

The Service of Matins
Fifth Saturday after Pascha
Saint Macrina, Saint Dius, and Saint Seraphim

Maui Orthodox Christian Mission

Metropolis of San Francisco

Greek Orthodox Archdiocese of America

Service held at Saint Theresa Church

Kihei, Maui, Hawaii

(Dated: July 19, 2014)

Maui Orthodox Christian Mission Project
for a Daily Sequential Hymnal in English

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The Greek Orthodox Metropolis of Denver

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Acknowledgements

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Orthros (Service of Matins)

Akolouth (Fixed portion)

ROYAL BEGINNING

Priest: Blessed is our God, always, now, and ever, and to the ages of ages.

Reader: *(intoned)* Amen.

Priest: Glory to You, O God, glory to You.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

Reader: Amen.

Trisagion

Reader: **Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us.

Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

**

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, *(intoned) but deliver us from the evil one.*

Priest: For Thine is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and to the ages of ages.

Reader: Amen.

THE ROYAL TROPARIA

Troparion of the Cross

Reader: O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

Kontakion of the Cross

Glory to the Father, and to the Son, and to the Holy Spirit.

Reader: You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.

Theotokion

Now and ever, and to the ages of ages. Amen.

Reader: Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos; make firm the community of the Orthodox; save those whom you have called to rule; and grant them victory from heaven, *(intoned) for you bore God, only blessed one.*

LITANY

Priest: Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

Chanter: *(intoned)* Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for pious and Orthodox Christians.

Chanter: (*intoned*) Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for our Archbishop (Name), and for all our brotherhood in Christ.

Chanter: (*intoned*) Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: (*intoned*) Amen. In the name of the Lord, Father, bless.

Priest: Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

Reader: Amen.

HEXAPSALM (SIX PSALMS)

Reader: Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

O Lord, open my lips, and my mouth shall show forth Your praise.

O Lord, open my lips, and my mouth shall show forth Your praise.

Psalm 3

Reader: O Lord, why are those who afflict me multiplied?

Many rise up against me. Many say to my soul: there is no salvation for him in his God.

But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

I cried to the Lord with my voice, and He heard me out of His holy mountain.

I laid down and slept; I awoke, for the Lord will help me.

I will not be afraid of ten thousands of people that set themselves round about against me.

Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Salvation is of the Lord, and Your blessing is on Your people.

(And Again) I laid down and slept; I awoke, for the Lord will help me.

Psalm 37

Reader: O Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

My wounds have become foul and festering in the face of my foolishness.

I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

For my loins are filled with inflammation, and there is no healing in my flesh.

I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

O Lord, all my desire is before You, and my groaning is not hidden from You.

My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

And I became as a man that does not hear, and that has no reproofs in his mouth.

For I have hoped in You, O Lord; You will hear me, Lord my God.

For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

For I am ready for scourges, and my sorrow is continually before me.

For I will declare my iniquity, and I will anguish concerning my sin.

But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Those who render me evil for good slandered me, because I pursued goodness.

Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

(And Again) Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

Psalm 62

Reader: O God, my God, to You I rise early at dawn.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

So I have appeared before You in the sanctuary to see Your power and Your glory.

For Your mercy is better than lives; my lips shall praise You.

So shall I bless You in my life, and I will lift up my hands in Your name.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

If I remembered You on my bed, I meditated on You at the dawn.

For You have become my Helper; I will rejoice in the shelter of Your wings.

My soul has cleaved after You, Your right hand has been quick to help me.

But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

(And Again) At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

My soul has cleaved after You, Your right hand has been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Psalm 87

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

O Lord, God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication.

For my soul is filled with evils, and my life has drawn near to Hades.

I am counted with those who go down into the pit; I have become as a man without help, free among the dead.

I am like the bodies of the slain that sleep in the grave, Whom You remember no more, and who are cut off from Your hand.

They laid me in the lowest pit, in darkness and the shadow of death.

Your anger lies heavily on me, and You have afflicted me with all Your waves.

You have removed my friends far from me; they have made me an abomination to themselves.

I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

O Lord, why do You therefore cast off my soul and turn Your face away from me?

I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

They came around me all day long like water, they engulfed me altogether.

Because of my misery You have removed friend and neighbor and my acquaintances far from me.

(And Again) O Lord God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication!

Psalm 102

Reader: Bless the Lord, O my soul; and all that is within me, bless His holy name.

Bless the Lord, O my soul, and do not forget all that He has done for you.

Who is gracious to all your iniquities, Who heals all your infirmities.

Who redeems your life from corruption, Who crowns you with mercy and compassion.

Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

The Lord does deeds of mercy, and executes judgment for all those who are wronged.

He has made His ways known to Moses, the things that He has willed to the sons of Israel.

The Lord is compassionate and merciful, long suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

As far as the east is from the west, so far has He removed our iniquities from us.

Like a father has compassion on his sons, so has the Lord had compassion on those who fear Him; for He knows of what we are made, He has remembered that we are dust.

As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Bless the Lord, O all you His hosts, His ministers that do His will.

Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

(And Again) Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

Psalm 142

Reader: O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

For the enemy has persecuted my soul; he has humbled my life down to the earth.

He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

I stretched forth my hands to You; my soul thirsts after You like a waterless land.

Quickly hear me, O Lord; my spirit has fainted away.

Do not turn Your face from me, lest I be like those who go down into the pit.

Cause me to hear Your mercy in the morning; for I have put my hope in You.

Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

Teach me to do Your will, for You are my God.

Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

And You shall cut off all those who afflict my soul, for I am Your servant.

(Repeat) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Let Your good spirit lead me on a level path!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia; Glory to You, O God.

Alleluia, alleluia, alleluia; Glory to You, O God.

Reader: (*intoned*) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

LITANY OF THE PEACE (THE GREAT LITANY)

Deacon: In peace let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace from above and for the salvation of our souls, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For pious and Orthodox Christians, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our Archbishop (Name), the honorable presbytery, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the president of our country, for all civil authorities, and for our armed forces on land, at sea, and in the air, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this city, for every city and land, and for the faithful who dwell in them, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: Help us, save us, have mercy on us, and protect us, O God, by Your grace.

Chanter: (*sung*) Lord, have mercy.

Deacon: Commemorating our all-holy, pure, most-blessed, and glorious * Lady, the Theotokos and ever-Virgin Mary, with all the saints, let us commit ourselves and one another and all our life to Christ our God.

Chanter: (*sung*) To You, O Lord.

Priest: For to You belong all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: (*sung*) Amen.

Sequences (Variable portion)

THEOS KYRIOS (GOD IS LORD)

Mode pl. 4.

God is the Lord.

Diatonic F

8 God is the Lord and He ap - peared to us

C F

8 Bless - ed is He who comes in the name of the Lord

Verse 1

8 O give thanks unto the Lord and call upon his holy name. God is the Lord...

Verse 2

8 All the nations circled me and I warded them off with the name of the Lord. God is the Lord...

Verse 3

8 This is the Lord's doing and it is wonderful in our eyes. God is the Lord...

APOLYTIKION AND THEOTOKION

Apolytikion

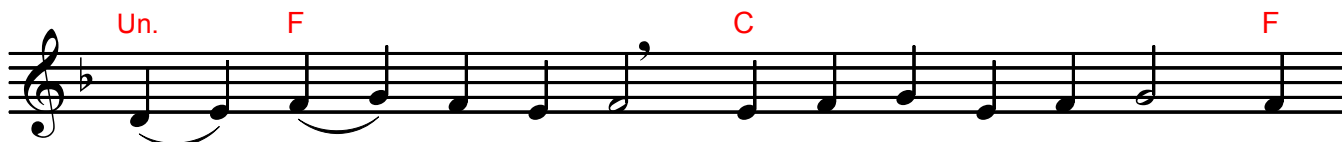
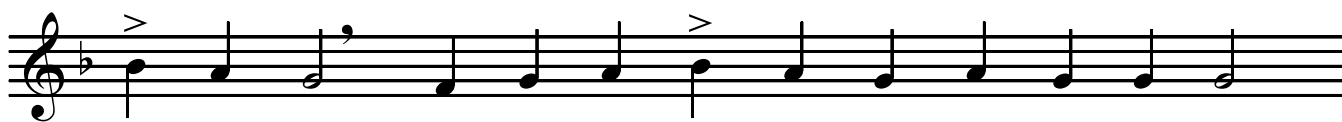
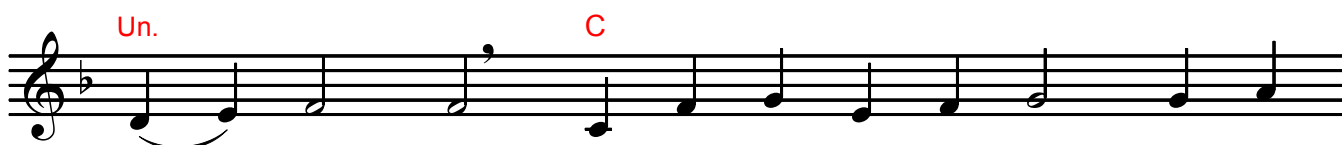
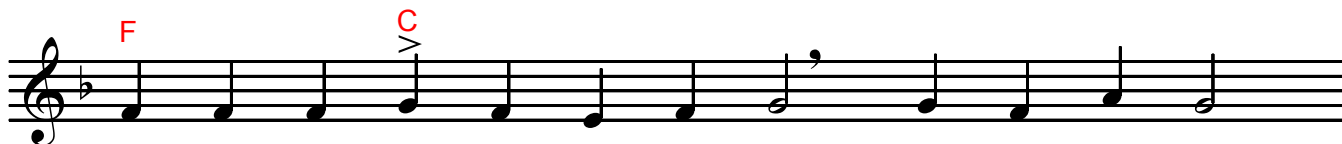
*Saint Macrina, the Sister of Saint Basil the Great**July 19. Mode pl. 4.*

Plagal Fourth Mode

Intonation: #25

Allegro ♩=150

Ἐν σοὶ Μητέρα ἀκριβῶς



to at - tend_ to_ the soul since it is im - mor -

tal. Where - fore, O right - eous Mac - ri - na, thy spir - it re -

joic - eth with the An - gels.

The musical score is written on three staves in G major (one sharp) and 4/4 time. The first staff contains the melody for 'to at - tend_ to_ the soul since it is im - mor -'. The second staff continues with 'tal. Where - fore, O right - eous Mac - ri - na, thy spir - it re -'. The third staff concludes with 'joic - eth with the An - gels.' and ends with a double bar line. Red annotations 'C', 'Un.', and 'F' are placed above specific notes. The lyrics are written below the notes, with hyphens indicating syllables across measures.

Glory to the Father, and to the Son, and to the Holy Spirit.

Saint Macrina, the Sister of Saint Basil the Great

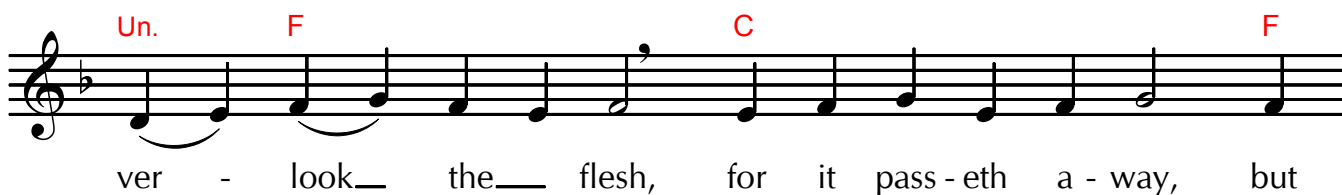
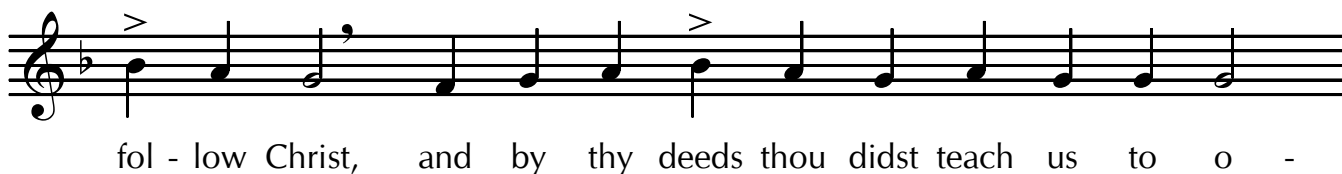
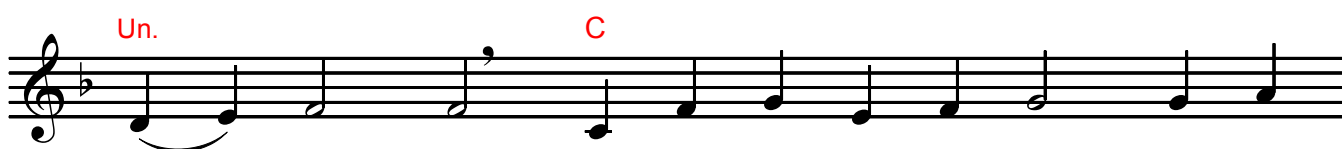
July 19. Mode pl. 4.

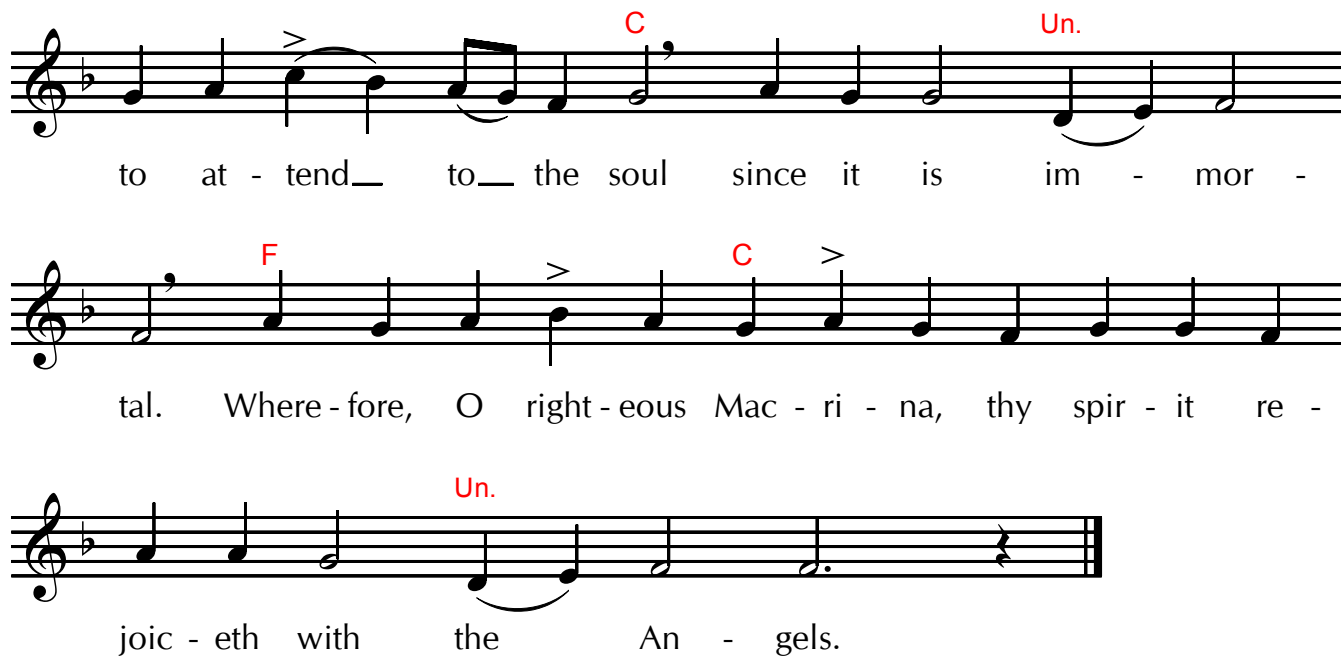
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Theotokion

Mode pl. 4.

Both now and ever and to the ages of ages. Amen.

Theotokion

F

8 Born of a Vir-gin O Good One who al - so en - dured cru - ci-

C

8 - fix - ion for our sake who by death took the spoils of death as

plun - der and showed res - ur - rec-tion be - ing God O de - spise not the

F **C**

8 ones that You formed with Your own hand Dem-on-strate Your love for

F

8 man O Lord of mer - cy and ac-cept Your Moth-er the The - o-

C

8 - to - kos who in - ter - cedes on our be - half O Sav - ior and save us

F

8 a de - spair - ing peo - ple

THE PSALTER

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious * Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For yours is the dominion, the kingdom, the power, and the glory of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

SESSIONAL HYMNS (KATHISMATA)

Kathisma I

*Of Saint Macrina. Mode 1. The soldiers standing guard.**Chanted from A'*

D

Through ho - li - ness - of life, thou, the pure - lamb - with - out

spot, wast mys - ti - cal - ly u - nit - ed and wed - to - the

A

Lord God; for thou hadst a - dorned - - thy - self - with the beau -

D

- ty of grace - - di - vine. Where - fore, thou - hast now re -

A

- ceived the grace - to - work heal - ings, cur - ing eve - - ry

D

sick - ness by the strength - of - the Spir - it, Ma - cri - na

most ven' - ra - ble.

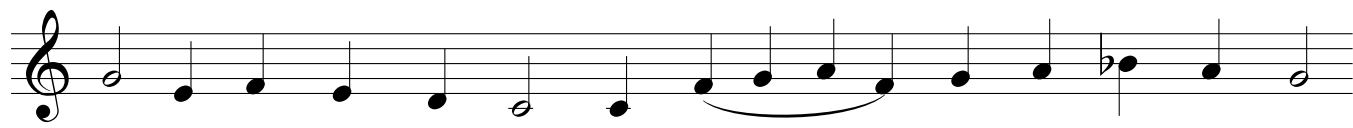
Of Saint Dios. Mode pl. 4. By conceiving the Wisdom.

Glory to the Father, and to the Son, and to the Holy Spirit.

C




Ded - i - cat - ed to God from thine in - fan - cy, firm - ly fol - low - ing



af - ter Him to the end, O Di - - - us ac - claimed of all,

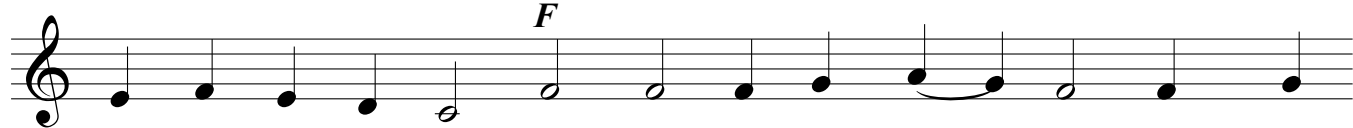


thou wast giv - en His gifts of grace; thou didst chase the un - clean throngs of



de - mons a - way by grace, and didst build to the praise of thy Lord


F



a mo - nas - tic house; and, O right - eous Fa - ther, thou wast



e - ven deemed wor - - thy to won - drous - ly raise the dead by thine



un - doubt - ing prayer to God. For this cause we cry - out -



to - thee: In - ter - cede with Christ our - God that for - give - ness

of all their trans - gres - sions be grant - ed to them that with long - ing

keep thy ho - ly mem - o - ry.

Theotokion

*Mode pl. 4. By conceiving the Wisdom.**Both now and ever and to the ages of ages. Amen.*

C



In en - tan - gling temp - ta - tions am I en-meshed both by vis - i - ble



foes and in - vis - i - ble; strong bil - - - lows en - com - pass me



through mine end - less in - i - qui - ties. Since I know that thou art my pro -



tec - tion and fer - vent help, to the ha - ven of thy bound - less good -

F



- ness do I now run. Where - fore, O all - ho - ly and im -

C



- mac - u - late Vir - - gin, en - treat Him who seed - less - ly was in -

D *F*



- car - nate and born of thee for all thy serv - ants, - who -

G *C*



with - faith un - ceas - ing - ly ex - tol thee in hymns; and with fer - vor,

D

pray Him to for - give the sins of them that faith - ful - ly wor - ship

C

thine all - pure and spot - less - Child.

Kathisma II

Mode pl. 4. By conceiving the Wisdom.

C

In - to all of the earth, Fa - ther Ser - a - phim, hath thy si - lence gone

forth like a thun - der - bolt, as - ton - ish - - ing them that hear

of the heights - thou didst reach in prayer; for thou bar - est the strug - gles of

still - ness cou - ra - geous - ly, and thy si - lence was filled with the knowl -

F

- edge of mys - ter - ies. Where - fore, when thou cam - est forth from

C

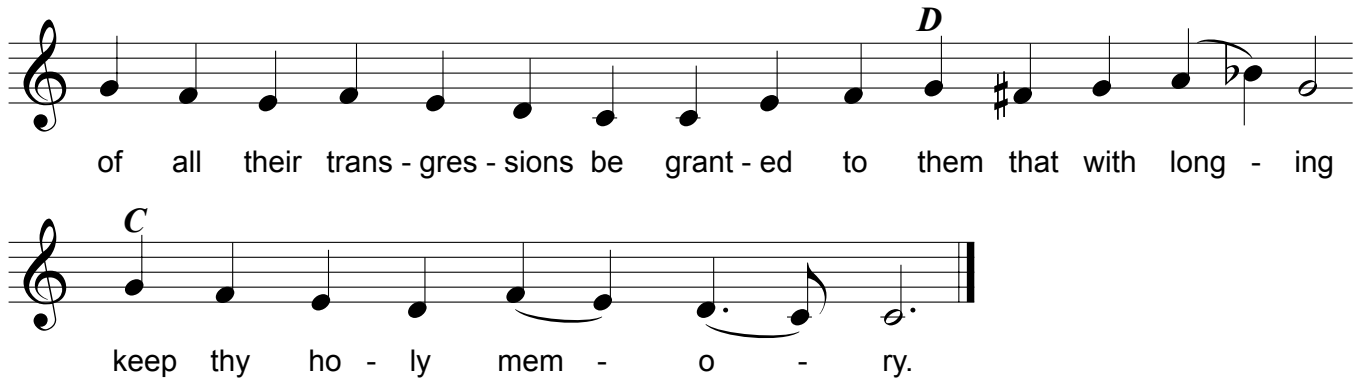
ut - ter se - clu - - sion, though com-passed with mul - ti - tudes, thou in

D *F*

spir - it wast with the Lord Whom thou dost pray for - them -

G *C*

that - cry: In - ter - cede with Christ our - God that for - give - ness



of all their trans - gres - sions be grant - ed to them that with long - ing


keep thy ho - ly mem - o - ry.

Glory to the Father, and to the Son, and to the Holy Spirit.

C



In - to all of the earth, Fa - ther Ser - a - phim, hath thy si - lence gone



forth like a thun - der - bolt, as - ton - ish - - ing them that hear



of the heights - thou didst reach in prayer; for thou bar - est the strug - gles of



still - ness cou - ra - geous - ly, and thy si - lence was filled with the knowl -


F




- edge of mys - ter - ies. Where - fore, when thou cam - est forth from



ut - ter se - clu - - sion, though com-passed with mul - ti - tudes, thou in



spir - it wast with the Lord Whom thou dost pray for - them -



that - cry: In - ter - cede with Christ our - God that for - give - ness

D

of all their trans - gres - sions be grant - ed to them that with long - ing

C

keep thy ho - ly mem - o - ry.

Theotokion

*Mode pl. 4. By conceiving the Wisdom.**Both now and ever and to the ages of ages. Amen.*

C



Thee do all gen - er - a - tions of man - kind bless as the Vir - gin and



on - ly in wom - an - kind who seed - less - - ly brought to birth

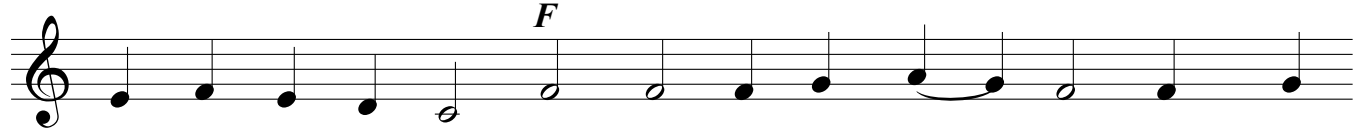


God in - car - nate up - on the earth. For in thee is the fire of the




God - head come down to dwell, and thou suck - lest the Mak - er and Lord

F




as a lit - tle babe. Where - fore, we the race - of man, with



all - of the An - - gels, be - fit - ting - ly glo - ri - fy the all -



ho - ly Child born of thee, and with one voice we - cry -



to - thee: In - ter - cede with Christ our - God that for - give - ness

D

of all their trans - gres - sions be grant - ed to them that with true - faith

C

wor - ship thine all - spot - less - Child.

Kathisma III

Mode 3. Thy confession.

Thou didst burst - the bonds of mor - tal na - ture as a

ves - sel of the Res - ur - rec - tion, and thy flesh it - self

shone - with the light of - God; for af - ter years of un -

- ceas - ing as - cet - ic strife, thou wast trans - fig - ured, a - dopt -

- ed, and de - i - fied. O God - bear - ing Fa - ther Ser -

- a - phim, our am - bas - sa - dor, en - treat Christ God to grant great mer -

- cy un - to - us.

Glory to the Father, and to the Son, and to the Holy Spirit.

Thou didst burst - the bonds of mor - tal na - ture as a

ves - sel of the Res - ur - rec - tion, and thy flesh it - self

shone - with the light of - God; for af - ter years of un -

- ceas - ing as - cet - ic strife, thou wast trans - fig - ured, a - dopt -

- ed, and de - i - fied. O God - bear - ing Fa - ther Ser -

- a - phim, our am - bas - sa - dor, en - treat Christ God to grant great mer -

- cy un - to - us.

Theotokion

*Mode 3. Thy confession.**Both now and ever and to the ages of ages. Amen.*

C *D* *F* *C*

O all - pure - and on - ly Vir - gin Moth - er, as the

D *F*

Word's - di - vine and sa - cred dwell - ing, thou sur - pass - est the

D *C*

An - gels in pu - ri - ty. But as for me, who sur -

F

- pass - all in sin - ful - ness and by my sins of the flesh -

D *C*

am de - filed and - stained, wash me clean with the di - vine -

F

wa - ters of thy might - y prayers, and grant great mer - cy un - to me,

Un.

O mod - est - Maid.

Kathisma IV

Mode 3. Thy confession.

C In the still - ness of the *D* Sa - rov for - ests, thou didst

D give - thy - self to Christ com - plete - ly, *F* and didst find that which

D Ad - am had lost of - old; *C* a bear fed out of thy

F hand, - tamed by grace di - vine, while bes - tial men crowned thy strug -

D - gles with Mar - tyr's - crowns, *C* and the Sav - ior's Vir - gin Moth -

F - er healed her be - lov - ed child, ex - alt - ing thee, O Ser - a - phim,

Un. to great - er - heights.

Glory to the Father, and to the Son, and to the Holy Spirit.

C **D** **F** **C**

In the still - ness of the Sa - rov for - ests, thou didst

D **F**

give - thy - self to Christ com - plete - ly, and didst find that which

D **C**

Ad - am had lost of - old; a bear fed out of thy

F

hand, - tamed by grace di - vine, while bes - tial men crowned thy strug -

D **C**

- gles with Mar - tyr's - crowns, and the Sav - ior's Vir - gin Moth -

F

- er healed her be - lov - ed child, ex - alt - ing thee, O Ser - a - phim,

Un.

to great - er - heights.

Theotokion

*Mode 3. Thy confession.**Both now and ever and to the ages of ages. Amen.*

On be - com - ing flesh in thy most pure womb, God was

not - di - vid - ed from His God - head, but be - came ver - y

man - while re - main - ing - God; and thee, His Moth - er, He

kept - in vir - gin - i - ty, as un - de - filed af - ter child -

- bear - ing as be - fore. In - ter - cede with Him with fer -

- vor, Who is the on - ly Lord, to grant great mer - cy un - to us,

O blame - less - one.

Kathisma V

Mode pl. 4. By conceiving the Wisdom.

C

What un - speak - a - ble wres - tlings thou didst en - dure is known on - ly to

thee and the Trin - i - ty; how - be - - - it, O Ser - a - phim,

we can reck - on them from their fruits: rev - e - la - tions from Heav - en, the

love - of thine en - e - mies, pow - er o - ver the de - mons, great riv -

F

- ers of mir - a - cles, and the vis - it - a - tions of the

C

Lord's - Vir - gin Moth - - er, who loved thy hu - mil - i - ty and thy

D *F*

cour - age in suf - fer - ings. For this cause, we cry - out -

G *C*

to - thee: In - ter - cede with Christ our - God that for - give - ness

D

of all their trans - gres - sions be grant - ed to them that with long - ing

C

keep thy ho - ly mem - o - ry.

Glory to the Father, and to the Son, and to the Holy Spirit.

C



What un - speak - a - ble wres - tlings thou didst en - dure is known on - ly to



thee and the Trin - i - ty; how - be - - - it, O Ser - a - phim,



we can reck - on them from their fruits: rev - e - la - tions from Heav - en, the



love - of thine en - e - mies, pow - er o - ver the de - mons, great riv -

F



- ers of mir - a - cles, and the vis - it - a - tions of the

C



Lord's - Vir - gin Moth - - er, who loved thy hu - mil - i - ty and thy

D *F*



cour - age in suf - fer - ings. For this cause, we cry - out -

G *C*



to - thee: In - ter - cede with Christ our - God that for - give - ness

of all their trans - gres - sions be grant - ed to them that with long - ing

keep thy ho - ly mem - o - ry.

Theotokion

*Mode pl. 4. By conceiving the Wisdom.**Both now and ever and to the ages of ages. Amen.*

C

Fier - y throne of the Mak - er and God of all, O pure Maid - en, thou

chair of the King, re - joice, thou couch - - - spread with pur - ple cloth,

brid - al cham - ber of roy - al gold; robe of gen - u - ine pur - ple and

light - ning - like char - i - ot, tem - ple hon - ored and pre - cious, thou lamp -

F

- stand of man - y lights. Re - joice, O The - o - to - kos, might -

C

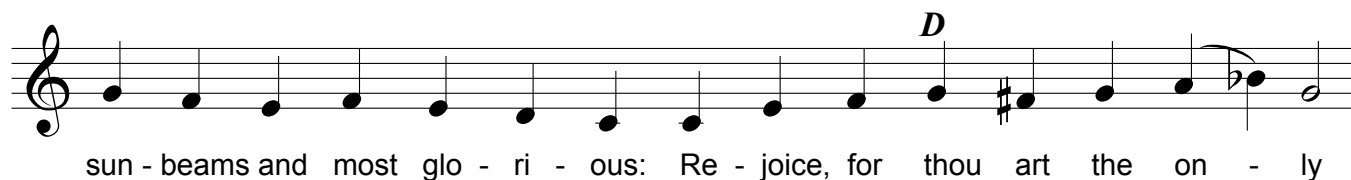
- y cit - y of twelve - - walls, thou gate o - ver - laid with gold, nup - tial

D *F*

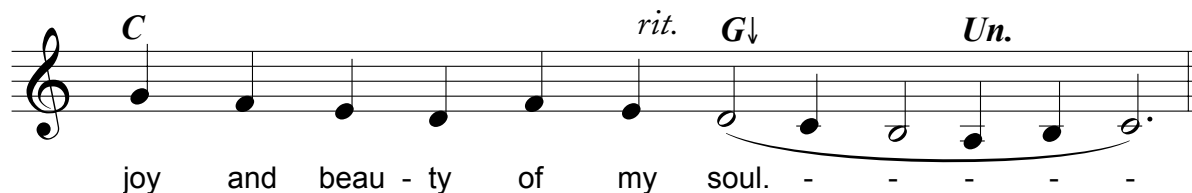
cham - ber of state - ly form, come - ly ta - ble of - fair -

G *C*

- est - gold; bright dwell - ing - place di - vine - ly a - dorned, Bride be - decked with



Final Ending:



THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us, and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another, and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

PSALM 50

Reader: Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions, blot out my transgression.

Wash me thoroughly from my iniquity and cleanse me from my sin.

For I acknowledge my iniquity, and my sin is continually before me.

Against You only have I sinned and done this evil before You; that You may be justified in Your words, and prevail when You are judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, You have loved truth; the hidden and secret things of Your wisdom You have made clear to me.

You will sprinkle me with hyssop, and I will be made clean; You will wash me, and I will be made whiter than snow.

You will make me hear joy and gladness; the bones that have been humbled will rejoice.

Turn Your face away from my sins, and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Your presence, and take not Your Holy Spirit from me.

Restore to me the joy of Your salvation, and with Your governing Spirit establish me.

I will teach transgressors Your ways, and the ungodly will turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, my tongue will rejoice in Your righteousness.

O Lord, You will open my lips, and my mouth will declare Your praise.

For if You had desired sacrifice, I would have given it; with whole burnt offerings You will not be pleased.

A sacrifice to God is a broken spirit, a heart that is broken and humbled God will not despise.

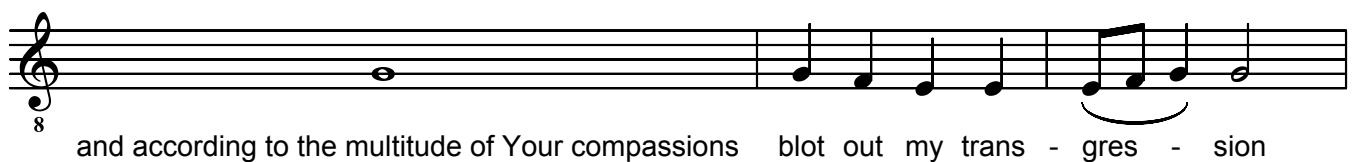
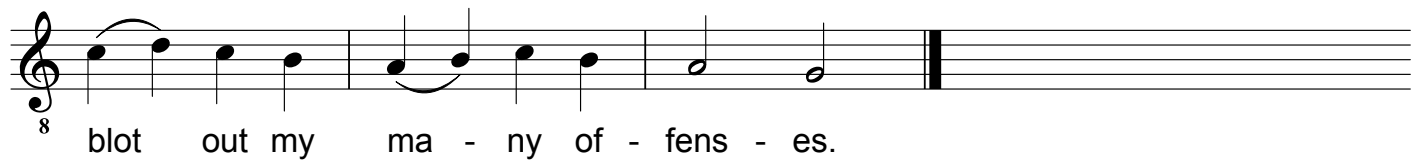
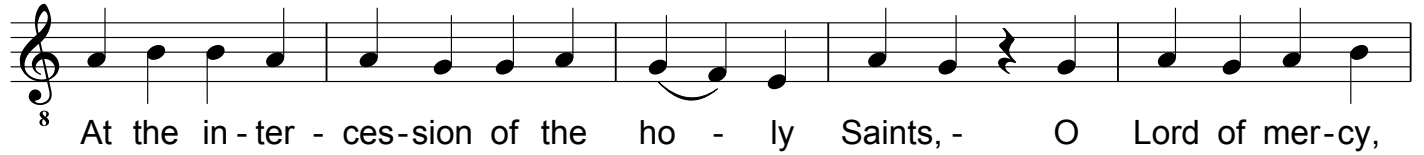
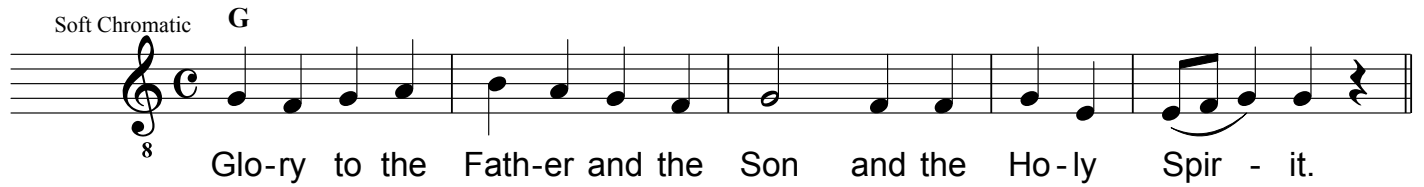
Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built;

Then you will be pleased with a sacrifice of righteousness, with oblation and whole burnt offerings;

Then shall they offer young bulls on Your altar. And have mercy on me, O God.

INTERCESSORY TROPARIA

Mode 2g.



INTERCESSORY PRAYER

Priest/Deacon: O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary; the power of the precious and life-giving Cross; the protection of the honorable, bodiless Powers of heaven; the supplications of the honorable and glorious prophet, and forerunner John the Baptist; the holy, glorious, and praiseworthy Apostles; our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker and Charalambos the Hieromartyr; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; [the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriakè, Fotenè, Marina, Paraskevè and Irene;] of our holy God-bearing Fathers; (the patron saint of the church); the holy and righteous ancestors of righteous ancestors of God Joachim and Anna; Macrina the Righteous, sister of St. Basil; Dios, Abbot of Antioch; Seraphim of Sarov; and Saint Theodore, Bishop of Edessa, whose memory we celebrate; and of all your Saints; we beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

Choir: Lord have mercy. (12)

Priest: Through the mercy, compassion, and love of mankind of your only begotten Son, with whom you are blessed, together with your all holy, good and life-giving Spirit, now and forever and to the ages of ages.

Reader: Amen.

KONTAKION OF SAINT DIUS

Mode 2. Thou soughtest the heights

Reader: In God, thou wast armed * with purity of heart and soul; * and taking in hand * unceasing prayer as though as spear, * Father Dios, thou didst mightily cut down all the demonic hordes, * thou who workest wonders and signs * (*intoned*) and prayest unceasingly for all of us.

KONTAKION OF SAINT SERAPHIM

Mode 2.

Reader: Having left the beauty of the world and what is corrupt therein, O Saint, thou didst settle in the Monastery of Sarov. And having lived there an angelic life, thou wast for many the way unto salvation. Wherefore, Christ hath glorified thee, O Father Seraphim, and hath

enriched thee with the gift of healing and miracles. And so we cry to thee: (*intoned*) *Rejoice, O Seraphim, our holy Father.*

OIKOS OF SAINT DIUS

Reader: How shall I praise thy struggles, wretched as I am, O righteous Father? And how shall I describe the sea of thy tears? For thou becamest eminent for thy way of life, and didst attain unto the Angels' choir, having put to death well nigh all the passions by temperance, O wise Dios; making thy flesh to toil like a slave, thou madest it subject to the spirit; holding prayer as a sword, thou smotest down the prince of darkness; (*intoned*) *and thou prayest unceasingly for all of us.*

OIKOS OF SAINT SERAPHIM

Mode 2.

Reader: Having left thy kindred and friends, and considering riches to be dust, thou didst settle in the wilderness of Sarov. And having, like one bodiless, cast down the passions, thou was deemed worthy to stand with the choirs of angels. Therefore, since thou hast received spiritual understanding, grant unto us, O righteous Father, to chant unto thee with understanding, saying thus:

Rejoice, blessed Seraphim, heavenly man and earthly angel; *rejoice*, imitator of the love of Christ.

Rejoice, habitation of the Holy Spirit; *rejoice*, great joy of the downcast.

Rejoice, source of healing; *rejoice*, sweet comfort of the sorrowful.

Rejoice, quiet haven of monastics and the most wise teacher; *rejoice*, praise of the Russian land.

Rejoice, O Seraphim, our holy Father.

SYNAXARION

Reader: On the nineteenth of this month we commemorate our righteous Mother Macrina, sister of Saint Basil the Great.

Verses

Sisterly-minded to thy brethren, O Macrina,
Thou dwellest with them on high fraternally also.

On the nineteenth Angels took Macrina hence.

On this day we commemorate Saint Emily, mother of Saint Macrina.

On this day we commemorate our righteous Father Dius the Wonderworker, who was from Antioch in Syria and reposed in Byzantium.

Verses

O namesake of deity, thou tastest death also,
Thou glorious of name, but more so in thy labors.

On this day we commemorate the recovery of the holy relics of our righteous and God-bearing Father Seraphim of Sarov.

Verses

The earth doth now surrender the earthen vessel
Of him whose very flesh shone with light from Heaven.

On the nineteenth Seraphim shone out of the earth.

On this day the holy Four Fellow Ascetics reposed in peace.

Verses

Four men, the pinnacle and peak of true monastics,
Stand with those Intelligences of fourfold aspect.

On this day we commemorate our Father among the Saints Theodore, who struggled in asceticism in Mar Sabbas Monastery, and afterward became Archbishop of Edessa.

Verses

God hath given thee, O Theodore thrice-blessed,
To Edessa as a gift great and eternal.

On this day we commemorate our righteous Father Abba Diocles.

Verses

Diocles declined from all things vain and idle,
And found him undying glory as Christ's servant.

On this day we commemorate Saint Gregory, Bishop of Panedus, New Confessor for the holy icons' sake.

On this day we commemorate the holy Virgin Martyrs Justa and Rufina of Seville.

On this day the holy Virgin Martyr Aurea was beheaded in Cordova by the Moors in the year 856.

On this day we commemorate the blessed Romanus, Prince of Ryazan.

On this day we commemorate our righteous Father Païsius of the Kiev Caves.

On this day we commemorate Saint Stephen, Prince of Serbia, and his mother, Saint Militsa.

(intoned) By their holy intercessions, O God, have mercy on us. Amen.

KATAVASIAE

Mode 4e.

Ode i

Diatonic E D E

My mouth shall I o - pen wide and it will thus be with Spir - it

filled. A word shall I then pour out un - to the Moth - er and Queen.

I will joy - ous - ly at - tend the cel - e - bra - tion and sing to her

mer - ri - ly, laud - ing her mir - a - cles.

Ode iii

Diatonic **E** **G**

Es - tab - lish your ser - vants who ex - tol you, O

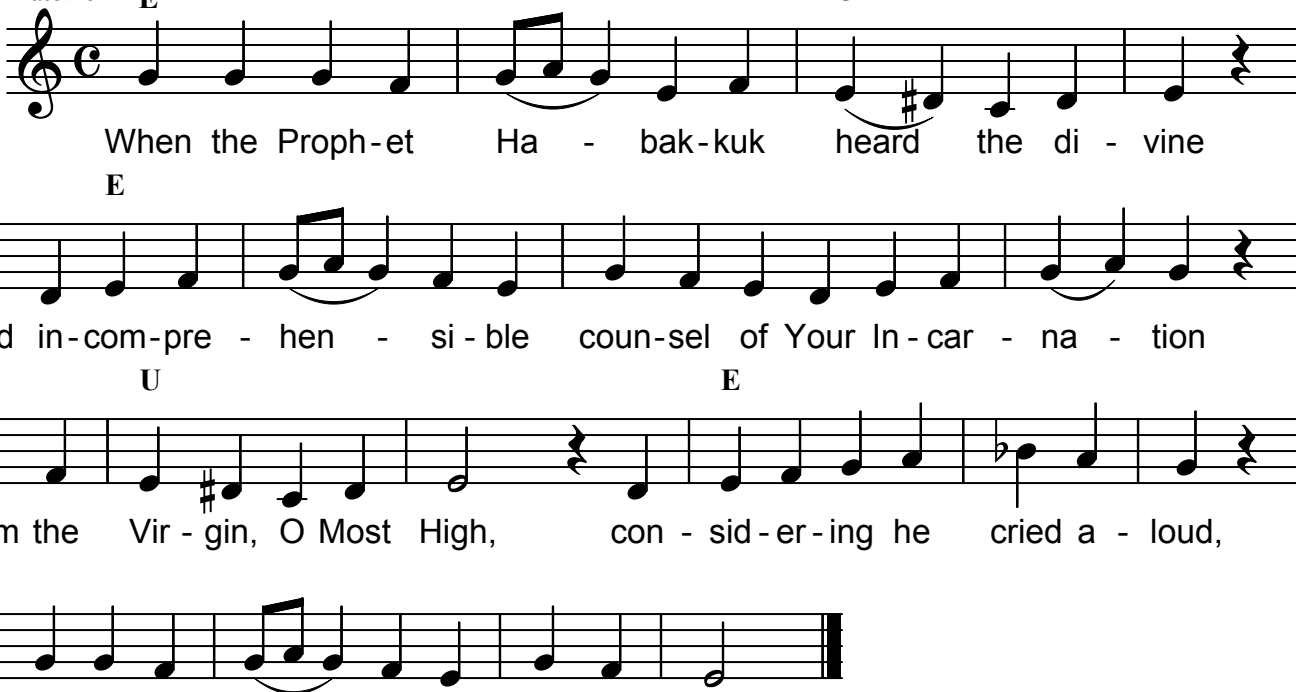
Moth - er of God, for they have formed a spir - i - tu - al choir for

you, the liv - ing and a - bun - dant fount; and crowns of glo - ry

gra - cious - ly in your di - vine glo - ry grant to them.

Ode iv

Diatonic E U



When the Proph-et Ha - bak-kuk heard the di - vine

E

and in-com-pre - hen - si - ble coun-sel of Your In - car - na - tion

U E

from the Vir - gin, O Most High, con - sid - er - ing he cried a - loud,

"Glo-ry to Your pow - er, O Lord my God."

Ode v

Diatonic E D E D

A - mazed was the u - ni - verse by your di - vine mag-

E

- nif - i - cence. For while nev - er con - sum - mat - ing wed - lock,

G

you held, O Vir - gin, the God of all in your womb, and

E U

gave birth un - to a time-less Son, Who a - wards sal - va - tion to

E

all who chant hymns of praise to you.

Ode vi

Diatonic D



Let us, pos - sessed of a god - ly mind, ob - serv-ing this di-

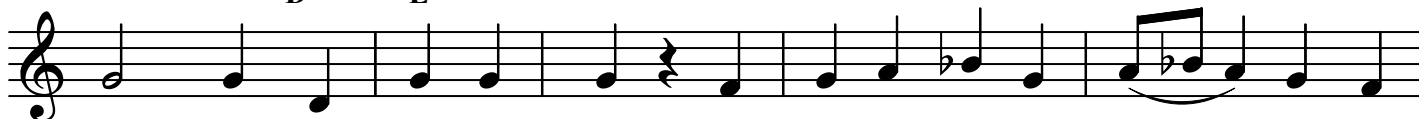
E



- vine and all - ven - er - a - ble feast in hon - or of the The - o-

D

E



- to - kos, come clap our hands, while glo - ri - fy - ing God, who was



tru - ly born of her.

Ode vii

Diatonic E D E

God - ly - mind - ed three did not a - dore cre - at - ed

D E U

things in the Cre - a - tor's stead, but brave-ly tram - pling up-

E

- on the threat of the fur-nace fire, chant-ed joy-ful - ly, "O su-

D E

- preme - ly praised and most ex - alt - ed Lord and God of the

fa-thers, You are bless - ed."

Ode viii

Diatonic D E

We praise and we bless and we wor - ship the Lord.

E G

Pi - ous chil - dren stood with - in the fur - nace. The Child of the

E

The - o - to - kos went and res - cued them. He who was pre - fig - ured

C D U G

then, man - i - fest - ly ac - tive now, is gath - er - ing to - geth - er

E D

the en - tire u - ni - verse to sing the hymn: "O

E

praise and su - preme - ly ex - alt the Lord, O all you His

works, un - to the a - ges."

MAGNIFICAT

*Mode 4.***Mode 4. Heirmologic.****Verse 1**

Diatonic **E**




8 My soul magnifies the Lord and my spir - it has re - joiced in God my Sav - ior

E **C** **D**



8 Great - er in hon - or than the Che - ru - bim and in glo - ry great-

E



8 - er be - yond com - pare than the Se - ra - phim you with - out cor - rup-



8 - tion gave birth to God the Word and are tru - ly The - o - to - kos



8 You do we mag - ni - fy

Verse 2



Verse 3

8 For the Mighty One has done great things to me, and ho - ly is His Name; and His

E

8 mercy is on them that fear Him un - to gen - er - a - tion and gen - er - a - tion

E C D

8 Great - er in hon - or than the Che - ru - bim and in glo - ry great -

E

8 - er be - yond com - pare than the Se - ra - phim you with - out cor - rup -

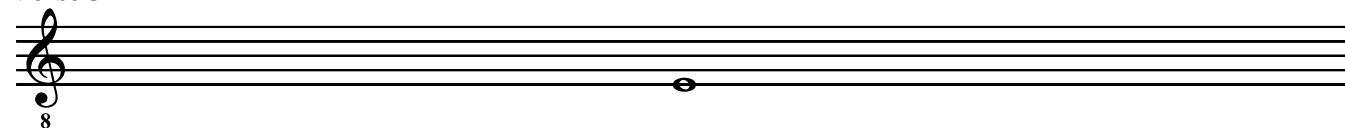
8 - tion gave birth to God the Word and are tru - ly The - o - to - kos

8 You do we mag - ni - fy

E

8 You do we mag - ni - fy

Verse 5



He deposed the mighty from their thrones, and exalted the humble;

E

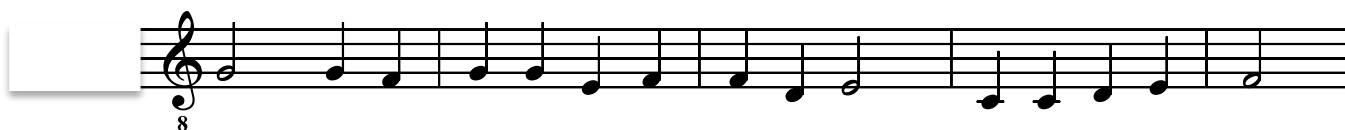


He filled the hungry with good things, and the rich He sent emp - ty a - way

E

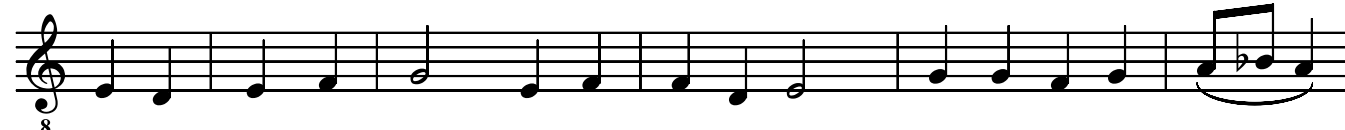
C

D



Great - er in hon - or than the Che - ru - bim and in glo - ry great -

E



- er be - yond com - pare than the Se - ra - phim you with - out cor - rup -

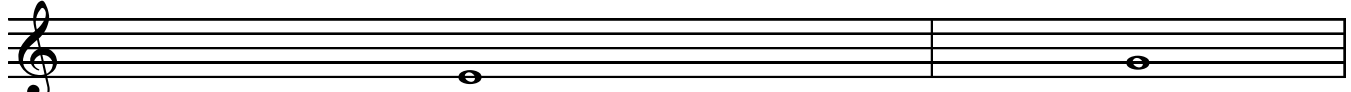


- tion gave birth to God the Word and are tru - ly The - o - to - kos



You do we mag - ni - fy

Verse 6



He has helped His servant Israel in remembrance of His mercy, as He spoke to our fathers,



to A - bra-ham and his seed for - ev - er

**For *Holy is the Lord*
and the Eothinon
Exaposteilarion,
go to page 207.**



Great - er in hon - or than the Che - ru - bim and in glo - ry great -



- er be - yond com - pare than the Se - ra - phim you with - out cor - rup -



- tion gave birth to God the Word and are tru - ly The - o - to - kos



You do we mag - ni - fy

Katavasia

Mode 4.

Ode ix

Diatonic E C E

All you born on earth, with fes - ti - val lamps in hand, in

spir - it leap for joy; heav - en - ly in - tel - li - gen - ces of in - cor -

- po - re - al An - gels, cel - e - brate, and hon - or thus the

sa - cred feast of the Moth - er of God, cry - ing loud - ly:

"O re - joice, all - bless - ed one, ev - er - vir - gin and pure, who gave

birth to God."

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us, and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious * Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another, and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For all the powers of heaven praise you and give you glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

EXAPOSTEILARION OF SAINT SERAPHIM

Mode 3. Thou Who as God adornest.

F *D* *C* *F* *D* *Un.*

On stone thou stood-est pray - - - ing to dash thy foes a - gainst - - the

F *D* *C* *F* *D*

rock; and now, O Ser - a - phim, quick - - - ly break through my ston - i -

Un. *F* *G* *C*

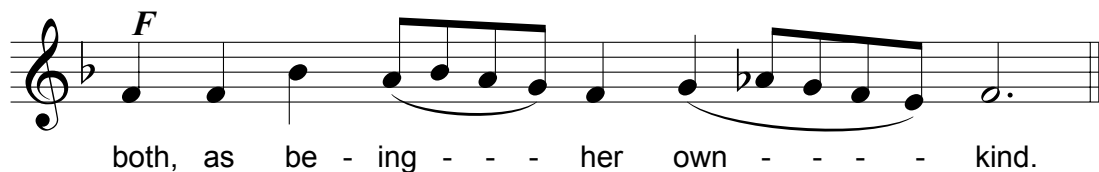
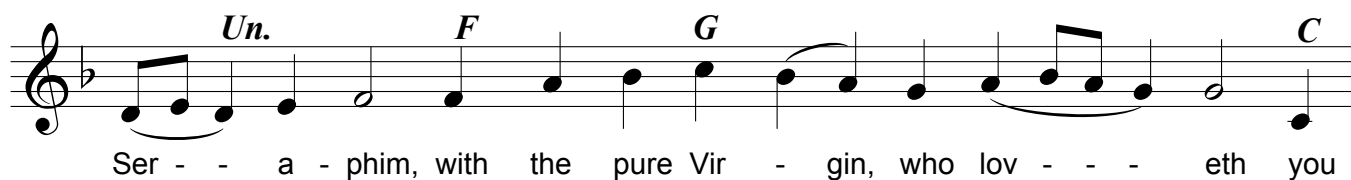
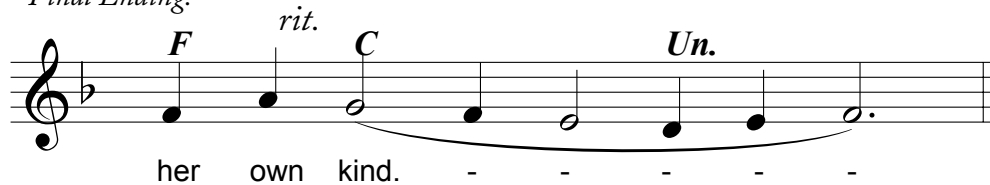
- ness - - of heart, that I may keep thy - re - mem - - - brance with

F

joy of soul and - - - com - punc - - - tion.

Theotokion

Mode 3. Thou Who as God adornest.

*Final Ending:*

LAUDS (PRAISES)

Mode pl. 4.

Sticheraric Melodies

Let Every Breath

Diatonic C

8 Let ev - ery breath praise the

8 Lord Praise the Lord from the

8 heav - ens praise Him in the

8 high - est To You O God is due

8 our song

Praise Him

8 C D

Praise Him all you His

8 C G

An - gels Praise Him all

8 D

you His hosts To You O God is

8 C

due our song

Prosomoia Stichera

Mode pl. 4. What shall we now call you.

First Hymn of Praise

To do among them the judgment that is written; this glory shall be to all His saints.


How shall we ex - tol thee, O Ser - a - phim? As the glo - ry

and the main - stay of the might - y Rus - sian land; as the com - fort

and pro - tec - tor of all right - be - liev - ing souls; the pin - na -

- cle and flow - er of as - cet - ic Saints; the earth - born friend and

ri - val of an - gel - ic hosts; the The - o - to - kos' be -

- lov - ed child; a king en - throned - with the King of kings. Do thou -

en - treat Christ the Sav - ior that our souls - be - saved.

Second Hymn of Praise

Praise God in His saints; praise Him in the firmament of His power.

How to praise this six - wing - ed man of prayer? As a mer - chant

of great en - ter - prise who sold all earth - ly things to ob - tain the

Pearl be - yond all price, where - with he now is rich; a Mar - tyr

who in will hath died a dai - ly death; the bor - der of Christ's

gar - ment, heal - ing all with faith; a sea of peace, - in whose

si - lent depths the car - nal mind, - sink - ing help - less - ly, was choked -

and - drowned, and the in - ward light of God - sprang - forth.

Third Hymn of Praise

Praise Him for His mighty acts; praise Him according to the multitude of His greatness.

C

What name shall we give thee, O friend of God? Liv - ing heav - en

that shone bright - ly with the gen - tle - ness of Christ and de - clared by

D

deeds the glo - ry of our God through - out thy life; a wall - of

C *D*

prayer im - preg - na - ble and dread to foes, de - fend - ing them that

C

hon - or thee with ar - dent faith; a skilled phy - si - cian, whose

G

med - i - cine was fer - vent love - heal - ing wound - ed souls. Do thou -

C *D* *C*

en - treat Christ the Sav - ior that we all - be - saved.

Fourth Hymn of Praise

Praise Him with the sound of trumpet; praise Him with the psalter and harp.

Who can praise thy vir - tue be - fit - ting - ly? be - ing bent in
 bod - y, thou wast whol - ly up - right in thy ways; ta - ken up to
 high - est Heav - en, thou dost bow down to our cries: from glo - ry
 un - to glo - ry didst thou swift - ly mount, ex - alt - ed by thine
 un - ex - celled hu - mil - i - ty. Thou, be - ing last - with re -
 - spect to time, art with the first - of the great - est Saints. O Ser -
 - a - phim, in - ter - cede with Christ to save - us - all.

Final Ending:

in - ter - cede with Christ to save us all. - - - -

Mode pl. 2.

Glory to the Father, and to the Son, and to the Holy Spirit.

Thou foughtest unto blood the war against sin, O God-bearing Father Seraphim, until thou becamest a dwelling of the Spirit of Peace. Wherefore, thousands of souls were saved around thee, and thy words and thy prayers became a ladder, whereon multitudes of virgins ascended to the bridechamber of Christ. And now as thou lookest upon the glories whereof thou taughtest thy children, and seest face to face Him Whom thou hast loved, cease never to entreat the Lord for us who honor thee.

Theotokion

Both now and ever and to the ages of ages. Amen.

O Theotokos, thou art the true vine that hath blossomed forth the Fruit of Life. Thee do we supplicate: Intercede, O Lady, together with the righteous one and all the Saints that our souls find mercy.

THE GREAT DOXOLOGY

Mode pl. 4.

Duration: 6:00

Allegro ♩=140

Plagal Fourth Mode

Brief Version

by Manuel the Protopsaltis
of Byzantium (d. 1819)
English Adaptation by
Hieromonk Ephraim

1



Glo - ry be to You Who showed the light. Glo - ry in the high - est to God,



and on earth— peace, good will— a - mong men.

2



We praise— You; we bless— You; we wor - ship You; we glo - ri - fy— You;



we give thanks to You for Your great— glo - ry.

3



O Lord,— King,— heav - en - ly God, the Fa - ther Al-might - y,



O Lord the on - ly - be - got - ten Son, Je - sus Christ, and the Ho - ly Spir - it.

4



O Lord,— God,— Lamb of God, Son— of the Fa - ther, Who take a - way

Brief Doxology - Plagal Fourth Mode



Brief Doxology - Plagal Fourth Mode

8



9

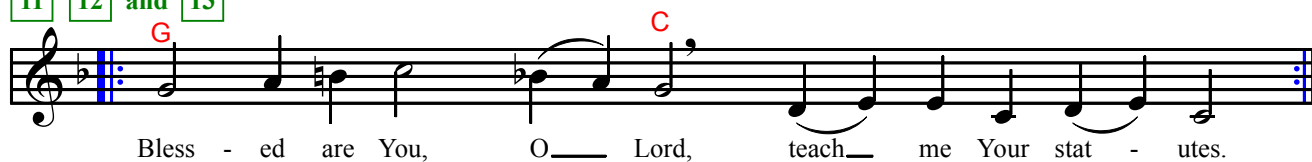


10

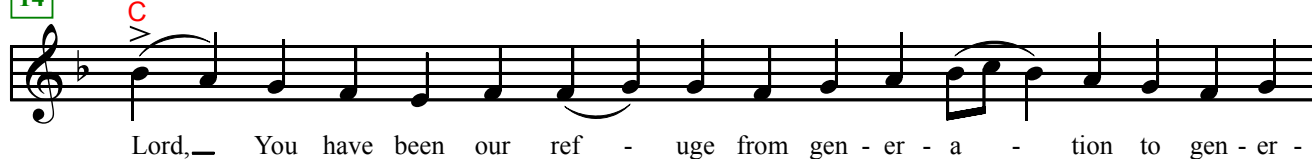


11

12 and 13



14



Brief Doxology - Plagal Fourth Mode

sinned a - gainst_ You.

15



O Lord, to You_ have_ I fled for ref - uge; teach me_ to do Your



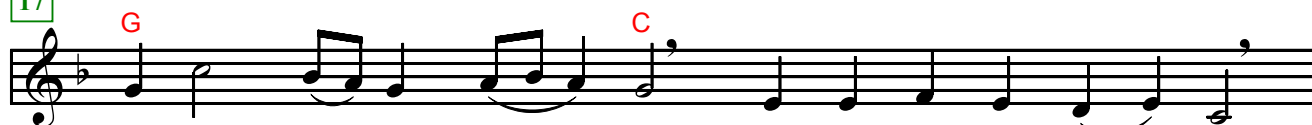
will, for You_ are my God.

16



For in You_ is the foun - tain of life; in Your light_ we shall see_ light.

17



Con - tin - ue_ Your mer - cy un - to those who know_ You.

18



Ho - ly_ God,_ ho - ly_ Might - y, ho - ly Im -



mor - tal, have mer - cy on us.

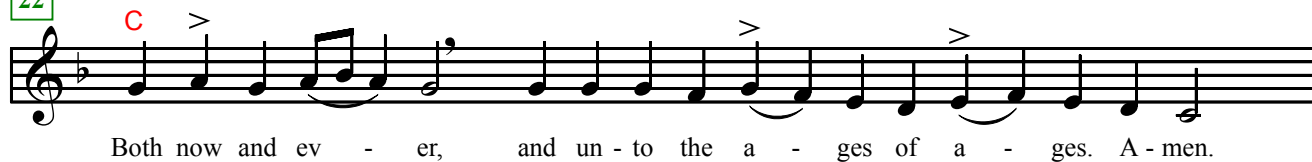
21



Glo - ry to the Fa - ther and to the Son and to the Ho - ly Spir - it;

Brief Doxology - Plagal Fourth Mode

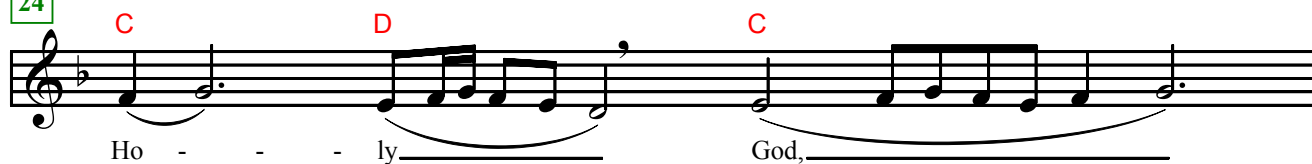
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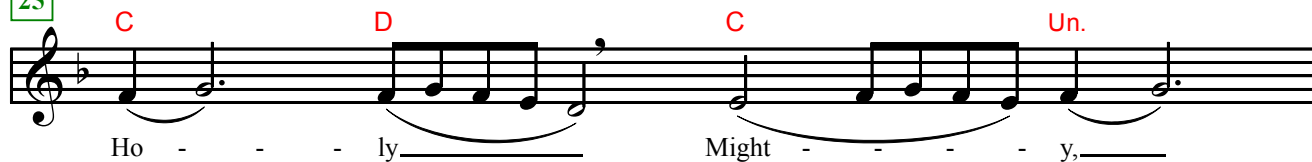
23

**Adagio** ♩=70**Asmatikon**

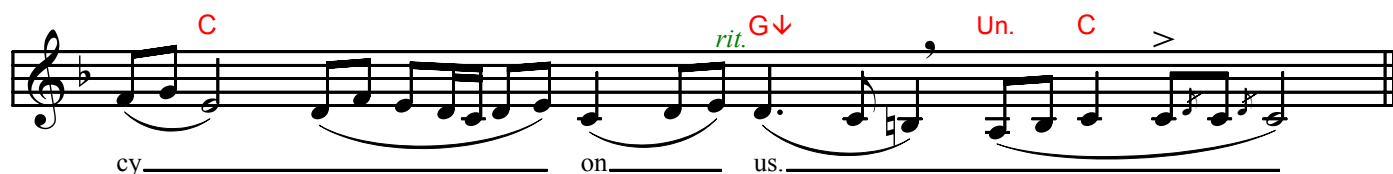
24



25



26



APOLYTIKION

Saint Macrina, the Sister of Saint Basil the Great

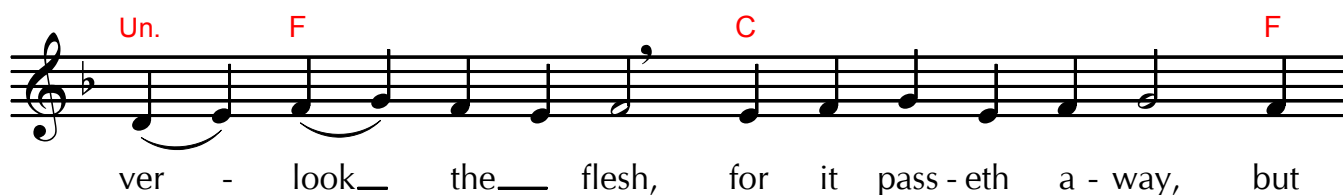
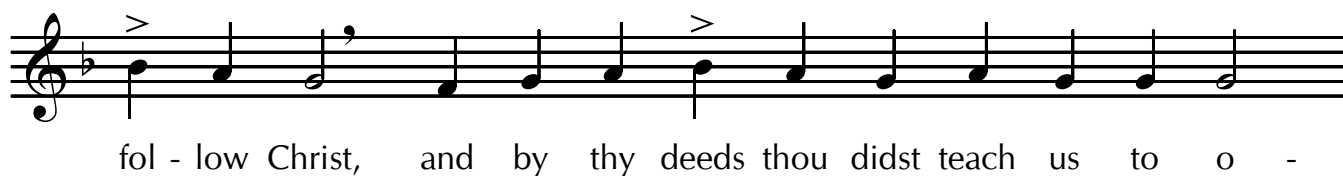
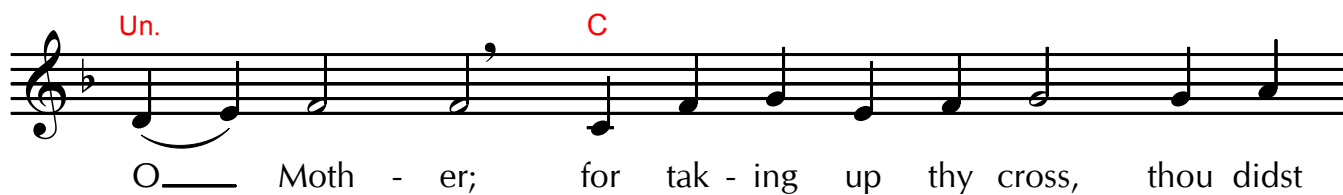
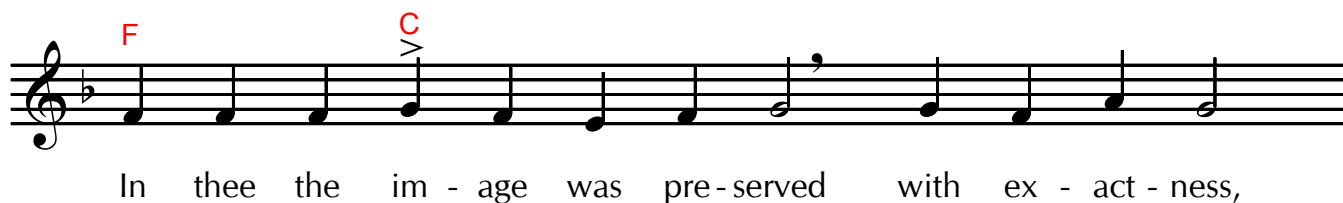
July 19. Mode pl. 4.

Plagal Fourth Mode

Intonation: #25

Allegro ♩=150

Ἐν σοὶ Μητέρα ἀκριβῶς



to at - tend_ to_ the soul since it is im - mor -

tal. Where - fore, O right - eous Mac - ri - na, thy spir - it re -

joic - eth with the An - gels.