

**Holy Week 2015**  
**Pascha – Resurrection Matins**  
**Katavasias of Pascha**

Maui Orthodox Christian Mission  
*Metropolis of San Francisco*  
*Greek Orthodox Archdiocese of America*  
*Kihei, Maui, Hawaii*  
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Holy Week text and music by Father Seraphim Dedes  
AGES Initiatives

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*Paschal Homily of Saint John Chrysostom*  
*English Translation from Orthodox Wiki*

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*At this time, all lights are extinguished, as well as any electronic reading devices.*

The Seventh Eothinon

CHANTER

*Grave Mode.*

Enharmonic F C  
8 Glo - ry to the Fa - ther and the Son

F F C  
8 and the Ho - ly Spir - it. Be - hold,

F  
8 it is ear - ly and still dark. And why, O

C F  
8 Ma - ry, are you stand - ing out - side

Chromatic D  
8 at the tomb, with much dark-

Enharmonic C F  
8 - ness cov - er - ing your mind, such that

8 you seek where Je - sus has been

C D  
8 laid? But see, how the Dis - ci - ples, who

C F C  
 ran to - geth - er, un - der - stood the res - ur -  
 D C  
 - rec - tion from the lin - en cloths and the  
 F C  
 nap - kin, and then re - mem - bered the  
 F  
 scrip - ture con - cern - ing this. With  
 C G  
 them and thru them, we al - so have be -  
 C D C  
 - lieved, and we ex - tol You, Christ the Giv - er  
 F  
 of life.

# THE SERVICE OF THE RESURRECTION

*When all the lights in the Church have been put out and it is dark, the priest opens the Beautiful Gates and comes out with a lit candle, and chants:*

Come Receive the Light

Mode pl. 1d.

PRIEST

D

8 Come re - ceive the light from the nev - er-

A

8 - set - ting light and glo - ri - fy Christ who has

D

8 ris - en from the dead.

*The choir repeats this hymn twice. Then as we exit the church, the priest chants the following, and choir repeats as often as needed.*

CHOIR

D

8 Come re - ceive the light from the nev - er-

A

8 - set - ting light and glo - ri - fy Christ who has

D

8 ris - en from the dead.

(2)

Angels in the Heavens

Mode pl. 2e.

PRIEST

Soft Chromatic **E**

8 An-gels in the heav-ens ex - tol Your Res-ur - rec - tion O

**G**

8 Christ our Sav-ior Count us worth - y who are here on earth to

**E**

8 glo-ri - fy You with a pure heart

CHOIR

Soft Chromatic **E**

8 An-gels in the heav-ens ex - tol Your Res-ur - rec - tion O

**G**

8 Christ our Sav-ior Count us worth - y who are here on earth to

**E**

8 glo-ri - fy You with a pure heart

(2)

*The Choir repeats this Troparion until the Priest arrives at the place where he will read the Gospel.*

**GOSPEL OF THE SECOND EOTHINON**

PRIEST/DEACON

Let us pray to the Lord, our God that we may be made worthy to hear the holy Gospel.

CHOIR

Lord, have mercy. Lord, have mercy. Lord, have mercy.

PRIEST/DEACON

Wisdom! Arise! Let us hear the Holy Gospel.

Peace be to you all.

CHOIR

And with your spirit.

PRIEST/DEACON

The reading is from the Holy Gospel according to Mark. Let us be attentive.

CHOIR

Glory to you, O Lord, glory to you.

PRIEST

Mark 16:1-8

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; – it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to any one, for they were afraid.

CHOIR

Glory to you, O Lord, glory to you.



# SUNDAY OF PASCHA

## The Service of Matins

PRIEST

Glory to the holy and consubstantial, and life-giving, and undivided Trinity,  
always, now and forever and to the ages of ages.

CHOIR

Amen.

### RESURRECTION TROPARION

*Mode pl. 1.*

Priest:

Christ is ris - en from the dead, by death,  
tram-pling down up - on death, and to  
those in the tombs He has grant - ed life.

People:

Christ is ris - en from the dead, by death,  
 tram-pling down up - on death, and to  
 those in the tombs He has grant - ed life. (2)

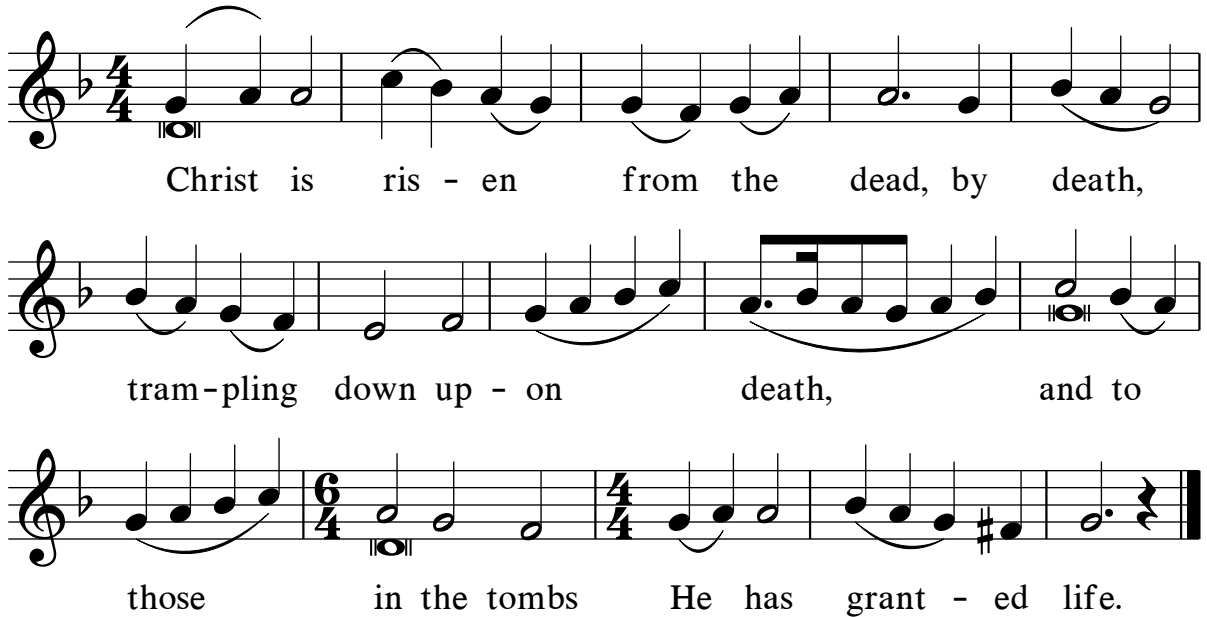
Priest: Let God arise and let His enemies be scattered, and let them that hate Him flee from before His face.

People:

Christ is ris - en from the dead, by death,  
 tram-pling down up - on death, and to  
 those in the tombs He has grant - ed life.

Priest: As smoke vanishes, so let them vanish; as wax melts before the fire.

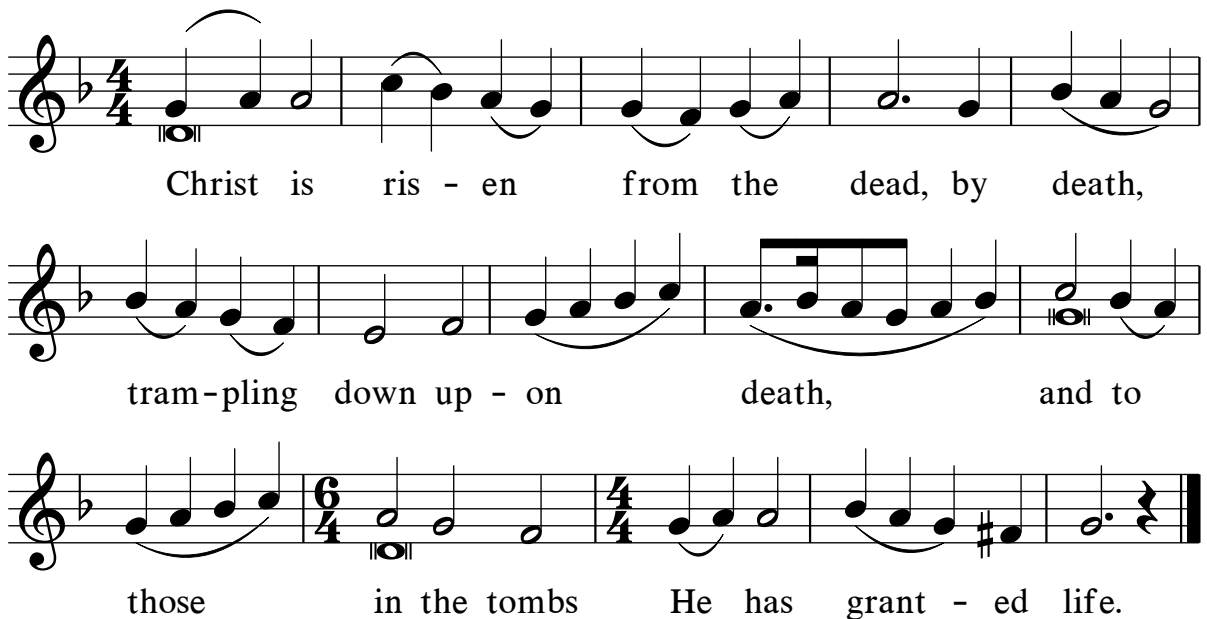
People:



Christ is ris - en from the dead, by death,  
tram-pling down up - on death, and to  
those in the tombs He has grant - ed life.

Priest: So let sinners perish at the presence of God, and let the righteous be glad.

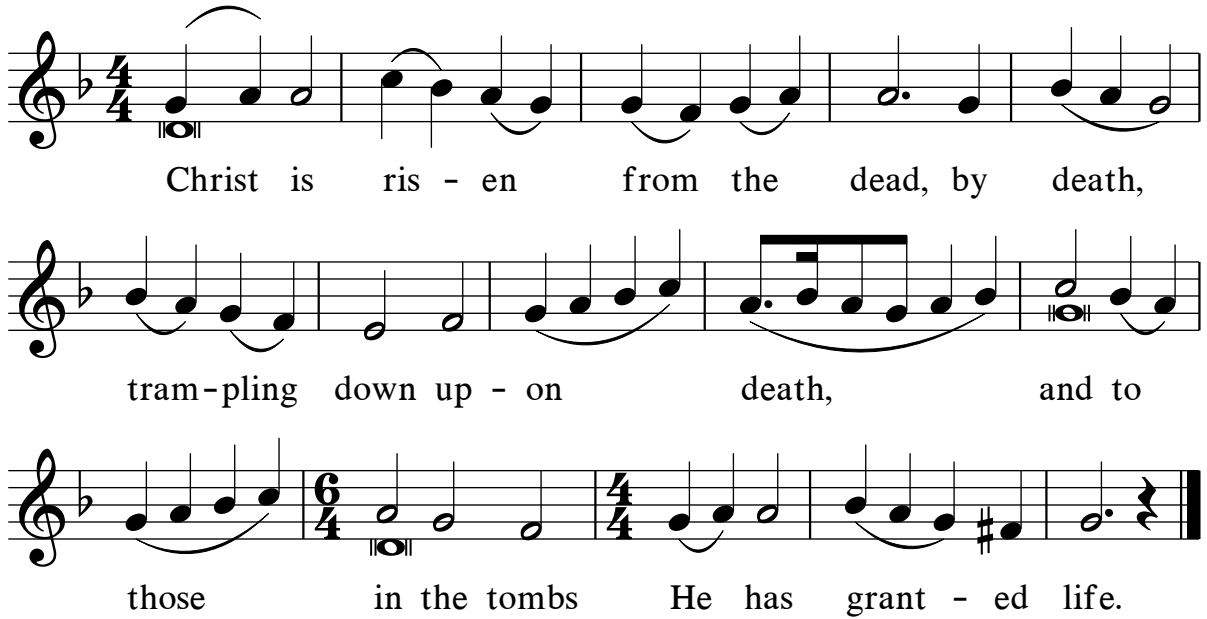
People:



Christ is ris - en from the dead, by death,  
tram-pling down up - on death, and to  
those in the tombs He has grant - ed life.

Priest: This is the day which the Lord has made; let us rejoice and be glad therein.

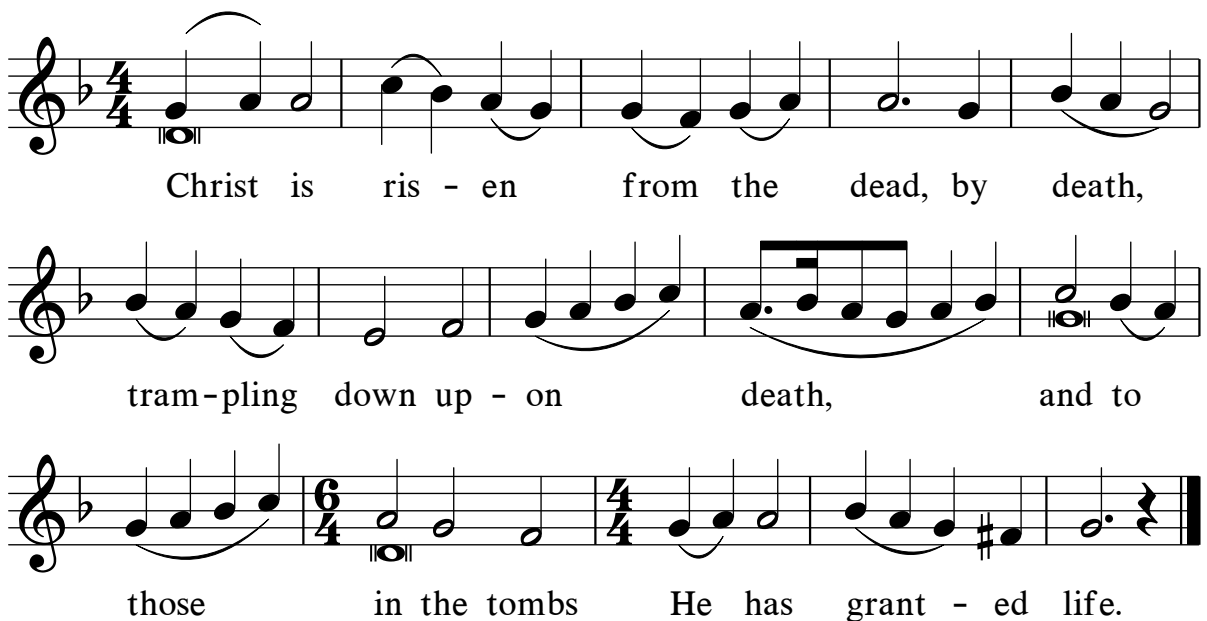
People:



Christ is ris - en from the dead, by death,  
 tram-pling down up - on death, and to  
 those in the tombs He has grant - ed life.

Priest: Glory to the Father, and to the Son, and to the Holy Spirit.

People:



Christ is ris - en from the dead, by death,  
 tram-pling down up - on death, and to  
 those in the tombs He has grant - ed life.

Priest: Now and ever, and to the ages of ages. Amen.

People:

Christ is ris - en from the dead, by death,  
tram-pling down up - on death, and to  
those in the tombs He has grant - ed life.

Priest: Christ is risen from the dead, \* by death, trampling down upon death,...

People: ...and to those in the tombs \* He has granted life.

### THE PEACE LITANY

PRIEST/DEACON

In peace, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For the peace of God and the salvation of our souls, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For peace in the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For our Archbishop (Name), the honorable presbyters, the deacons in the service of Christ, and all the clergy and laity, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For our country, the president, and all those in civil authority and public service, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For this parish and city, for every city and town, and for the faithful who live in them, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For favorable weather, an abundance of the fruits of the earth, and temperate seasons, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For travelers by land, sea and air, for the sick, the suffering, for captives, and for their salvation, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

For our deliverance from all affliction, wrath, danger, and distress, let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST/DEACON

Help us, save us, have mercy upon us and protect us, O God, by your grace.

CHOIR

Lord, have mercy.

PRIEST/DEACON

Remembering our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another and our whole life to Christ our God.

CHOIR

To You, O Lord.

PRIEST

For to you belong all glory, honor, and worship, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

### HYPAKOË

*Mode 4.*

Reader: Those who came with Mary anticipated the dawn, but found the stone rolled away from the sepulcher and heard the Angel say: “Why do you seek Him Who abides in everlasting light among those who are dead, as though He were merely a mortal man? See the grave-clothes: go quickly and proclaim to the world that the Lord is risen, and has put death to death; for He is the Son of God, (*intoned*) *Who saves the human race.*”

### KONTAKION OF PASCHA

*Mode pl. 4.*

Reader: Though You descended into the grave, O immortal One, You overthrew the power of Hades; You arose as victor, O Christ God, saying loudly to the women, “Rejoice;” and You bestowed peace upon Your Apostles, (*intoned*) *O You Who grants resurrection to the fallen.*

### OIKOS OF PASCHA

*Mode 4.*

Reader: Before sunrise the myrrh-bearing maidens came as though it were day to seek the Son Who had descended into the grave; and as they went they said to one another: “Come O friends, let us anoint with fragrant spices the life-giving and buried body of Christ Who raised up the fallen Adam; let us hasten like the Magi and adore Christ bringing myrrh as a gift to Him Who is wrapped now not in swaddling clothes but in a burial shroud; and let us weep and cry out to Him: ‘Arise, O Master, (*intoned*) *Who grants resurrection to the fallen.*’”

KATAVASIAI OF PASCHA

by Saint John of Damascus

Mode 1.

Ode 1

Diatonic

D

8 Res-ur - rec-tion day! O peo-ples, let us bril - liant-ly shine.

8 Pas - cha, the Lord's Pas - cha! For Christ our God has out of

8 death passed us o-ver in - to life, and like - wise from earth to

8 heav-en, as we now sing un-to Him a tri - um - phal hymn.



Ode 3

Diatonic

D

8 Come and let us drink a new drink, not one mar-vel-ousl-y

8 is - su-ing from a bar-ren rock, but one that Christ from the tomb

8 pours out, in - cor - rup-tion's ver - y source. For we are es-

8 - tab-lished in Him.

Ode 4

Diatonic

D



8 Now let Ha - bák-kuk, as a God-in - spired proph-et, stand with



8 us, keep-ing his di - vine watch and show us the an-gel - ic

C

D



8 mes-sen-ger who, shin-ing, ut-ters glow-ing-ly, "To - day, for the

G

D



8 world is sal - va - tion, be-cause a - ris - en is Christ, be-ing om-



8 - ni - po - tent."

Ode 5

Diatonic **D** **C** **D**

8 A - ris - ing at dawn ver - y ear - ly, in -

8 - stead of oint - ment a hymn let us of - fer un - to the Mas - ter;

8 and then we shall clear - ly see Christ, the Sun of Right - eous - ness,

8 caus - ing true life to a - rise for all.



## Ode 7

Diatonic D G D

<sup>8</sup> The same One who de - liv - ered the Lads from fire, be-

U D

<sup>8</sup> - com - ing a mor - tal man, suf - fers in the flesh; and by His

<sup>8</sup> Pas - sion, He ar - rays mor - tal na - ture with maj - es - ty, free of all cor -

<sup>8</sup> - rup - tion, the on - ly God of the fa - thers, bless - ed and su -

<sup>8</sup> preme - ly glo - ri - ous.

## Ode 8

*We praise, we bless, and we worship the Lord.*

Diatonic **D** **G**

8 This is it, the day which is cho - sen and ho - ly; day

8 one of the Sab-baths. It is the queen-day, the Lord's Day, and the

**U** **D**

8 Feast of all feasts, and the Fes - ti - val a - bove ev - ery

8 fes - ti - val, on which we ex - tol Christ and bless Him to the

**C** **D**

8 a - ges.

## KANON

## Ode 9. The Heirmos

Priest/Deacon: Honoring the Theotokos and Mother of the Light, let us magnify her in songs of praise.

*Mode 1.*

D

8 O my soul mag-ni - fy Him who will-ing - ly suf - fered was bur-ied and a -

8 - rose from the grave on the third day

D C D

8 Be il - lu - mined il - lu - mined O New Je - ru - sa - lem for the

8 glo - ry of the Lord has a - ris - en o - ver you

8 Dance now for joy O Zi - on and ex - ult And you be mer - ry O

8 pure The - o - to - kos at the a - ris-ing of the One you

8 bore

**D**

8 O my soul mag-ni - fy Christ who is the Giv - er of life and who

8 rose from the grave on the third day Be illumined...

**D C D**

8 Be il - lu - mined il - lu - mined O New Je - ru - sa - lem for the

8 glo - ry of the Lord has a - ris - en o - ver you

**G D**

8 Dance now for joy O Zi - on and ex - ult And you be mer - ry O

8 pure The - o - to - kos at the a - ris - ing of the One you

8 bore



## Troparia

D G  
 8 Christ is the new Pas - cha the sac - ri - fi - cial Vic - tim the Lamb of God that

D  
 8 takes a - way the sin of the world

D C D  
 8 Di - vine and be - lov - ed and sweet - est ut - ter - ance of Yours For You

8 real - ly and tru - ly pledged that You will be with us un -

G D  
 8 - to the end of the age O Christ And we the faith - ful

8 cling - ing to Your prom - ise our an - chor of hope re - joice

D G  
 8 To - day cre - a - tion all is ex - ul - tant and re - joic - es for

D  
 8 Christ has a - ris - en and Ha - des was de - spoiled Divine...

D C D

8 Di - vine and be - lov - ed and sweet-est ut - ter-ance of Yours For You

8 real - ly and tru - ly pledged that You will be with us un-

8 - to the end of the age O Christ And we the faith - ful

8 cling - ing to Your prom - ise our an - chor of hope re - joice

*Glory to the Father, and to the Son, and to the Holy Spirit.*

D

8 O my soul mag - ni - fy the pow - er of the God - head that is three hy-

8 - pos - ta - ses and al - so un - di - vid - ed

D C D

8 O Pas - cha the great and most sa-cred Pass-o-ver O Christ You the

8 wis - dom and Lo - gos and the pow - er of God

8 Grant that we may more dis - tinct - ly par - take of You on that

8 day that has no eve-ning in Your king - ly rule

*Now and ever, and to the ages of ages. Amen.*

D G

8 Re - joice O bless-ed Vir - gin Re - joice O glo - ri - fied one Re-

8 - joice your Son has ris - en from the grave on the third day O Pascha...

8

O Pas - cha the great and most sa-cred Pass-o-ver O Christ You the

8

wis - dom and Lo - gos and the pow - er of God

8

Grant that we may more dis - tinct - ly par - take of You on that

8

day that has no eve-ning in Your king - ly rule

D C D G D

Katavasia

Diatonic **D** **G**

<sup>8</sup> The An-gel cried a - loud to the La-dy full of grace, "Re-

**D**

<sup>8</sup> - joice, O pure Vir-gin, and a - gain I say, Re - joice! Your Son has res-ur-

**D**

<sup>8</sup> - rect-ed from the grave on the third day." Be il - lu - mined, il-

**C** **D**

<sup>8</sup> - lu - mined, O New Je - ru - sa - lem; for the glo-ry of the Lord has a-

<sup>8</sup> - ris-en o-ver you. Dance, now, for joy, Zi-on, and ex - ult!

**G** **D**

<sup>8</sup> And you, be mer - ry, O pure The-o - to - kos, at the a-

**C** **D**

<sup>8</sup> - ris-ing of the One you bore.

(2)

CHRIST IS RISEN

Mode 1. Pa=D.

People:

Diatonic **D**

8 Christ is ris-en from the dead, by death tram-pling down up-  
 8 - on death, and to those in the tombs He has grant-ed life. (3)

People:

**D** **G**

8 Je-sus, hav-ing ris-en from the grave as He fore - told, has  
 8 grant-ed us e - ter-nal life and great mer - cy.

or, Final Ending **C** **D**

8 great mer - cy.

**THE LITTLE LITANY**

PRIEST / DEACON

In peace let us again pray to the Lord.

PEOPLE

Lord, have mercy.

PRIEST / DEACON

Help us, save us, have mercy upon us, and protect us, O God, by your grace.

PEOPLE

Lord, have mercy.

PRIEST / DEACON

Remembering our most-holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another and our whole life to Christ our God.

PEOPLE

To You, O Lord.

PRIEST

For you are our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

PEOPLE

Amen.

## EXAPOSTEILARION OF PASCHA

*Mode 2. Automelon.*

Soft Chromatic **G**

8 When you had slum-bered in the flesh as one

8 mor-tal O King and Lord you rose a-gain on the third

8 day and raised up A - dam from de - cay and ren-dered death of

8 no ef - fect Pas-cha of in-cor - rup-tion sal - va-tion of the world



LAUDS (PRAISES)

Mode 1.

Mode 1. Sticheraric Melodies.

Let every breath.

Diatonic D U D

8 Let eve - ry breath praise the

8 Lord Praise the Lord from the heav - ens

U D ,

8 praise Him in the high - est To

8 You O God is due our

8 song

**Praise Him.**

Praise Him all you His An-  
- gels Praise Him all you His hosts To  
You O God is due our song

**Resurrection Stichera**

*Mode 1. Pa=D.*

**First Hymn of Praise**

Diatonic

Praise Him for His mighty acts, praise Him according to the a - bun-dance  
of His great - ness. O Christ, we praise in song Your  
sav - ing Pas - sion, and Your Res - ur - rec - tion  
do we glo - ri - fy.

Second Hymn of Praise

Diatonic D

8 Praise Him with the sound of trumpet, praise Him with the harp and

D

8 lyre. You en - dured cru - ci - fix - ion and a - bol - ished

U Chromatic Diatonic D

8 death and res - ur - rect - ed from the dead. Do

8 there - fore now bring peace in - to our life, O Lord, as the

8 on - ly Al - might - y One.

Third Hymn of Praise

Diatonic

D

8 Praise Him with timbrel and dance, praise Him with strings

D

8 and flute. You stripped Ha-des of plun - der, and hu-

U

8 - man-i - ty You res-ur - rect-ed, by Your res-ur - rec - tion, O

D

8 Christ. Do there - fore now ac - count us worth - y, with a

8 pure heart, to praise You and glo - ri -

8 - fy.

## Fourth Hymn of Praise

Diatonic D

8 Praise Him with resounding cymbals, praise Him with triumphant cymbals. Let

8 ev-ery-thing that breathes praise the Lord. We glo-ri-fy

U

8 Your di-vine con-de-scen-sion, and we sing Your praise,

D

8 O Christ. You were born of a Vir-gin, and from the

8 Fath-er You re-mained in-sep-er-a-ble. You

C D

8 suf-fered as a man and vol-un-tar-i-ly en-dured the Cross. As

8 one e-mer-ging from a bri-dal cham-ber, You rose from

8 the sep-ul-cher, in or-der to save

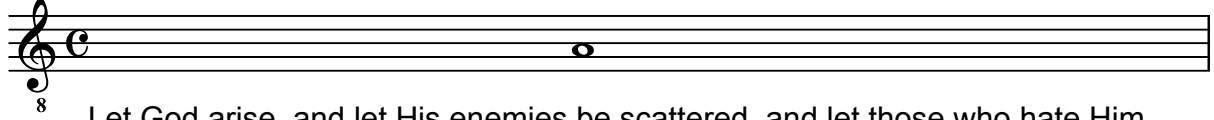
8 the world. Glo-ry to You, O Lord.

## Stichera of Pascha

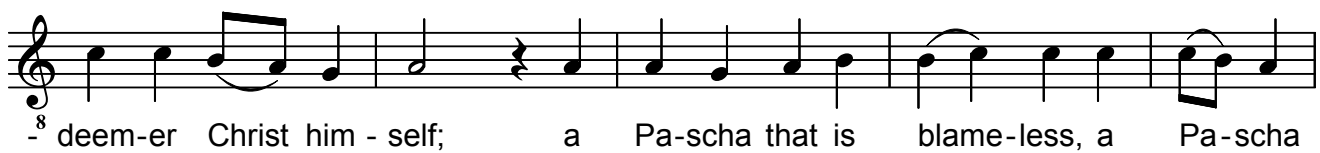
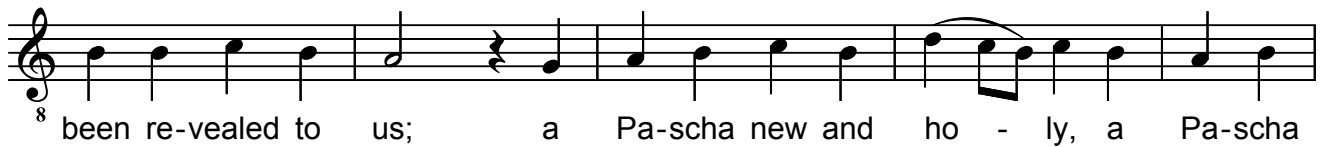
*Mode pl. 1. Ke=A.*

## Fifth Hymn of Praise

Diatonic



8 Let God arise, and let His enemies be scattered, and let those who hate Him



## Sixth Hymn of Praise

Diatonic

8 As smoke vanishes, so let them vanish, as wax melts be-

8 fore the fire. Come now from that sight, O you wom - en and

8 her-alds of good news, and say to Zi - on, "Re - ceive from us the

8 joy - ful tid - ings of the Res - ur - rec - tion of Christ. O Je -

8 ru - sa - lem, be ex - ult - ant, dance and leap for joy, for

8 you have wit - nessed Christ the King com - ing forth as a

8 Bride-groom from the sep - ul - cher.

Seventh Hymn of Praise

Diatonic

8 So shall the sinners perish from the face of God. And let the right - eous be

8 glad. The myrrh - bear - ing wom - en at dawn ver - y

8 ear - ly, stand - ing out - side the tomb of the

8 Giv - er - of - Life, found an An - gel who was seat - ed up - on the

8 stone. And the An - gel ad - dressed them and this is what he said,

Expressive

8 "Why do you seek a - mong the dead the One who is a - live? Why do

8 you grieve as though cor - rup - ti - ble the In - cor - rupt? So go

8 back and pro - claim it to His Dis - ci - ples."



Eighth Hymn of Praise

Diatonic

8 This is the day the Lord made; let us great-ly re - joice and be

8 glad there - in. Pa-scha of de - light! Pa - scha, the Lord's

8 Pa - scha! A Pa - scha all - ven-'ra-ble has ris - en for us.

8 Pa - scha! With joy let us em - brace one an - oth - er. Pa - scha, the

8 ran - som from sor - row! To - day from the sep-ul-cher

8 Christ e-merged re - splend-ent-ly as from a brid-al cham-ber, and the

8 wom - en He filled with joy, say - ing, "Pro - claim this to the A-

8 - pos - tles."

## Doxastikon of Pascha

Mode pl. 1.

Diatonic D a D

8  
Glo - ry to the Fa - ther

8  
and the Son and the Ho - ly

8  
Spir - it.

D  
8  
Both now and ev - er and to the a - ges of

8  
a - ges. A - men.

D  
8  
It is the day of the Res - ur - rec - tion.

A  
8  
Let us shine bright - ly for the fes -

D  
8  
ti - val, and al - so em - brace

8 one an - oth - er. Breth - ren, let us

8 say e - ven to those who hate us, "Let us for -

8 - give eve - ry - thing for the Res - ur -

8 - rec - tion." And thus let us cry

8 a - loud, "Christ is ris - en from the

8 dead, by death tram - pling down up - on death, and to

8 those in the tombs He has grant - ed life."

Chromatic D Diatonic G A

RESURRECTION TROPARION

*Mode pl. 1.*

People:

Christ is ris - en from the dead, by death,  
tram - pling down up - on death, and to  
those in the tombs He has grant - ed life.

(3)

CATECHETICAL HOMILY OF ST. JOHN CHRYSOSTOM

*We do not sit during this reading, but we all listen while standing.*

If anyone is devout and a lover of God, let him enjoy this beautiful and radiant festival.

If anyone is a wise servant, let him, rejoicing, enter into the joy of his Lord.

If anyone has wearied himself in fasting, let him now receive his recompense.

If anyone has labored from the first hour, let him today receive his just reward. If anyone has come at the third hour, with thanksgiving let him keep the feast. If anyone has arrived at the sixth hour, let him have no misgivings; for he shall suffer no loss. If anyone has delayed until the ninth hour, let him draw near without hesitation. If anyone has arrived even at the eleventh hour, let him not fear on account of his delay. For the Master is gracious and receives the last, even as the first; he gives rest to him that comes at the eleventh hour, just as to him who has labored from the first. He has mercy upon the last and cares for the first; to the one he gives, and to the other he is gracious. He both honors the work and praises the intention.

Enter all of you, therefore, into the joy of our Lord, and, whether first or last, receive your reward. O rich and poor, one with another, dance for joy! O you ascetics and you negligent,

celebrate the day! You that have fasted and you that have disregarded the fast, rejoice today! The table is rich-laden; feast royally, all of you! The calf is fatted; let no one go forth hungry!

Let all partake of the feast of faith. Let all receive the riches of goodness.

Let no one lament his poverty, for the universal kingdom has been revealed.

Let no one mourn his transgressions, for pardon has dawned from the grave.

Let no one fear death, for the Savior's death has set us free.

He that was taken by death has annihilated it! He descended into hades and took hades captive! He embittered it when it tasted his flesh! And anticipating this Isaiah exclaimed, "Hades was embittered when it encountered thee in the lower regions." It was embittered, for it was abolished! It was embittered, for it was mocked! It was embittered, for it was purged! It was embittered, for it was despoiled! It was embittered, for it was bound in chains!

It took a body and, face to face, met God! It took earth and encountered heaven! It took what it saw but crumbled before what it had not seen!

"O death, where is thy sting? O hades, where is thy victory?"

Christ is risen, and you are overthrown!

Christ is risen, and the demons are fallen!

Christ is risen, and the angels rejoice!

Christ is risen, and life reigns!

Christ is risen, and not one dead remains in a tomb!

For Christ, being raised from the dead, has become the First-fruits of them that slept.

To him be glory and might unto ages of ages. Amen.

APOLYTIKION

*Saint John Chrysostom*

*Mode pl. 4.*

Diatonic F C

8 The grace that from your mouth shone forth like a torch il-

F D

8 - lu - mined the u - ni - verse. It de - pos - it - ed in the

C

8 world the treas - ures of the ab - sence of av - a - rice. It showed us the

F D

8 height that is at - tained by hu - mil - i - ty. Now you in-

C F

8 struct us by your words, Fa - ther John Chrys - os - tom. In - ter - cede with

C

8 Christ God, the Word him - self, en - treat - ing Him to

F

8 save our souls.