

The Service of Matins

Τὸ Σαββάτω Α' Ἑβδομάδος εἰς τὸν Ὅρθρον.

On Saturday of the First Week at Matins

Maui Greek Orthodox Christian Mission

Metropolis of San Francisco

Greek Orthodox Archdiocese of America

Service held at Saint Theresa Church

Kihei, Maui, Hawaii

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Maui Greek Orthodox Christian Mission Project
for a Daily Sequential Hymnal in English

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V Formula for the Daily Orthros without a Gospel Reading

Part I

ROYAL OFFICE

1. THE ENARXIS

A. Blessed is our God

ΔΙΑΚΟΝΟΣ

DEACON

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Blessed is our God, always, now, and ever, and to the ages of ages.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)



A - men

B. Heavenly King

ΔΙΑΚΟΝΟΣ

DEACON

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Glory to You, O God, glory to You.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρὼν καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθὲ καὶ σκήνωσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς ἀπὸ πάσης κηλίδος καὶ σῶσον, Ἀγαθέ, τὰς ψυχὰς ἡμῶν.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)



C. Trisagion

ΑΝΑΓΝΩΣΤΗΣ

READER

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἱλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

All-holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω
τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν
σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ
μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will
be done on earth as it is in heaven. Give us this day our daily bread and forgive us our
trespasses as we forgive those who trespass against us. And lead us not into temptation,
(*intoned*) but deliver us from the evil one.

ΔΙΑΚΟΝΟΣ

DEACON

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Glory to the Father and to the Son and to the Holy Spirit. Both now and ever, and to the ages of ages.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)

**D. The Royal Hymns***1. Troparion of the Cross*

ΑΝΑΓΝΩΣΤΗΣ

READER

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

2. Kontakion of the Cross

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Glory to the Father, and to the Son, and to the Holy Spirit.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς σου δώρησαι, Χριστὲ ὁ Θεός· εὐφρανὼν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὅπλον εἰρήνης, ἀήττητον τρόπαιον.

You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.

3. Theotokion

ΑΝΑΓΝΩΣΤΗΣ

READER

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Both now and ever, and to the ages of ages. Amen.

Προστασία φοβερὰ καὶ ἀκαταίσχυντε, μὴ παρίδῃς, Ἀγαθή, τὰς ἱκεσίας ἡμῶν, πανύμνητε Θεοτόκε· στήριζον Ὁρθοδόξων πολιτείαν, σῶζε οὓς ἐκέλευσας βασιλεύειν, καὶ χορήγει αὐτοῖς οὐρανόθεν τὴν νίκην· διότι ἔτεκες τὸν Θεόν, μόνη εὐλογημένη.

Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos. Make firm the community of the Orthodox, save those whom you have called to rule, and grant them victory from heaven (*intoned*) for you bore God, only blessed one.

E. Ektene

ΔΙΑΚΟΝΟΣ

DEACON

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

Ἐτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ Ὀρθοδόξων Χριστιανῶν.

Again we pray for pious and Orthodox Christians.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

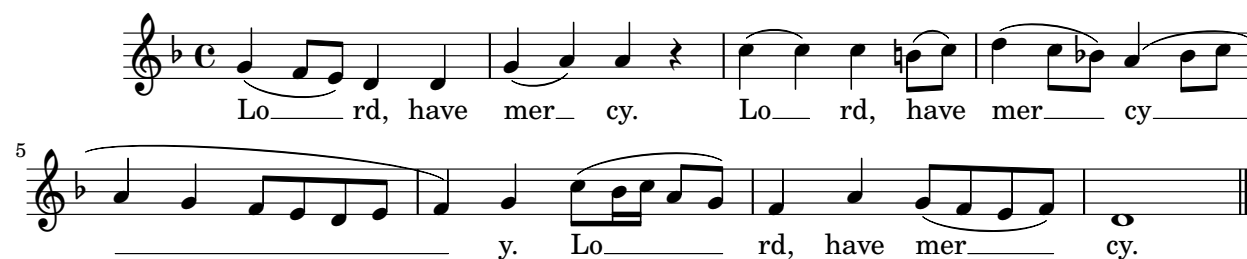
Ἐτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

Again we pray for our Archbishop Gerasimos, and for all our brotherhood in Christ.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ**DEACON**

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

ΛΑΟΣ**PEOPLE**

(Ἀμήν.)



Part II

MONASTIC NOCTURNES

2. ENARXIS OF THE ORTHROS

A. Glory to the Trinity

ΛΑΟΣ

PEOPLE

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

(intoned) In the name of the Lord, Father, bless.

ΔΙΑΚΟΝΟΣ

DEACON

Δόξα τῇ ἁγίᾳ καὶ ὁμοουσίᾳ καὶ ζωοποιῷ καὶ ἀδιαιρέτῳ Τριάδι, πάντοτε, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)



A - men

B. Introductory Verses**ΑΝΑΓΝΩΣΤΗΣ****READER**

Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία. (ἐκ γ')

Glory to God in the highest, and peace on earth, good will to men. (3)

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. (δὶς)

O Lord, open my lips, and my mouth shall show forth Your praise. (2)

C. Hexapsalmos*1. Psalm 3*

Κύριε, τί ἐπληθύνθησαν οἱ θλίβοντές με; Πολλοὶ ἐπανίστανται ἐπ' ἐμέ.

O Lord, why are those who afflict me multiplied?

Πολλοὶ λέγουσι τῇ ψυχῇ μου· Οὐκ ἔστι σωτηρία αὐτῷ ἐν τῷ Θεῷ αὐτοῦ.

Many rise up against me. Many say to my soul: there is no salvation for him in his God.

Σὺ δέ, Κύριε, ἀντιλήπτωρ μου εἶ, δόξα μου καὶ ὑψῶν τὴν κεφαλὴν μου.

But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, καὶ ἐπήκουσέ μου ἐξ ὄρους ἁγίου αὐτοῦ.

I cried to the Lord with my voice, and He heard me out of His holy mountain.

Ἐγὼ δὲ ἐκοιμήθην καὶ ὑπνωσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί μου.

I laid down and slept; I awoke, for the Lord will help me.

Οὐ φοβηθήσομαι ἀπὸ μυριάδων λαοῦ τῶν κύκλῳ συνεπιτιθημένων μοι.

I will not be afraid of ten thousands of people that set themselves round about against me.

Ἀνάστα, Κύριε, σῶσόν με ὁ Θεός μου, ὅτι σὺ ἐπάταξας πάντας τοὺς ἐχθραίνοντάς μοι ματαίως, ὀδόντας ἁμαρτωλῶν συνέτριψας.

Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Τοῦ Κυρίου ἡ σωτηρία, καὶ ἐπὶ τὸν λαόν σου ἡ εὐλογία σου.

Salvation is of the Lord, and Your blessing is on Your people.

Ἐγὼ ἐκοιμήθην καὶ ὑπνώσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί μου.

I laid down and slept; I awoke, for the Lord will help me.

2. Psalm 37 (38)

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης με, μηδὲ τῇ ὀργῇ σου παιδεύσης με.

O Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

Ὅτι τὰ βέλη σου ἐνεπάγησάν μοι, καὶ ἐπεστήριξας ἐπ' ἐμέ τὴν χειρὰ σου.

For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

Οὐκ ἔστιν ἴασις ἐν τῇ σαρκί μου ἀπὸ προσώπου τῆς ὀργῆς σου, οὐκ ἔστιν εἰρήνη ἐν τοῖς ὀστέοις μου ἀπὸ προσώπου τῶν ἁμαρτιῶν μου.

There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

Ὅτι αἱ ἀνομίαι μου ὑπερῆραν τὴν κεφαλὴν μου, ὥσει φορτίον βαρὺ ἐβαρύνθησαν ἐπ' ἐμέ.

For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

Προσώζεσαν καὶ ἐσάπησαν οἱ μώλωπές μου ἀπὸ προσώπου τῆς ἀφροσύνης μου.

My wounds have become foul and festering in the face of my foolishness.

Ἐταλαιπώρησα καὶ κατεκάμφθην ἕως τέλους, ὅλην τὴν ἡμέραν σκυθρωπάζων ἐπορευόμην.

I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

Ὅτι αἱ ψοαὶ μου ἐπλήσθησαν ἐμπαιγμάτων, καὶ οὐκ ἔστιν ἴασις ἐν τῇ σαρκί μου.

For my loins are filled with inflammation, and there is no healing in my flesh.

Ἐκακώθην καὶ ἐταπεινώθην ἕως σφόδρα, ὠρυόμην ἀπὸ στεναγμοῦ τῆς καρδίας μου.

I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

Κύριε, ἐναντίον σου πᾶσα ἡ ἐπιθυμία μου, καὶ ὁ στεναγμός μου ἀπὸ σοῦ οὐκ ἀπεκρύβη.

O Lord, all my desire is before You, and my groaning is not hidden from You.

Ἡ καρδία μου ἐταράχθη, ἐγκατέλιπέ με ἡ ἰσχὺς μου, καὶ τὸ φῶς τῶν ὀφθαλμῶν μου καὶ αὐτὸ οὐκ ἔστι μετ' ἐμοῦ.

My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

Οἱ φίλοι μου καὶ οἱ πλησίον μου ἐξεναντίας μου ἤγγισαν καὶ ἔστησαν, καὶ οἱ ἐγγιστά μου ἀπὸ μακρόθεν ἔστησαν.

My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

Καὶ ἐξεβιάζοντο οἱ ζητοῦντες τὴν ψυχὴν μου, καὶ οἱ ζητοῦντες τὰ κακά μοι ἐλάλησαν ματαιότη-
τας, καὶ δολιότητος ὅλην τὴν ἡμέραν ἐμελέτησαν.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

Ἐγὼ δὲ ὥσπερ κωφὸς οὐκ ἤκουον καὶ ὥσπερ ἄλαλος οὐκ ἀνοίγων τὸ στόμα αὐτοῦ.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

Καὶ ἐγενόμην ὥσπερ ἄνθρωπος οὐκ ἀκούων καὶ οὐκ ἔχων ἐν τῷ στόματι αὐτοῦ ἐλεγμούς.

And I became as a man that does not hear, and that has no reproofs in his mouth.

Ὅτι ἐπὶ σοί, Κύριε, ἤλπισα· σὺ εἰσακούσῃ, Κύριε ὁ Θεός μου.

For I have hoped in You, O Lord; You will hear me, Lord my God.

Ὅτι εἶπον· Μήποτε ἐπιχαρῶσί μοι οἱ ἐχθροί μου· καὶ ἐν τῷ σαλευθῆναι πόδας μου ἐπ' ἐμὲ ἐμεγαλοῤῥημόνησαν.

For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

Ὅτι ἐγὼ εἰς μάστιγας ἔτοιμος, καὶ ἡ ἀλγῆδών μου ἐνώπιόν μου ἐστι διὰ παντός.

For I am ready for scourges, and my sorrow is continually before me.

Ὅτι τὴν ἀνομίαν μου ἐγὼ ἀναγγελῶ καὶ μεριμνήσω ὑπὲρ τῆς ἁμαρτίας μου.

For I will declare my iniquity, and I will anguish concerning my sin.

Οἱ δὲ ἐχθροί μου ζῶσι καὶ κεκραταίωνται ὑπὲρ ἐμέ, καὶ ἐπληθύνθησαν οἱ μισοῦντές με ἀδίκως.

But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Οἱ ἀνταποδίδοντές μοι κακὰ ἀντὶ ἀγαθῶν ἐνδιέβαλλον με, ἐπεὶ κατεδίωκον ἀγαθωσύνην.

Those who render me evil for good slandered me, because I pursued goodness.

Μὴ ἐγκαταλίπῃς με, Κύριε ὁ Θεός μου, μὴ ἀποστῇς ἀπ' ἐμοῦ. Πρόσχευ εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας μου.

Do not forsake me, O Lord my God, do not depart from me. Be attentive to my help, O Lord of my salvation. (2)

3. Psalm 62 (63)

Ὁ Θεὸς ὁ Θεός μου, πρὸς σὲ ὀρθρίζω.

O God, my God, to You I rise early at dawn.

Ἐδίψησέ σε ἡ ψυχὴ μου, ποσαπλῶς σοι ἡ σάρξ μου, ἐν γῇ ἐρήμῳ καὶ ἀβάτῳ καὶ ἀνύδρῳ.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

Οὕτως ἐν τῷ ἁγίῳ ὤφθην σοι τοῦ ἰδεῖν τὴν δυνάμιν σου καὶ τὴν δόξαν σου.

So I have appeared before You in the sanctuary to see Your power and Your glory.

Ὅτι κρεῖσσον τὸ ἔλεός σου ὑπὲρ ζωάς· τὰ χεῖλη μου ἐπαινέσουσί σε.

For Your mercy is better than lives; my lips shall praise You.

Οὕτως εὐλογήσω σε ἐν τῇ ζωῇ μου, καὶ ἐν τῷ ὀνόματί σου ἄρῶ τὰς χεῖράς μου.

So shall I bless You in my life, and I will lift up my hands in Your name.

Ὡς ἐκ στέατος καὶ πιότητος ἐμπλησθεῖ ἡ ψυχὴ μου, καὶ χεῖλη ἀγαλλιάσεως αἰνέσει τὸ στόμα μου.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

Εἰ ἐμνημόνευόν σου ἐπὶ τῆς στρωμνῆς μου, ἐν τοῖς ὄρθροις ἐμελέτων εἰς σέ·

If I remembered You on my bed, I meditated on You at the dawn.

Ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερύγων σου ἀγαλλιάσομαι.

For You have become my Helper; I will rejoice in the shelter of Your wings.

Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.

My soul has cleaved after You, Your right hand has been quick to help me.

Αὐτοὶ δὲ εἰς μάτην ἐζήτησαν τὴν ψυχὴν μου, εἰσελεύσονται εἰς τὰ κατώτατα τῆς γῆς· παραδοθήσονται εἰς χεῖρας ρομφαίας, μερίδες ἀλωπέκων ἔσονται.

But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

Ὁ δὲ βασιλεὺς εὐφρανθήσεται ἐπὶ τῷ Θεῷ, ἐπαινεθήσεται πᾶς ὁ ὁμνῶν ἐν αὐτῷ, ὅτι ἐνεφράγη στόμα λαλούντων ἄδικα.

But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

Ἐν τοῖς ὄρθροις ἐμελέτων εἰς σέ· ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερύγων σου ἀγαλλιάσομαι.

At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.

My soul has cleaved after You, Your right hand has been quick to help me.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός. (ἐκ γ')

Alleluia, alleluia, alleluia. Glory to You, O God.

Κύριε, ἐλέησον. (ἐκ γ')

Lord, have mercy. Lord, have mercy. Lord, have mercy.

4. Psalm 87 (88)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages
of ages. Amen.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.
O Lord, God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.
Let my prayer come before You, bow down Your ear to my supplication.

Ὅτι ἐπλήσθη κακῶν ἡ ψυχή μου, καὶ ἡ ζωὴ μου τῷ ᾄδῃ ἤγγισε.
For my soul is filled with evils, and my life has drawn near to Hades.

Προσελογίσθη μετὰ τῶν καταβαινόντων εἰς λάκκον, ἐγενήθην ὥσει ἄνθρωπος ἀβοήθητος, ἐν
νεκροῖς ἐλεύθερος,
I am counted with those who go down into the pit; I have become as a man without help,
free among the dead.

ὥσει τραυματαῖα καθεύδοντες ἐν τάφῳ, ὧν οὐκ ἐμνήσθης ἔτι, καὶ αὐτοὶ ἐκ τῆς χειρὸς σου
ἀπώσθησαν.
I am like the bodies of the slain that sleep in the grave, Whom You remember no more,
and who are cut off from Your hand.

Ἔθεντό με ἐν λάκκῳ κατωτάτῳ, ἐν σκοτεινοῖς καὶ ἐν σκιᾷ θανάτου.
They laid me in the lowest pit, in darkness and the shadow of death.

Ἐπ' ἐμέ ἐπεστηρίχθη ὁ θυμός σου, καὶ πάντας τοὺς μετεωρισμούς σου ἐπήγαγες ἐπ' ἐμέ.
Your anger lies heavily on me, and You have afflicted me with all Your waves.

Ἐμάκρυνας τοὺς γνωστούς μου ἀπ' ἐμοῦ, ἔθεντό με βδέλυγμα ἑαυτοῖς,

You have removed my friends far from me; they have made me an abomination to themselves.

Οἱ ὀφθαλμοί μου ἡσθένησαν ἀπὸ πτωχείας· παρεδόθην καὶ οὐκ ἐξεπορευόμην.

I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

ἐκέκραξα πρὸς σέ, Κύριε, ὅλην τὴν ἡμέραν, διεπέτασα πρὸς σέ τὰς χεῖράς μου.

I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

Μὴ τοῖς νεκροῖς ποιήσεις θαυμάσια; ἢ ἱατροὶ ἀναστήσουσι καὶ ἐξομολογήσονται σοι;

No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

Μὴ διηγῆσεται τις ἐν τῷ τάφῳ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου ἐν τῇ ἀπωλείᾳ;

No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

Μὴ γνωσθήσεται ἐν τῷ σκότει τὰ θαυμάσιά σου καὶ ἡ δικαιοσύνη σου ἐν γῇ ἐπιλησμένη;

No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

Κἀγὼ πρὸς σέ, Κύριε, ἐκέκραξα, καὶ τὸ πρωὶ ἡ προσευχή μου προφθάσει σε.

But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

Ἵνα τί, Κύριε, ἀπωθεῖς τὴν ψυχὴν μου, ἀποστρέφεις τὸ πρόσωπόν σου ἀπ' ἐμοῦ;

O Lord, why do You therefore cast off my soul and turn Your face away from me?

Πτωχός εἰμι ἐγὼ καὶ ἐν κόποις ἐκ νεότητός μου, ὑψωθεὶς δὲ ἐταπεινώθην καὶ ἐξηπορήθην.

I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Ἐπ' ἐμὲ διῆλθον αἱ ὀργαί σου, οἱ φοβερισμοί σου ἐξετάραζάν με,

Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

ἐκύκλωσάν με ὥσει ὕδωρ ὅλην τὴν ἡμέραν, περιέσχον με ἅμα.

They came around me all day long like water, they engulfed me altogether.

Ἐμάκρυνας ἀπ' ἐμοῦ φίλον καὶ πλησίον, καὶ τοὺς γνωστούς μου ἀπὸ ταλαιπωρίας.

Because of my misery You have removed friend and neighbor and my acquaintances far from me.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.

O Lord God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.

Let my prayer come before You, bow down Your ear to my supplication!

5. Psalm 102 (103)

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καί, πάντα τὰ ἐντός μου, τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Bless the Lord, O my soul; and all that is within me, bless His holy name.

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις αὐτοῦ.

Bless the Lord, O my soul, and do not forget all that He has done for you.

Τὸν εὐλατεύοντα πάσας τὰς ἀνομίας σου, τὸν ἰώμενον πάσας τὰς νόσους σου.

Who is gracious to all your iniquities, Who heals all your infirmities.

Τὸν λυτρούμενον ἐκ φθορᾶς τὴν ζωὴν σου, τὸν στεφανοῦντά σε ἐν ἐλέει καὶ οἰκτιρμοῖς.

Who redeems your life from corruption, Who crowns you with mercy and compassion.

Τὸν ἐμπιπλῶντα ἐν ἀγαθοῖς τὴν ἐπιθυμίαν σου, ἀνακαινισθήσεται ὡς ἀετοῦ ἡ νεότης σου.

Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

Ποιῶν ἐλεημοσύνας ὁ Κύριος καὶ κρίμα πᾶσι τοῖς ἀδικουμένοις.

The Lord does deeds of mercy, and executes judgment for all those who are wronged.

Ἐγνώρισε τὰς ὁδοὺς αὐτοῦ τῷ Μωϋσῇ, τοῖς υἱοῖς Ἰσραὴλ τὰ θελήματα αὐτοῦ.

He has made His ways known to Moses, the things that He has willed to the sons of Israel.

Οἰκτίρμων καὶ ἐλεήμων ὁ Κύριος, μακρόθυμος καὶ πολυέλεος· οὐκ εἰς τέλος ὀργισθήσεται, οὐδὲ εἰς τὸν αἰῶνα μηνεῖ.

The Lord is compassionate and merciful, long-suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

Οὐ κατὰ τὰς ἀνομίας ἡμῶν ἐποίησεν ἡμῖν, οὐδὲ κατὰ τὰς ἀμαρτίας ἡμῶν ἀνταπέδωκεν ἡμῖν,

He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

Ὅτι κατὰ τὸ ὕψος τοῦ οὐρανοῦ ἀπὸ τῆς γῆς ἐκραταίωσε Κύριος τὸ ἔλεος αὐτοῦ ἐπὶ τοὺς φοβουμένους αὐτόν.

For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

Καθ' ὅσον ἀπέχουσιν ἀνατολὰ ἀπὸ δυσμῶν, ἐμάκρυνεν ἀφ' ἡμῶν τὰς ἀνομίας ἡμῶν.

As far as the east is from the west, so far has He removed our iniquities from us.

Καθὼς οἰκτίζει πατὴρ υἱούς, ὥκτιρῃσε Κύριος τοὺς φοβουμένους αὐτόν, ὅτι αὐτὸς ἔγνω τὸ πλάσμα ἡμῶν, ἐμνήσθη ὅτι χοῦς ἐσμεν.

Like a father has compassion on his sons, so has the Lord had compassion on those who fear Him; for He knows of what we are made, He has remembered that we are dust.

Ἄνθρωπος, ὥσει χόρτος αἱ ἡμέραι αὐτοῦ· ὥσει ἄνθος τοῦ ἀγροῦ, οὕτως ἐξανθήσει.

As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

Ὅτι πνεῦμα διήλθεν ἐν αὐτῷ, καὶ οὐχ ὑπάρξει, καὶ οὐκ ἐπιγνώσεται ἔτι τὸν τόπον αὐτοῦ.

For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

Τὸ δὲ ἔλεος τοῦ Κυρίου ἀπὸ τοῦ αἰῶνος καὶ ἕως τοῦ αἰῶνος ἐπὶ τοὺς φοβουμένους αὐτόν,

But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

καὶ ἡ δικαιοσύνη αὐτοῦ ἐπὶ υἱοῖς υἱῶν, τοῖς φυλάσσουσιν τὴν διαθήκην αὐτοῦ καὶ μεμνημένοις τῶν ἐντολῶν αὐτοῦ τοῦ ποιῆσαι αὐτάς.

And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

Κύριος ἐν τῷ οὐρανῷ ἡτοίμασε τὸν θρόνον αὐτοῦ, καὶ ἡ βασιλεία αὐτοῦ πάντων δεσπόζει.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Εὐλογεῖτε τὸν Κύριον, πάντες οἱ Ἄγγελοι αὐτοῦ, δυνατοὶ ἰσχυρί, ποιοῦντες τὸν λόγον αὐτοῦ, τοῦ ἀκοῦσαι τῆς φωνῆς τῶν λόγων αὐτοῦ.

Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Εὐλογεῖτε τὸν Κύριον, πᾶσαι αἱ Δυνάμεις αὐτοῦ, λειτουργοὶ αὐτοῦ, ποιοῦντες τὸ θέλημα αὐτοῦ.

Bless the Lord, O all you His hosts, His ministers that do His will.

Εὐλογεῖτε τὸν Κύριον, πάντα τὰ ἔργα αὐτοῦ, ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul. (2)

6. Psalm 142 (143)

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῇ ἀληθείᾳ σου, εἰσάκουσόν μου ἐν τῇ δικαιοσύνῃ σου.

O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου, ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν.
And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχὴν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωὴν μου,
For the enemy has persecuted my soul; he has humbled my life down to the earth.

ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδιά μου.
He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων.
I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

Διεπέτασα πρὸς σὲ τὰς χεῖράς μου· ἡ ψυχὴ μου ὡς γῆ ἄνυδρός σοι.
I stretched forth my hands to You; my soul thirsts after You like a waterless land.

Ταχὺ εἰσάκουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου.
Quickly hear me, O Lord; my spirit has fainted away.

Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθήσομαι τοῖς καταβαίνουσιν εἰς λάκκον.
Do not turn Your face from me, lest I be like those who go down into the pit.

Ἀκουστὸν ποιήσόν μοι τὸ πρωὶ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα.

Cause me to hear Your mercy in the morning; for I have put my hope in You.

Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ᾗ πορεύσομαι, ὅτι πρὸς σὲ ἤρα τὴν ψυχὴν μου.

Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Ἐξελοῦ με ἐκ τῶν ἐχθρῶν μου, Κύριε· πρὸς σὲ κατέφυγον.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Teach me to do Your will, for You are my God.

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ εὐθείᾳ· ἔνεκεν τοῦ ὀνόματός σου, Κύριε,

Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

ζήσεις με, ἐν τῇ δικαιοσύνῃ σου ἐξάξεις ἐκ θλίψεως τὴν ψυχὴν μου· καὶ ἐν τῷ ἐλέει σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου

In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

καὶ ἀπολεῖς πάντας τοὺς θλίβοντας τὴν ψυχὴν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

And You shall cut off all those who afflict my soul, for I am Your servant.

Εἰσάκουσόν μου, Κύριε, ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου.

Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(2)

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῇ εὐθείᾳ.

Let Your good spirit lead me on a level path!

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the
ages of ages. Amen.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

Alleluia, alleluia, alleluia. Glory to You, O God.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

Alleluia, alleluia, alleluia. Glory to You, O God.

ΧΟΡΟΣ

CHOIR

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

(*intoned*) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

D. Great Synapte (Litany of Peace)

ΔΙΑΚΟΝΟΣ

DEACON

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

In peace let us pray to the Lord.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

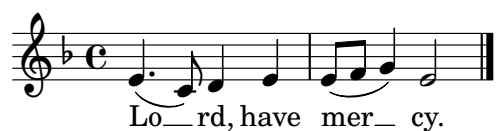
ὑπὲρ τῆς ἀνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

For the peace from above and for the salvation of our souls, let us pray to the Lord.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



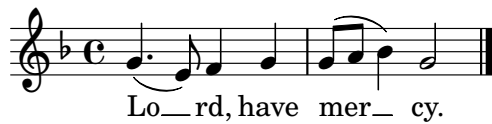
ΔΙΑΚΟΝΟΣ**DEACON**

Ὑπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ****DEACON**

Ὑπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)



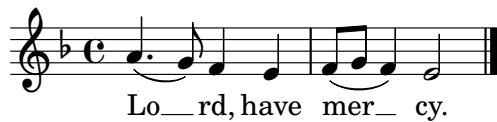
ΔΙΑΚΟΝΟΣ**DEACON**

Ὑπὲρ τῶν εὐσεβῶν καὶ Ὀρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

For pious and Orthodox Christians, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ****DEACON**

Ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

For our Archbishop Gerasimos, the honorable presbyterate, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ**DEACON**

Ὑπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

For the president of our country, for all civil authorities, and for our armed forces on land, at sea, and in the air, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)

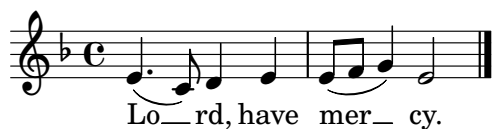
**ΔΙΑΚΟΝΟΣ****DEACON**

Ὑπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

For this city, for every city and land, and for the faithful who dwell in them, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)



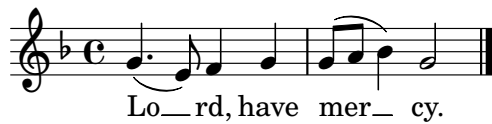
ΔΙΑΚΟΝΟΣ**DEACON**

Ὑπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ****DEACON**

Ὑπὲρ πλεόντων, ὁδοιπορούντων, νοσούντων, καμνόντων, αἰχμαλώτων καὶ τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

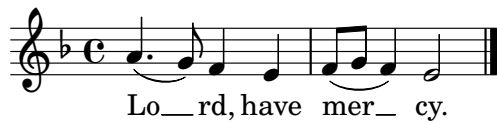
Ὑπὲρ τῶν ἀδελφῶν ἡμῶν τῶν κατὰ τῆς νόσου τοῦ κορονοϊοῦ ἀγωνιζομένων, ἱατρῶν, νοση-
λευτῶν καὶ ἐπιστημόνων, τοῦ Κυρίου δεηθῶμεν.

For our brethren, those who lead the fight against the coronavirus, the doctors, the medical workers, and the scientists, let us pray to the Lord.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Commemorating our all-holy, pure, most-blessed, and glorious Lady, the Theotokos and ever-Virgin Mary, with all the saints, let us commit ourselves and one another and all our life to Christ our God.

ΛΑΟΣ

PEOPLE

(Σοί, Κύριε.)



ΔΙΑΚΟΝΟΣ

DEACON

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For to You belong all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)



Part III

MORNING VIGIL

3. GOD IS THE LORD

XOPOS

—

CHOIR

Ἦχος β'.

—

Matins. Mode 2. Di=G.

Soft Chromatic G



Verse: Give thanks to the Lord and call upon His holy name.

Verse: All the nations surrounded me, but in the name of the Lord
I defended myself against them.

Verse: This came about from the Lord, and it is wonderful in our eyes.

A. Apolytikion

Ἦχος β'.

Apolytikon. Mode 2. *Di=G.*

Soft Chromatic G

8 Mag - nif - i - cent are the ac - com-plish-ments of faith! The

8 ho - ly Mar-tyr The-o-dore great-ly re - joiced as he stood in the foun-tain of

8 fire as if be-side the still wa - ters. He was con-

-sumed by fire and of-fered like sweet bread to the Trin - i - ty.

8 At his en - treat - ies, O Christ God, save our souls.

Δόξα. Τὸ αὐτό.

—
Glory to the Father and the Son and the Holy Spirit.

Ἦχος β'.

Apolytikion. Mode 2. Di=G.

Soft Chromatic G

8 Mag - nif - i - cent are the ac - com-plish-ments of faith! The

8 ho - ly Mar-tyr The-o-dore great-ly re - joiced as he stood in the foun-tain of

8 fire as if be-side the still wa - ters. He was con-

8 - sumed by fire and of-fered like sweet bread to the Trin - i - ty.

8 At his en - treat - ies, O Christ God, save our souls.

B. Theotokion

Καὶ νῦν. Θεοτοκίον.

Both now and ever and to the ages of ages.

Ἦχος β'.

Both now. **Theotokion. Mode 2. Di=G.**

Soft Chromatic G

All sur-pass-ing ev-ery thought, all sur-pass-ing glo-ri-ous, O

The-o - to-kos, are your mys - ter - ies. For while bear-ing the seal of

pu - ri - ty, and pre - served in vir - gin - i - ty,

you were deemed a Moth-er in truth, for to the true God you gave

birth. To Him pray fer-vent-ly, en - treat-ing Him to save our

souls.

Final Ending G F G

save our souls.

C. The Little Litany – For Yours is the dominion...

ΔΙΑΚΟΝΟΣ

DEACON

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

Again and again, in peace, let us pray to the Lord.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

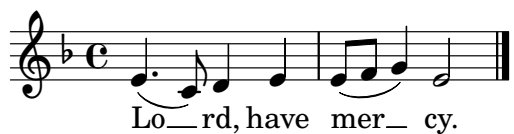
Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



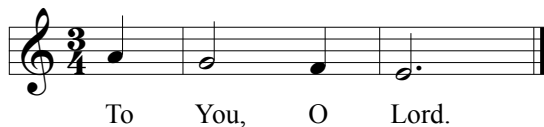
ΔΙΑΚΟΝΟΣ**DEACON**

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παρανώμεθα.

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

ΛΑΟΣ**PEOPLE**

(Σοί, Κύριε.)

**ΔΙΑΚΟΝΟΣ****DEACON**

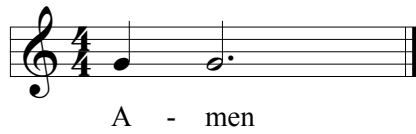
Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)



4. THE KATHISMATA

A. Kathisma I

ΧΟΡΟΣ

—

CHOIR

Κάθισμα Α΄.

Ἦχος δ΄.

Ταχὺ προκατάλαβε.

Apolytikion. Mode 4. $Vu=E$.

Soft Chromatic E

8 Your Mar-tyrs, O Lord, were wor-thi-ly a - ward-ed by You the

8 crowns of in-cor - rup-tion, in that they con - test-ed for You our im - mor - tal

8 God. Since they pos - sessed Your pow-er, they de - feat - ed the

8 ty - rants, dash - ing the de - mons' pow - er - less dis - plays of de-

8 fi - ance. O Christ God, at their fer-vent en - treat-ies, save our

8 souls.

Στίχ. Θαυμαστός ὁ Θεὸς ἐν τοῖς ἁγίοις αὐτοῦ, ὁ Θεὸς Ἰσραὴλ.

Verse: God is wondrous in His saints, the God of Israel. [SAAS]

Apolytikion. Mode 4. $Vu=E$.

Soft Chromatic **E** **G**

⁸ Your Church is ar - rayed in the ho - ly blood of Your Mar - tyrs who

⁸ wit - nessed thru - out the world, as though in pur - ple and fine

⁸ lin - en. Thru them she cries to You, Christ our God, "Send

⁸ down to Your peo - ple Your ten - der love, grant peace from a -

⁸ - bove to Your com - mon - wealth, and to our souls Your great

⁸ mer - cy."

Στίχ. Τοῖς ἁγίοις τοῖς ἐν τῇ γῇ αὐτοῦ ἐθαυμάστωσεν ὁ Κύριος, πάντα τὰ θελήματα αὐτοῦ ἐν αὐτοῖς.

Verse: To the saints on His earth, in them the Lord magnified all His will. [SAAS]

Ἦχος δ'.

Ταχὺ προκατάλαβε.

Σταυρῷ ὀπλισάμενοι, οἱ Ἀθλοφόροι σου, ἐνίκησαν τὰ μηχανήματα, τοῦ ἀρχεκάκου ἐχθροῦ, Χριστέ ὁ Θεὸς ἡμῶν, ἔλαμψαν ὡς φωστῆρες, τοὺς βροτοὺς ὀδηγοῦντες, νέμουνσι τὰς ἰάσεις, τοῖς ἐν πίστει αἰτοῦσιν. Αὐτῶν ταῖς ἰκεσίαις, σῶσον τὰς ψυχὰς ἡμῶν.

Your prize-winning martyr Saints, equipped and armed with the cross, * defeated the machinations of the arch-evil foe * of mankind, O Christ our God. * Shining like stars in heaven, * they are guides for us mortals. * To those who with faith request them, they dispense cures and healings. * Through their intercessions we pray You to save our souls. [SD]

B. Theotokion

Δόξα· καὶ νῦν. Θεοτοκίον.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages.

Both now. **Theotokion. Mode 4.** $Vu=E$.

Soft Chromatic

8 O The - o - to - kos, thru you be - came man - i - fest to

8 us on earth the mys - ter - y, which was hid from e - ter - ni - ty, and

8 which the An - gels them - selves knew not: that God, u - nit - ing na - tures with -

8 out con - fu - sion, be - comes a man and ac - cepts cru - ci - fix - ion for

8 our sal - va - tion vol - un - tar - i - ly. By vir - tue of this, res - ur - rect - ing

8 man whom He had first cre - at - ed, He saved our souls from death.

Final Ending

8 He saved our souls from death.

C. Kathisma II

Τοῦ Τριωδίου - - -

—

From Triodion - - -

Ἦχος γ'.

—

—

Θείας πίστεως.

—

Ζέων πίστεως ὀρθοδοξία, πλάνην ἔσβεσας κακοδοξίας, καταργήσας τῶν εἰδώλων τὸ ἄθεον, καὶ ὀλοκαύτωμα θεῖον γενόμενος, θαυματουργίαις δροσίζεις τὰ πέρατα. Μάρτυς ἔνδοξε, Χριστὸν τὸν Θεὸν ἰκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

—

As you boiled hot with Orthodoxy, * you extinguished heresy's delusion * and arrested idolatry's godlessness. * You became a whole-burnt offering unto God, * and you refresh the whole world with your miracles. * Pray to Christ our God, O glorious Martyr, fervently, * entreating Him to grant us His great mercy. [SD]

Δόξα.

—

Glory to the Father and the Son and the Holy Spirit.

Ἦχος γ'.

—

—

Θείας πίστεως.

—

Θεῖον δῶρόν σε πρὸς σωτηρίαν, πάσῃ δέδωκε τῇ οἰκουμένη, ὁ ἐν τοῖς ἄθλοις δυναμώσας σε Κύριος, τὰς ψυχικὰς ἡμῶν νόσους ἰώμενος, καὶ τῶν σωμάτων τὰ πάθη τροπούμενος. Μάρτυς Θεόδωρε, Χριστὸν τὸν Θεὸν ἰκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα ἔλεος.

The Lord, who strengthened you when in the contests, * gave you to the world for our salvation, * as a divine gift, which is what your name denotes. * You heal the illness and passions that plague our souls * and ward off physical trauma and suffering. * Martyr Theodore, to Christ our God pray fervently, * entreating Him to grant us His great mercy. [SD]

D. Theotokion

Καὶ νῦν. Θεοτοχίον.

—

Both now and ever and to the ages of ages.

Ἦχος γ'.

—

—

Τὴν ὡραιότητα.

—

Ἦ τὸν ἀχώρητον, Θεὸν ἐν μήτρᾳ σου, Παρθένε ἄχραντε, κυοφορήσασα, τὸν πρὸ αἰώνων ἐκ Πατρὸς ἀρρέευστως ἀνατείλαντα, Λόγον ἐνυπόστατον, καὶ Υἱὸν ὁμοούσιον, τοῦτον ἐκδυσώπησον, σὺν Προφήταις καὶ Μάρτυσιν. Ὅσίοις, Ἀσκηταῖς, καὶ Δικαίοις, δοῦναι ἡμῖν λύσιν πλημμελημάτων.

—

You carried in your womb the uncontainable God, * the hypostatic Word and consubstantial Son, * who pre-eternally shone forth from the Father without flux or change. * Virgin all-immaculate, now entreat Him on our behalf, * bringing with you all the saints, Prophets, Martyrs, and Monastics all, * Ascetics and the Righteous, and pray Him * to grant us forgiveness of offences. [SD]

Part IV

MORNING PRAISE

5. PSALM 50 (51)

ΑΝΑΓΝΩΣΤΗΣ

—

READER

Ψαλμός Ν' (50).

Psalm 50 (51).

Κύριε, ἐλέησον. (ἐκ γ')

Lord, have mercy. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.
Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the
ages of ages. Amen.

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον
τὸ ἀνόμημά μου.

Have mercy on me, O God, according to Your great mercy; and according to the abundance
of Your compassion, blot out my transgression.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διὰ παντός.

For I know my lawlessness, and my sin is always before me.

Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῇς ἐν τοῖς λόγοις
σου, καὶ νικήσῃς ἐν τῷ κρίνεσθαί σε.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

Ἴδού γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.
For behold, I was conceived in transgressions, and in sins my mother bore me.

Ἴδού γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.
Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

Ραντιεῖς με ὕσσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.
You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα.
You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.
Turn Your face from my sins, and blot out all my transgressions.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.
Create in me a clean heart, O God, and renew a right spirit within me.

Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλῃς ἀπ' ἐμοῦ.
Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριζόν με.
Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.
I will teach transgressors Your ways, and the ungodly shall turn back to You.

Πῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

O Lord, You shall open my lips, and my mouth will declare Your praise.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὀλοκαυτώματα οὐκ εὐδοκήσεις.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

6. ΟΙΚΟΙ

A. Kontakion

Κοντάκιον.

—

Kontakion.

Τοῦ Τριωδίου - - -

—

From Triodion - - -

Ἦχος πλ. δ'. Αὐτόμελον.

—

Πίστιν Χριστοῦ ὡσεὶ θώρακα, ἔνδον λαβὼν ἐν καρδίᾳ σου, τὰς ἐναντίας δυνάμεις κατεπάτησας
Πολύαθλε, καὶ στέφει οὐρανίῳ ἐστέφθης αἰωνίως, ὡς ἀήττητος.

—

Once you had taken the Faith of Christ into your heart like a suit of armor, you trampled
the hostile forces underfoot, having contended much, and you were crowned with heavenly
laurels forever, as one invincible. [SD]

B. Oikos

Ὁ Οἶκος.

—

Oikos.

Τὸν ἐν θρόνῳ φωτὸς ἐποχούμενον, εὐχαρίστως ἐν πίστει ὑμνοῦμέν σε, ὅτι δώρημα θεῖον
δεδώρησαι, τὸν γενναῖον τοῖς ἄθλοις Θεόδωρον, τὸν ἐν τῷ βίῳ τρισμακάριστον, ὡς ὑπέρμαχον
ὄντα τῆς ἀληθείας, εὐσεβεῖ λογισμῷ κεκτημένος Χριστόν, ἀνεδείχθη κραταιὸς νικητὴς κατὰ
τοῦ δολεροῦ, ὡς ἀήττητος.

—

We gladly in faith extol You, who are carried on a throne of light. For You have given us a
divine gift, Theodore, who was brave in the contests and thrice-blessed in his life, as being
a champion of the truth. Having a pious frame of mind, he obtained You, O Christ; and
against the deceiver he proved to be a mighty victor, as one invincible. [SD]

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

—

Stand for the reading of the Synaxarion.

C. Synaxarion

Συναξάριον

—

Synaxarion

Τοῦ Μηναίου.

—

From the Menaion.

Τῇ Δ' τοῦ αὐτοῦ μηνός, μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Γερασίμου, τοῦ ἐν τῷ Ἰορδάνῃ.

—

On March 4 we commemorate our devout father Gerasimos of the Jordan.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῶν Ἁγίων Μαρτύρων Παύλου, καὶ Ἰουλιανῆς τῆς αὐτοῦ ἀδελφῆς.

—

On this day we also commemorate the holy Martyrs Paul and his sister Juliana.

Τῇ αὐτῇ ἡμέρᾳ, οἱ Ἅγιοι Μάρτυρες Κοδρᾶτος, Ἀκάκιος καὶ Στρατόνικος, οἱ ἀπὸ δημίων πιστεύσαντες, ζίφει τελειοῦνται.

—

On this day the holy Martyrs Quadratus, Akakios, and Stratonikos, former executioners who came to the Faith, died by the sword.

Τῇ αὐτῇ ἡμέρᾳ, ὁ Ἅγιος Γρηγόριος Κύπρου ἐν εἰρήνῃ τελειοῦται.

—

On this day Saint Gregory of Cyprus died in peace.

Τοῦ Τριωδίου.

—

From the Triodion.

Τῇ αὐτῇ ἡμέρᾳ, Σαββάτῳ τῆς πρώτης Ἑβδομάδος τῶν Νηστειῶν, τὸ διὰ τῶν Κολλύβων παράδοξον θαῦμα τοῦ ἁγίου καὶ ἐνδόξου Μεγαλομάρτυρος Θεοδώρου τοῦ Τήρωνος ἐορτάζομεν.

—

On this day, Saturday of the first week of Lent, we celebrate the marvelous wonder involving Kolyva by the holy and glorious Great Martyr Theodore the Recruit.

Στίχοι

—

Verses

Τροφῇ κολλύβων, ἐστιᾷ Τήρων πόλιν,

—

With Kollyva the Tyro feeds the City

Τροφὴν τιθεὶς ἄπρακτον, ἡλιγισμένην.

—
And makes ineffectual the food that was defiled.

—
By his holy intercessions, O God, have mercy on us and save us. Amen.

7. KATAVASIAS OF THE ODES

Katavasias Odes 1-8

—
Katavasias Odes 1-8

ΧΟΡΟΣ

—
CHOIR

Καταβασίαι τῆς Θεοτόκου (Ἀκάθιστος)

—
Katavasias of Theotokos - Akathist

Katavasia. Ode i. Mode 4. $Vu=E$.

Diatonic

E D E

⁸ I o - pen my mouth and pray the Spir - it fill it, like Da - vid

⁸ said, to pour out a good word to the Queen and Moth - er of God.

D E

⁸ I will cel - e - brate her feast with joy and glad - ness and sing to her

⁸ mer - ri - ly, laud - ing her mir - a - cles.

Katavasia. Ode iii. Mode 4. Vu=E.

Diatonic

8 Es - tab - lish your ser-vants who ex - tol you, O Moth - er of

8 God, for they have formed a spir-i - tu - al choir for you, the liv-ing and a-

8 bun - dant fount; and gra-cious-ly in your di-vine glo - ry give

8 glo - ri-ous crowns to them.

Katavasia. Ode iv. Mode 4. $Vu=E$.

Diatonic **E**

⁸ He who sits in ho - ly glo - ry on the throne of di-

⁸ vin - i - ty, Je-sus our most high God, on a swift and light cloud has

D

⁸ come to us, and by the might of His un - de - filed hand has

E

⁸ saved those who cry to Him: Glo-ry to Your pow - er, O Christ.

Katavasia. Ode v. Mode 4. $Vu=E$.

Diatonic

E D E D E

8 A - mazed was the u - ni - verse by your di - vine mag - nif - i - cence.

G

8 You who were per - pet - u - al - ly vir - gin car - ried the heav -

E

8 en - ly God of all in your womb and gave birth to the e - ter - nal

U

8 Son, who a - wards sal - va - tion to all who sing hymns of

E

8 praise to you.

Katavasia. Ode vi. Mode 4. $V_u=E$.

Diatonic **D**

⁸ O god - ly - mind - ed be - liev - ers, come and cel - e - brate this

E **D**

⁸ sa - cred and ven - er - a - ble feast and thus ex - tol the The - o - to - kos, and

E

⁸ clap our hands, and glo - ri - fy our God who was tru - ly born of her.

Katavasia. Ode vii. Mode 4. $V_u=E$.

Diatonic

8 God-ly - mind - ed three did not a-dore cre - at - ed things in

8 the Cre - a - tor's stead; ra-ther, dis - dain - ing the threat of

8 fire, they tram-pled it, and joy-ful - ly they sang: "O su - preme - ly

8 praised and most ex - alt - ed Lord and God of the fa-thers, You are

8 bless - ed."

Katavasia. Ode viii. Mode 4. $Vu=E$.

Diatonic D E

⁸ We praise and we bless and we wor - ship the Lord.

E G

⁸ Guilt-less were those Ser-vants in the fur - nace. The Son of the The-o-

E

⁸ to-kos went and res-cued them. He who was pre - fig-ured then,

C D U G

⁸ hav - ing been in - car - nate now, is gath-er - ing the whole wide

E D

⁸ world in - to His Church to sing: "O all you works of the

E

⁸ Lord, to all ag-es sing prais-es to the Lord and ex - alt Him be-yond

⁸ mea - sure."

Ὁ λαὸς ἵσταται διὰ τὴν Θ' Ὠδὴν.

—

Stand for the singing of Ode ix.

DEACON

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

—

Let us honor and magnify in song the Theotokos and the Mother of the light.

ΧΟΡΟΣ

—

CHOIR

Ὠδὴ θ'.

—

Ode ix.

8. MAGNIFICAT AND 9TH ODE

Μεγαλυνάριον. Ὡχος δ'.

—

The Magnificat. Mode 4. $Vu=E$.

Diatonic

8 My soul magnifies the Lord, and my spir - it has re - joiced in God my

8 Sav - ior. Great - er in hon - or than the Che - ru - bim, and in glo - ry

8 great - er be - yond com - pare than the Se - ra - phim, you with - out cor -

8 rup - tion gave birth to God the Word and are tru - ly The - o -

8 - to - kos. You do we mag - ni - fy.

Verse 2

8 For He has regarded the lowly state of His maidservant; for be - hold, hence-
 8 forth all gen-er - a - tions will call me bless - ed. Great - er in
 8 hon-or than the Che-ru-bim, and in glo-ry great - er be - yond com-
 8 pare than the Se-ra-phim, you with-out cor - rup - tion gave birth to
 8 God the Word and are tru - ly The-o - to - kos. You do we
 8 mag - ni - fy.

Verse 3

8 For He who is mighty has done great things for me, and ho - ly is His
E

8 name. And His mercy is on those who fear Him from gen-er - a - tion to
E

8 gen-er - a - tion. Great - er in hon-or than the Che-ru-bim,
C D E

8 and in glo-ry great - er be - yond com - pare than the Se-ra-phim,
C D E

8 you with-out cor - rup - tion gave birth to God the Word and are

8 tru - ly The-o - to - kos. You do we mag-ni - fy.

Verse 4

8 He has shown strength with His arm; He has scattered the proud in the im-

8 a - gi - na - tion of their hearts. Great - er in hon - or than the Che - ru - bim,

8 and in glo - ry great - er be - yond com - pare than the Se - ra - phim,

8 you with - out cor - rup - tion gave birth to God the Word and are

8 tru - ly The - o - to - kos. You do we mag - ni - fy.

Verse 5

8 He put down the mighty from their thrones, and exalted the lowly;

8 He has filled the hungry with good things, and the rich He sent a - way

8 emp - ty. Great - er in hon-or than the Che-ru-bim, and in glo-ry

8 great - er be - yond com - pare than the Se-ra-phim, you with-out cor-

8 rup - tion gave birth to God the Word and are tru - ly The - o-

8 to - kos. You do we mag - ni - fy.

Verse 6

8 He has helped His servant Israel, in remembrance of His mercy,

8 as He spoke to our fathers, to A-bra-ham and his seed for - ev - er.

E C D

8 Great - er in hon-or than the Che-ru-bim, and in glo-ry great - er be-

E

8 yond com - pare than the Se-ra-phim, you with-out cor - rup - tion gave

8 birth to God the Word and are tru-ly The-o - to - kos. You do we

8 mag-ni - fy.

Katavasia. Ode ix. Mode 4. $Vu=E$.

Diatonic

8 All you born on earth, with fes - ti - val lamps in hand, in

8 spir - it leap for joy; and all you the heav - en - ly an - gel - ic

8 or - ders, join in and cel - e - brate; and hon - or - ing the sa - cred

8 won - ders of the Moth - er of God, sing the joy - ful sal - u - ta - tion,

8 "O re - joice, The - o - to - kos, all - blest, ev - er - vir - gin pure!"

8

A. The Little Litany – For all the powers...

ΔΙΑΚΟΝΟΣ

DEACON

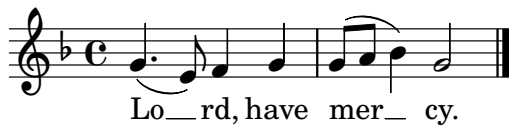
Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

Again and again, in peace, let us pray to the Lord.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι..

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον.)



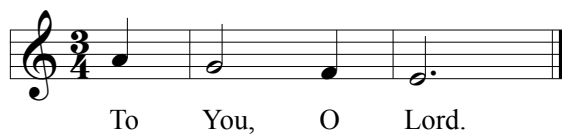
ΔΙΑΚΟΝΟΣ**DEACON**

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

ΛΑΟΣ**PEOPLE**

(Σοί, Κύριε.)

**ΔΙΑΚΟΝΟΣ****DEACON**

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)



9. THE EXAPOSTEILARIA

ΧΟΡΟΣ

CHOIR

Ἐξαποστειλάριον.

Exaposteilarion.

Ἦχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.

Τοῖς Μαθηταῖς συνέλθωμεν.

Στεφανηφόρος Ἅγιε, παρεστὼς σὺν Ἀγγέλοις, τῷ τοῦ Χριστοῦ νῦν Βήματι, καὶ φωτὸς τοῦ ἐκεῖ-
θεν, πληρούμενος Ἀθλοφόρε, τὴν εἰρήνην τῷ Κόσμῳ, ἀδιαλείπτως πρέσβευε, καὶ ἡμῖν σωτηρίαν
τοῖς εὐσεβῶς, τὴν φωσφόρον μνήμην σου ἐκτελοῦσι, Θεόδωρε πανόλβιε, Μάρτυς ἡγλαῖσμένε.
Wearing a crown, O Saint, you now * stand beside Christ's tribunal * together with angelic
hosts. * Prize-winner, you are filled with the light that originates there. * Never cease
interceding * for the peace of the whole wide world, * and salvation for us who with pious
faith * celebrate your memory, which is radiant, * O Theodore, all-glorious * and illustrious
Martyr. [SD]

A. Theotokion

Θεοτοκίον.

Theotokion.

Ἦχος β΄. Τοῖς Μαθηταῖς συνέλιθωμεν.

Τοῖς Μαθηταῖς συνέλιθωμεν.

Ἐν τῇ γαστρὶ σου Κύριος, ἀπολλύμενον Κόσμον, φθορᾶς ἀνακαλέσασθαι, βουληθεὶς ὥσπερ οἶδεν, ἐσκήνωσε Θεοτόκε. Σωτηρίαν οὖν πάντες, εὐρόντες ἐκβοῶμέν σοι. Χαῖρε τὸ τοῦ Ἁγ-
γέλου, πανευκλεές, γυναιξὶν ἐν πάσαις εὐλογημένη· καὶ γὰρ χαρὰν ἐκύησας, πάσῃ τῇ οἰκουμένῃ.
The Lord resided in your womb, * Theotokos, as He knew, * wishing to call the world He
made * back from corruption, for it was lost and perishing. Lady, * now having found
salvation, * all together we cry to you * the Angel's famous salutation, "Rejoice, * you are
truly blessed among all women!" * For you, O Virgin, have brought forth * holy joy to the
whole world. [SD]

10. LAUDS — THE PSALMS OF PRAISE

A. The Ainoi

Οἱ Αἰνοί. Ὕχος α'.

—

Lauds. Mode 1. *Pa=D*.

Diatonic D U D

8 Let ev - ery - thing that breathes

8 praise the Lord. Praise the Lord from the heav -

8 - ens, praise Him in the

8 high - est. It is fit - ting to sing a

8 hymn to You, O God.

Mode 1. Pa=D.

Diatonic **D**

8 Praise Him, all you His an - gels;

8 praise Him, all you His hosts. It is

8 fit - ting to sing a hymn to You, O God.

B. Lauds Stichologia

Δείξε Στιχολογίαν

—

Show Stichologia

—

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

—

Praise Him, sun and moon; praise Him, all you stars and light.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

—

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

—

For He spoke, and they were made; He commanded, and they were created.

Ἐστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρέλεύσεται.

—

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

—

Praise the Lord from the earth, you dragons and all the deeps.

Πῦρ, χάλαζα, χιὼν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

—

Fire and hail, snow and ice, stormy wind, which perform His word.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

—

Mountains and all the hills, fruitful trees and all cedars.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἑρπετὰ καὶ πετεινὰ πτερωτά.

—
Wild animals and all cattle, creeping things and flying birds.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

—
Kings of the earth and all peoples, princes and all judges of the earth.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

—
Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

—
His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

Ὑμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῷ ἐγγίζοντι αὐτῷ.

—
A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Ἀσατε τῷ Κυρίῳ ᾠσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

—
Sing to the Lord a new song, His praise in the assembly of His holy ones.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

—
Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

—
Let them praise His name with dance; with tambourine and harp let them sing to Him.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

—
For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

Καυχήσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

—

The high praise of God shall be in their mouth and a two-edged sword in their hand.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

—

To deal retribution to the nations, reproving among the peoples.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

—

To shackle their kings with chains and their nobles with fetters of iron.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρίμα ἑγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

—

To fulfill among them the written judgment: this glory have all His holy ones.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

—

Praise God in His saints; praise Him in the firmament of His power.

Κρύψε Στιχολογίαν

—

Hide Stichologia

—

Τοῦ Τριωδίου.

—

From the Triodion.

Τοῦ Τριωδίου - - -

—

From Triodion - - -

Ἦχος α'. Τῶν οὐρανίων ταγμάτων.

—

—

Τῶν οὐρανίων ταγμάτων.

—

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Τὸν ἀριστερά τῆς ἄνω, στρατολογίας Πιστοί, ὡς καρτερόν ὀπλίτην, τῆς ἡμῶν πολιτείας, συμφώνως συνελθόντες, ᾠδαῖς μυστικαῖς, εὐφημήσωμεν λέγοντες· Ἀξιοθαύμαστε Μάρτυς τοῦ Ἰησοῦ, ὑπερεύχου τῶν ὑμνούντων σε.

O faithful, let us unite now and using one voice extol * that valiant heavy-armed soldier of the heavenly army, * St. Theodore, the strong hoplite of our faith, singing mystical odes to him, * "Martyr of Jesus, you are worthy of our awe. * Will you pray for us who honor you." [SD]

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Τῇ φερωνύμῳ σου κλήσει, δῶρον Θεοῦ ἀληθῶς, τοῖς θλιβομένοις πᾶσι, θυμηδία ἐδόθης, Θεόδωρε τρισμάκαρ· πᾶς γὰρ τῷ σῶ, προσπελάζων Ναῶ ἀληθῶς, μέτ' εὐφροσύνης λαμβάνων τὰς ἀμοιβάς, τῶν θαυμάτων σου γεραίρει Χριστόν.

Your name denotes it, and truly You are a gift from God, * and you were given as comfort to all who are in trouble, * O thrice-blessed Theodore. For everyone * who comes in truth to your holy church, * and who with gladness receives the divine rewards * of your miracles, gives honor to Christ. [SD]

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῶ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Τῆς εὐσεβείας τὸν πλοῦτον, καὶ τὴν λαμπρότητα, ἀθλητικοῖς καμάτοις, σεαυτῷ θησαυρίσας, πάσῃ σου ἰσχυῖ, δῶρον δεκτόν, τῷ Χριστῷ προσενήνοχας, ἀναπληρῶν ἐν τοῖς ἔργοις μετὰ σπουδῆς, τὴν θεοδώρητόν σου πρόσκλησιν.

—
 By your great feats as a martyr, you did amass in yourself * the holy wealth and brilliance of the Orthodox doctrine. * You gave all your might as an acceptable gift * unto God, O Saint Theodore. And in your contests you truly fulfilled your name, * for it also means a gift to God. [SD]
 —

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

—
 Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Τῇ παμφαεῖ πανηγύρει, τοῦ θεοῦ Μάρτυρος, εὐωχηθῶμεν πάντες, καὶ πιστῶς εὐφρανθῶμεν, φιλέορτα τιμῶντες, φαιδρὰν ἐορτήν, τῆς αὐτοῦ τελειώσεως, ἁσματικῶς ἀνυμνοῦντες τόν, Ἰησοῦν, τὸν δοξάσαντα τὴν μνήμην αὐτοῦ.

—
 Let us, O feast-lovers, all now observe a sumptuous feast * on this joyous occasion, the festival of the Martyr, * and faithfully rejoice as we honor the bright * holy feast-day of his demise. * Let us extol the Lord Jesus with sacred songs, * for He glorified his memory. [SD]
 Δόξα. Τοῦ Τριωδίου.

—
 Glory to the Father and the Son and the Holy Spirit.

Τοῦ Τριωδίου - - -

—
 From Triodion - - -

Ἦχος πλ. β'.

Glory. Mode pl. 2. *Pa=D*.

Chromatic D

8 Ne Glo - ry to the Fa - ther

8 and the Son and the Ho - ly Spir - it.

Chromatic D

8 O wise Mar - tyr The - o - dore,

Diatonic G Chromatic D

8 Christ has glo - ri - fied your mem -

8 - o - ry and made you fa - mous in the

8 world, a gift of ho - li - ness and a

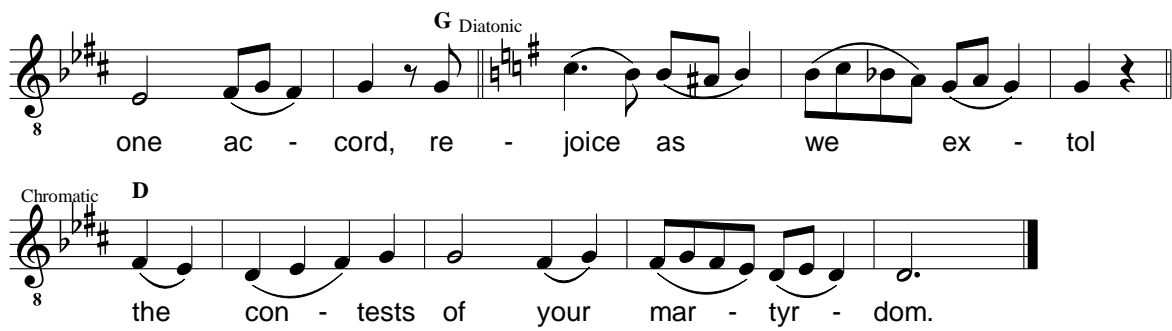
Soft Chromatic a

8 treas - ure of di - vine life, in ac -

Chromatic D

8 - cord with your name. And we the faith - ful, with

Translation and score by Fr. Seraphim Dedes, 2020



C. Theotokion

Καὶ νῦν. Θεοτοκίον.

Both now and ever and to the ages of ages.

Θεοτόκε, σὺ εἶ ἡ ἄμπελος ἡ ἀληθινή, ἡ βλαστήσασα τὸν καρπὸν τῆς ζωῆς, σὲ ἱκετεύομεν, πρέσβευε Δέσποινα, μετὰ τοῦ Ἀθλοφόρου καὶ πάντων τῶν ἁγίων, ἐλεηθῆναι τὰς ψυχὰς ἡμῶν. Theotokos, you are the true vine that produced the fruit of life. Lady, we fervently entreat you to intercede along with the Martyr and all the saints, that our souls be treated mercifully. [SD]

Ὁ λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.

Stand for the Great Doxology.

11. GREAT DOXOLOGY

Ἡ Μεγάλη Δοξολογία

Great Doxology

Great Doxology.**Mode 4. *Vu=E*.**

R-01 ^{Diatonic} ^E

8 Glo - ry be to You who showed the light. ^G Glo-ry in the

^E ^D ^E

8 high - est to God. His peace is on earth, His good pleas-ure in

^E

8 man - kind.

L-02 ^E

8 We praise You, we bless You, we wor-ship You, we glo-ri - fy You,

8 we give thanks to You for Your great glo - ry.

R-03 ^E


8 Lord King, heav - en - ly God, Fa-ther, Rul-er o-ver all;


8 Lord, on - ly - be - got - ten Son, Je - sus Christ; and

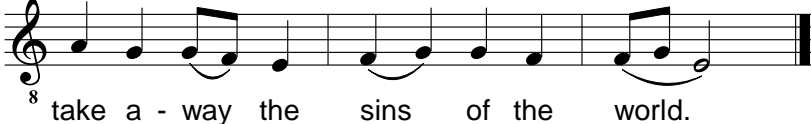
8 You, O Ho - ly Spir - it.

Score by Fr. Seraphim Dedes, 2020

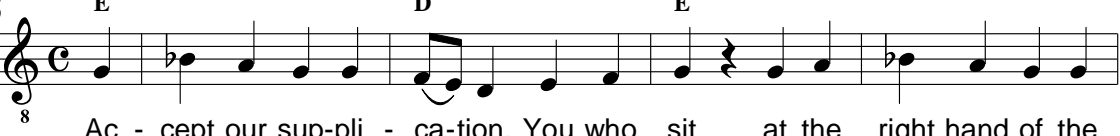
L-04

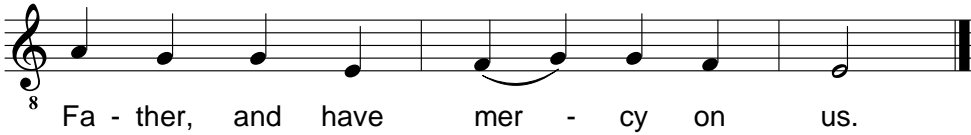
^E

 8 Lord God, Lamb of God, Son of the Fa - ther, who


 8 take a - way the sin of the world, have mer - cy on us, You who



 8 take a - way the sins of the world.


R-05

^E ^D ^E

 8 Ac - cept our sup- pli - ca - tion, You who sit at the right hand of the


 8 Fa - ther, and have mer - cy on us.

L-06

^E ^G

 8 For You a-lone are ho - ly, You a - lone are Lord,

^D ^E

 8 Je - sus Christ, to the glo - ry of God the Fa - ther. A - men.

R-07

^E ^G

 8 Ev - ery day I will bless You, and Your name will I praise to e -

^E

 8 ter - ni - ty, and to the a - ges of a - ges.

L-08 G E

L-14

8 Lord, You have been our ref - uge from gen - er - a - tion to
 gen - er - a - tion. I said: Lord, have mer - cy on me.

R-15

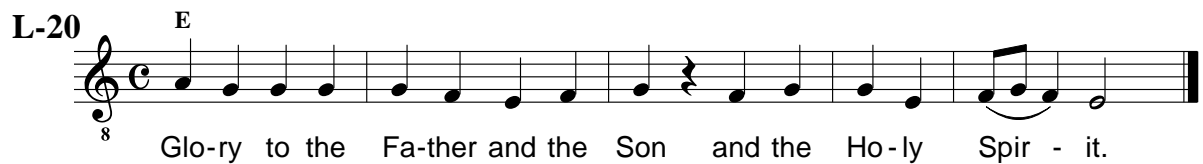
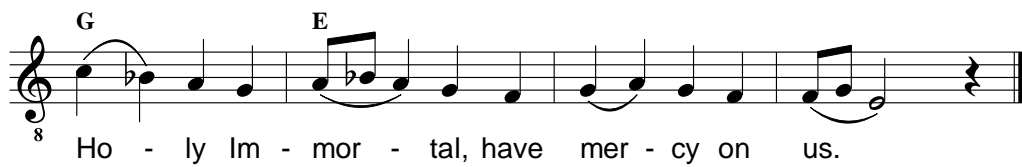
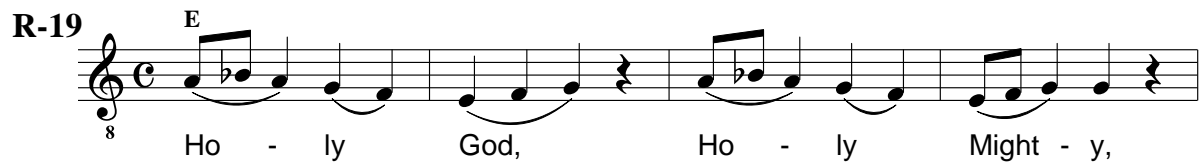
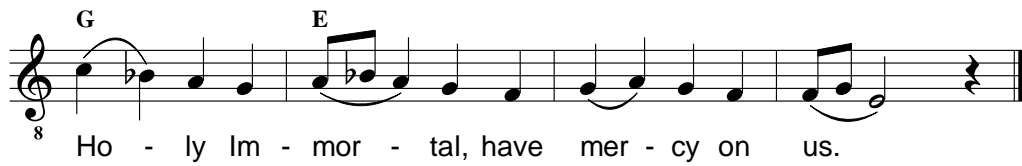
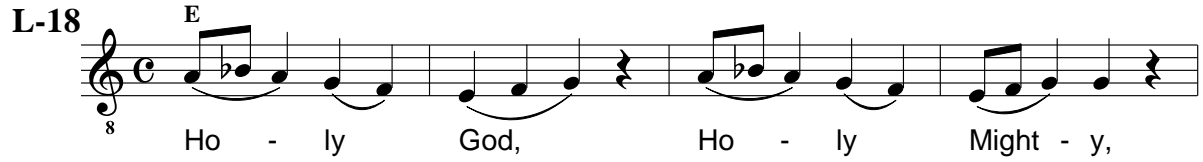
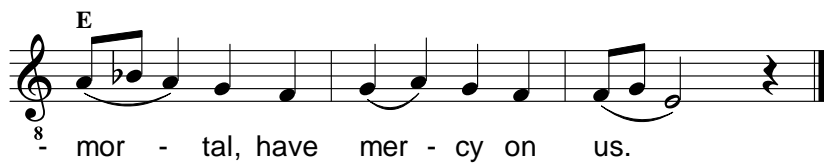
8 Lord, I have fled to You. Teach me to do Your will, for
 You are my God.

L-16

8 For with You is the foun - tain of life; in Your
 light we shall see light.

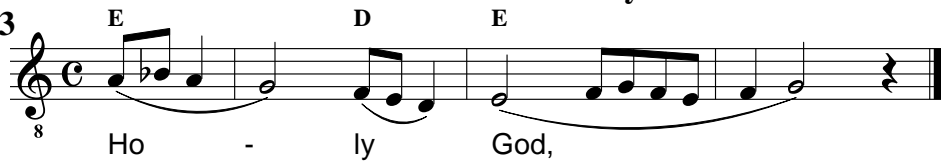
R-17

8 Con - tin - ue Your mer - cy to those who know You.
 Ho - ly God, Ho - ly Might - y, Ho - ly Im -

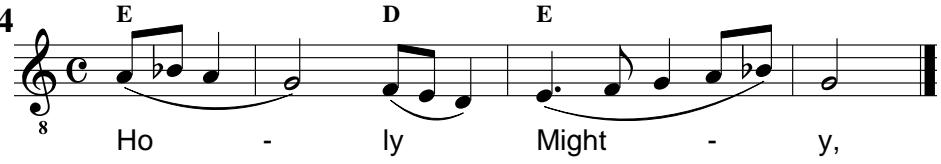


Slow "Asmatikon" Melody

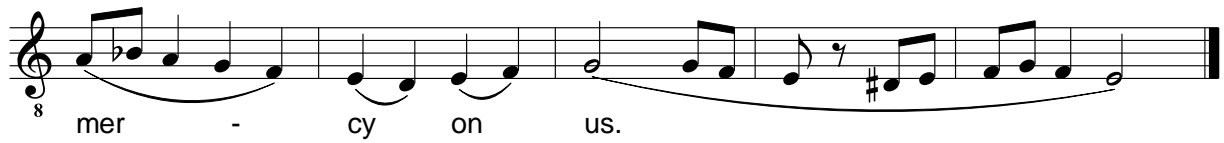
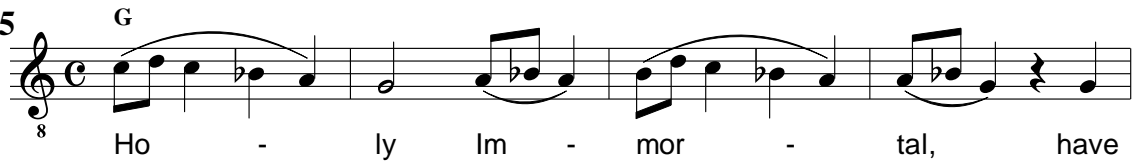
R-23



L-24



R-25



12. APOLYTIKION OF THE DAY

Τοῦ Τριωδίου - - -

From Triodion - - -

Ἦχος β'.

Apolytikion. Mode 2. Di=G.

Soft Chromatic

G

8 Mag - nif - i - cent are the ac - com - plish - ments of faith! The

8 ho - ly Mar - tyr The - o - dore great - ly re - joiced as he stood in the foun - tain of

8 fire as if be - side the still wa - ters. He was con -

8 - sumed by fire and of - fered like sweet bread to the Trin - i - ty.

8 At his en - treat - ies, O Christ God, save our souls.

13. THE APOLYSIS

A. Ektene

ΔΙΑΚΟΝΟΣ

DEACON

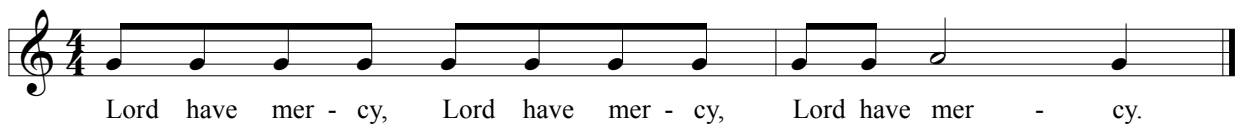
Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθα Σου, ἐπάκουσον καὶ ἐλέησον.

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

Ἐπι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν.

Let us pray for pious and Orthodox Christians.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἐτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

Again we pray for our Archbishop Gerasimos.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἐτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

Again we pray for our brethren: the priests, the hieromonks, the hierodeacons, the monastics, and all our brotherhood in Christ.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

Ἐπι δεόμεθα ὑπὲρ ἐλέους, ζωῆς, εἰρήνης, ὑγείας, σωτηρίας, ἐπισκέψεως, συγχωρήσεως καὶ ἀφέσεως τῶν ἁμαρτιῶν τῶν δούλων τοῦ Θεοῦ, πάντων τῶν εὐσεβῶν καὶ Ὀρθοδόξων Χριστιανῶν, τῶν κατοικούντων καὶ παρεπιδημούντων ἐν τῇ (πόλει, κώμῃ), ταύτῃ, τῶν ἐνοριτῶν, ἐπιτρόπων, συνδρομητῶν καὶ ἀφιερωτῶν τοῦ ἁγίου ναοῦ τούτου.

Again we pray for mercy, life, peace, health, salvation, protection, forgiveness, and remission of the sins of the servants of God, all pious Orthodox Christians residing and visiting in this city: the parishioners, the members of the parish council, the stewards, and benefactors of this holy church.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ**DEACON**

Ἐτι δεόμεθα ὑπὲρ τῶν μακαρίων καὶ ἀοιδίμων κτιτόρων τῆς ἁγίας Ἐκκλησίας ταύτης, καὶ ὑπὲρ πάντων τῶν προαναπαυσαμένων πατέρων καὶ ἀδελφῶν ἡμῶν, τῶν ἐνθάδε εὐσεβῶς, κειμένων, καὶ ἀπανταχοῦ Ὁρθοδόξων.

Again we pray for the blessed and ever-memorable founders of this holy church, and for all our fathers and brethren who have fallen asleep before us, who here have been piously laid to their rest, as well as the Orthodox everywhere.

ΛΑΟΣ**PEOPLE**

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἐτι δεόμεθα ὑπὲρ τῶν καρποφορούντων καὶ καλλιεργούντων ἐν τῷ ἁγίῳ καὶ πανσέπτῳ ναῷ τούτῳ, κοπιώντων, ψαλλόντων καὶ ὑπὲρ τοῦ περισσιῶτος λαοῦ, τοῦ ἀπεκδεχομένου τὸ παρὰ σοῦ μέγα καὶ πλούσιον ἔλεος.

Again we pray for those who bear fruit and do good works in this holy and all-venerable church, for those who labor and those who sing, and for the people here present who await Your great and rich mercy.

ΛΑΟΣ

PEOPLE

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)



ΔΙΑΚΟΝΟΣ

DEACON

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

ΛΑΟΣ

PEOPLE

(Ἀμήν.)



ΔΙΑΚΟΝΟΣ

DEACON

Σοφία.

Wisdom.

ΔΙΑΚΟΝΟΣ**DEACON**

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν, πάντοτε, νῦν, καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Blessed are You, Christ our God, always now and forever and to the ages of ages.

ΛΑΟΣ**PEOPLE**

(Ἀμήν.)



A - men

ΑΝΑΓΝΩΣΤΗΣ**READER**

Στερεώσαι, Κύριος ὁ Θεός, τὴν ἁγίαν καὶ ἀμώμητον πίστιν τῶν εὐσεβῶν καὶ Ὁρθοδόξων Χριστιανῶν, σὺν τῇ ἁγίᾳ αὐτοῦ Ἐκκλησίᾳ καὶ τῇ πόλει ταύτῃ εἰς αἰῶνας αἰώνων.

Make firm, Lord our God, the holy and pure faith of the pious Orthodox Christians, together with the Holy Church and this city forever.

ΛΑΟΣ**PEOPLE**

(Ἀμήν.)



A - men

B. Dismissal

ΔΙΑΚΟΝΟΣ

DEACON

Δόξα σοι, Χριστέ ὁ Θεὸς ἡμῶν, δόξα σοι.

Glory to You, O Christ our God. Glory to You.

Ὁ ἐν Ἰορδάνῃ ὑπὸ Ἰωάννου βαπτισθῆναι καταδεξάμενος, διὰ τὴν ἡμῶν σωτηρίαν, Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμώμου ἁγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἁσωμάτων, ἰκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφύμων Ἀποστόλων, τῶν ἁγίων ἐνδόξων καὶ καλλινίκων Μαρτύρων· τῶν ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ πάντων τῶν ἁγίων, ἐλέησαι καὶ σώσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

May He who condescended to be baptized by John in the Jordan, for our salvation, Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, Sts. Constantine and Helen; of the holy and righteous ancestors of God Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.

C. Conclusion**ΔΙΑΚΟΝΟΣ****DEACON**

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us and save us.

ΛΑΟΣ**PEOPLE**

(Ἀμήν.)



Part V

Formula for the Daily Orthros without a Gospel Reading

Here is the Daily Orthros formula based on the order of service in the *Ἱερωτελεστικόν* by Father Alkiviadis

Calivas:

Part 1

I ROYAL OFFICE

- 01 1. The Enarxis
- 02 1. A. Blessed is our God
- 03 1. B. Heavenly King
- 04 1. C. Trisagion
- 05 1. D. The Royal Hymns
- 06 1. D. (a) Troparion of the Cross
- 07 1. D. (b) Kontakion of the Cross
- 08 1. D. (c) Theotokion
- 09 1. E. Ektene

Part 2

II MONASTIC NOCTURNES

- 10 2. Enarxis of the Orthros
- 11 2. A. Glory to the Trinity
- 12 2. B. Introductory Verses
- 13 2. C. Hexapsalmos
- 14 2. C. (a) Psalm 3
- 15 2. C. (b) Psalm 37 (38)
- 16 2. C. (c) Psalm 62 (63)
- 17 2. C. (d) Psalm 87 (88)
- 18 2. C. (e) Psalm 102 (103)
- 19 2. C. (f) Psalm 142 (143)
- 20 2. D. Great Synapte (Litany of Peace)

Part 3

III MORNING VIGIL

- 21 3. God is the Lord – Alleluia
- 22 3. A. Apolytikion
- 23 3. B. Theotokion
- 24 3. C. The Little Litany – For Yours is the dominion...
- 25 4. The Kathismata
- 26 4. A. Theotokion – Evlogetaria
- 27 4. B. Kathismata II
- 28 4. C. Theotokion

Part 4

IV MORNING PRAISE

- 29 5. Psalm 50
- 30 6. Oikoi
- 31 6. A. Kontakion
- 32 6. B. Oikos
- 33 6. C. Synaxarion
- 34 7. The Katavasias of the Odes
- 35 8. Magnificat and 9th Ode
- 36 8. A. Little Litany – For all the powers...
- 37 9. The Exaposteilaria
- 38 9. A. Theotokion
- 39 10. Lauds – The Psalms of Praise
- 40 11. Great Doxology
- 41 12. Intercessory Litany
- 42 13. Aposticha
- 43 13. A. Theotokion
- 44 14. It is good to confess...
- 45 15. Trisagion Prayers
- 46 16. The Apolytikion of the Day
- 47 16. A. Theotokion
- 48 17. The Apolysis
- 49 17. A. Ektene
- 50 17. B. Dismissal