

The Service of Matins
The Holy Martyrs Paramonus, Philumenus, and their 370
Companion Martyrs in Bithynia

Maui Orthodox Christian Mission

Metropolis of San Francisco

Greek Orthodox Archdiocese of America

Service held at Saint Theresa Church

Kihei, Maui, Hawaii

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for a Daily Sequential Hymnal in English

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Orthros (Service of Matins)

Akolouth (Fixed portion)

ROYAL BEGINNING

Priest: Blessed is our God, always, now, and ever, and to the ages of ages.

Reader: *(intoned)* Amen.

Priest: Glory to You, O God, glory to You.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

Reader: Amen.

Trisagion

Reader: **Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us.

Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

**

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, *(intoned) but deliver us from the evil one.*

Priest: For Thine is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and to the ages of ages.

Reader: Amen.

THE ROYAL TROPARIA

Troparion of the Cross

Reader: O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

Kontakion of the Cross

Glory to the Father, and to the Son, and to the Holy Spirit.

Reader: You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.

Theotokion

Now and ever, and to the ages of ages. Amen.

Reader: Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos; make firm the community of the Orthodox; save those whom you have called to rule; and grant them victory from heaven, *(intoned) for you bore God, only blessed one.*

LITANY

Priest: Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

Chanter: *(intoned)* Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for pious and Orthodox Christians.

Chanter: (*intoned*) Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for our Archbishop (Name), and for all our brotherhood in Christ.

Chanter: (*intoned*) Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: (*intoned*) Amen. In the name of the Lord, Father, bless.

Priest: Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

Reader: Amen.

HEXAPSALM (SIX PSALMS)

Reader: Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

O Lord, open my lips, and my mouth shall show forth Your praise.

O Lord, open my lips, and my mouth shall show forth Your praise.

Psalm 3

Reader: O Lord, why are those who afflict me multiplied?

Many rise up against me. Many say to my soul: there is no salvation for him in his God.

But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

I cried to the Lord with my voice, and He heard me out of His holy mountain.

I laid down and slept; I awoke, for the Lord will help me.

I will not be afraid of ten thousands of people that set themselves round about against me.

Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Salvation is of the Lord, and Your blessing is on Your people.

(And Again) I laid down and slept; I awoke, for the Lord will help me.

Psalm 37

Reader: O Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

My wounds have become foul and festering in the face of my foolishness.

I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

For my loins are filled with inflammation, and there is no healing in my flesh.

I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

O Lord, all my desire is before You, and my groaning is not hidden from You.

My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

And I became as a man that does not hear, and that has no reproofs in his mouth.

For I have hoped in You, O Lord; You will hear me, Lord my God.

For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

For I am ready for scourges, and my sorrow is continually before me.

For I will declare my iniquity, and I will anguish concerning my sin.

But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Those who render me evil for good slandered me, because I pursued goodness.

Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

(And Again) Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

Psalm 62

Reader: O God, my God, to You I rise early at dawn.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

So I have appeared before You in the sanctuary to see Your power and Your glory.

For Your mercy is better than lives; my lips shall praise You.

So shall I bless You in my life, and I will lift up my hands in Your name.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

If I remembered You on my bed, I meditated on You at the dawn.

For You have become my Helper; I will rejoice in the shelter of Your wings.

My soul has cleaved after You, Your right hand has been quick to help me.

But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

(And Again) At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

My soul has cleaved after You, Your right hand has been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Psalm 87

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

O Lord, God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication.

For my soul is filled with evils, and my life has drawn near to Hades.

I am counted with those who go down into the pit; I have become as a man without help, free among the dead.

I am like the bodies of the slain that sleep in the grave, Whom You remember no more, and who are cut off from Your hand.

They laid me in the lowest pit, in darkness and the shadow of death.

Your anger lies heavily on me, and You have afflicted me with all Your waves.

You have removed my friends far from me; they have made me an abomination to themselves.

I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

O Lord, why do You therefore cast off my soul and turn Your face away from me?

I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

They came around me all day long like water, they engulfed me altogether.

Because of my misery You have removed friend and neighbor and my acquaintances far from me.

(And Again) O Lord God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication!

Psalm 102

Reader: Bless the Lord, O my soul; and all that is within me, bless His holy name.

Bless the Lord, O my soul, and do not forget all that He has done for you.

Who is gracious to all your iniquities, Who heals all your infirmities.

Who redeems your life from corruption, Who crowns you with mercy and compassion.

Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

The Lord does deeds of mercy, and executes judgment for all those who are wronged.

He has made His ways known to Moses, the things that He has willed to the sons of Israel.

The Lord is compassionate and merciful, long suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

As far as the east is from the west, so far has He removed our iniquities from us.

Like a father has compassion on his sons, so has the Lord had compassion on those who fear Him; for He knows of what we are made, He has remembered that we are dust.

As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Bless the Lord, O all you His hosts, His ministers that do His will.

Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

(And Again) Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

Psalm 142

Reader: O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

For the enemy has persecuted my soul; he has humbled my life down to the earth.

He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

I stretched forth my hands to You; my soul thirsts after You like a waterless land.

LITANY OF THE PEACE (THE GREAT LITANY)

Quickly hear me, O Lord; my spirit has fainted away.

Do not turn Your face from me, lest I be like those who go down into the pit.

Cause me to hear Your mercy in the morning; for I have put my hope in You.

Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

Teach me to do Your will, for You are my God.

Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

And You shall cut off all those who afflict my soul, for I am Your servant.

(Repeat) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Let Your good spirit lead me on a level path!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia; Glory to You, O God.

Alleluia, alleluia, alleluia; Glory to You, O God.

Reader: (*intoned*) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

LITANY OF THE PEACE (THE GREAT LITANY)

Deacon: In peace let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace from above and for the salvation of our souls, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For pious and Orthodox Christians, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our Archbishop (Name), the honorable presbytery, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the president of our country, for all civil authorities, and for our armed forces on land, at sea, and in the air, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this city, for every city and land, and for the faithful who dwell in them, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: Help us, save us, have mercy on us, and protect us, O God, by Your grace.

Chanter: (*sung*) Lord, have mercy.

Deacon: Commemorating our all-holy, pure, most-blessed, and glorious * Lady, the Theotokos and ever-Virgin Mary, with all the saints, let us commit ourselves and one another and all our life to Christ our God.

Chanter: (*sung*) To You, O Lord.

Priest: For to You belong all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: (*sung*) Amen.

Sequences (Variable portion)

THEOS KYRIOS (GOD IS LORD)

Mode 4.

God is the Lord, and He appeared to us. Blessed is He who comes in the name of the Lord.

Verse: O give thanks unto the Lord and call upon His holy name.

Verse: All the nations circled me, and I warded them off with the name of the Lord.

Verse: This is the Lord's doing, and it is wonderful in our eyes.

APOLYTIKIA AND THEOTOKION

Apolytikia

The Holy Martyrs Paramonus and Philumenus

November 29. Mode 4. Be quick to anticipate.

Thy Martyrs, O Lord, in their courageous contest for Thee * received as the prize the crowns of incorruption and life from Thee, our immortal God. * For since they possessed Thy strength, they cast down the tyrants * and wholly destroyed the demons' strengthless presumption. * O Christ God, by their prayers, save our souls, since Thou art merciful.

Glory to the Father, and to the Son, and to the Holy Spirit.

The Holy Martyrs Paramonus and Philumenus

November 29. Mode 4. Be quick to anticipate.

Thy Martyrs, O Lord, in their courageous contest for Thee * received as the prize the crowns of incorruption and life from Thee, our immortal God. * For since they possessed Thy strength, they cast down the tyrants * and wholly destroyed the demons' strengthless presumption. * O Christ God, by their prayers, save our souls, since Thou art merciful.

Theotokion

Mode 4.

Both now and ever and to the ages of ages. Amen.

O Theotokos, through you became manifest to us on earth the mystery, which was hid from eternity, and which the Angels themselves knew not: that God, uniting natures without

confusion, becomes a man and accepts crucifixion for our salvation voluntarily. By virtue of this, resurrecting man whom He had first created, He saved our souls from death.

THE PSALTER

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious * Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For yours is the dominion, the kingdom, the power, and the glory of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

SESSIONAL HYMNS (KATHISMATA)

Kathisma I

Mode 4. Be quick to anticipate.

The Martyr Paramonus, striving with mighty resolve, * divinely hath quenched the fire of foul idolatry in the streams of his holy blood. * Wherefore he received the grace from God to work healings, * making sickness cease and driving off evil demons. * O Christ God, by his prayers, save our souls, since Thou art merciful.

Glory to the Father, and to the Son, and to the Holy Spirit.

Theotokion

Mode 4. Be quick to anticipate.

Both now and ever and to the ages of ages. Amen.

Let all of us joyfully cry out and loudly acclaim * the grace of the Mother of our God, for it is through her that joy hath shined on the world. * The whole nature of us men, now finding the loosing * of its sin, doth cry out with rejoicing and gladness. * O Lord, by her entreaties for us, save us from sufferings.

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us, and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another, and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

PSALM 50

Reader: Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions, blot out my transgression.

Wash me thoroughly from my iniquity and cleanse me from my sin.

For I acknowledge my iniquity, and my sin is continually before me.

Against You only have I sinned and done this evil before You; that You may be justified in Your words, and prevail when You are judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, You have loved truth; the hidden and secret things of Your wisdom You have made clear to me.

You will sprinkle me with hyssop, and I will be made clean; You will wash me, and I will be made whiter than snow.

You will make me hear joy and gladness; the bones that have been humbled will rejoice.

Turn Your face away from my sins, and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Your presence, and take not Your Holy Spirit from me.

Restore to me the joy of Your salvation, and with Your governing Spirit establish me.

I will teach transgressors Your ways, and the ungodly will turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, my tongue will rejoice in Your righteousness.

O Lord, You will open my lips, and my mouth will declare Your praise.

For if You had desired sacrifice, I would have given it; with whole burnt offerings You will not be pleased.

A sacrifice to God is a broken spirit, a heart that is broken and humbled God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built;

Then you will be pleased with a sacrifice of righteousness, with oblation and whole burnt offerings;

Then shall they offer young bulls on Your altar. And have mercy on me, O God.

INTERCESSORY TROPARIA

Mode 2g.

Glory to the Father and the Son and the Holy Spirit.

At the intercession of the holy Martyrs, O Lord of mercy, blot out my many offenses.

Both now and ever and to the ages of ages. Amen.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offenses.

Verse: Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions, blot out my transgression.

INTERCESSORY PRAYER

Priest/Deacon: O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary; the power of the precious and life-giving Cross; the protection of the honorable, bodiless Powers of heaven; the supplications of the honorable and glorious prophet, and forerunner John the Baptist; the holy, glorious, and praiseworthy Apostles; our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker and Charalambos the Hieromartyr; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; [the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriakè, Fotenè, Marina, Paraskevè and Irene;] of our holy God-bearing Fathers; (the patron saint of the church); the holy and righteous ancestors of righteous ancestors of God Joachim and Anna; Paramonus, Philumenus, and their 370 Companion Martyrs in Bithynia, Our Righteous Father Nicholas, Archbishop of Thessolonica, Dionysios, Bishop of Corinth, Akakios of Sinai who is mentioned in The Ladder, whose memory we celebrate; we beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

Choir: Lord have mercy. (12)

Priest: Through the mercy, compassion, and love of mankind of your only begotten Son, with whom you are blessed, together with your all holy, good and life-giving Spirit, now and forever and to the ages of ages.

Reader: Amen.

KONTAKION*Mode 2.*

Reader: Enlisted by Christ through faith and through your fervent love, ye cut down the ranks of all the wicked enemies; and upon receiving the crown of vict'ry, O wise Paramonus and most godly Philumenus, (*intoned*) *ye dwell now together with Angel's hosts.*

SYNTAXARION

Reader: On the twenty-ninth of this month we commemorate the contest of the holy Martyr Paramonus of Bithynia and his Three Hundred and Seventy fellow Martyrs.

Verses

For Thee, Paramonus is pierced with spears, O Christ Jesus;
Knowing Thee alone as God, for Thee alone he dieth.

Seven decades of men gave their heads to cutting
Together with another six ranks of fifty.

On the twenty-ninth they slew Paramonus with a long spear.

On this day we commemorate the holy Martyr Philumenus of Ancra.

Verses

Philumenus hath his feet rent through with nailings,
As keenly loving Christ, and of God beloved.

On this day we commemorate our righteous Father Nicholas, Archbishop of Thessalonica;
and the holy Hieromartyr John of Persia; and the holy Six Martyrs whom, as they were
being pursued, a rock wondrously split open and received.

Verses

Christ, Who when dead had a stone for His burial,
Opened a stone for the burial of six men.

On this day Saint Urban, Bishop of Macedonia, reposed in peace.

Verses

This man expiring in the hands of the Angels
Is Urban, whose life was like that of the Angels.

On this day Saint Dionysius, Bishop of Corinth, having been smitten with a sword, was
perfected in martyrdom.

Verses

Dionysius is one of them performing the Myst'ries,
And passing beneath the sword, also one of the Martyrs.

On this day our righteous Father Pancosmius reposed in peace.

Verses

The whole cosmos, for Pancosmius, was as nothing;
He loved Eden only, which he now receiveth.

On this day our righteous Father Pitiroun of Egypt, disciple of Saint Anthony the Great,
reposed in peace.

Verses

By Thy will, O my Christ, unto Thee departeth
Pitiroun the worker of all that Thou willest.

On this day the holy Martyr Valerinus was perfected in martyrdom by the sword.

Verses

Even the stern sword, for a most precious laurel,
Shall I endure, cried Valerinus the Martyr.

On this day Saint Phaedrus, boiling pitch having been poured over him, was perfected in
martyrdom.

Verses

We know many others that have otherwise contended,
But a mighty contest in boiling pitch – Phaedrus only.

On this day we commemorate our Father among the Saints Saturninus, First Bishop of
Toulouse, who was martyred in the third century.

Verses

The shepherd of Toulouse, looking to his nurslings,
Was not loath to lose his life for their salvation.

On this day we commemorate our Father among the Saints Habib the Hieromartyr, Bishop
of Nekresi in Georgia.

On this day we commemorate our righteous Father Nectarius the Obedient of the Kiev Caves.

(intoned) By the intercessions of Thy Saints, O God, have mercy on us. Amen.

KATAVASIAE OF CHRISTMAS I*Mode 1.***Ode i**

Christ is born; therefore, glorify! * Christ is come from heaven; encounter Him! * Christ is on earth; arise to Him! * Sing to the Lord all you who dwell on the earth and in merry spirits, * O you peoples, praise His birth, for He is glorified.

Ode iii

To the Son begotten * without flux of the Father before the ages, * and who was lately made incarnate * of the Virgin without seed * to Christ God now let us cry aloud, * “You have exalted the horn of our strength, * only You are holy, O Lord.”

Ode iv

Jesse’s root produced a branch, O Christ, and You, its flower, blossomed forth * from the Virgin who by Habakkuk prophetically once was called, * ‘overshadowed dense mountain.’ * From her who knew not man You came incarnate, * the immaterial God. Glory to Your power, O Lord.

Ode v

God of peace and Father of mercies, your Son * You have sent unto us as your messenger, * the Angel of Great Counsel who is granting us Your peace. * Therefore, having been guided * to the light of godly knowledge, * waking from the night to dawn we sing Your glory, O Lover of man.

Ode vi

Such as it received * Jonah as an embryo, * the sea beast disgorged him from its bowels intact. * With the Virgin though, * when the Logos had dwelt in her, taking on flesh, * He came forth from her preserving her yet incorrupt. * For from her no fluxion suffered He, * and He kept her unaltered in childbirth.

Ode vii

The children, * nurtured piously together, * with contempt regarded the impious king’s decree, * intrepidly faced the threat of holocaust, * and while standing in the midst of flames they chanted thus, * saying, “O God of the fathers, You are blessed.”

Ode viii

We praise, and we bless, and we worship the Lord.

Babylon's bedewing furnace bore the image * of an extraordinary wonder, * for it did not burn the youths it accepted, * nor did the fire of Divinity * consume the Virgin's womb wherein it went. * So let us melodiously chant in praise, * "Let all creation bless and extol the Lord, * and let it exalt Him * supremely to the ages."

MAGNIFICAT

Priest: Let us honor and magnify in song the Theotokos and the Mother of light.

Mode 1.

Verse 1: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 2: For He has considered the humility of His handmaiden; for behold, henceforth all generations shall call me blessed.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 3: For the Mighty One has done great things to me, and holy is His name; and His mercy is on them that fear Him unto generation and generation.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 4: He performed mighty deeds with His arm; He confounded the proud in the intention of their heart.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 5: He deposed the mighty from their thrones, and exalted the humble; He filled the hungry with good things, and the rich He has sent empty away.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 6: He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and his seed forever.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Katavasia

Mode 1.

Ode ix

*O my soul, magnify her who is greater * in honor and in glory than the armies of heaven.*

I see here a strange and paradoxical mystery, * for behold! the grotto is heaven, * cherubic throne is the Virgin, * the manger a grand space * in which Christ our God the uncontainable reclined as a babe, * whom in extolling do we magnify.

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us, and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious * Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another, and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For all the powers of heaven praise you and give you glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

THE GREAT DOXOLOGY

Mode 4.

1. Glo-ry be to You Who showed the light. Glo-ry in the high - est to God, and on earth peace, good will a - mong men.
2. We praise You; we bless You; we wor - ship You; we glo - ri - fy You; we give thanks to You for Your great glo - ry.
3. O Lord, King, heav - en - ly God, the Fa - ther Al-might - y, O Lord the on - ly-be-got-ten Son, Je-sus Christ, and the Ho-ly Spir - it.
4. O Lord, God, Lamb of God, Son of the Fa - ther, Who take a - way the sin of the world: have mer - cy on us, You Who take a - way the sins of the world.
5. Re - ceive our prayer, You Who sit at the right hand of the Fa - ther; and have mer - cy on us.
6. For You a - lone are ho - ly; You a - lone are Lord, Je - sus Christ, to the glo - ry of God the Fa - ther. A-men.
7. Ev - 'ry day will I bless You, and I will praise Your name for - ev - er and un - to the a - ges of a - ges.
8. Vouch - safe, O Lord, to keep us this day with - out sin.
9. Bless - ed are You, O Lord, the God of our Fa - thers, and praised and glo - ri - fied is Your name un - to the a - ges. A - men.
10. Let Your mer - cy, O Lord, be up - on us, e - ven as we have hoped in You.
11. Bless - ed are You, O Lord, teach me Your stat - utes. (3x)
12. Lord, You have been our ref - uge from gen - er - a - tion to gen-er - a - tion. I said: O Lord, have mer - cy on me; heal my soul, for I have sinned a - gainst You.
13. O Lord, to You have I fled for ref - uge; teach me to do Your will, for You are my God.
14. For in You is the foun - tain of life; in Your light we shall see light.
15. Con - tin - ue Your mer - cy un - to those who know You.

Ho - ly God, ho - ly Might - y, ho - ly Im-mor - tal, have mer - cy on us. (3x)
 Glo-ry to the Fa - ther and to the Son and to the Ho-ly Spir - it;
 Both now and ev - er, and un - to the a - ges of a - ges. A-men.
 Ho - ly Im-mor - tal, have mer - cy on us.

Ho - - - -ly God, Ho - - - -ly Might - - -y, Ho - - - ly Im-mor - - - tal, have mer - - - cy on us.

APOLYTIKION

The Holy Martyrs Paramonus and Philumenus

November 29. Mode 4. Be quick to anticipate.

Thy Martyrs, O Lord, in their courageous contest for Thee * received as the prize the crowns of incorruption and life from Thee, our immortal God. * For since they possessed Thy strength, they cast down the tyrants * and wholly destroyed the demons' strengthless presumption. * O Christ God, by their prayers, save our souls, since Thou art merciful.