

Typika

Maui Orthodox Christian Mission

Metropolis of San Francisco

Greek Orthodox Archdiocese of America

Service held at Saint Theresa Church

Kihei, Maui, Hawaii

(Dated: March 16, 2013)

Content generously provided by Fr. Jerome Cwiklinski, Captain, Chaplain, U.S. Navy

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THE TYPIKA

Reader: Through the prayers of our holy fathers, Lord, Jesus Christ our God, have mercy upon us. Amen.

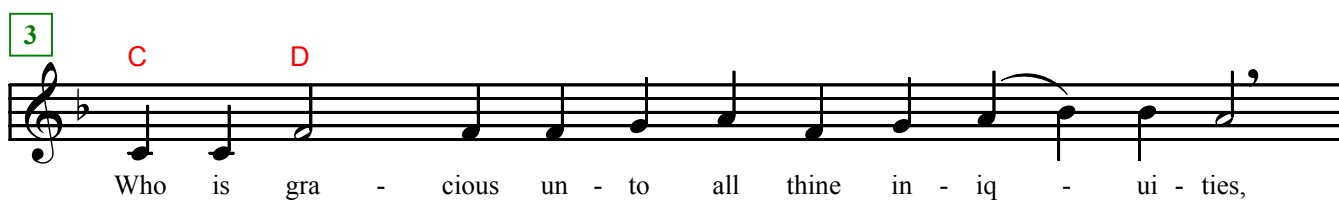
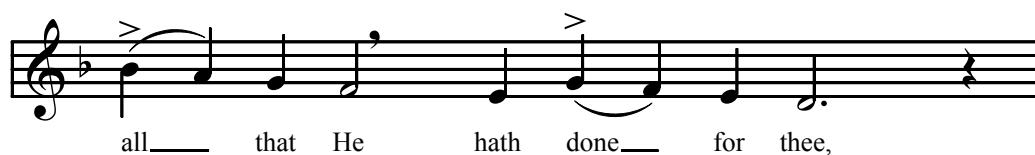
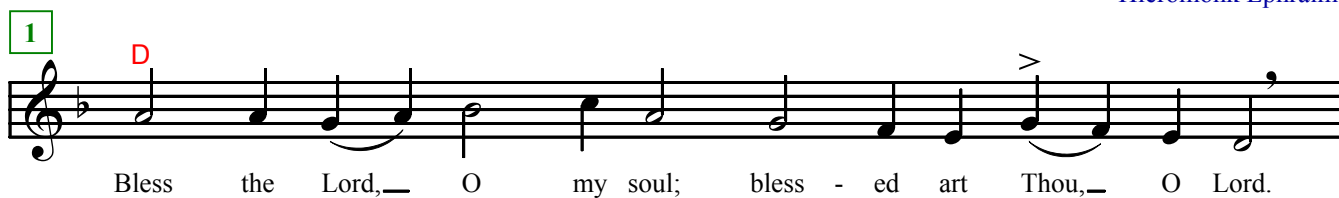
People: Lord, have mercy. (3)

The First Antiphon

*Psalm 102(103)***First Stasis**
Psalm 102

Duration: 4:15

Plagal First Mode

by Hieromonk Hierotheos
of Philotheou Monastery
English Adaptation by
Hieromonk Ephraim**Presto** ♩=190



Who heal - eth all___ thine in - fir - mi - ties,



Who re - deem - eth thy life from cor - rup - tion, Who crown - eth thee



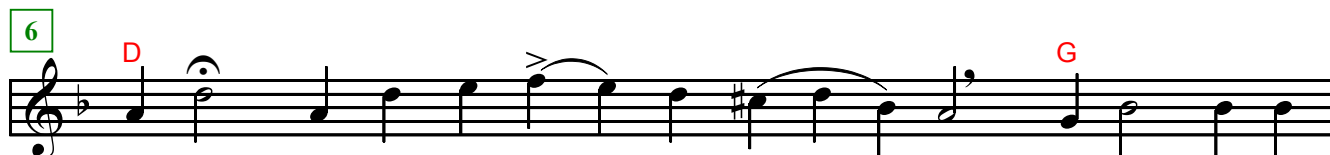
with mer - cy and com - pas - sion,



Who ful - fill - eth thy de - sire___ with good___ things; thy youth shall



be re - newed as the ea - gle's.



The Lord per - form - eth deeds___ of mer - cy, and ex - e - cu -



teth judg - ment for all them that are wronged.



He hath made His ways known un - to Mo - ses, un - to the sons of



Is - ra - el the things that He hath willed.

8



Com - pas - sion - ate and mer - ci - ful is the Lord, long - suf - fer - ing



and plen - te - ous in mer - cy; not un - to the end will He be an - gered,



nei - ther un - to e - ter - ni - ty will He be wroth.

9



Not ac - cord - ing to our in - iq - ui - ties hath He dealt with us,



nei - ther ac - cord - ing to our sins hath He re - ward - ed us.

10



For ac - cord - ing to the height of heav - en from the earth, the Lord hath made



His mer - cy to pre - vail o - ver them that fear Him.

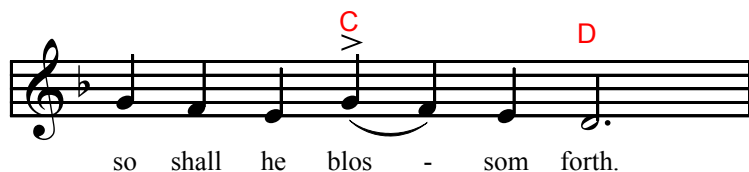
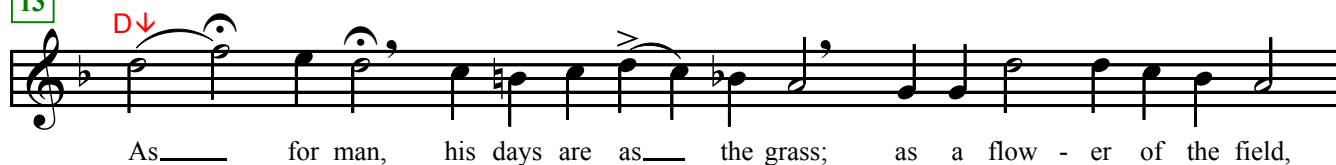
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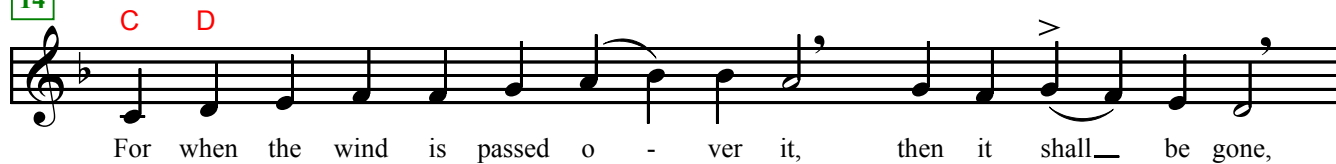
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13



14

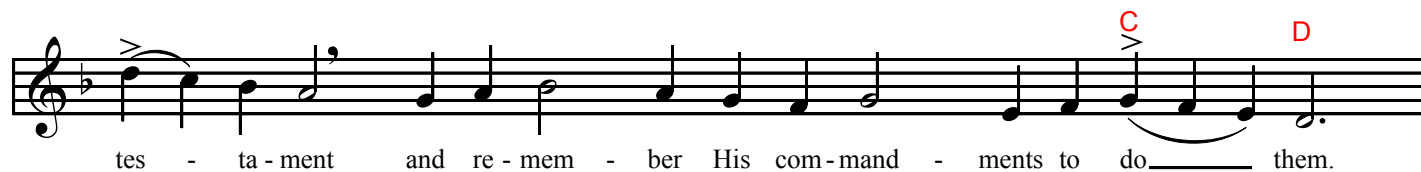
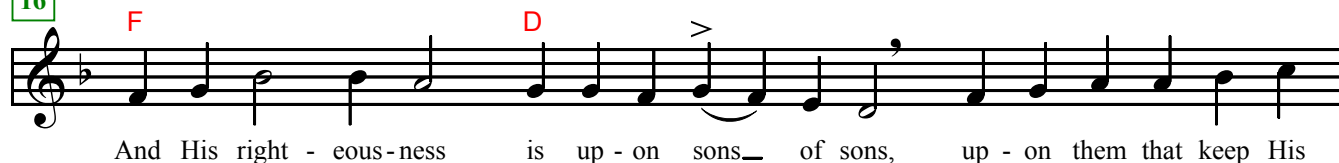




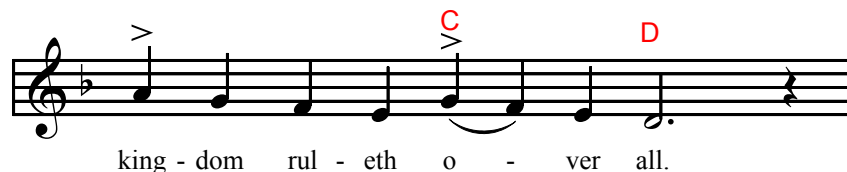
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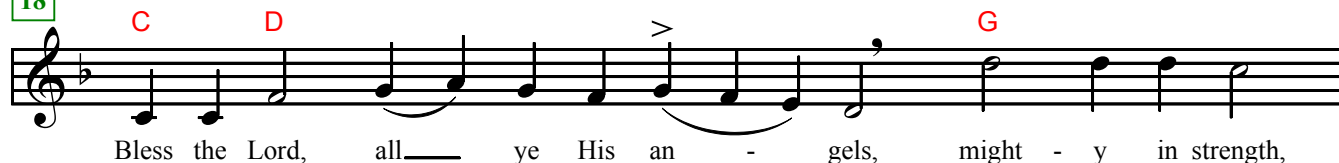
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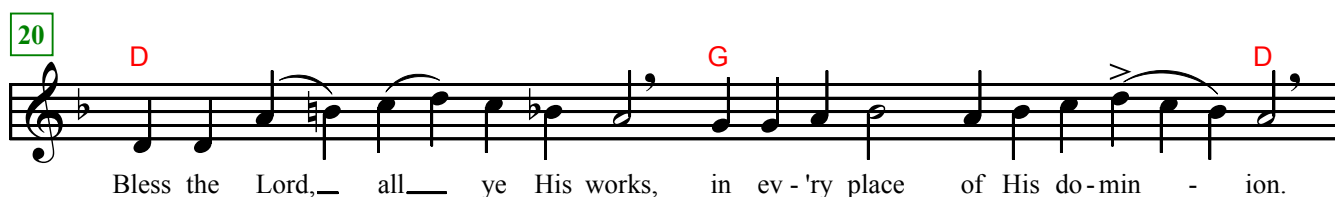
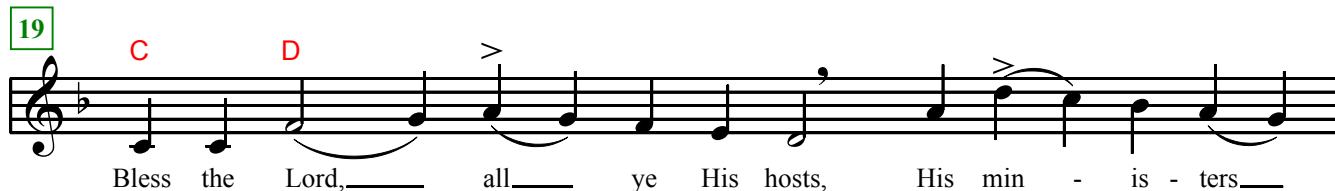


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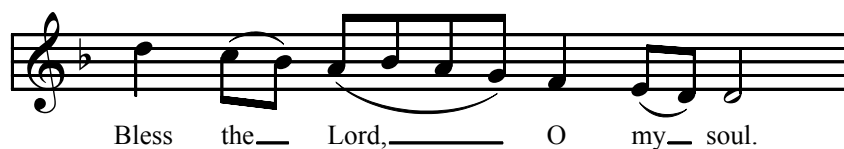


18





Andante ♩=100



23

Bless the Lord, O my soul, and all that is within me, bless His holy Name; blessed art Thou, O Lord.

The musical score is written on three staves in G major (one sharp). The first staff begins with a green box containing the number 23. The melody is marked with red notes: D (first measure), G (fourth measure), and D (eighth measure). The lyrics are: "Bless the Lord, O my soul, and all that is within me,". The second staff continues the melody with lyrics: "bless His holy Name; blessed art Thou, O". The third staff concludes with the lyrics "Lord." and a red note D. The piece ends with a double bar line.

Reader: Lord, have mercy. (3)

The Second Antiphon

*Psalm 145(146)***Psalm 145**

Duration: 3:00

Plagal First Mode

by Hieromonk Hierotheos
of Philotheou Monastery
English Adaptation by
Hieromonk Ephraim**Presto** ♩=200

1

D



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it;



Praise the Lord, O my soul. I will praise the Lord in my life,



I will chant un - to my God for as long as I have my be - ing.

2

D↓



Trust ye not in prin - ces, in the sons of men, in whom there



is no sal - va - tion.

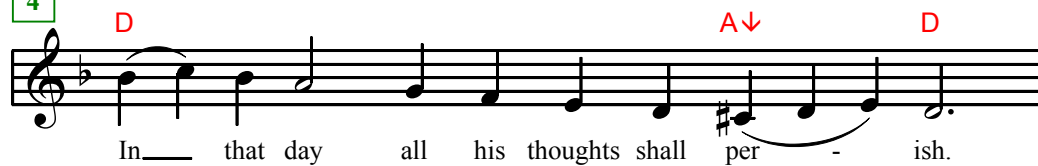
3

D

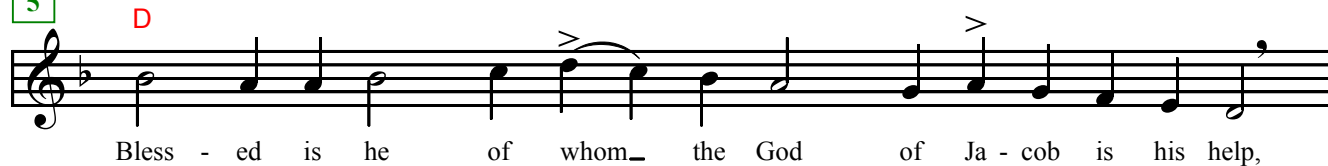


His spir - it shall go forth, and he shall re - turn un - to his earth.

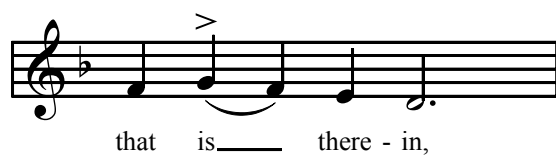
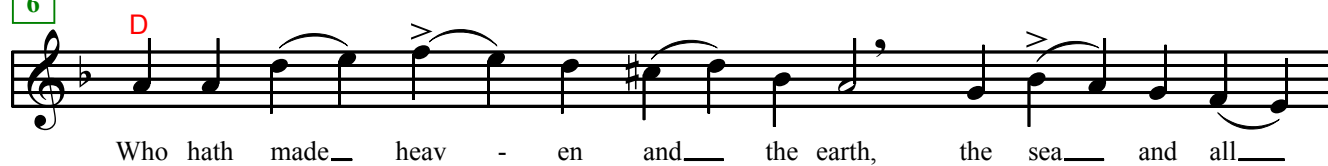
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5



6

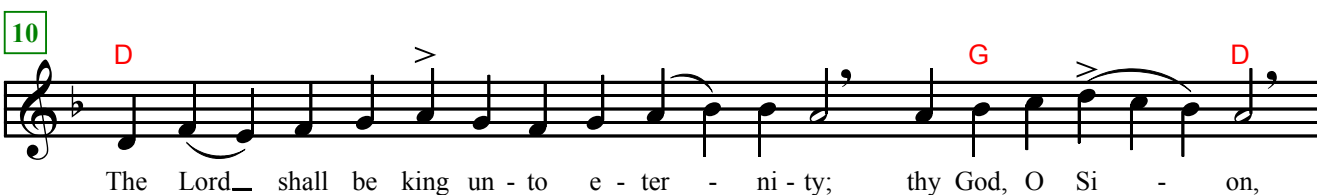
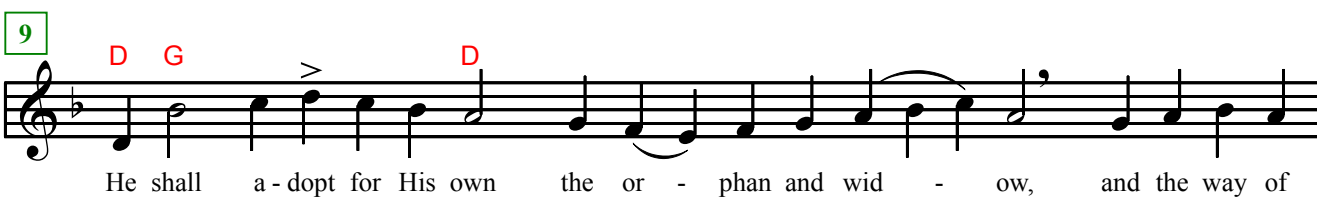
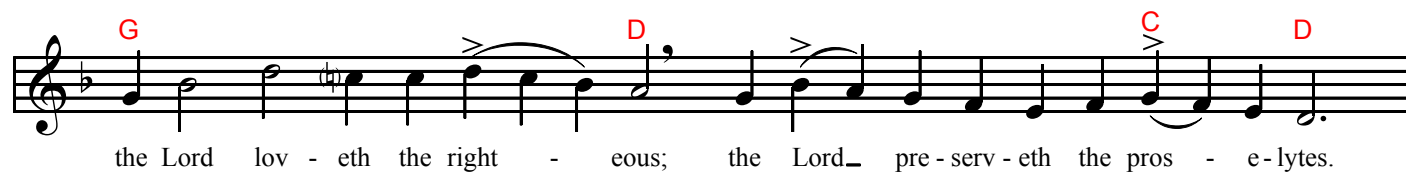
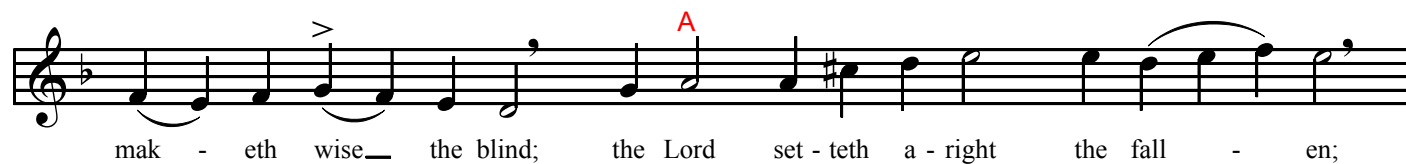


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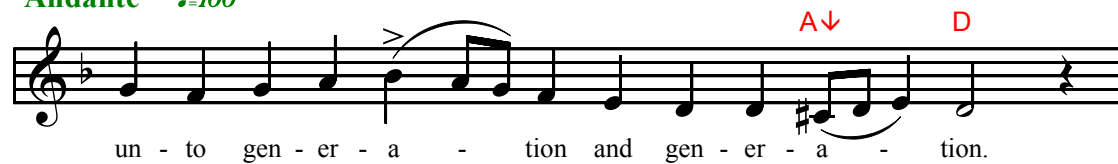


8





Andante ♩=100



Troparion by Emperor Justinian I (527-565)

Moderato ♩=120

On - ly - be - got - ten Son and Word of God, Thou Who art im -

mor - tal, and didst con - de - scend for our sal - va - tion to be - come in - car - nate

of the ho - ly The - o - to - - - kos and ev - er vir - gin Mar - y, with - out

change be - com - ing man, Who wast cru - ci - fied, O Christ our God,

by death tram - pling down up - on death: Thou Who art one of the Ho -

ly Trin - i - ty, glo - ri - fied with the Fa - ther and with the Ho - ly

Spir - it, save us.

Reader: Lord have mercy. (3)

The Third Antiphon

First Tone

The Beatitudes

N. Takis

Moderato

In thy King-dom re - mem-ber me, O Lord, when thou com-est in thy

King - dom. Bles-sed are the poor in Spi-rit, for theirs is the

King - dom of the Hea - vens. Bles - sed are they that mourn, for

they shall be com-for-ted. Bles-sed are the meek, for they shall in-

- her - it the earth. Bles-sed are they that hun-ger and thirst af-ter

right-eous-ness, for they shall be filled. Bles-sed are the mer-ci-ful

for they shall ob - tain mer - cy. Bles-sed are the pure in heart, for

2

they shall see God. Bles - sed are the peace - mak - ers, for

they shall be called the chil-dren of God. Bles - sed are they who are

per-se-cut-ed for right-eous-ness' sake, for theirs is the King-dom of the

Hea - vens. Bles - sed are ye when men shall re - vile you and

per - se-cute you, and say all man-ner of e-vil a - gainst you false-ly

rit. for my sake: Re - joice and be ex - ceed-ing glad, for great is your re-

rit. - ward in the Hea - vens.

Glory to the Father, and to the Son, and to the Holy Spirit. Now and ever, and unto ages of ages. Amen.

The Introit

Come let us bow down

Voice

Come let us bow down and wor - ship - Christ. O Son of

6

God, who is won - drous in Your saints, save us who sing to You:

11

Al - le - lu - - - - ia.

*On Sundays we sing “Who rose from the dead,” but on weekdays sing “Who art wondrous in the saints,” unless it is a feast of the Theotokos, in which case we sing “Through the prayers of the Theotokos.” If it is a great feast of the Lord, we sing the appointed Entry Verse, or “Introit.”

Troparia

SAINT CHRISTODULUS OF PATMOS

March 16

Apolytikion

Plagal Fourth Mode

Intonation: #25

Allegro ♩=150

Ἐν σοὶ Πάτερ ἀκριβῶς

In thee the im - age was pre-served with ex - act - ness,

O — Fa - ther; for tak - ing up thy cross, thou didst

fol - low Christ, and by thy deeds thou didst teach us to o -

ver - look — the — flesh, for it pass - eth a - way, but

to at - tend — to — the soul since it is im -

mor - tal. Where-fore, O right - eous Chris - to - du - lus, thy

spir - it re - joic - eth with the — An - gels.

www.stanthonysonastery.org/music/Menaion.htm

The Trisagion

People:

Moderato*First Tone*

A - men. Ho - ly God, Ho - ly Migh -
 - ty, Ho - ly Im - mor - tal have
 mer - cy on us. (3) Glory to the Father and
 to the Son, and to the Holy Spi - rit, both
 now and forever
 and unto the ages of a - ges. A - men. Ho - ly Im -
 - mor - tal have mer - cy on us.

Maestoso

Priest: With strength.

With strength! Ho - ly God,
 Ho - ly Migh - ty, Ho - ly Im - mor -
 - tal have mer - cy on us.

The Readings from Holy Scripture

The Prokeimenon

Mode Plagal 4. Psalm 149.5,6

The saints shall rejoice in glory.

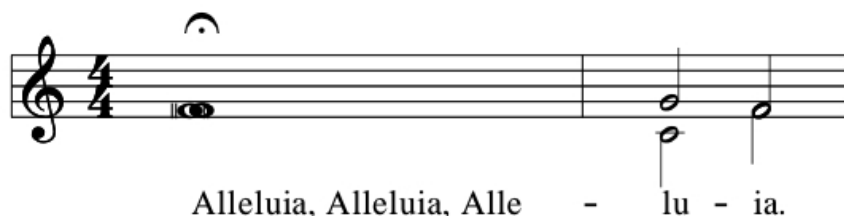
Verse: The high praises of God shall be in their mouths.

The Epistle

Reader: The reading is from St. Paul's Letter to the Galatians. [5:22-26; 6:1-2]

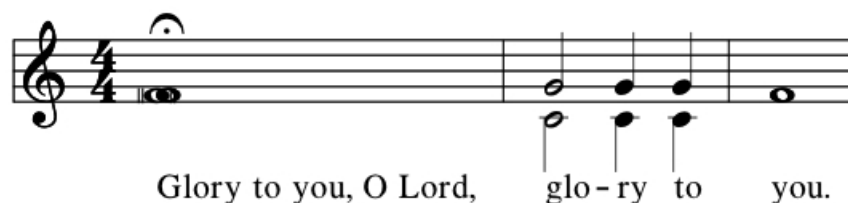
Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ.

The Alleluia verses



Reader: The reading is from the Holy Gospel according to St. Matthew. [6:1-13]

People:



The Gospel

The Lord said, "Beware of practicing your piety before men in order to be seen by them; for then you will have no reward from your Father who is in heaven.

"Thus, when you give alms, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by men. Truly, I say to you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be in secret; and your Father who sees in secret will reward you.

“And when you pray, you must not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, that they may be seen by men. Truly, I say to you, they have received their reward. But when you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

“And in praying do not heap up empty phrases as the Gentiles do; for they think they will be heard for their many words. Do not be like them, for your Father knows what you need before you ask him. Pray then like this:

Our Father who are in heaven, Hallowed be your name, Your kingdom come, Your will be done, On earth as it is in heaven. Give us this day our daily bread, And forgive us our trespasses, As we forgive those who trespass against us; And lead us not into temptation, But deliver us from evil. For yours is the kingdom and the power and the glory, for ever. Amen.”

When the Gospel reading is completed, exclaim once more:

People:



The Reader then reads the following prayer:

Prayer to the Lord of Hosts

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Remember us, O Lord, when Thou comest into Thy Kingdom.

(Reverence)

Remember us, O Master, when Thou comest into Thy Kingdom.

(Reverence)

Remember us, O Holy One, when Thou comest into Thy Kingdom.

(Reverence)

The heavenly choir sings to Thee, and cries:

Ho-ly, Ho-ly, Ho-ly, Lord of an - ge-lic hosts! Hea-ven and earth are
filled with your glo - ry!

Come unto Him and be enlightened, and your faces shall not be ashamed.
The heavenly choir sings to Thee, and cries:

Ho-ly, Ho-ly, Ho-ly, Lord of an - ge-lic hosts! Hea-ven and earth are
filled with your glo - ry!

Glory to the Father, and to the Son, and to the Holy Spirit.
The choir of holy Angels and Archangels, with all the Powers of heaven, sing Thy praises
and do cry:

Ho-ly, Ho-ly, Ho-ly, Lord of an - ge-lic hosts! Hea-ven and earth are
filled with your glo - ry!

Now and ever and unto ages of ages. Amen.

The Symbol of Faith

The decrees of the Ecumenical Councils at Nicaea (325) and Constantinople (381)

People: I believe in one God, Father Almighty, Creator of heaven and earth and of all things visible and invisible.

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all ages.

Light of Light, true God of true God, begotten not created, of one essence with the Father through Whom all things were made.

Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man.

He was crucified for us under Pontius Pilate. He suffered and was buried.

And He rose on the third day, according to the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

And He will come again with glory to judge the living and dead. His kingdom shall have no end.

And in the Holy Spirit, the Lord, the Creator of life, Who proceeds from the Father, Who together with the Father and the Son is worshipped and glorified, Who spoke through the prophets.

In one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins.

I look for the resurrection of the dead and the life of the age to come. Amen.

The Prayer of Forgiveness

Reader: O God, remit, pardon and forgive our sins, whether voluntary or involuntary, whether by words or deeds, whether in knowledge or ignorance, whether by day or night, whether in mind or thought; forgive us all these, for Thou art good and lovest mankind.

The Lord's Prayer

People: Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Reader: O Lord Jesus Christ, Son of God, have mercy on us.

People: Amen.

Kontakia

CHEESE-FARE SATURDAY: THE COMMEMORATION OF ALL OUR RIGHTEOUS AND GOD-BEARING ASCETICAL FATHERS AND MOTHERS

Kontakion

Plagal Fourth Mode
"As first-fruits of our nature"

Intonation: #25

Allegro ♩=150

Ὡς εὐσεβείας κήρυκας



As preach-ers of true pi - e - ty who si - lenced all im - pi - e -



ty, Lord, Thou hast made the whole host of God - bear - ing Saints shine



forth with splen - dour on the world. By their



prayers and en - treat - ies, keep all them that ex - tol and sin - cere - ly



mag - ni - fy Thee in per - fect peace, to chant and to



sing to Thee: Al - le - lu - i - a.

www.stanthonysonastery.org/music/Menaion.htm

Reader: Lord, have mercy. (12)

All-holy Trinity, Mighty one in essence, Kingdom undivided, origin of all good things, be graciously inclined also to me, a sinner. Establish me; give understanding to my heart, and purge away all my vileness. Enlighten my mind, that I may glorify, sing praises, and adore Thee, and say:

People:

ONE IS HOLY

Andante

One is Ho - ly, One is Lord, Je - sus Christ,
for the glo - ry of God, the Fa - ther. A - men.

BLESSED BE THE NAME OF THE LORD

Allegro ♩=160

Plagal First Mode

by Hieromonk Gregory
English Adaption by
Hieromonk Ephraim

1 and **2**

Bless - ed be the name_ of the Lord hence - forth and for - ev - er - more.

Finale:

First Choir:

3

Bless - ed be the name_ of the Lord

Second Choir:

4

hence - - - forth and for - ev - er - more.

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Psalm 33

I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the afflicted hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and he answered me. Look to Him, and be radiant; so your faces shall not be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his troubles. The angel of the Lord encamps around those who fear Him, and delivers them. O taste and see that the Lord is good! Happy is the man who takes refuge in Him! O fear the Lord, you His saints, for those who fear Him have no want. The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

Come, O sons, listen to me, I will teach you the fear of the Lord. What man is there who desires life, and covets many days, that he may enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are toward the righteous, and his ears toward their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and delivers them out of all their troubles. The Lord is near to the brokenhearted, and saves the crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all. He kept all his bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in Him will be condemned.

Megalynarion

People:

*Plagal First Tone***Allegro**

Tru-ly, it is right to call you bless'd, and we bless you, O

The-o - to - kos. Mai-den who is e - ver blessed, and who has

known no blame, you are tru - ly the Mo-ther of our God.

High-er still in ho - nor than the Che - ru - bim, and you are be - yond com -

- pare, far more glo - ri - ous than the Se - ra - phim. You, with-out cor -

- rup - tion have gi-ven birth un - to God, the Word. Tru-

- ly The - o - to - kos, you do we mag - ni - fy!

The Dismissal

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen. Lord, have mercy. (3)

Reader: Lord Jesus Christ, Son of God, through the prayers of Thy most pure mother; by the power of the honorable and life-giving Cross; and by the holy bodiless powers of heaven; of our Holy, Venerable and Godbearing Fathers; and of all Thy saints, have mercy on us.

People: Amen. Lord, have mercy. (3)

*Everyone comes forward to venerate the Holy Cross and Icons.
The Troparia and Kontakia may be sung again as this is done.*

[End of Typika]