός σοι.

I stretched forth my hands to You; my soul thirsts after You like a waterless land.

Ταχὺ εἰσάκουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου.

Quickly hear me, O Lord; my spirit has fainted away.

Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν εἰς λάκκον.

Do not turn Your face from me, lest I be like those who go down into the pit.

Ἄκουστών ποιήσόν μοι τὸ πρωὶ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα.

Cause me to hear Your mercy in the morning; for I have put my hope in You.

Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ᾗ πορεύσομαι, ὅτι πρὸς σέ ἤρα τὴν ψυχὴν μου.

Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Ἐξελοῦ με ἐκ τῶν ἐχθρῶν μου, Κύριε· πρὸς σέ κατέφυγον.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

Δίδαζόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Teach me to do Your will, for You are my God.

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ εὐθείᾳ· ἔνεκεν τοῦ ὀνόματός σου, Κύριε,

Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

ζήσεις με, ἐν τῇ δικαιοσύνῃ σου ἐξάξεις ἐκ θλίψεως τὴν ψυχὴν μου· καὶ ἐν τῷ ἐλέει σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου

In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

καὶ ἀπολείς πάντας τοὺς θλίβοντας τὴν ψυχὴν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

And You shall cut off all those who afflict my soul, for I am Your servant.

Εἰσάκουσόν μου, Κύριε, ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου.

Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant. (2)

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ εὐθείᾳ.
Let Your good spirit lead me on a level path!

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.
Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.
Alleluia, alleluia, alleluia. Glory to You, O God.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.
Alleluia, alleluia, alleluia. Glory to You, O God.

ΧΟΡΟΣ CHOIR

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.
(*intoned*) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

D. Great Synapte (Litany of Peace)

PRIEST

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.
In peace let us pray to the Lord.

ΧΟΡΟΣ CHOIR

(Κύριε, ἐλέησον.)

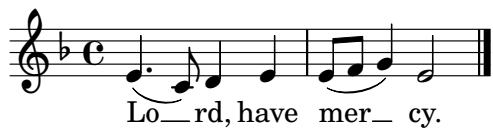


PRIEST

Ὑπὲρ τῆς ἀνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.
For the peace from above and for the salvation of our souls, let us pray to the Lord.

ΧΟΡΟΣ CHOIR

(Κύριε, ἐλέησον.)



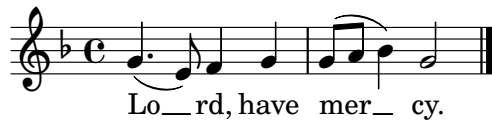
PRIEST

Ἦπερ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

**ΧΟΡΟΣ
CHOIR**

(Κύριε, ἐλέησον.)

**PRIEST**

Ἦπερ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

**ΧΟΡΟΣ
CHOIR**

(Κύριε, ἐλέησον.)

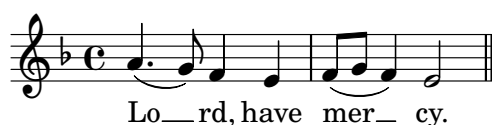
**PRIEST**

Ἦπερ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

For pious and Orthodox Christians, let us pray to the Lord.

**ΧΟΡΟΣ
CHOIR**

(Κύριε, ἐλέησον.)

**PRIEST**

Ἦπερ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

For our Archbishop Gerasimos, the honorable presbyterate, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

**ΧΟΡΟΣ
CHOIR**

(Κύριε, ἐλέησον.)

**PRIEST**

Ἵπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

For the president of our country, for all civil authorities, and for our armed forces on land, at sea, and in the air, let us pray to the Lord.

ΧΟΡΟΣ**CHOIR**

(Κύριε, ἐλέησον.)

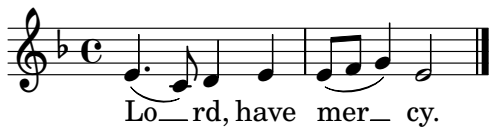
**PRIEST**

Ἵπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

For this city, for every city and land, and for the faithful who dwell in them, let us pray to the Lord.

ΧΟΡΟΣ**CHOIR**

(Κύριε, ἐλέησον.)

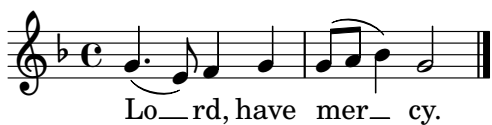
**PRIEST**

Ἵπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

ΧΟΡΟΣ**CHOIR**

(Κύριε, ἐλέησον.)

**PRIEST**

Ἵπὲρ πλεόντων, ὁδοιπορούντων, νοσούντων, χαμνόντων, αἰχμαλώτων καὶ τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

ΧΟΡΟΣ**CHOIR**

(Κύριε, ἐλέησον.)

**PRIEST**

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφυλάξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.
 Help us, save us, have mercy on us, and protect us, O God, by Your grace.

**ΧΟΡΟΣ
CHOIR**

(Κύριε, ἐλέησον.)

**PRIEST**

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων
 τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθήμεθα.
 Commemorating our all-holy, pure, most-blessed, and glorious Lady, the Theotokos and ever-Virgin Mary, with all
 the saints, let us commit ourselves and one another and all our life to Christ our God.

**ΧΟΡΟΣ
CHOIR**

(Σοί, Κύριε.)



ΙΕΡΕΥΣ
PRIEST

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For to You belong all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

ΧΟΡΟΣ
CHOIR

(Ἀμήν.)



A - men

Part III

MORNING VIGIL

3. GOD IS THE LORD

MATINS
ΧΟΡΟΣ
CHOIR
Ἦχος β'.

Matins. Mode 2. *Di=G.*

Soft Chromatic G

8 God is the Lord and He re - vealed him - self to us.

8 Bless - ed is He who comes in the name of the Lord.

G

8 God is the Lord and He re - vealed him - self to us.

8 Bless - ed is He who comes in the name of the Lord.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.
God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]
Στίχ. α'. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.
Verse 1: Give thanks to the Lord and call upon His holy name.
Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἡμυνάμην αὐτούς.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

A. Apolytikion

ᾠχος β'.

Apolytikion. Mode 2. Di=G.

Soft Chromatic G

8 Mag - nif - i - cent are the ac - com-plish-ments of faith! The

8 ho - ly Mar-tyr The-o-dore great-ly re - joiced as he stood in the foun-tain of

8 fire as if be-side the still wa - ters. He was con-

8 -sumed by fire and of-fered like sweet bread to the Trin - i - ty.

8 At his en - treat - ies, O Christ God, save our souls.

Δόξα. Τὸ αὐτό.

Glory to the Father and the Son and the Holy Spirit.

Apolytikion. Mode 2. $Di=G$.

Soft Chromatic G

8 Mag - nif - i - cent are the ac - com-plish-ments of faith! The

8 ho - ly Mar-tyr The-o-dore great-ly re - joiced as he stood in the foun-tain of

8 fire as if be-side the still wa - ters. He was con-

- 8sumed by fire and of-fered like sweet bread to the Trin - i - ty.

8 At his en - treat - ies, O Christ God, save our souls.

Καὶ νῦν. Θεοτοκίον.

Both now and ever and to the ages of ages.

[Glory.] Both now. **Theotokion.****Mode 2. Di=G.**

Soft Chromatic G

8 All sur-pas-sing eve-ry thought, all sur-pas-sing glo-ri-ous, O The-o-

8 to-kos, are your mys - ter - ies. With your chas - ti - ty sealed and your vir-

8 gin - i - ty pre - served, still you are a moth-er in truth, for to the

8 true God you gave birth. We pray you fer-vent-ly en - treat Him to

8 save our souls.

Final ending:

8 save our souls.

Translation and score by Fr. Seraphim Dedes
 Copyright 2022 GOA and Fr. Seraphim Dedes

B. The Little Litany – For all the powers...

PRIEST

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

Again and again in peace let us pray to the Lord.

ΧΟΡΟΣ

CHOIR

Κύριε, ἐλέησον.

Lord, have mercy.

PRIEST

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

ΧΟΡΟΣ

CHOIR

Κύριε, ἐλέησον.

Lord, have mercy.

PRIEST

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παρανώμεθα.

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

ΧΟΡΟΣ

CHOIR

Σοί, Κύριε.

To You, O Lord.

PRIEST

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

ΧΟΡΟΣ

CHOIR

Amen.

There follow the Resurrectional Kathismata of the first and second readings. On the Feast of a Saint, also the appropriate Kathisma and Theotokion. The clergy proceed to the Soleas for the Prayers of the Preparation, “Kairos,” (see page 49). Immediately, the Evlogetaria, (omitted on the Third Sunday of Lent and Festivals of the Theotokos and the Lord) after which the Abridged Litany:

ΧΟΡΟΣ

CHOIR

Κάθισμα Α΄.

4. THE KATHISMATA

A. Kathisma I

Τοῦ Τριωδίου - - -

From Triodion - - -

Ἦχος πλ. δ΄.

Φωστῆρες νοεροί, ἀνεδείχθητε ἅγιοι Μάρτυρες· τὴν γὰρ ἀχλὺν τῆς πλάνης, κατηργήσατε διὰ τῆς πίστεως, τὰς ψυχικὰς ὑμῶν λαμπάδας ἐφαιδρύνετε, καὶ τῷ Νυμφίῳ μετὰ δόξης συνεισέλθετε, εἰς τὸν οὐράνιον νυμφῶνα, καὶ νῦν ἱκετεύσατε, σωθῆναι δεόμεθα τὰς ψυχὰς ἡμῶν.

Holy Martyrs, you were shown to be spiritual luminaries; for by faith you ended the foggy of error, you brightened the lamps of our souls, and with glory you entered the celestial bridal hall with the Bridegroom. Now we pray you entreat Him to save our souls. [SD]

Στίχ. Θαυμαστός ὁ Θεὸς ἐν τοῖς ἁγίοις αὐτοῦ, ὁ Θεὸς Ἰσραὴλ.

Verse: God is wondrous in His saints, the God of Israel. [SAAS] Ἦχος πλ. δ'. Τὴν Σοφίαν καὶ Λόγον.

Τὴν Σοφίαν καὶ Λόγον.

Οἰκουμένης φωστῆρες, ἀειλαμπεῖς, ἀνεδείχθητε πίστει, μαρτυρικῇ, ὅλην ἀναθέμενοι, τὴν ἐλπίδα πρὸς Κύριον, καὶ νοητῷ ἐλαίῳ, τοῦ Πνεύματος Ἅγιοι, τὰς ψυχικὰς λαμπάδας, ὑμῶν ἐφαιδρύνετε· ὅθεν καὶ κρατῆρες, νοητοὶ τοῖς ἀνθρώποις, ἰάσεις προχέοντες, ὥσπερ νάματα ὤφθητε, Ἀθλοφόροι πανεύφημοι, πρεσβεύσατε Χριστῷ τῷ Θεῷ, τῶν πταισμάτων ἄφεσιν δωρήσασθαι, τοῖς ἐορτάζουσι πόθῳ, τὴν ἁγίαν μνήμην ὑμῶν.

By your strong faith as martyrs you have become * ever radiant torches for all the world, * for you placed your every hope * in the Lord, who enabled you; * you kept your souls, like lamps, lit * with the spiritual oil * of the all-holy Spirit, * O Martyrs extolled by all. * Therefore you are also known as spiritual wine bowls * that serve up as beverages * cures and healings to all mankind, * O victorious martyr saints. * Intercede with Christ our God * that He grant forgiveness of offenses * to those who with longing observe your holy memory. [SD]

Στίχ. Τοῖς ἁγίοις τοῖς ἐν τῇ γῇ αὐτοῦ ἐθαυμάστωσεν ὁ Κύριος, πάντα τὰ θελήματα αὐτοῦ ἐν αὐτοῖς.

Verse: To the saints on His earth, in them the Lord magnified all His will. [SAAS]

Ἦχος πλ. δ'. Τὸ προσταχθέν.

Τὸ προσταχθέν.

Δι' ἐγκρατείας τῶν παθῶν, τὰς πυριφλέκτους, ἀπονεκρώσαντες ὁρμάς, καὶ τὰς κινήσεις, τοῦ Χριστοῦ οἱ Μάρτυρες, ἔλαβον τὴν χάριν, τὰς νόσους ἀποδιώκειν, τῶν ἀσθενῶν, καὶ ζῶντες καὶ μετὰ τέλος, θαυματουργεῖν, ὥντως θαῦμα παράδοξον! ὅτι ὅστέα γυμνά, ἐκβλύζουσιν ἰάματα. Δόξα τῷ μόνῳ Θεῷ ἡμῶν.

When they had deadened burning impulses and movements * of sinful passions by their self-control and virtue, * then the Martyrs of Christ were given the divine grace * of driving away the illnesses of the sick * and working wonders, alive and after their death. * Paradoxical miracle it is indeed, that naked bones * should pour out cures abundantly.

* Glory be to our only God. [SD]

Δόξα· καὶ νῦν. Θεοτοκίον.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages.

Σὲ καὶ τεῖχος καὶ λιμένα ἔχομεν, καὶ πρέσβυν εὐπρόσδεκτον, πρὸς ὃν ἔτεκες Θεόν, Θεοτόκε ἀνύμφευτε, τῶν πιστῶν ἡ σωτηρία.

We have you as a fortress and a port and an acceptable intercessor with God, whom you bore, O unwedded Theotokos, the salvation of the faithful. [SD]

Κάθισμα Β'.

B. Kathisma II

Τοῦ Τριωδίου - - -

From Triodion - - -

Ἦχος γ'. Θείας πίστεως.

Θείας πίστεως.

Ζέων πίστεως ὀρθοδοξία, πλάνην ἔσβεσας κακοδοξίας, καταργήσας τῶν εἰδώλων τὸ ἄθεον, καὶ ὀλοκαύτωμα θεῖον γενόμενος, θαυματουργίας δροσίξεις τὰ πέρατα. Μάρτυς ἐνδοξε, Χριστὸν τὸν Θεὸν ἰκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος. As you boiled hot with Orthodoxy, * you extinguished heresy's delusion * and arrested idolatry's godlessness. * You became a whole-burnt offering unto God, * and you refresh the whole world with your miracles. * Pray to Christ our God, O glorious Martyr, fervently, * entreating Him to grant us His great mercy. [SD]

Δόξα.

Glory to the Father and the Son and the Holy Spirit.

Ἦχος γ'. Θείας πίστεως.

Θείας πίστεως.

Θεῖον δῶρόν σε πρὸς σωτηρίαν, πάσῃ δέδωκε τῇ οἰκουμένῃ, ὁ ἐν τοῖς ἁθλοῖς δυναμώσας σε Κύριος, τὰς ψυχικὰς ἡμῶν νόσους ἰώμενος, καὶ τῶν σωμάτων τὰ πάθη τροπούμενος. Μάρτυς Θεόδωρε, Χριστὸν τὸν Θεὸν ἰκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

The Lord, who strengthened you when in the contests, * gave you to the world for our salvation, * as a divine gift, which is what your name denotes. * You heal the illness and passions that plague our souls * and ward off physical trauma and suffering. * Martyr Theodore, to Christ our God pray fervently, * entreating Him to grant us His great mercy. [SD]

Καὶ νῦν. Θεοτοκίον.

Both now and ever and to the ages of ages.

Ἦχος γ'. Τὴν ὠραιότητα.

Τὴν ὠραιότητα.

Ἦ τὸν ἀχώρητον, Θεὸν ἐν μήτρᾳ σου, Παρθένε ἄχραντε, κυοφορήσασα, τὸν πρὸ αἰώνων ἐκ Πατρὸς ἀρρέευστως ἀνατείλαντα, Λόγον ἐνυπόστατον, καὶ Υἱὸν ὁμοούσιον, τοῦτον ἐκδυσώπησον, σὺν Προφῆταις καὶ Μάρτυσιν. Ὅσιους, Ἀσκηταῖς, καὶ Δικαίοις, δοῦναι ἡμῖν λύσιν πλημμελημάτων.

You carried in your womb the uncontainable God, * the hypostatic Word and consubstantial Son, * who pre-eternally shone forth from the Father without flux or change. * Virgin all-immaculate, now entreat Him on our behalf, * bringing with you all the saints, Prophets, Martyrs, and Monastics all, * Ascetics and the Righteous, and pray Him * to grant us forgiveness of offenses. [SD]

ΑΝΑΓΝΩΣΤΗΣ

Part IV

MORNING PRAISE

5. PSALM 50 (51)

Ψαλμὸς Ν' (50).

Psalms 50 (51).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλυνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ μόνῳ ἥμαρτον, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα· ὅπως ἂν δικαιωθῇς ἐν τοῖς λόγοις σου, καὶ νικήσῃς ἐν τῷ κρίνεσθαί σε. Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἴδου γὰρ ἀλήθειαν ἠγάπησας· τὰ ᾄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι. Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι· πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι ἀγαλλίαςιν καὶ εὐφροσύνην· ἀγαλλιᾶσονται ὅστέα τεταπεινωμένα. Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθάρην κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου, καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλῃς ἀπ' ἐμοῦ. Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιᾶσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἰνέσιν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἂν· ὀλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον· καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεός οὐκ ἐξουθενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθῇ τὰ τείχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

6. ΟΙΚΟΙ

A. Kontakion

Κοντάκιον.

Kontakion.

Τοῦ Τριωδίου - - -

From Triodion - - -

Ἦχος πλ. δ'. Αὐτόμελον.

Πίστιν Χριστοῦ ὥσει θώρακα, ἔνδον λαβὼν ἐν καρδίᾳ σου, τὰς ἐναντίας δυνάμεις κατεπάτησας Πολύαθλε, καὶ στέφει οὐρανίῳ ἐστέφθης αἰωνίως, ὡς ἀήττητος.

Once you had taken the Faith of Christ into your heart like a suit of armor, you trampled the hostile forces underfoot, having contended much, and you were crowned with heavenly laurels forever, as one invincible. [SD]

B. Oikos

Ὁ Οἶκος.

Oikos.

Τὸν ἐν θρόνῳ φωτὸς ἐποχοῦμενον, εὐχαρίστως ἐν πίστει ὑμνοῦμέν σε, ὅτι δῶρημα θεῖον δεδώρησαι, τὸν γενναῖον τοῖς ἄθλοις Θεόδωρον, τὸν ἐν τῷ βίῳ τρισμακάριστον, ὡς ὑπέρμαχον ὄντα τῆς ἀληθείας, εὐσεβεῖ λογισμῷ κεκτημένος Χριστόν, ἀνεδείχθη κραταῖος νικητὴς κατὰ τοῦ δολεροῦ, ὡς ἀήττητος.

We gladly in faith extol You, who are carried on a throne of light. For You have given us a divine gift, Theodore, who was brave in the contests and thrice-blessed in his life, as being a champion of the truth. Having a pious frame of mind, he obtained You, O Christ; and against the deceiver he proved to be a mighty victor, as one invincible. [SD]

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

Stand for the reading of the Synaxarion.

C. Synaxarion

Συναξάριον

Synaxarion

Τοῦ Μηναίου.

From the Menaion.

Τῇ ΚΓ' τοῦ αὐτοῦ μηνός, μνήμη τοῦ Ἁγίου Μάρτυρος Νίκωνος, καὶ τῶν αὐτοῦ μαθητῶν, ἑκατὸν ἐνενηκονταεννέα Μαρτύρων.

On March 23 we commemorate the holy Martyr Nikon and the 199 Martyrs who were his disciples.

Τῇ αὐτῇ ἡμέρᾳ, ὁ Ἅγιος Δομέτιος ξίφει τελειοῦται.

On this day Saint Dometios died by the sword.

Ὁ Ἅγιος Νέος Ὁσιομάρτυς Λουκᾶς, ὁ ἐν Μυτιλήνῃ μαρτυρήσας ἐν ἔτει αῶβ' (1802), ἀγχόνη τελειοῦται.

The holy New Monastic Martyr Luke witnessed in Mytilene in the year 1802 and died by hanging.

Τοῦ Τριωδίου.

From the Triodion.

Τῇ αὐτῇ ἡμέρᾳ, Σαββάτῳ τῆς πρώτης ἑβδομάδος τῶν Νηστειῶν, τὸ διὰ τῶν Κολλύβων παράδοξον θαῦμα τοῦ ἁγίου καὶ ἐνδόξου Μεγαλομάρτυρος Θεοδώρου τοῦ Τήρωνος ἐορτάζομεν.

On this day, Saturday of the first week of Lent, we celebrate the marvelous wonder involving Kolyva by the holy and glorious Great-martyr Theodore the Recruit.

Στίχοι

Verses

Τροφὴ κολλύβων, ἐστιᾷ Τήρων πόλιν,

With Kollyva the Tyro feeds the City

Τροφὴν τιθεὶς ἄπρακτον, ἡλιγισμένην.

And makes ineffectual the food that was defiled.

By his holy intercessions, O God, have mercy on us and save us. Amen.

Diatonic E G

8 Es - tab - lish your ser-vants who ex - tol you, O Moth - er of

E U

8 God, for they have formed a spir-i - tu - al choir for you, the liv-ing and a-

D E

8 - bun - dant fount; and gra-cious-ly in your di-vine glo - ry give

8 glo - ri-ous crowns to them.

Mode 4. $Vu=E$.

Diatonic E

8 He who sits in ho - ly glo - ry on the throne of di-

8 - vin - i - ty, Je-sus our most high God, on a swift and light cloud has

D

8 come to us, and by the might of His un-de - filed hand has

E

8 saved those who cry to Him: Glo-ry to Your strength, O Christ.

Diatonic

E D E D E

8 A - mazed was the u - ni - verse by your di - vine mag - nif - i - cence.

G

8 You who were per - pet - u - al - ly vir - gin car - ried the heav -

E

8 - en - ly God of all in your womb and gave birth to the e - ter - nal

U

8 Son, who a - wards sal - va - tion to all who sing hymns of

E

8 praise to you.

Diatonic

D

8 O god - ly - mind - ed be - liev - ers, come and cel - e - brate this

E D

8 sa - cred and ven - er - a - ble feast and thus ex - tol the The - o - to - kos, and

E

8 clap our hands, and glo - ri - fy our God who was tru - ly born of her.

8 ^{Diatonic} ^E ^D ^E
 God-ly - mind - ed three did not a-dore cre - at - ed things in

8 ^D ^E ^U ^E
 the Cre - a - tor's stead; ra-ther, dis - dain - ing the threat of

8 ^D
 fire, they tram-pled it, and joy-ful - ly they sang: "O su - preme - ly

8 ^E
 praised and most ex - alt - ed Lord and God of the fa - thers, You are

8
 bless - ed."

Diatonic D E

8 We praise and we bless and we wor - ship the Lord.

E G

8 Guilt-less were those Ser-vants in the fur - nace. The Son of the The-o-

E

8 - to-kos went and res-cued them. He who was pre - fig-ured then,

C D U G

8 hav - ing been in - car - nate now, is gath-er-ing the whole wide

E D

8 world in - to His Church to sing: "O all you works of the

E

8 Lord, to all ag-es sing prais-es to the Lord and ex - alt Him be-yond

8 mea - sure."

A. The Intercessory Litany

Deacon facing east on the solea, says:

DEACON

O God, save Your people and bless Your inheritance.

Look upon Your world with mercy and compassion. Uplift the strength of Orthodox Christians. Send down Your abundant mercies; through the intercessions of our most pure Lady, the Theotokos and ever-virgin Mary; through the power of the precious and life-giving Cross; through the prayers of the honorable, bodiless heavenly powers; of the honorable, glorious Prophet and Forerunner John the Baptist; the holy, glorious and praiseworthy Apostles; of our

Fathers among the Saints and great ecumenical Teachers and Heirarchs Basil the Great, Gregory the Theologian, and John Chrysostom; Athanasius and Cyril, John the Merciful, Patriarchs of Alexandria; Nicholas of Myra, Spyridon of Trymythous and Nektarios of Pentapolis the Wonder Workers; the holy, glorious great martyrs George the Victorious, Demetrios the Myroblete, Theodore of Tyre and Theodore the Commander, Menas the Wonder Worker; Eleftherious and Haralambos the holy priest-martyrs; of the holy, glorious, great martyrs Thekla, Barbara, Anastasia, Catherine, Kyriaki, Fotini, Marina, Paraskevi and Irene; of the holy, glorious and victorious Martyrs; of our venerable and godly ascetic Fathers; *(the patron of the parish is now commemorated: Saints Constantine and Helen)*; of the holy and righteous ancestors of God, Joachim and Anna, of *(the Saint commemorated for the day: Saint Theodore the Tyro)* whose memory we keep today, and of all Your saints. We beseech You, the only, most merciful Lord, listen to us sinners who pray to You, and have mercy on us.

Deacon bows, and returns to the Holy Altar entering through the right door to stand at the right side of the Priest.

CHANTER

Lord, have mercy (12)

PRIEST

Through the mercy and compassion and love for mankind of Your only-begotten Son, with whom You are blessed, together with Your holy, good and life-giving Spirit, now and always and forever and ever.

CHANTER

Amen

Facing the Icon of the Theotokos the Deacon says:

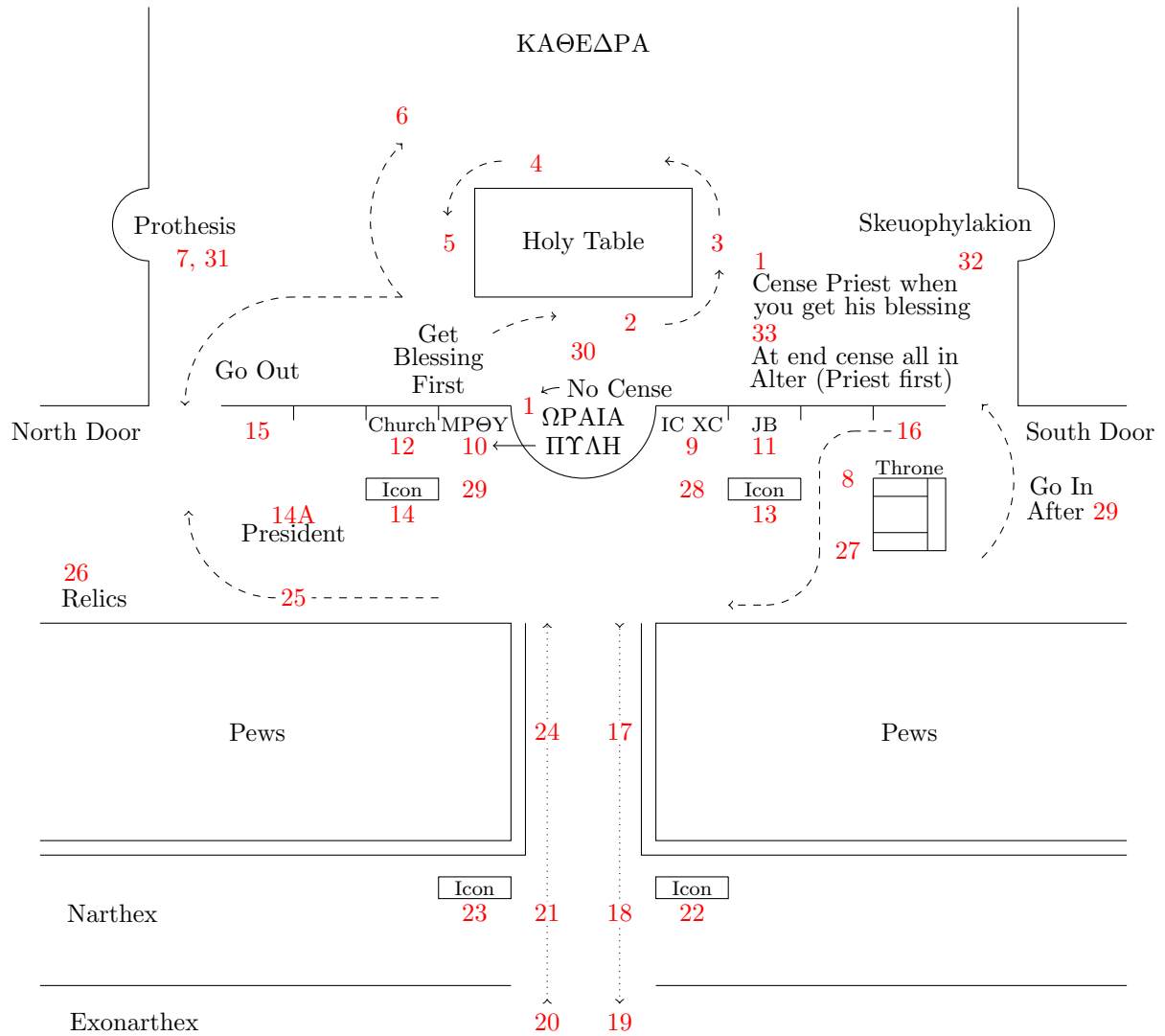
DEACON

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

Let us honor and magnify in song the Theotokos and the Mother of the light.

Great censuring

As the chanter sings the verses of the Magnificat, the Deacon censes in the usual manner.



ΧΟΡΟΣ
CHOIR
 Ὡδὴ θ΄.
 Ode ix.

8. MAGNIFICAT AND 9TH ODE

Μεγαλυνάριον. Ὡχος δ΄.

The Magnificat. Mode 4. $V_u=E$.

Diatonic

8 My soul magnifies the Lord, and my spir-it has re-joiced in God my

8 Sav-ior. Great-er in hon-or than the Che-ru-bim, and in glo-ry

8 great-er be-yond com-pare than the Se-ra-phim, you with-out cor-

8 rup-tion gave birth to God the Word and are tru-ly The-o-

8 to-kos. You do we mag-ni-fy.

Verse 2

8 For He has regarded the lowly state of His maidservant; for be - hold, hence-
 8 forth all gen-er - a - tions will call me bless - ed. Great - er in
 8 hon-or than the Che-ru-bim, and in glo-ry great - er be - yond com-
 8 pare than the Se-ra-phim, you with-out cor - rup - tion gave birth to
 8 God the Word and are tru - ly The-o - to - kos. You do we
 8 mag - ni - fy.

Verse 3

8 For He who is mighty has done great things for me, and ho - ly is His

8 name. And His mercy is on those who fear Him from gen-er - a - tion to

8 gen-er - a - tion. Great - er in hon-or than the Che - ru - bim,

8 and in glo - ry great - er be - yond com - pare than the Se - ra - phim,

8 you with - out cor - rup - tion gave birth to God the Word and are

8 tru - ly The - o - to - kos. You do we mag - ni - fy.

Verse 4

8 He has shown strength with His arm; He has scattered the proud in the im-

8 a - gi - na - tion of their hearts. Great - er in hon - or than the Che - ru - bim,

8 and in glo - ry great - er be - yond com - pare than the Se - ra - phim,

8 you with - out cor - rup - tion gave birth to God the Word and are

8 tru - ly The - o - to - kos. You do we mag - ni - fy.

Verse 5

8 He put down the mighty from their thrones, and exalted the lowly;

8 He has filled the hungry with good things, and the rich He sent a - way

8 emp - ty. Great - er in hon-or than the Che-ru-bim, and in glo-ry

8 great - er be - yond com - pare than the Se-ra-phim, you with-out cor-

8 rup - tion gave birth to God the Word and are tru - ly The - o-

8 to - kos. You do we mag - ni - fy.

Verse 6

8 He has helped His servant Israel, in remembrance of His mercy,

8 as He spoke to our fathers, to A-bra-ham and his seed for - ev - er.

E C D

8 Great - er in hon-or than the Che-ru-bim, and in glo-ry great - er be-

E

8 - yond com - pare than the Se-ra-phim, you with-out cor - rup - tion gave

8 birth to God the Word and are tru-ly The-o - to - kos. You do we

8 mag-ni - fy.

Katavasia. Ode ix. Mode 4. $Vu=E$.

Diatonic

8 All you born on earth, with fes - ti - val lamps in hand, in

8 spir - it leap for joy; and all you the heav - en - ly an - gel - ic

8 or - ders, join in and cel - e - brate; and hon - or - ing the sa - cred

8 won - ders of the Moth - er of God, sing the joy - ful sal - u - ta - tion,

8 "O re - joice, The - o - to - kos, all - blest, ev - er - vir - gin pure!"

8

A. The Little Litany – For all the powers...

Towards the end of the Great Censing, the Deacon enters the sanctuary and censes the holy Altar...

Then return the censor to the stand, the Deacon proceeds to the Soleas and facing east says:

DEACON

Ἦτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

Again and again in peace let us pray to the Lord.

ΧΟΡΟΣ

CHOIR

Κύριε, ἐλέησον.

Lord, have mercy.

DEACON

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

ΧΟΡΟΣ

CHOIR

Κύριε, ἐλέησον.

Lord, have mercy.

DEACON

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

ΧΟΡΟΣ

CHOIR

Σοί, Κύριε.

To You, O Lord.

DEACON

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For all the powers of heaven praise You, and to You they offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

The Deacon returns to the Sanctuary...

ΧΟΡΟΣ

CHOIR

Amen.

CHANTER

Holy is the Lord our God. (2)

Exalt the Lord our God and worship at His footstool, for He is holy. (Psalm 99 (100):5)

Then the Exapostilaria, Lauds and Great Doxology.

ΧΟΡΟΣ
CHOIR

9. THE EXAPOSTEILARIA

Ἐξαποστειλάριον.

Exaposteilarion.

Τοῦ Τριωδίου - - -

From Triodion - - -

Ἦχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.

Τοῖς Μαθηταῖς συνέλθωμεν.

Στεφανηφόρος Ἄγιε, παρεστὼς σὺν Ἀγγέλοις, τῷ τοῦ Χριστοῦ νῦν Βήματι, καὶ φωτὸς τοῦ ἐκεῖθεν, πληρούμενος Ἀθλοφόρε, τὴν εἰρήνην τῷ Κόσμῳ, ἀδιαλείπτως πρέσβευε, καὶ ἡμῖν σωτηρίαν τοῖς εὐσεβῶς, τὴν φωσφόρον μνήμην σου ἐκτελοῦσι, Θεόδωρε πανόλβιε, Μάρτυς ἡγλαΐσμένε.

Wearing a crown, O Saint, you now * stand beside Christ's tribunal * together with angelic hosts. * Prize-winner, you are filled with the light that originates there. * Never cease interceding * for the peace of the whole wide world, * and salvation for us who with pious faith * celebrate your memory, which is radiant, * O Theodore, all-glorious * and illustrious Martyr. [SD]

Θεοτοκίον.

Theotokion.

Ἦχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.

Τοῖς Μαθηταῖς συνέλθωμεν.

Ἐν τῇ γαστρὶ σου Κύριος, ἀπολλύμενον Κόσμον, φθορᾶς ἀνακαλέσασθαι, βουληθεὶς ὥσπερ οἶδεν, ἐσκήνωσε Θεοτόκε. Σωτηρίαν οὖν πάντες, εὐρόντες ἐκβοῶμέν σοι. Χαῖρε τὸ τοῦ Ἀγγέλου, πανευκλεές, γυναιξὶν ἐν πάσαις εὐλογημένη· καὶ γὰρ χαρὰν ἐκύησας, πάσῃ τῇ οἰκουμένῃ.

The Lord resided in your womb, * Theotokos, as He knew, * wishing to call the world He made * back from corruption, for it was lost and perishing. Lady, * now having found salvation, * all together we cry to you * the Angel's famous salutation, "Rejoice, * you are truly blessed among all women!" * For you, O Virgin, have brought forth * holy joy to the whole world. [SD]

10. LAUDS — THE PSALMS OF PRAISE

A. The Ainoi

Οἱ Αἴνοι. Ἦχος α'.

Lauds.
Mode 1. *Pa=D*.

Diatonic D U D

8 Let ev - ery - thing that breathes

8 praise the Lord. Praise the Lord

U D

8 from the heav-ens, praise Him in the

8 high - est. It is fit - ting to sing a hymn to

8 You, O God.

D C D

8 Praise Him, all you His an - gels;

8 praise Him, all you His hosts. It is

8 fit - ting to sing a hymn to You, O God.

Text by SAAS. Score by Fr. Seraphim Dedes.
 Copyright 2023 GOA and Fr. Searphim Dedes

B. Lauds Stichologia

Δείξε Στιχολογίαν
Show Stichologia

Stichologia of the Lauds. Mode 1. *Pa=D*.

Diatonic

1

Praise Him, sun and moon; praise Him, all you stars and light.

2

Praise Him, you heav-ens of heav-ens, and you wa - ters a-

- bove the heav - ens. Let them praise the Lord's name.

3

For He spoke, and they were made; He com - mand - ed, and

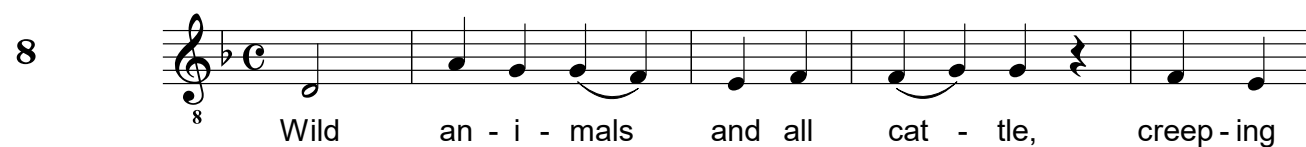
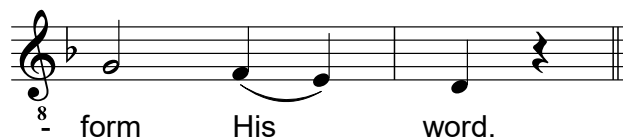
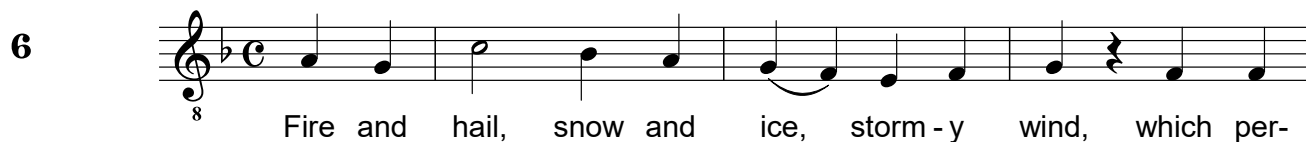
they were cre - at - ed.

4

He es - tab-lished them for - ev - er and un-to ag - es of

ag - es; He set forth His or - di-nance, and it shall not pass a-

- way.



10

8 Young men and maid - ens, el - ders with young - er,
8 let them praise the Lord's name, for His name a - lone is ex -
8 - alt - ed.

11

8 His thanks - giv - ing is in earth and heav - en. And
8 He shall ex - alt the horn of His peo - ple.

12

8 A hymn for all His saints, for the chil - dren of Is - ra - el, a
8 peo - ple who draw near to Him.

13

8 Sing to the Lord a new song, His praise in the as -
8 sem - bly of His ho - ly ones.


14 
8 Let Is - ra - el be glad in Him who made him, and let the


8 chil - dren of Zi - on great - ly re - joice in their King.

15 
8 Let them praise His name with dance; with tam-bou-rine and


8 harp let them sing to Him.

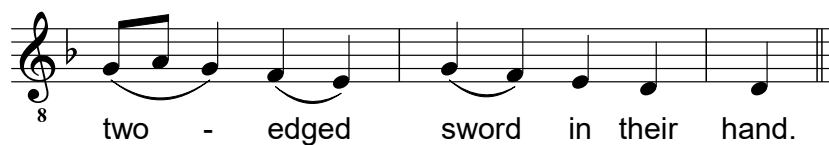
16 
8 For the Lord is pleased with His peo - ple, and


8 He shall ex - alt the gen-tle with sal - va - tion.

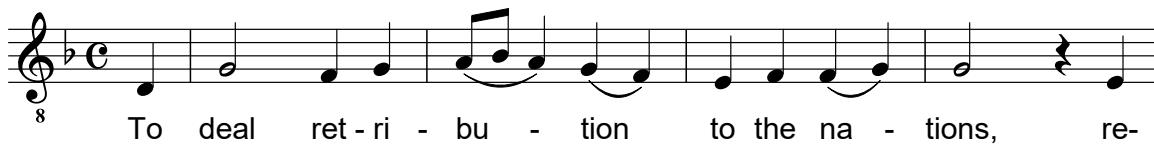
17 
8 The ho - ly ones shall boast in glo - ry, and they shall


8 great - ly re - joice on their beds.

18 
8 The high praise of God shall be in their mouth and a



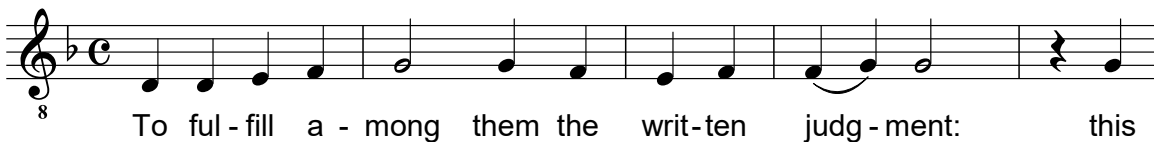
19



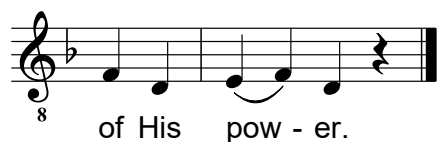
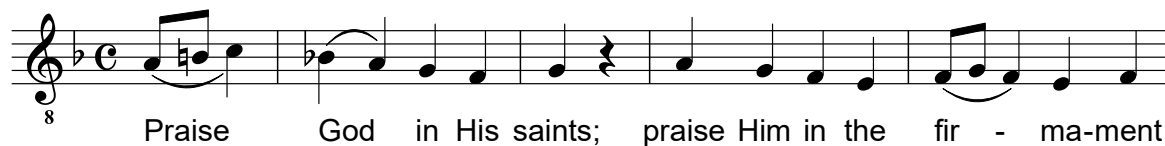
20



21



22



Glory. Mode pl. 2. Pa=D.

Chromatic

8 Ne Glo - ry to the Fa - ther

8 and the Son and the Ho - ly Spir - it.

Chromatic

8 O wise Mar - tyr The - o - dore,

Diatonic

8 Christ

Chromatic

8 has glo - ri - fied your mem -

8 - o - ry and made you fa - mous in the

a

8 world, a gift of ho - li - ness and a


Soft Chromatic

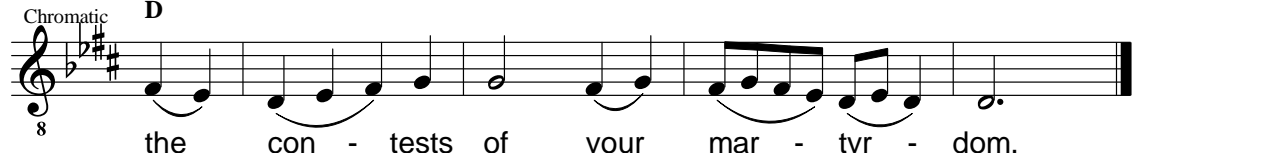
8 treas - ure of di - vine life, in ac -

Chromatic

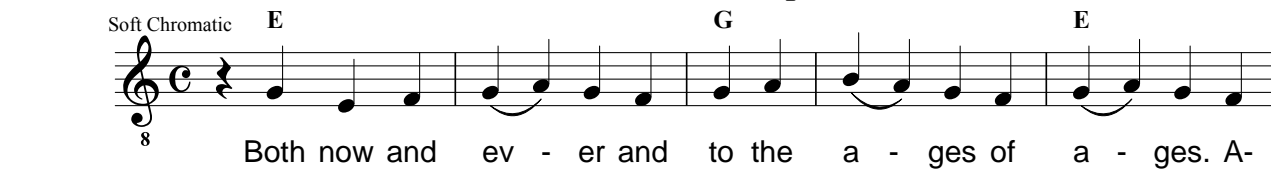
8 - cord with your name. And we the faith - ful, with

Translation and score by Fr. Seraphim Dedes, 2020

8  one ac - cord, re - joice as we ex - tol

8  the con - tests of your mar - tyr - dom.

Both now. Theotokion. Mode pl 2. $Vu=E$.

8  Both now and ev - er and to the a - ges of a - ges. A-

8  - men. The - o - to - kos, you are the true vine that pro-

8  -duced the fruit of life. La - dy, we fer - vent - ly en - treat you to

8  in - ter - cede a - long with the Mar - tyr and all the saints, that our

8  souls be treat - ed mer - ci - ful - ly.

Ὁ λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.
Stand for the Great Doxology.

11. THE GREAT DOXOLOGY

During the Doxology, the Deacon, in a low voice, reads the remaining elements of Orthros, which begins with an abridged version of The Litany of Fervent Supplication.

This can be found in the Liturgon, pp. 41-46

It is also attached below at the end of the Great Doxology

DEACON

Ἐλέησον ἡμᾶς, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, δεόμεθά σου, ἐπάκουσον καὶ ἐλέησον.
Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

Ἐτι δεόμεθα ὑπὲρ τοῦ Ἀρχιεπισκόπου ἡμῶν (τοῦ δεῖνος).
Again we pray for our Archbishop Gerasimos.

Ἐτι δεόμεθα ὑπὲρ τῶν ἀδελφῶν ἡμῶν, τῶν ἱερέων, ἱερομονάχων, ἱεροδιακόνων καὶ μοναχῶν, καὶ πάσης τῆς ἐν Χριστῷ ἡμῶν ἀδελφότητος.
Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

Ἐτι δεόμεθα ὑπὲρ ἐλέους, ζωῆς, εἰρήνης, ὑγείας, σωτηρίας, ἐπισκέψεως, συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαρτιῶν τῶν δούλων τοῦ Θεοῦ πάντων τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν, τῶν κατοικούντων καὶ παρεπιδημούντων ἐν τῇ πόλει ταύτῃ, τῶν ἐνοριτῶν, ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν τοῦ ἁγίου ναοῦ τούτου.
Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

Ἐτι δεόμεθα ὑπὲρ τῶν μακαρίων καὶ αἰδιμίων κτιτόρων τῆς ἁγίας Ἐκκλησίας ταύτης, καὶ ὑπὲρ πάντων τῶν προαναπαυσαμένων πατέρων καὶ ἀδελφῶν ἡμῶν, τῶν ἐνθάδε εὐσεβῶς κοιμένων καὶ ἀπανταχοῦ ὀρθοδόξων.
Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

Ἐτι δεόμεθα ὑπὲρ τῶν καρποφορούντων καὶ καλλιεργούντων ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ, κοπιώντων, ψαλλόντων καὶ ὑπὲρ τοῦ περιστώτος λαοῦ, τοῦ ἀπεχδεχομένου τὸ παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.
Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

Ἡ Μεγάλη Δοξολογία

Great Doxology

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

Ἵμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Καταξιώσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίζαμεν ἐπὶ σέ.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Εὐλογητός εἰ Κύριε, δίδασόν με τὰ δικαιώματά σου.

Blessed are You, O Lord. Teach me Your statutes.

Εὐλογητός εἰ Κύριε, δίδασόν με τὰ δικαιώματά σου.

Blessed are You, O Lord. Teach me Your statutes.

Εὐλογητός εἰ Κύριε, δίδασόν με τὰ δικαιώματά σου.

Blessed are You, O Lord. Teach me Your statutes.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Κύριε, πρὸς σέ κατέφυγον. Δίδασόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὁψόμεθα φῶς.

For with You is the fountain of life; in Your light we shall see light.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Continue Your mercy to those who know You.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (3)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

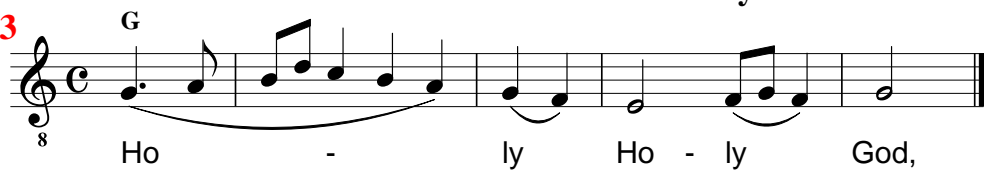
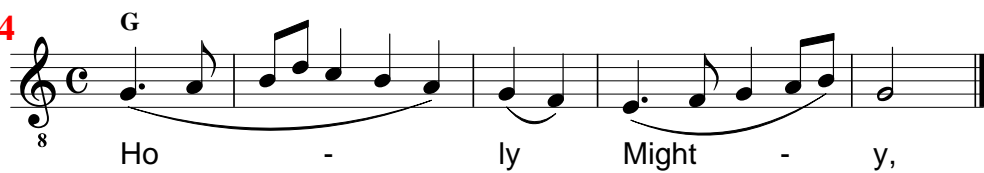
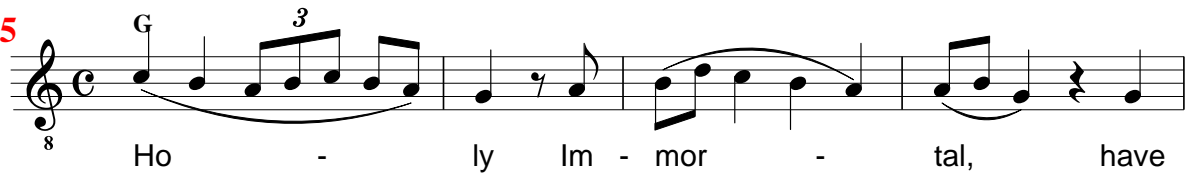
Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Holy Immortal, have mercy on us.

Slow "Asmatikon" Melody

R-23**L-24****R-25**

A. Apolytikion

Τοῦ Τριωδίου - - -
 From Triodion - - -
 Ὕχος β'.

Apolytikon. Mode 2. *Di=G*.

Soft Chromatic G

8 Mag - nif - i - cent are the ac - com-plish-ments of faith! The

8 ho - ly Mar-tyr The-o-dore great-ly re - joiced as he stood in the foun-tain of

8 fire as if be-side the still wa - ters. He was con-

- 8 sumed by fire and of-fered like sweet bread to the Trin - i - ty.

8 At his en - treat - ies, O Christ God, save our souls.