

**The Service of Matins**  
**Memory of the Holy Hieromartyr Phocas**

**Maui Greek Orthodox Christian Mission**

*Metropolis of San Francisco*

*Greek Orthodox Archdiocese of America*

*Service held at Saint Theresa Church*

*Kihei, Maui, Hawaii*

(Dated: July 23, 2022)

**Maui Greek Orthodox Christian Mission Project**  
**for a Daily Sequential Hymnal in English**

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## Part I

# ROYAL OFFICE

### 1. THE ENARXIS

#### A. Blessed is our God

ΙΕΡΕΥΣ

PRIEST

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.  
Blessed is our God, always, now, and ever, and to the ages of ages.

ΧΟΡΟΣ

CHOIR

( Ἀμήν. )



A - men

#### B. Heavenly King

ΙΕΡΕΥΣ

PRIEST

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.  
Glory to You, O God, glory to You.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρὼν καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθέ καὶ σκήνωσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς ἀπὸ πάσης κηλίδος καὶ σῶσον, Ἀγαθέ, τὰς ψυχὰς ἡμῶν.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

## ΧΟΡΟΣ

### CHOIR

( Ἀμήν. )



A - men

## C. Trisagion

### ΑΝΑΓΝΩΣΤΗΣ

#### READER

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἰλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

All-holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.  
Ἄμην.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, (*intoned*) but deliver us from the evil one.

## ΙΕΡΕΥΣ

### PRIEST

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Thine is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and to the ages of ages.

**ΧΟΡΟΣ****CHOIR**

( Ἀμήν. )

**D. The Royal Hymns***1. Troparion of the Cross***ΑΝΑΓΝΩΣΤΗΣ****READER**

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάπτων διὰ τοῦ Σταυροῦ σου πολίτευμα.

O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

*2. Kontakion of the Cross*

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Glory to the Father, and to the Son, and to the Holy Spirit.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς σου δώρησαι, Χριστὲ ὁ Θεός· εὐφρανὸν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.



## 3. Theotokion

## ΑΝΑΓΝΩΣΤΗΣ

## READER

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Both now and ever, and to the ages of ages. Amen.

Προστασία φοβερὰ καὶ ἀκαταίσχυντε, μὴ παρίδης, Ἄγαθή, τὰς ἱκεσίας ἡμῶν, πανύμνητε Θεοτόκε· στήριξον Ὀρθοδόξων πολιτείαν, σῶζε οὓς ἐκέλευσας βασιλεύειν, καὶ χορήγει αὐτοῖς οὐρανόθεν τὴν νίκην· διότι ἔτεκες τὸν Θεόν, μόνη εὐλογημένη.

Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos. Make firm the community of the Orthodox, save those whom you have called to rule, and grant them victory from heaven (*intoned*) for you bore God, only blessed one.

## E. Ektene

## ΙΕΡΕΥΣ

## PRIEST

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

## ΧΟΡΟΣ

## CHOIR

( Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον. )





**ΙΕΡΕΥΣ****PRIEST**

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

**ΧΟΡΟΣ****CHOIR**

( Ἀμήν. )



A - men

## Part II

## MONASTIC NOCTURNES

## 2. ENARXIS OF THE ORTHROS

## A. Glory to the Trinity

ΧΟΡΟΣ

CHOIR

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

*(intoned)* In the name of the Lord, Father, bless.

ΙΕΡΕΥΣ

PRIEST

Δόξα τῇ ἁγίᾳ καὶ ὁμοουσίᾳ καὶ ζωοποιῷ καὶ ἀδιαιρέτῳ Τριάδι, πάντοτε, νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

ΧΟΡΟΣ

CHOIR

( Ἀμήν. )



A - men

**B. Introductory Verses****ΑΝΑΓΝΩΣΤΗΣ****READER**

Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία. (ἐκ γ')

Glory to God in the highest, and peace on earth, good will to men. (3)

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. (δὶς)

O Lord, open my lips, and my mouth shall show forth Your praise. (2)

**C. Hexapsalmos***1. Psalm 3*

Κύριε, τί ἐπληθύνθησαν οἱ θλίβοντές με; Πολλοὶ ἐπανίστανται ἐπ' ἐμέ.

O Lord, why are those who afflict me multiplied?

Πολλοὶ λέγουσι τῇ ψυχῇ μου· Οὐκ ἔστι σωτηρία αὐτῷ ἐν τῷ Θεῷ αὐτοῦ.

Many rise up against me. Many say to my soul: there is no salvation for him in his God.

Σὺ δέ, Κύριε, ἀντιλήπτωρ μου εἶ, δόξα μου καὶ ὑψῶν τὴν κεφαλὴν μου.

But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

Φωνῇ μου πρὸς Κύριον ἐκέκραξα, καὶ ἐπήκουσέ μου ἐξ ὄρους ἁγίου αὐτοῦ.

I cried to the Lord with my voice, and He heard me out of His holy mountain.

Ἐγὼ δὲ ἐκοιμήθην καὶ ὑπνωσα· ἐξηγέρθη, ὅτι Κύριος ἀντιλήψεταιί μου.

I laid down and slept; I awoke, for the Lord will help me.

Οὐ φοβηθήσομαι ἀπὸ μυριάδων λαοῦ τῶν κύκλω συνεπιτιθεμένων μοι.

I will not be afraid of ten thousands of people that set themselves round about against me.

Ἀνάστα, Κύριε, σῶσόν με ὁ Θεός μου, ὅτι σὺ ἐπάταξας πάντας τοὺς ἐχθραίνοντάς μοι ματαίως, ὀδόντας ἀμαρτωλῶν συνέτριψας.

Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Τοῦ Κυρίου ἡ σωτηρία, καὶ ἐπὶ τὸν λαόν σου ἡ εὐλογία σου.

Salvation is of the Lord, and Your blessing is on Your people.

Ἐγὼ ἐκοιμήθην καὶ ὑπνώσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί μου.

I laid down and slept; I awoke, for the Lord will help me.

## 2. Psalm 37 (38)

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξῃς με, μηδὲ τῇ ὀργῇ σου παιδεύῃς με.

O Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

Ὅτι τὰ βέλη σου ἐνεπάγησάν μοι, καὶ ἐπεστήριξας ἐπ' ἐμὲ τὴν χεῖρά σου.

For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

Οὐκ ἔστιν ἴασις ἐν τῇ σαρκί μου ἀπὸ προσώπου τῆς ὀργῆς σου, οὐκ ἔστιν εἰρήνη ἐν τοῖς ὀστέοις μου ἀπὸ προσώπου τῶν ἀμαρτιῶν μου.

There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

Ὅτι αἱ ἀνομίαι μου ὑπερῆραν τὴν κεφαλὴν μου, ὥσει φορτίον βαρὺ ἐβαρύνθησαν ἐπ' ἐμέ.

For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

Προσώζεσαν καὶ ἐσάπησαν οἱ μώλωπές μου ἀπὸ προσώπου τῆς ἀφροσύνης μου.

My wounds have become foul and festering in the face of my foolishness.

Ἐταλαιπώρησα καὶ κατεκάμφθην ἕως τέλους, ὅλην τὴν ἡμέραν σκυθρωπάζων ἐπορευόμενην.

I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

Ὅτι αἱ ψόαι μου ἐπλήσθησαν ἐμπαιγμάτων, καὶ οὐκ ἔστιν ἴασις ἐν τῇ σαρκί μου.

For my loins are filled with inflammation, and there is no healing in my flesh.

Ἐκακώθην καὶ ἐταπεινώθην ἕως σφόδρα, ὠρούμενη ἀπὸ στεναγμοῦ τῆς καρδίας μου.

I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

Κύριε, ἐναντίον σου πᾶσα ἡ ἐπιθυμία μου, καὶ ὁ στεναγμός μου ἀπὸ σοῦ οὐκ ἀπεκρύβη.

O Lord, all my desire is before You, and my groaning is not hidden from You.

Ἡ καρδία μου ἐταράχθη, ἐγκατέλιπέ με ἡ ἰσχὺς μου, καὶ τὸ φῶς τῶν ὀφθαλμῶν μου καὶ αὐτὸ οὐκ ἔστι μετ' ἐμοῦ.

My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

Οἱ φίλοι μου καὶ οἱ πλησίον μου ἐξεναντίας μου ἤγγισαν καὶ ἔστησαν, καὶ οἱ ἐγγιστά μου ἀπὸ μακρόθεν ἔστησαν.

My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

Καὶ ἐξεβιάζοντο οἱ ζητοῦντες τὴν ψυχὴν μου, καὶ οἱ ζητοῦντες τὰ κακά μοι ἐλάλησαν ματαιότητας, καὶ δολιότητας ὅλην τὴν ἡμέραν ἐμελέτησαν.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

Ἐγὼ δὲ ὡσεὶ κωφὸς οὐκ ἤκουον καὶ ὡσεὶ ἄλαλος οὐκ ἀνοίγων τὸ στόμα αὐτοῦ.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

Καὶ ἐγενόμην ὡσεὶ ἄνθρωπος οὐκ ἀκούων καὶ οὐκ ἔχων ἐν τῷ στόματι αὐτοῦ ἐλεγμούς.

And I became as a man that does not hear, and that has no reproofs in his mouth.

Ὅτι ἐπὶ σοί, Κύριε, ἤλπισα· σὺ εἰσακούσῃ, Κύριε ὁ Θεός μου.

For I have hoped in You, O Lord; You will hear me, Lord my God.

Ὅτι εἶπον· Μήποτε ἐπιχαρῶσί μοι οἱ ἐχθροί μου· καὶ ἐν τῷ σαλευθῆναι πόδας μου ἐπ' ἐμὲ ἐμεγαλορῶρήμονησαν.

For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

Ὅτι ἐγὼ εἰς μάστιγας ἔτοιμος, καὶ ἡ ἀλγηδὼν μου ἐνώπιόν μου ἐστὶ διὰ παντός.

For I am ready for scourges, and my sorrow is continually before me.

Ὅτι τὴν ἀνομίαν μου ἐγὼ ἀναγγεῶ καὶ μεριμνήσω ὑπὲρ τῆς ἁμαρτίας μου.

For I will declare my iniquity, and I will anguish concerning my sin.

Οἱ δὲ ἐχθροί μου ζῶσι καὶ κεκραταίνονται ὑπὲρ ἐμέ, καὶ ἐπληθύνθησαν οἱ μισοῦντές με ἀδίκως.

But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Οἱ ἀνταποδίδοντές μοι κακὰ ἀντὶ ἀγαθῶν ἐνδιέβαλλον με, ἐπεὶ κατεδίωκον ἀγαθωσύνην.

Those who render me evil for good slandered me, because I pursued goodness.

Μὴ ἐγκαταλίπῃς με, Κύριε ὁ Θεός μου, μὴ ἀποστῆς ἀπ' ἐμοῦ. Πρόσχευ εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας μου.

Do not forsake me, O Lord my God, do not depart from me. Be attentive to my help, O Lord of my salvation. (2)



## 3. Psalm 62 (63)

Ὁ Θεὸς ὁ Θεός μου, πρὸς σὲ ὀρθρίζω.

O God, my God, to You I rise early at dawn.

Ἐδίψησέ σε ἡ ψυχὴ μου, ποσαπλῶς σοι ἡ σάρξ μου, ἐν γῆ ἔρήμῳ καὶ ἀβάτῳ καὶ ἀνύδρῳ.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

Οὕτως ἐν τῷ ἁγίῳ ὤφθην σοι τοῦ ἰδεῖν τὴν δύναμίν σου καὶ τὴν δόξαν σου.

So I have appeared before You in the sanctuary to see Your power and Your glory.

Ὅτι κρεῖσσον τὸ ἔλεός σου ὑπὲρ ζωάς· τὰ χεῖλη μου ἐπαινέσουσί σε.

For Your mercy is better than lives; my lips shall praise You.

Οὕτως εὐλογήσω σε ἐν τῇ ζωῇ μου, καὶ ἐν τῷ ὀνόματί σου ἄρῶ τὰς χεῖράς μου.

So shall I bless You in my life, and I will lift up my hands in Your name.

Ὡς ἐκ στέατος καὶ πιότητος ἐμπλησθεῖη ἡ ψυχὴ μου, καὶ χεῖλη ἀγαλλιάσεως αἰνέσει τὸ στόμα μου.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

Εἰ ἐμνημόνευόν σου ἐπὶ τῆς στρωμνῆς μου, ἐν τοῖς ὀρθροῖς ἐμελέτων εἰς σέ·

If I remembered You on my bed, I meditated on You at the dawn.

ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερύγων σου ἀγαλλιάσομαι.

For You have become my Helper; I will rejoice in the shelter of Your wings.

Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.

My soul has cleaved after You, Your right hand has been quick to help me.

Αὐτοὶ δὲ εἰς μάτην ἐζήτησαν τὴν ψυχὴν μου, εἰσελεύσονται εἰς τὰ κατώτατα τῆς γῆς· παραδοθήσονται εἰς χεῖρας ρομφαίας, μερίδες ἀλωπέκων ἔσονται.

But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

Ὁ δὲ βασιλεὺς εὐφρανθήσεται ἐπὶ τῷ Θεῷ, ἐπαινεθήσεται πᾶς ὁ ὁμνῶν ἐν αὐτῷ, ὅτι ἐνεφράγη στόμα λαλούντων ἄδικα.

But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

Ἐν τοῖς ὄρθροισ ἐμελέτων εἰς σέ· ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπῃ τῶν πτερύγων σου ἀγαλλιάσομαι.

At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.

My soul has cleaved after You, Your right hand has been quick to help me.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός. (ἐκ γ')

Alleluia, alleluia, alleluia. Glory to You, O God.

Κύριε, ἐλέησον. (ἐκ γ')

Lord, have mercy. Lord, have mercy. Lord, have mercy.

## 4. Psalm 87 (88)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.  
Ἄμήν.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages  
of ages. Amen.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.  
O Lord, God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.  
Let my prayer come before You, bow down Your ear to my supplication.

Ὅτι ἐπλήσθη κακῶν ἡ ψυχή μου, καὶ ἡ ζωὴ μου τῷ ᾄδῃ ἤγγισε.  
For my soul is filled with evils, and my life has drawn near to Hades.

Προσελογίσθη μετὰ τῶν καταβαινόντων εἰς λάκκον, ἐγενήθη ὡσεὶ ἄνθρωπος ἀβοήθητος, ἐν  
νεκροῖς ἐλεύθερος,  
I am counted with those who go down into the pit; I have become as a man without help,  
free among the dead.

ὡσεὶ τραυματῖαι καθεύδοντες ἐν τάφῳ, ὧν οὐκ ἐμνήσθης ἔτι, καὶ αὐτοὶ ἐκ τῆς χειρὸς σου  
ἀπώσθησαν.  
I am like the bodies of the slain that sleep in the grave, Whom You remember no more,  
and who are cut off from Your hand.

Ἔθεντό με ἐν λάκκῳ κατωτάτῳ, ἐν σκοτεινοῖς καὶ ἐν σκιᾷ θανάτου.  
They laid me in the lowest pit, in darkness and the shadow of death.

Ἐπ' ἐμέ ἐπεστηρίχθη ὁ θυμὸς σου, καὶ πάντας τοὺς μετεωρισμούς σου ἐπήγαγες ἐπ' ἐμέ.  
Your anger lies heavily on me, and You have afflicted me with all Your waves.

Ἐμάκρυνας τοὺς γνωστούς μου ἀπ' ἐμοῦ, ἔθεντό με βδέλυγμα ἑαυτοῖς,

You have removed my friends far from me; they have made me an abomination to themselves.

Οἱ ὀφθαλμοί μου ἡσθένησαν ἀπὸ πτωχείας· παρεδόθην καὶ οὐκ ἐξεπορευόμην.

I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

ἐκέκραξα πρὸς σέ, Κύριε, ὅλην τὴν ἡμέραν, διεπέτασα πρὸς σέ τὰς χεῖράς μου.

I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

Μὴ τοῖς νεκροῖς ποιήσεις θαυμάσια; ἢ ἱατροὶ ἀναστήσουσι καὶ ἐξομολογήσονται σοι;

No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

Μὴ διηγῆσεται τις ἐν τῷ τάφῳ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου ἐν τῇ ἀπωλείᾳ;

No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

Μὴ γνωσθήσεται ἐν τῷ σκότει τὰ θαυμάσιά σου καὶ ἡ δικαιοσύνη σου ἐν γῆ ἐπιλησμένη;

No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

Κἀγὼ πρὸς σέ, Κύριε, ἐκέκραξα, καὶ τὸ πρωὶ ἡ προσευχή μου προφθάσει σε.

But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

Ἵνα τί, Κύριε, ἀπωθεῖς τὴν ψυχὴν μου, ἀποστρέφεις τὸ πρόσωπόν σου ἀπ' ἐμοῦ;

O Lord, why do You therefore cast off my soul and turn Your face away from me?

Πτωχός εἰμι ἐγὼ καὶ ἐν κόποις ἐκ νεότητός μου, ὑψωθεὶς δὲ ἐταπεινώθην καὶ ἐξηπορήθην.

I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Ἐπ' ἐμὲ διῆλθον αἱ ὀργαί σου, οἱ φοβερισμοί σου ἐξετάραζάν με,

Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

ἐκύκλωσάν με ὡσεὶ ὕδωρ ὅλην τὴν ἡμέραν, περιέσχον με ἅμα.

They came around me all day long like water, they engulfed me altogether.

Ἐμάκρυνας ἀπ' ἐμοῦ φίλον καὶ πλησίον, καὶ τοὺς γνωστούς μου ἀπὸ ταλαιπωρίας.

Because of my misery You have removed friend and neighbor and my acquaintances far from me.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.

O Lord God of my salvation, I have cried by day and by night before You.

Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου, κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.

Let my prayer come before You, bow down Your ear to my supplication!

#### 5. *Psalm 102 (103)*

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καί, πάντα τὰ ἐντός μου, τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Bless the Lord, O my soul; and all that is within me, bless His holy name.

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καὶ μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις αὐτοῦ.

Bless the Lord, O my soul, and do not forget all that He has done for you.

Τὸν εὐιλατεύοντα πάσας τὰς ἀνομίας σου, τὸν ἰώμενον πάσας τὰς νόσους σου.

Who is gracious to all your iniquities, Who heals all your infirmities.

Τὸν λυτρούμενον ἐκ φθορᾶς τὴν ζωὴν σου, τὸν στεφανοῦντά σε ἐν ἐλέει καὶ οἰκτιρμοῖς.

Who redeems your life from corruption, Who crowns you with mercy and compassion.

Τὸν ἐμπιπλῶντα ἐν ἀγαθοῖς τὴν ἐπιθυμίαν σου, ἀνακαινισθήσεται ὡς ἀετοῦ ἡ νεότης σου.  
Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

Ποιῶν ἐλεημοσύνας ὁ Κύριος καὶ κρίμα πᾶσι τοῖς ἀδικουμένοις.  
The Lord does deeds of mercy, and executes judgment for all those who are wronged.

Ἐγνώρισε τὰς ὁδοὺς αὐτοῦ τῷ Μωϋσῆ, τοῖς υἱοῖς Ἰσραὴλ τὰ θελήματα αὐτοῦ.  
He has made His ways known to Moses, the things that He has willed to the sons of Israel.

Οἰκτίρων καὶ ἐλεήμων ὁ Κύριος, μακρόθυμος καὶ πολυέλεος· οὐκ εἰς τέλος ὀργισθήσεται,  
οὐδὲ εἰς τὸν αἰῶνα μηνιεῖ.

The Lord is compassionate and merciful, long-suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

Οὐ κατὰ τὰς ἀνομίας ἡμῶν ἐποίησεν ἡμῖν, οὐδὲ κατὰ τὰς ἀμαρτίας ἡμῶν ἀνταπέδωκεν ἡμῖν,  
He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

ὅτι κατὰ τὸ ὕψος τοῦ οὐρανοῦ ἀπὸ τῆς γῆς ἐκραταίωσε Κύριος τὸ ἔλεος αὐτοῦ ἐπὶ τοὺς  
φοβουμένους αὐτόν.

For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

Καθ' ὅσον ἀπέχουσιν ἀνατολαὶ ἀπὸ δυσμῶν, ἐμάκρυνεν ἀφ' ἡμῶν τὰς ἀνομίας ἡμῶν.  
As far as the east is from the west, so far has He removed our iniquities from us.

Καθὼς οἰκτίζει πατὴρ υἱούς, ὠκτίρησε Κύριος τοὺς φοβουμένους αὐτόν, ὅτι αὐτὸς ἔγνω τὸ  
πλάσμα ἡμῶν, ἐμνήσθη ὅτι χοῦς ἐσμεν.

Like a father has compassion on his sons, so has the Lord had compassion on those who fear Him; for He knows of what we are made, He has remembered that we are dust.

Ἄνθρωπος, ὡσεὶ χόρτος αἱ ἡμέραι αὐτοῦ· ὡσεὶ ἄνθος τοῦ ἀγροῦ, οὕτως ἐξανθήσει.

As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

Ὅτι πνεῦμα διήλθεν ἐν αὐτῷ, καὶ οὐχ ὑπάρξει, καὶ οὐκ ἐπιγνώσεται ἔτι τὸν τόπον αὐτοῦ.

For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

Τὸ δὲ ἔλεος τοῦ Κυρίου ἀπὸ τοῦ αἰῶνος καὶ ἕως τοῦ αἰῶνος ἐπὶ τοὺς φοβουμένους αὐτόν,

But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

καὶ ἡ δικαιοσύνη αὐτοῦ ἐπὶ υἱοῖς υἱῶν, τοῖς φυλάσσουσι τὴν διαθήκην αὐτοῦ καὶ μεμνημένοις τῶν ἐντολῶν αὐτοῦ τοῦ ποιῆσαι αὐτάς.

And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

Κύριος ἐν τῷ οὐρανῷ ἠτοίμασε τὸν θρόνον αὐτοῦ, καὶ ἡ βασιλεία αὐτοῦ πάντων δεσπόζει.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Εὐλογεῖτε τὸν Κύριον, πάντες οἱ Ἄγγελοι αὐτοῦ, δυνατοὶ ἰσχυροῦ, ποιοῦντες τὸν λόγον αὐτοῦ, τοῦ ἀκοῦσαι τῆς φωνῆς τῶν λόγων αὐτοῦ.

Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Εὐλογεῖτε τὸν Κύριον, πᾶσαι αἱ Δυνάμεις αὐτοῦ, λειτουργοὶ αὐτοῦ, ποιοῦντες τὸ θέλημα αὐτοῦ.

Bless the Lord, O all you His hosts, His ministers that do His will.

Εὐλογεῖτε τὸν Κύριον, πάντα τὰ ἔργα αὐτοῦ, ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul. (2)

Ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

In every place of His dominion; bless the Lord, my soul.

6. Psalm 142 (143)

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῇ ἀληθείᾳ σου, εἰσάκουσόν μου ἐν τῇ δικαιοσύνῃ σου.

O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου, ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν.

And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχὴν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωὴν μου,

For the enemy has persecuted my soul; he has humbled my life down to the earth.

ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ ἠκηδίασεν ἐπ' ἐμὲ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδιά μου.

He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων.

I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

Διεπέτασα πρὸς σὲ τὰς χεῖράς μου· ἡ ψυχὴ μου ὡς γῆ ἄνυδρός σοι.

I stretched forth my hands to You; my soul thirsts after You like a waterless land.

Ταχὺ εἰσάκουσόν μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου.

Quickly hear me, O Lord; my spirit has fainted away.



Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθῆσομαι τοῖς καταβαίνουσιν εἰς λάκκον.  
Do not turn Your face from me, lest I be like those who go down into the pit.

Ἄκουστών ποιήσόν μοι τὸ πρωὶ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἤλπισα.  
Cause me to hear Your mercy in the morning; for I have put my hope in You.

Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ἣ πορεύσομαι, ὅτι πρὸς σὲ ἤρα τὴν ψυχὴν μου.  
Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Ἐξελοῦ με ἐκ τῶν ἐχθρῶν μου, Κύριε· πρὸς σὲ κατέφυγον.  
Rescue me from my enemies, O Lord; I have fled to You for refuge.

Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.  
Teach me to do Your will, for You are my God.

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθείᾳ· ἕνεκεν τοῦ ὀνόματός σου, Κύριε,  
Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

Ζήσεις με, ἐν τῇ δικαιοσύνῃ σου ἐξάξεις ἐκ θλίψεως τὴν ψυχὴν μου· καὶ ἐν τῷ ἐλέει σου  
ἐξολοθρεύσεις τοὺς ἐχθρούς μου  
In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

καὶ ἀπολεῖς πάντας τοὺς θλίβοντας τὴν ψυχὴν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.  
And You shall cut off all those who afflict my soul, for I am Your servant.

Εἰσάκουσόν μου, Κύριε, ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου.

Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(2)

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθείᾳ.

Let Your good spirit lead me on a level path!

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.  
Ἄμην.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and to the ages of ages. Amen.

Ἄλληλούϊα. Ἄλληλούϊα. Ἄλληλούϊα. Δόξα σοι, ὁ Θεός.

Alleluia, alleluia, alleluia. Glory to You, O God.

Ἄλληλούϊα. Ἄλληλούϊα. Ἄλληλούϊα. Δόξα σοι, ὁ Θεός.

Alleluia, alleluia, alleluia. Glory to You, O God.

## ΧΟΡΟΣ

## CHOIR

Ἄλληλούϊα. Ἄλληλούϊα. Ἄλληλούϊα. Δόξα σοι, ὁ Θεός.

(*intoned*) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

## D. Great Synapte (Litany of Peace)

ΔΙΑΚΟΝΟΣ

DEACON

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

In peace let us pray to the Lord.

ΧΟΡΟΣ

CHOIR

( Κύριε, ἐλέησον. )



ΔΙΑΚΟΝΟΣ

DEACON

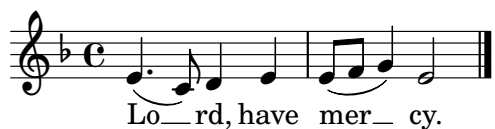
Ἵπὲρ τῆς ἀνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου δεηθῶμεν.

For the peace from above and for the salvation of our souls, let us pray to the Lord.

ΧΟΡΟΣ

CHOIR

( Κύριε, ἐλέησον. )



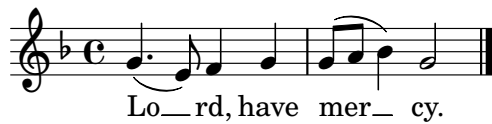
**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως, τοῦ Κυρίου δεηθῶμεν.

For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )



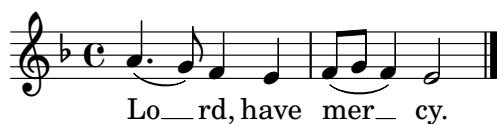
**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τῶν εὐσεβῶν καὶ Ὀρθοδόξων Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

For pious and Orthodox Christians, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

For our Archbishop Gerasimos, the honorable presbyterate, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )



**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.  
 For the president of our country, for all civil authorities, and for our armed forces on land,  
 at sea, and in the air, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

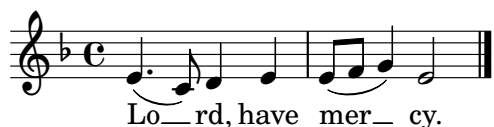
( Κύριε, ἐλέησον. )

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τῆς πόλεως ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου  
 δεηθῶμεν.  
 For this city, for every city and land, and for the faithful who dwell in them, let us pray to  
 the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )



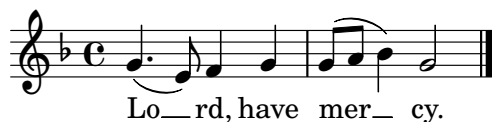
**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ πλεόντων, ὁδοιπορούντων, νοσοῦντων, καμνόντων, αἰχμαλώτων καὶ τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )



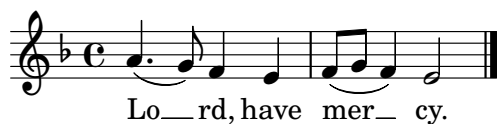
**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, καὶ ἀπὸ τοῦ ἀπειλοῦντος ἡμᾶς λοιμοῦ τοῦ κορονοϊοῦ, τοῦ Κυρίου δεηθῶμεν.

For our deliverance from all tribulation, wrath, danger, necessity, and from the peril of the coronavirus against us, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )

**ΔΙΑΚΟΝΟΣ****DEACON**

Ἵπὲρ τῶν ἀδελφῶν ἡμῶν τῶν κατὰ τῆς νόσου τοῦ κορονοϊοῦ ἀγωνιζομένων, ἰατρῶν, νοσηλευτῶν καὶ ἐπιστημόνων, τοῦ Κυρίου δεηθῶμεν.

For our brethren, those who lead the fight against the coronavirus, the doctors, the medical workers, and the scientists, let us pray to the Lord.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )





**ΔΙΑΚΟΝΟΣ****DEACON**

Ἄντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

**ΧΟΡΟΣ****CHOIR**

( Κύριε, ἐλέησον. )

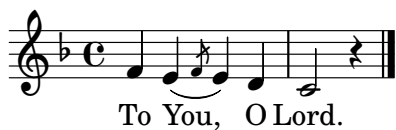
**ΔΙΑΚΟΝΟΣ****DEACON**

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Commemorating our all-holy, pure, most-blessed, and glorious Lady, the Theotokos and ever-Virgin Mary, with all the saints, let us commit ourselves and one another and all our life to Christ our God.

**ΧΟΡΟΣ****CHOIR**

( Σοί, Κύριε. )



**ΙΕΡΕΥΣ**

**PRIEST**

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For to You belong all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

**ΧΟΡΟΣ**

**CHOIR**

( Ἀμήν. )



A - men

## Part III

# MORNING VIGIL

### 3. GOD IS THE LORD

—

MATINS

XOPOΣ

—

**CHOIR**

Ἦχος δ΄.

—

**Matins. Mode 4.  $Vu=E$ .**Soft Chromatic **E**

*Verse:* Give thanks to the Lord and call upon His holy name.

*Verse:* All the nations surrounded me, but in the name of the Lord  
I defended myself against them.

*Verse:* This came about from the Lord, and it is wonderful in our eyes.

**A. Apolytikion**

Ἦχος δ΄.

—

—

## Apolytikion. Mode 4. Di=G.

Soft Chromatic

<sup>8</sup> Be - com - ing a part - ner with the A - pos - tles in way of

<sup>8</sup> life and suc - ces - sor to their thrones, O God - in - spired Saint, in the

<sup>8</sup> ac - tive life you found an en - trance to con - tem - pla - tion.

<sup>8</sup> Hence you right - ly ex - pound - ed the word of truth, and you

<sup>8</sup> shed your blood in strug - gling for the faith, O Hie - ro - mar - tyr Pho -

<sup>8</sup> cas. In - ter - cede with Christ our God, be - seech - ing Him to save our

<sup>8</sup> souls.

Both now. **Theotokion. Mode 4. Vu=E.**

Soft Chromatic E G E

8 O The - o - to - kos, thru you be - came man - i - fest to

8 us on earth the mys - ter - y, which was hid from e - ter - ni - ty, and

8 which the An - gels them - selves knew not: that God, u - nit - ing na - tures with -

8 out con - fu - sion, be - comes a man and ac - cepts cru - ci - fix - ion for

8 our sal - va - tion vol - un - tar - i - ly. By vir - tue of this, res - ur - rect - ing

8 man whom He had first cre - at - ed, He saved our souls from death.

Final Ending E F G

8 He saved our souls from death.

DEACON

**B. The Little Litany – For all the powers...**

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

—

Again and again, in peace, let us pray to the Lord.

( Κύριε, ἐλέησον. )

—

**CHOIR**

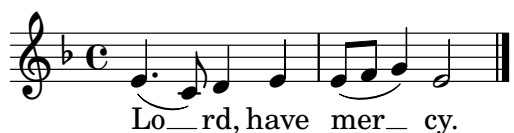
Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

—

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

( Κύριε, ἐλέησον. )

—

**CHOIR**

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παρανώμεθα.

—

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( Σοί, Κύριε. )

—

**CHOIR**



**PRIEST**

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

**CHOIR****ΧΟΡΟΣ****CHOIR**

Κάθισμα Α΄.

**4. THE KATHISMATA****A. Kathisma I**

Τῆς Ὀκτωήχου - - -

From Octoechos - - -

Μαρτυρικά.

—  
For the Martyrs.

Ἦχος δ'. Ταχὺ προκατάλαβε.

—  
—

Σταυρωὶ ὀπλισάμενοι, οἱ Ἀθλοφόροι σου, ἐνίκησαν τὰ μηχανήματα, τοῦ ἀρχεκάκου ἐχθροῦ, Χριστέ ὁ Θεὸς ἡμῶν, ἔλαμψαν ὡς φωστῆρες, τοὺς βροτοὺς ὀδηγοῦντες, νέμουσι τὰς ἰάσεις, τοῖς ἐν πίστει αἰτοῦσιν. Αὐτῶν ταῖς ἰκεσίαις, σῶσον τὰς ψυχὰς ἡμῶν.

—

Your prize-winning martyr Saints, equipped and armed with the cross, \* defeated the machinations of the arch-evil foe \* of mankind, O Christ our God. \* Shining like stars in heaven, \* they are guides for us mortals. \* To those who with faith request them, they dispense cures and healings. \* Through their intercessions we pray You to save our souls. [SD]

Στίχ. Θαυμαστός ὁ Θεὸς ἐν τοῖς ἁγίοις αὐτοῦ.

—

Verse: God is wondrous in His saints. [SAAS]

—

Τῶν ἐν ὄλῳ τῷ κόσμῳ Μαρτύρων σου, ὡς πορφύραν καὶ βύσσον τὰ αἵματα, ἡ Ἐκκλησία σου στολισαμένη, δι' αὐτῶν βοᾷ σοι· Χριστέ ὁ Θεός, τῷ λαῷ σου τοὺς οἰκτιρμούς σου κατάπεμψον, εἰρήνην τῇ πολιτείᾳ σου δώρησαι, καὶ ταῖς ψυχαῖς ἡμῶν τὸ μέγα ἔλεος.

—

Your Church is arrayed in the holy blood of Your Martyrs who witnessed throughout the world, as though in purple and fine linen. Through them she cries to You, Christ our God, "Send down to Your people Your tender love, grant peace from above to Your commonwealth, and to our souls Your great mercy." [SD]

Στίχ. Τοῖς ἁγίοις τοῖς ἐν τῇ γῆ αὐτοῦ ἐθαυμάστωσεν ὁ Κύριος.

—

Verse: To the saints on His earth, in them He magnified all His will. [SAAS]

Ἦχος δ'. Ταχὺ προκατάλαβε.

—  
—

Οἱ Μάρτυρές σου Κύριε, ἐν τῇ ἀθλήσει αὐτῶν, στεφάνους ἐχομίσαντο τῆς ἀφθαρσίας, ἐκ σοῦ

τοῦ Θεοῦ ἡμῶν· σχόντες γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθεῖλον, ἔθραυσαν καὶ δαιμόνων,  
τὰ ἀνίσχυρα θράση. Αὐτῶν ταῖς ἰκεσίαις, Χριστέ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.

Your Martyrs, O Lord, were worthily awarded by You \* the crowns of incorruption, in that  
they contested for You our immortal God. \* Since they possessed Your power, they defeated  
the tyrants, \* dashing the demons' powerless displays of defiance. \* O Christ God, at their  
fervent entreaties, save our souls. [SD]

Δόξα· καὶ νῦν. Θεοτοκίον.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages  
of ages.

Τὸ ἀπ' αἰῶνος ἀπόκρυφον, καὶ Ἄγγέλους ἄγνωστον μυστήριον, διὰ σοῦ Θεοτόκε τοῖς ἐπὶ  
γῆς πεφανέρωται· Θεὸς ἐν ἀσυγχύτῳ ἐνώσει σαρκούμενος, καὶ Σταυρὸν ἐκουσίως ὑπὲρ ἡμῶν  
καταδεξάμενος· δι' οὗ ἀναστήσας τὸν πρωτόπλαστον, ἔσωσεν ἐκ θανάτου τὰς ψυχὰς ἡμῶν.

O Theotokos, through you became manifest to us on earth the mystery, which was hid from  
eternity, and which the Angels themselves knew not: that God, uniting natures without  
confusion, becomes a man and accepts crucifixion for our salvation voluntarily. By virtue of  
this, resurrecting man whom He had first created, He saved our souls from death. [SD]

Ἀναγινώσεται τὸ οἰκεῖον Κάθισμα τοῦ Ψαλτηρίου, ἧτοι Κάθισμα 17. Καὶ εὐθύς, ἄνευ μικρᾶς  
Συναπτῆς·

The appointed Kathisma of the Psalter may be read, i.e. Kathisma 17. There is no litany,  
but immediately the following:

ΧΟΡΟΣ

**CHOIR**

Τῆς Ὀκτωήχου - - -

From Octoechos - - -

Κάθισμα Β΄.

—

## B. Kathisma II

Μαρτυρικόν.

—

For the Martyrs.

Ἦχος δ΄.

—

—

Σήμερον τὰ τῶν Ἀγγέλων στρατεύματα, ἐν τῇ μνήμῃ τῶν Ἀθλοφόρων παραγέγονε, τὰς τῶν πιστῶν διανοίας φωτίσαι, καὶ τὴν οἰκουμένην τῇ χάριτι φαιδρύναι· δι’ αὐτῶν ὁ Θεὸς δυσωπούμενος, δώρησαι ἡμῖν τὸ μέγα ἔλεος.

—

The hosts of the Angels are in attendance today, for the observance of the memory of the prize-winning martyrs, to illumine the minds of the faithful, and to brighten the civilized world with grace. O God, be importuned by them, and grant us Your great mercy. [SD]

Στίχ. Μακάριοι οὓς ἐξελέξω καὶ προσελάβου, Κύριε.

—

Verse: Blessed are they whom You have chosen and received, O Lord. [SAAS]

Νεκρώσιμα.

—

For the Dead.

Ἦχος δ΄. Ταχὺ προκατάλαβε.

—

—

Ψυχὰς ἃς μετέστησας, ἐκ τῶν προσκαίρων πρὸς σέ, ἀνάπαυσον Κύριε, ὡς Παντοδύναμος, καὶ μόνος ἀθάνατος, ἄνες ἄφες οἰκτίρμον, τὰ αὐτοῖς πεπραγμένα, ἐλέησον ἐλεῆμον, τῶν χειρῶν σου τὰ ἔργα, πρεσβεΐαις τῆς Θεοτόκου, μόνε φιλόνηρωπε.

—

Give rest to the souls of those whom You translated, O Lord, \* from temporal things to be with You the almighty God \* and only immortal One. \* Pardon them and forgive them \* of their every transgression; \* O merciful One, have mercy on the works of Your divine hands, \* at the intercession of the Theotokos, only Friend of man. [SD]

Στίχ. Αἱ ψυχαὶ αὐτῶν ἐν ἀγαθοῖς ἀυλισθήσονται.

—

Verse: Their souls shall dwell among good things. [SAAS]

Ἦχος δ'. Ταχὺ προκατάλαβε.

—

—

Τοῦ βίου τὸ πρόσκαιρον, διαπεράσαντες, μετέστησαν Κύριε, πρὸς σὲ τὸν εὐσπλαγχνον, πιστῶς οἱ βιώσαντες, οὓς περ ἐπὶ τὸν τόπον, τῆς ἀνέσεως τάξον, στῆσον ἐκ δεξιῶν σου, ἐν ἡμέρᾳ τῆς δίκης, τὰ τούτοις ἡμαρτημένα, παραβλεψάμενος.

—

Those who lived in faith have passed through this temporal life, / and gone to you, the compassionate Lord. Set them in a place on high; / put them at your right hand on the day of judgment, // passing over the wrong they have done. [OCA]

Δόξα· καὶ νῦν. Θεοτοκίον.

—

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages.

Ἦχος δ'. Ταχὺ προκατάλαβε.

—

—

Πιστῶν ἰλαστήριον, σὺ ἀνεδείχθης Ἄγνη, κοινὸν καταφύγιον, καὶ μεσιτεία θερμή, Παρθένε Θεόνυμφε· ὄθεν καὶ τῶν ἐν πίστει, πρὸς Θεὸν μεταστάντων, φάνηθι νῦν μεσίτις, καὶ σωτήριος πύλη, πρὸς πλάτος τοῦ Παραδείσου, τούτους εἰσάγουσα.

—

O pure Virgin Bride of God: / you have been revealed as the mercy seat of the faithful, / their common refuge and ardent mediator. / Therefore, become now an intercessor for those who depart to God in faith. // be a gateway of salvation for them, leading to the

wide spaces of Paradise. [OCA]

ΑΝΑΓΝΩΣΤΗΣ

—

## Part IV

# MORNING PRAISE

## 5. PSALM 50 (51)

Ψαλμὸς Ν' (50).

Psalm 50 (51).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε. Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα. Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλῃς ἀπ' ἐμοῦ. Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἠγεμονικῶ στήριζόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὀλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop, and I will be cleansed;

You shall wash me, and I will be made whiter than snow. You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice. Turn Your face from my sins, and blot out all my transgressions. Create in me a clean heart, O God, and renew a right spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit. I will teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth will declare Your praise. For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings. A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise. Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built; then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings; then shall they offer young bulls on Your altar. [SAAS]

Κοντάκιον τῆς Ἡμέρας. Τῶν Μαρτύρων.

—

Kontakion for the Day. For the Martyrs.

Τοῦ Ὡρολογίου - - -

—

From Horologion - - -

Ἦχος πλ. δ'. Αὐτόμελον.

—

Ὡς ἀπαρχὰς τῆς φύσεως, τῷ φυτουργῷ τῆς κτίσεως, ἡ οἰκουμένη προσφέρει σοι Κύριε, τοὺς θεοφόρους Μάρτυρας· ταῖς αὐτῶν ἰκεσίαις, ἐν εἰρήνῃ βαθεῖα, τὴν Ἐκκλησίαν σου, διὰ τῆς Θεοτόκου συντήρησον, πολυέλεε.

—

O Planter of creation, Lord, to You does the entire world bring as an offering the God-bearing martyr Saints, as being nature's first fruits. At their earnest entreaties, keep Your Church in a state of profoundest peace, through the Theotokos, O Lord abundantly merciful.

[SD]

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

—

It is appropriate to stand for the reading of the Synaxarion.



**A. Synaxarion**

Συναξάριον

—

Synaxarion

Τοῦ Μηναίου.

—

From the Menaion.

Τῇ ΚΓ' τοῦ αὐτοῦ μηνός, Μνήμη τοῦ Ἁγίου Ἱερομάρτυρος Φωκᾶ.

—

On July 23, we commemorate the holy Hieromartyr Phocas.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τοῦ Ἁγίου Προφήτου, Ἰεζεκιήλ.

—

On this day we also commemorate the holy Prophet Ezekiel.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῶν Ἁγίων Ἱερομαρτύρων Ἀπολιναρίου καὶ Βιταλίου, Ἐπισκόπων Ῥαβέννης· καὶ Ἀπολλωνίου Ῥώμης· καὶ τῶν ἐν Καρχηδόνι ἑπτὰ Μαρτύρων· καὶ Ἀνάμνησις τῶν ἐν Βουλγαρίᾳ τελειωθέντων χριστιανῶν, ἐπὶ Νικηφόρου τοῦ βασιλέως.

—

On this day we also commemorate the holy Hieromartyrs Apollinaris and Vitalis, Bishops of Ravenna; and Apollonius of Rome; and the seven Martyrs in Carthage. We also remember the Christians who were executed in Bulgaria during the reign of Emperor Nicephorus.

Μνήμη τῆς Ὁσίας Ἄννης, τῆς ἐν τῷ Λευκατίῳ (ἢ ἐν τῷ Λευκάτῃ).

—

We commemorate devout Anne of Leucadius.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῆς Ὁσίας Μητρὸς ἡμῶν Πελαγίας τῆς ἐν Τήνῳ.

—

On this day we also commemorate our devout Mother Pelagia of Tinos

—

By their holy intercessions, O God, have mercy on us. Amen.

ΧΟΡΟΣ

—

**CHOIR**

Ὡδὴ η΄. Ὁ Εἰρμός. Ἦχος δ΄.

—

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

—

We praise and we bless and we worship the Lord.

Χεῖρας ἐκπετάσας Δανιήλ, λεόντων χάσματα, ἐν λάκκῳ ἔφραξε· πυρὸς δὲ δύναμιν ἔσβεσαν, ἀρετὴν περιζωσάμενοι, οἱ εὐσεβείας ἔρασταί, παῖδες κραυγάζοντες· Εὐλογεῖτε, πάντα τὰ ἔργα Κυρίου τὸν Κύριον.

—

Daniel shut the lions' gaping mouths inside the den of old, by stretching out his hands. \* The three young men overcame the force \* of the furnace fire, having girt \* themselves in virtue, for they loved \* godliness, and were together singing, \* "Bless the Lord and praise Him, all you works of the Lord." [SD]

Ὁ λαὸς ἴσταται διὰ τὴν Θ΄ Ὡδὴν.

—

It is appropriate to stand for the singing of Ode ix.

—

### DEACON

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

—

Let us honor and magnify in song the Theotokos and the Mother of the light.

ΧΟΡΟΣ

—

### CHOIR

Ὡδὴ θ΄.

—

Ode ix.

## 6. MAGNIFICAT AND 9TH ODE

Μεγαλυνάριον. Ἦχος δ΄.

—

**The Magnificat. Mode 4.  $Vu=E$ .**

Diatonic E

<sup>8</sup> My soul magnifies the Lord, and my spir-it has re-joiced in God my

E C

<sup>8</sup> Sav-ior. Great-er in hon-or than the Che-ru-bim, and in glo-ry

D E

<sup>8</sup> great-er be-yond com-pare than the Se-ra-phim, you with-out cor-

<sup>8</sup> rup-tion gave birth to God the Word and are tru-ly The-o-

<sup>8</sup> -to-kos. You do we mag-ni-fy.

## Verse 2

8 For He has regarded the lowly state of His maidservant; for be - hold, hence-  
E

8 forth all gen-er - a - tions will call me bless - ed. Great - er in  
E

8 hon-or than the Che-ru-bim, and in glo-ry great - er be - yond com-  
C D

8 pare than the Se-ra-phem, you with-out cor - rup - tion gave birth to  
E

8 God the Word and are tru - ly The-o - to - kos. You do we

8 mag - ni - fy.

## Verse 3

8 For He who is mighty has done great things for me, and ho - ly is His  
E

8 name. And His mercy is on those who fear Him from gen-er - a - tion to  
E

8 gen-er - a - tion. Great - er in hon-or than the Che-ru-bim,  
C D E

8 and in glo-ry great - er be - yond com - pare than the Se-ra-phem,

8 you with-out cor - rup - tion gave birth to God the Word and are

8 tru - ly The-o - to - kos. You do we mag-ni - fy.

## Verse 4

8 He has shown strength with His arm; He has scattered the proud in the im-

8 a - gi - na - tion of their hearts. Great - er in hon - or than the Che - ru - bim,

8 and in glo - ry great - er be - yond com - pare than the Se - ra - phim,

8 you with - out cor - rup - tion gave birth to God the Word and are

8 tru - ly The - o - to - kos. You do we mag - ni - fy.

## Verse 5

8 He put down the mighty from their thrones, and exalted the lowly;

8 He has filled the hungry with good things, and the rich He sent a - way

8 emp - ty. Great - er in hon-or than the Che-ru-bim, and in glo-ry

8 great - er be - yond com - pare than the Se-ra-phim, you with-out cor-

8 rup - tion gave birth to God the Word and are tru - ly The - o-

8 to - kos. You do we mag - ni - fy.

## Verse 6

8 He has helped His servant Israel, in remembrance of His mercy,

8 as He spoke to our fathers, to A-bra-ham and his seed for - ev - er.

E C D

8 Great - er in hon-or than the Che-ru-bim, and in glo-ry great - er be-

E

8 - yond com - pare than the Se-ra-phem, you with-out cor - rup - tion gave

8 birth to God the Word and are tru-ly The-o - to - kos. You do we

8 mag-ni - fy.

Ὁ Εἰρμός. Ἦχος δ'.



Λίθος ἀχειρότμητος ὄρους, ἐξ ἀλαξεύτου σου Παρθένε, ἀχρογωνιαῖος ἐτμήθη, Χριστὸς συνάψας τὰς διεστῶσας φύσεις· διὸ ἐπαγαλλόμενοι σὲ Θεοτόκε μεγαλύνομεν.

A cornerstone was cut out without hands from a never-quarried mountain, \* which prefigured you, holy Virgin. \* The stone is Christ, who joined the disparate natures. \* As we rejoice because of this, O Theotokos, we magnify you. [SD]

Ἄξιόν ἐστιν ὡς ἀληθῶς μακαρίζειν σε τὴν Θεοτόκον, τὴν ἀειμακάριστον καὶ παναμώμητον καὶ μητέρα τοῦ Θεοῦ ἡμῶν. Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

It is truly right to bless you, Theotokos, ever blessed, most pure, and Mother of our God. Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

### PRIEST

#### A. The Little Litany – For all the powers...

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

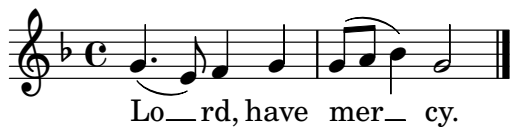
—

Again and again, in peace, let us pray to the Lord.

( Κύριε, ἐλέησον. )

—

### CHOIR



Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

—

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

( Κύριε, ἐλέησον. )

## CHOIR



Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( Σοί, Κύριε. )

## CHOIR



Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰῶνων.

For all the powers of heaven praise You, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

## CHOIR



ΧΟΡΟΣ

—

CHOIR

## 7. THE EXAPOSTEILARIA

Ἐξαποστειλάριον τῆς ἡμέρας.

—

Exaposteilarion of the Day.

Τῆς Ὀκτωήχου - - -

—

From Octoechos - - -

Ἦχος γ'. Ὁ οὐρανὸν τοῖς ἄστροις.

—

—

Ὁ ἐν Ἁγίοις μόνος, ἀναπαυόμενος Θεός, τῶν Προφητῶν, Ἀποστόλων, Ἱεραρχῶν, καὶ  
Μαρτύρων, καὶ τῶν Ὁσίων πρεσβείαις, τοὺς ἀνυμνοῦντάς σε σῶζε.

—

O only God who reposes \* in those alone who are holy, \* attend to the intercessions \* of  
Prophets, Apostles, Martyrs, \* and of the devout monastics, \* and save us all who extol  
You. [SD]

Νεκρώσιμον.

—

For the Dead.

Τῆς Ὀκτωήχου - - -

—

From Octoechos - - -

Ἦχος γ'. Ὁ οὐρανὸν τοῖς ἄστροις.

—

—

Exapostelarian I. Mode 3. *Ga=F.*

Enharmonic F D C

8 Hav-ing, as God, au-thor-i - ty o-ver the

8 liv - ing and the dead, give rest to Your ser-

8 - vants in the dwell-ings of the e - lect. O

8 Sav-ior, e - ven if they sinned, yet they did not de-

8 - part from You.

**Theotokion. Mode 3. Ga=F. Having embellished.**

Enharmonic

8 O sweet-ness of the An - gels, O joy of

8 those in af - flic - tion, and the pro - tec-tress of Chris-

8 - tians, O Vir-gin Moth - er of the Lord,

8 come to my aid and re - deem me from the e - ter - nal

8 tor - ments.

Translation and score by Fr. Seraphim Dedes, 2020

ΑΝΑΓΝΩΣΤΗΣ

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## 8. LAUDS — THE PSALMS OF PRAISE

### A. The Ainoi

Οἱ Αἴνοι. (διαβαστά)

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## 9. LAUDS

Ψαλμὸς ΡΜΗ' (148).

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### A. Psalm 148

Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτόν πάντα τὰ ἄστρα καὶ τὸ φῶς. Αἰνεῖτε αὐτόν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν. Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται. Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι· πῦρ, χάλαζα, χιῶν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ· τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι· τὰ θηρία καὶ πάντα τὰ κτήνη, ἕρπετὰ καὶ πετεινὰ πτερωτά· βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς· νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου· ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. Καὶ ὑψώσει κέρας λαοῦ αὐτοῦ· ὕμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἑγγίζοντι αὐτῷ.

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Praise the Lord from the heavens; praise Him in the highest. Praise Him, all you His angels; praise Him, all you His hosts. Praise Him, sun and moon; praise Him, all you stars and light. Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name, for He spoke, and they were made; He commanded, and they were

created. He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away. Praise the Lord from the earth, you dragons and all the deeps, Fire and hail, snow and ice, stormy wind, which perform His word, mountains and all the hills, fruitful trees and all cedars, wild animals and all cattle, creeping things and flying birds, kings of the earth and all peoples, princes and all judges of the earth, young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted; His thanksgiving is in earth and heaven. And He shall exalt the horn of His people, a hymn for all His saints, for the children of Israel, a people who draw near to Him. [SAAS] Ψαλμὸς PMΘ'(149).

### B. Psalm 149

Ἄσατε τῷ Κυρίῳ ᾠσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων. Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιᾶσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν. Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ, ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ. Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν. Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς, τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς, τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Sing to the Lord a new song, His praise in the assembly of His holy ones. Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King. Let them praise His name with dance; with tambourine and harp let them sing to Him; for the Lord is pleased with His people, and He shall exalt the gentle with salvation. The holy ones shall boast in glory, and they shall greatly rejoice on their beds; the high praise of God shall be in their mouth and a two-edged sword in their hand, to deal retribution to the nations, reproving among the peoples, to shackle their kings with chains and their nobles with fetters of iron, to fulfill among them the written judgment: This glory have all His holy ones. [SAAS]

Ψαλμὸς PN' (150).

C. Psalm 150

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ· αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ. Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ· αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὄργάνῳ· αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Ἀλληλουῖα.

Praise God in His saints; praise Him in the firmament of His power; praise Him for His mighty acts; praise Him according to the abundance of His greatness. Praise Him with the sound of a trumpet; praise Him with the harp and lyre; praise Him with timbrel and dance; praise Him with strings and flute; praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. Alleluia. [SAAS]

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τῆς Δοξολογίας.

It is appropriate to stand for the reading of the Doxology.

10. DOXOLOGY

Δοξολογία (διαβαστά)

Doxology (read)

ΠΡΟΕΣΤΩΣ ἢ ΑΝΑΓΝΩΣΤΗΣ

Σοὶ δόξα πρέπει, Κύριε, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.



To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

ΑΝΑΓΝΩΣΤΗΣ

—

—

Amen.

—

Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; only-begotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

—

**PRIEST**

## 11. INTERCESSORY LITANY

Πληρώσωμεν τὴν ἑωθινὴν δέησιν ἡμῶν τῷ Κυρίῳ.

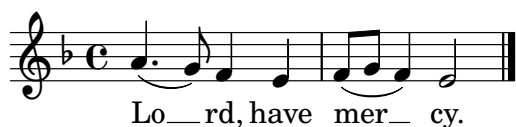
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Let us complete our morning prayer to the Lord.

( Κύριε, ἐλέησον. )

—

## CHOIR



Ἄντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

—

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

( Κύριε, ἐλέησον. )

—

## CHOIR



Τὴν ἡμέραν πᾶσαν τελείαν, ἁγίαν, εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ Κυρίου αἰτησώμεθα.

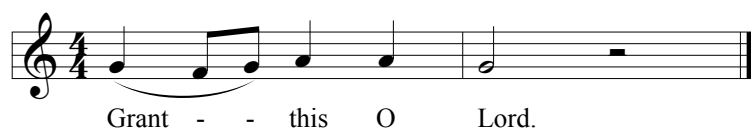
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That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

( Παράσχου, Κύριε. )

—

## CHOIR



Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

( Παράσχου, Κύριε. )

**CHOIR**



Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

For pardon and remission of our sins and transgressions, let us ask the Lord.

( Παράσχου, Κύριε. )

**CHOIR**

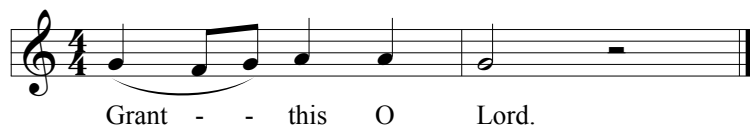


Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ Κυρίου αἰτησώμεθα.

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

( Παράσχου, Κύριε. )

**CHOIR**

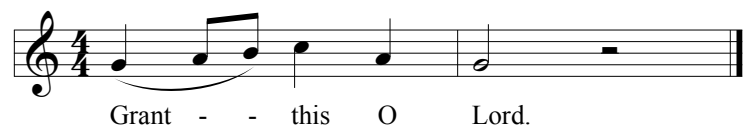


Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνῃ καὶ μετάνοιᾳ ἐκτελέσαι, παρὰ τοῦ Κυρίου αἰτησώμεθα.

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

( Παράσχου, Κύριε. )

### CHOIR

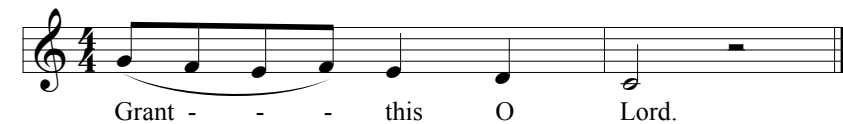


Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν, ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ βήματος τοῦ Χριστοῦ αἰτησώμεθα.

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

( Παράσχου, Κύριε. )

### CHOIR



Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παρατιώμεθα.

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( Σοί, Κύριε. )

**CHOIR**



Ὅτι Θεὸς ἐλέους, οἰκτιρῶν, καὶ φιλανθρωπίας ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

**CHOIR**



**PRIEST**

Εἰρήνη πᾶσι.

Peace be with all.

( Καὶ τῷ πνεύματί σου. )

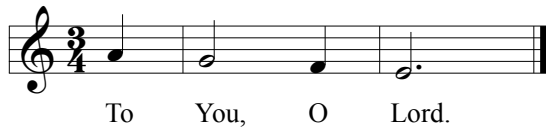
( And with your spirit. )

Τὰς κεφαλὰς ἡμῶν τῷ Κυρίῳ κλίνωμεν.

—  
Let us bow our heads to the Lord.

( Σοί, Κύριε. )

—  
**CHOIR**



—  
**PRIEST**

Κύριε, Ἅγιε, ὁ ἐν ὑψηλοῖς κατοικῶν καὶ τὰ ταπεινὰ ἐφορῶν, καὶ τῷ παντεφόρῳ σου ὄμματι ἐπιβλέπων ἐπὶ πᾶσαν τὴν κτίσιν, σοὶ ἐκλίναμεν τὸν αὐχένα τῆς ψυχῆς καὶ τοῦ σώματος, καὶ δεόμεθά σου Ἅγιε Ἁγίων· ἔκτεινον τὴν χεῖρά σου τὴν ἀόρατον ἐξ ἁγίου κατοικητηρίου σου, καὶ εὐλόγησον πάντας ἡμᾶς· καὶ εἴ τι ἡμάρτομεν ἐκουσίως ἢ ἀκουσίως, ὡς ἀγαθὸς καὶ φιλόανθρωπος Θεὸς συγχώρησον, δωρούμενος ἡμῖν τὰ ἐγκόσμια καὶ ὑπερκόσμια ἀγαθὰ σου.

—  
O Holy Lord, Who dwell on high and look upon the humble, and Who with Your all-seeing eye do behold all creation: to You have we bowed the neck of our soul and body, and we implore You, O Holy of Holies, stretch forth Your invisible hand from Your holy dwelling place and bless us all. And if in any way we have sinned, either willingly or unwillingly, pardon us, inasmuch as You are good, and You love mankind, granting us Your good things in this age and in the age to come.

—  
**PRIEST**

Σὸν γάρ ἐστι τὸ ἐλεεῖν καὶ σώζειν ἡμᾶς, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

—  
For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

## CHOIR



## ΧΟΡΟΣ

—

## CHOIR

## 12. APOSTICHA

Ἀπόστιχα τῆς Ὀκτωήχου.

—

Aposticha of the Octoechos.

Τῆς Ὀκτωήχου - - -

—

From Octoechos - - -

Ἦχος δ'. Ἐδωκας σημείωσιν.

—

—

Ὅντως φοβερώτατον, τὸ τοῦ θανάτου μυστήριον! Πῶς ψυχὴ ἐκ τοῦ σώματος, βιάως χωρίζεται, ἐκ τῆς ἁρμονίας, καὶ τῆς συμφυΐας ὁ φυσικώτατος δεσμός, θεῖω βουλήματι ἀποτέμενεται; Διό σε ἱκετεύομεν, τοὺς μεταστάντας ἀνάπαυσον, ἐν σκηναῖς τῶν δικαίων σου, ζωοδότα φιλόνηρωπε.

—

Frightening indeed, and quite so, is the mystery known as death, how a soul then is forcibly \* separated from its frame, parting from its body; \* severed is that union, which is most natural and innate, \* by Your divine will, O Lover of mankind. \* And therefore we entreat You grant to the departed eternal rest, \* where the saints and the righteous dwell, \* O our God and the Giver of life. [SD]

—

Στίχ. Μακάριοι οὓς ἐξελέξω καὶ προσελάβου, Κύριε.

—  
Verse: Blessed are they whom You have chosen and received, O Lord. [SAAS]

Ἔδωκας σημείωσιν.

—  
You have given.

Ἵπνος ἀναδέδεικται, τῶν πιστευόντων ὁ θάνατος, σοῦ τεθέντος ἐν μνήματι, τοῦ πάντων δεσπόζοντος, καὶ τὸ τοῦ θανάτου, κράτος λελυκότος, καὶ καταργήσαντος αὐτοῦ, τὴν δυναστείαν τὴν πολυχρόνιον. Διό σε ἱκετεύομεν, τοὺς μεταστάντας κατὰταξον, ἐν σκηναῖς τῶν ἁγίων σου, ἐν μοναῖς ἀκηράτοις σου.

—  
Death is shown to be but slumber for believers, O Savior Christ \* and the Lord of the universe, \* since You were laid in a tomb, \* and since You dismantled \* all of death's dominion \* and You abolished all its might \* that had prevailed over us for many years. \* And therefore we entreat You now that You will place those who pass away \* in the dwellings of all Your saints \* in Your mansions that perish not. [SD]

—  
Στίχ. Αἱ ψυχαὶ αὐτῶν ἐν ἀγαθοῖς ἀλισηθήσονται.

—  
Verse: Their souls shall dwell among good things. [SAAS]

Ἔδωκας σημείωσιν.

—  
You have given.

Σὺ δικαιοσύνη τε, ἁγιασμός ἡμῖν γέγονας, καὶ ψυχῶν ἀπολύτρωσις. Πατρὶ γὰρ προσήγαγες, δεδικαιωμένους, καὶ λελυτρωμένους, ἀναδεξάμενος ἡμῖν, τὸ ὀφειλόμενον ἐπιτίμιον. Καὶ νῦν ἐχδυσωποῦμέν σε, τοὺς μεταστάντας ἀνάπαυσον, ἐν χαρᾷ καὶ φαιδρότητι, εὐεργέτα Σωτῆρ ἡμῶν.

—  
You, O Lord, became for us sanctification and righteousness \* and redemption for all our souls. \* For You have presented us \* to the holy Father \* justified and ransomed, having accepted for our sake \* the price and penalty that was owed by us. \* We therefore now implore You to grant rest to those who have passed away \* in a place of bright joyousness, \* Benefactor and Savior Christ. [SD]



—  
 Στίχ. Καὶ τὸ μνημόσυνον αὐτῶν εἰς γενεὰν καὶ γενεάν.

—  
 Verse: And their memorial abides from generation to generation. [SAAS]

Ἔδωκας σημείωσιν.

—  
 You have given.

Γένος τὸ ἀνθρώπινον, πρὸς ἀφθαρσίαν ἀνώλεθρον, ἐκ φθορᾶς ἀνακέκληται, λουσάμενον αἵματι, τῷ ἐκ τῆς πλευρᾶς σου, Σῶτερ κενωθέντι, ἐν ᾧ ἀπέπλυνας ἡμᾶς, τῆς παραβάσεως τοῦ Προπάτορος. Διό σε ἱκετεύομεν, τοὺς μεταστάντας ἀνάπαυσον, ἐν σκηναῖς αἰωνίοις σου, ἐν χοροῖς τῶν Μαρτύρων σου.

—  
 Now the human race has been recalled from former corruption to \* incorruption with no decay, \* for it has been bathed and cleansed \* in the blood that poured out \* from Your side, O Savior; \* and in Your blood You washed away \* from us the sin of Adam our ancestor. \* And therefore we entreat You to grant rest to those who have passed away \* in eternal dwellings of Yours, \* with the hosts of Your martyr saints. [SD]

Δόξα· καὶ νῦν. Θεοτοκίον.

—  
 Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages.

Ἦχος δ΄. Ἔδωκας σημείωσιν.

—  
 Ἦρσεσιν ἐπόμενοι, τῶν θεηγόρων Πανάμωμε, Θεοτόκον φρονοῦμέν σε· Θεὸν γὰρ ἐγέννησας, σεσωματωμένον, ἀπερινοήτως, τὸν λυτρωσάμενον ἡμᾶς, δεδουλωμένους τοῖς παραπτώμασιν, ὄν καὶ νῦν ἐκδυσώπησον, τοὺς μεταστάντας οἰκέτας σου, ταῖς οἰκείαις ἐλλάμψεσι, καταυγάσαι Πανάχραντε.

—  
 Following the sayings of the God-inspired, all-blameless one, \* we consider you truly as \* the Mother of God, for you \* ineffably gave birth to \* God who took a body \* and then

redeemed and ransomed us \* who were in bonds and enslaved because of sins. \* We pray you, all-pure Lady, to implore you Son to illuminate \* all your servants who passed away \* with His own uncreated light. [SD]

—

**PRIEST**

### 13. IT IS GOOD TO CONFESS...

Ἄγαθὸν τὸ ἐξομολογεῖσθαι τῷ Κυρίῳ καὶ ψάλλειν τῷ ὀνόματί σου, Ὑψιστε· τοῦ ἀναγγέλλειν τῷ πρωῒ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου κατὰ νύκτα.

—

It is good to give thanks to the Lord and to sing to Your name, O Most High, to proclaim Your mercy in the morning and Your truth at night. [SAAS]

ΑΝΑΓΝΩΣΤΗΣ

—

### 14. TRISAGION PRAYERS

Τρισάγιον.

—

Trisagion Prayers.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

—

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

—

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἰλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῶν. Ἅγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

—

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Your name's sake.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

—

Lord, have mercy. Lord, have mercy. Lord, have mercy.

—

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ῥῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

—

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

—

### PRIEST

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

—

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

—

### CHOIR



A - men

### ΧΟΡΟΣ

—

### CHOIR

Ἀπολυτίκιον. Τοῦ Ἱερομάρτυρος.

—

**A. Apolytikion**

ᾠχος δ΄.

—

—

## Apolytikon. Mode 4. Di=G.

Soft Chromatic



Be - com - ing a part - ner with the A - pos - tles in way of  
 life and suc - ces - sor to their thrones, O God - in - spired Saint, in the  
 ac - tive life you found an en - trance to con - tem - pla - tion.  
 Hence you right - ly ex - pound - ed the word of truth, and you  
 shed your blood in strug - gling for the faith, O Hie - ro - mar - tyr Pho -  
 cas. In - ter - cede with Christ our God, be - seech - ing Him to save our  
 souls.

ᾠδὸς δ΄.

Σὲ μεγαλύνομεν Θεοτόκε βοῶντες· Χαῖρε ἀδύτου φωτὸς Νεφέλη, αὐτὸν βαστάσασα ἐν κόλποις, τῆς δόξης τὸν Κύριον.

We magnify you, O Theotokos, and cry out: You are the bush in which, without being burnt, Moses saw, as a flame, the fire of Divinity. [SD]

## PRIEST

### 15. THE APOLYSIS

#### A. Ektene

Σοφία.

—

Wisdom.

( Eὐλόγησον. )

—

( Father, bless! )

Blessed are You, Christ our God, always now and forever and to the ages of ages.

—

## CHOIR



A - men

## ΠΡΟΕΣΤΩΣ ἢ ΑΝΑΓΝΩΣΤΗΣ

—

Στερεώσαι, Κύριος ὁ Θεός, τὴν ἁγίαν καὶ ἀμώμητον πίστιν τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν σὺν τῇ ἁγίᾳ αὐτοῦ Μεγάλῃ Ἐκκλησίᾳ, τῇ ἱερᾷ ἡμῶν Ἀρχιεπισκοπῇ, [τῇ ἱερᾷ Μητροπόλει ταύτῃ] καὶ τῇ πόλει ταύτῃ εἰς αἰῶνας αἰώνων.

—

The Lord God make firm the holy and pure faith of the pious Orthodox Christians, together with the Holy Great Church of Christ, our holy Archdiocese, [this holy Metropolis,] and this city, to the ages of ages..

—

**CHOIR**



Εἶτα τό· "Δεῦτε προσκυνήσωμεν..." καὶ τὴν Πρώτην Ὡραν.

—

Then we begin the First Hour, saying: "Come let us worship..."

ἦ·

—

or:

**B. Dismissal**

—

Dismissal

—

**PRIEST**

Δόξα σοι, Χριστέ ὁ Θεὸς ἡμῶν, δόξα σοι.

—

Glory to You, O Christ our God. Glory to You.

Χριστὸς ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις τῆς παναχράντου καὶ παναμόμου ἀγίας αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων, ἰκεσίαις τοῦ τιμίου, ἐνδόξου, προφήτου, προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἀγίων ἐνδόξων καὶ πανευφήμεων Ἀποστόλων, τῶν ἀγίων ἐνδόξων καὶ καλλινίκων Μαρτύρων· τῶν ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἀγίων καὶ δικαίων θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ τοῦ Ἁγίου Ἱερομαρτυροῦ Φωκᾶ, οὗ καὶ τὴν μνήμην

ἐπιτελοῦμεν· καὶ πάντων τῶν ἁγίων, ἐλεῆσαι καὶ σῶσαι ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος καὶ ἐλεήμων Θεός.

—

May Christ our true God, through the intercessions of His all-pure and all-immaculate holy Mother, the power of the precious and life-giving Cross, the protection of the honorable, bodiless powers of heaven, the supplications of the honorable, glorious prophet and forerunner John the Baptist, of the holy, glorious, and praiseworthy apostles, of the holy, glorious, and triumphant martyrs, of our righteous and God-bearing fathers, (local patron saint); of the holy and righteous ancestors of God Joachim and Anna, of the holy hieromartyr Phocas, whose memory we observe, and of all the saints, have mercy on us and save us, for He is good and merciful and loves mankind.

—

Conclusion, i.e. "Through the prayers. . ."

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν, Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ σῶσον ἡμᾶς.

—

Through the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us and save us.

—

### CHOIR



A - men